

THE WIRE

A JTF Journal



Liberty prevails at Tierra Kay
Seaside Galley supports JTF
Engineers: Gitmo's lifeline
Reef Raiders stay afloat

Bad apples, sour grapes can spoil a team

**Army Master Sgt.
Jackie Lujan**
JTF J-4 Logistics Chief

No one section can operate with only one individual – it has to be a team effort. As the saying goes, “There is no ‘I’ in team.” You should always recognize your team.

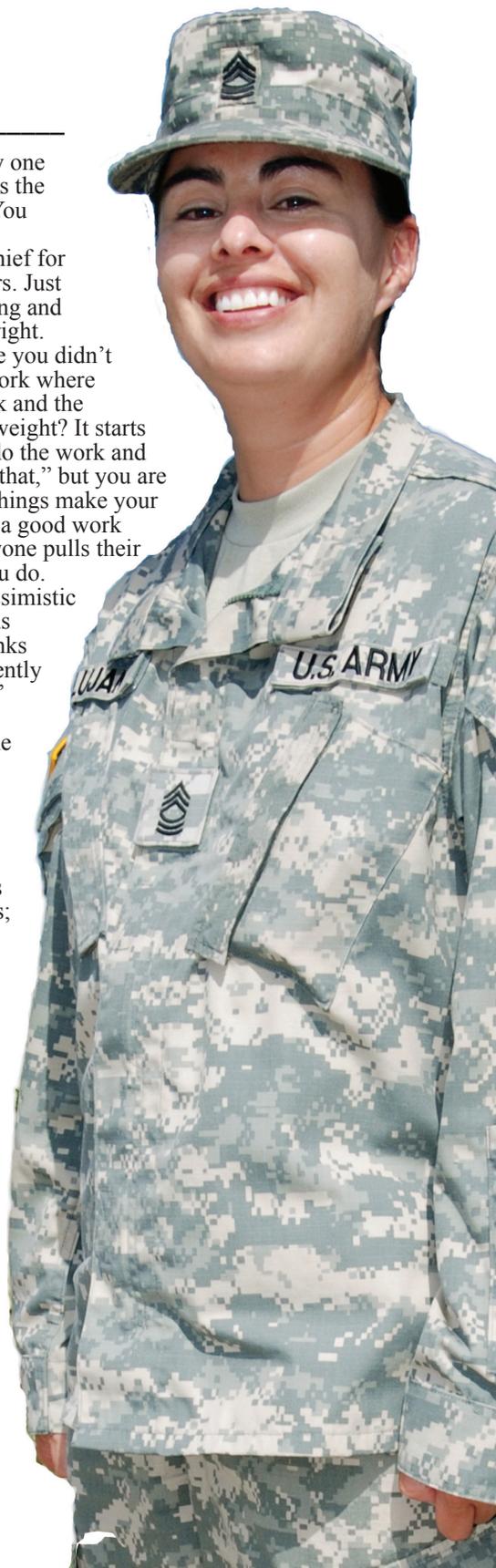
Since Jan. 28 I have been logistics chief for J-4, a team of 12 enlisted and six officers. Just like any other team, you need to get along and work with each other to get a job done right.

Did you ever work in an office where you didn’t get along? It’s not easy. Did you ever work where one or two people are doing all the work and the other part of the team is not pulling its weight? It starts to wear on you. What about when you do the work and someone else says, “I did this and I did that,” but you are the one that did the work? All of these things make your team weaker. It brings morale down. In a good work environment everyone gets along, everyone pulls their weight and you get credit for the job you do.

One more thing – what about the pessimistic employee? The employee that complains about everything, the employee that thinks he is a victim. I was reading a book recently entitled, “How to be Totally Miserable,” and it explains this employee perfectly. This section is entitled “Blame Everyone and Everything.” The section reads: “Miserable people are medalists at the annual Blame games. They are world-class winners in whining, bronze medalists in buck-passing, and victors in victimhood. They hurdle their classes and blame their teachers for their grades; they javelin their jobs and blame their genes; they backstroke through their blessings and blame their background. They say, ‘It’s the school’s fault, my birth-order’s fault, my bed’s fault (I got up on the wrong side of it).’ They run an “it’s not my fault” marathon, and at the closing ceremony they close their minds. Their national anthem says, ‘O’er the land of the free (free from responsibility) and the home of the blame.’

What I am trying to say is that if one of your team players is this pessimistic person, then your team isn’t happy. This coworker brings everyone down, including themselves. Wouldn’t you rather have a team player who was happy and optimistic?

To have a “dream team,” you want all of your team to get along, everyone working and pulling their own weight, to give credit where credit is due and have optimistic team players. Are you a good team member? ★



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COVER:

Petty Officer 1st Class Rex Viloria practices his form as he swings a golf club while hanging out on the deck at Cuzco barracks Monday June 30. – JTF Guantanamo photo by Army Staff Sgt. Emily Russell



The WIRE is the official news magazine of Joint Task Force Guantanamo. It is produced by the JTF Public Affairs Office to inform and educate the Troopers of JTF Guantanamo through news, features, command guidance, sports and entertainment. The WIRE seeks to provide maximum disclosure with minimum delay with regards to security, accuracy, propriety and policy. This DoD news magazine is an authorized publication for the members of the Department of Defense. Contents of The WIRE are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or Joint Task Force Guantanamo. It is printed by the Document Automation & Production Service with a circulation of 1000.



Recreation builds better Troops

Navy Petty Officer 3rd Class Roderick Adair and Army Pfc. Chris Jones utilize the computer lab in Tierra Kay's current Liberty Center to chat with family at home and print items with the lab's printer.

Army Sgt. Gretel Sharpee

JTF Guantanamo Public Affairs

A place to relax, a place to get away from your roommates, a place to chat with your family and a place to play the latest video game - wouldn't that be nice? For Tierra Kay residents, a new, free standing Liberty Center is arriving within the next few weeks.

"We do need more housing so a new building would be great for our Liberty Center," said Army Pfc. Chris Jones, a Soldier in the 525th Military Police Battalion, who says he uses the current Liberty Center when ever he needs to print.

The current Tierra Kay Liberty Center is located in housing unit TK57 and moving the center to a free standing building would make TK57 available for housing.

"The new building will provide a more comfortable environment to meet the needs of the Troopers," said Jeffery Shaw, Liberty Center coordinator.

Even though construction at the site hasn't started yet, since the building is pre-fabricated, once the cement foundation is poured, putting the building in place is relatively simple. The thing Shaw speculates that could take time is transferring the

Internet connections from TK57 to the new building.

The Internet connections, the DVDs, video games and stations as well as the flat screen TV and satellite cable will all be transferred into the new building; which will provide all of the recreational items in one open area. The center will also be open 24 hours, seven days a week, just like the current one.

"Right now, the current TK Liberty Center is spread out onto two levels of a housing unit and our staffing personnel have to constantly move around in order to monitor all of the areas," explained Shaw. "The new center will be easier to see and ensure that only Active Duty military personnel are using the facility."

The need for a new center was partially due to the high-volume of Soldiers accessing Camp America's Liberty Center. The hope is that the new TK Liberty Center will provide an additional and comparable Liberty Center

to the Troopers to ensure everyone can access the center's assets equally.

"This is a good thing all the way around," said Navy Command Master Chief Bradley LeVault, command master chief for the Joint Task Force. "A well recreated Trooper has better focus and a better attitude." ☆



The Liberty Center offers Playstation 3 and XBOX as well as many DVDs.

Gitmo Rides

If you've spent any amount of time at Gitmo you'll quickly come to realize that a unique island calls for unique automobiles. Many diehard auto-buffs who've landed on this rock have taken this opportunity to modify their own and distinctive "Gitmo Ride." Though there are many honorable mentions, this is a small collection that stands out from the hundreds of white government vehicles.



1978 International Harvester Scout II

This '78 was purchased in Texas and has been Ian Underwood's primary driver for the last five years. Before the barge to Gitmo it easily trucked from N.C. to Cali and back.



1986 Jeep CJ-7

Dave Evan's wife didn't like the Jeep's original color and this was their answer. After spending three years with Public Works on island, Dave and his wife will be heading back to the beaches on the outer banks of North Carolina to spend time with their four grandchildren and 4WD.



1960 Willys CJ-5

One of the most recognizable vehicles on island, this original Willys has earned the right for salutes. Often passers-by will render a quick salute, which owner Joe Clark will snap a return to. The Gitmo restoration took roughly nine months to complete for the award-winning morning show radio personality.



1994 Dodge Mystery Machine

Originally operated as Gitmo's brig van and later auctioned off to the public, current owners Jon Higdon and Chris and Eileen D'Andrea converted the prison ride to the greatest fictional automobile of all time. These meddling kids collectively thought of the idea and have been solving Gitmo mysteries for two years on island.

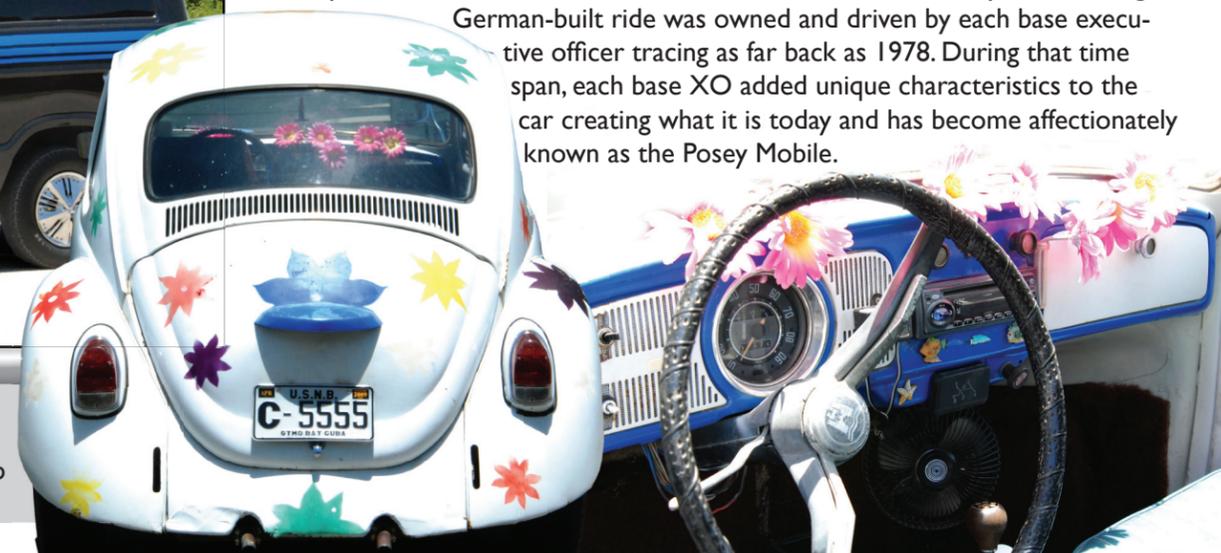


1988 Dodge Bat-mobile

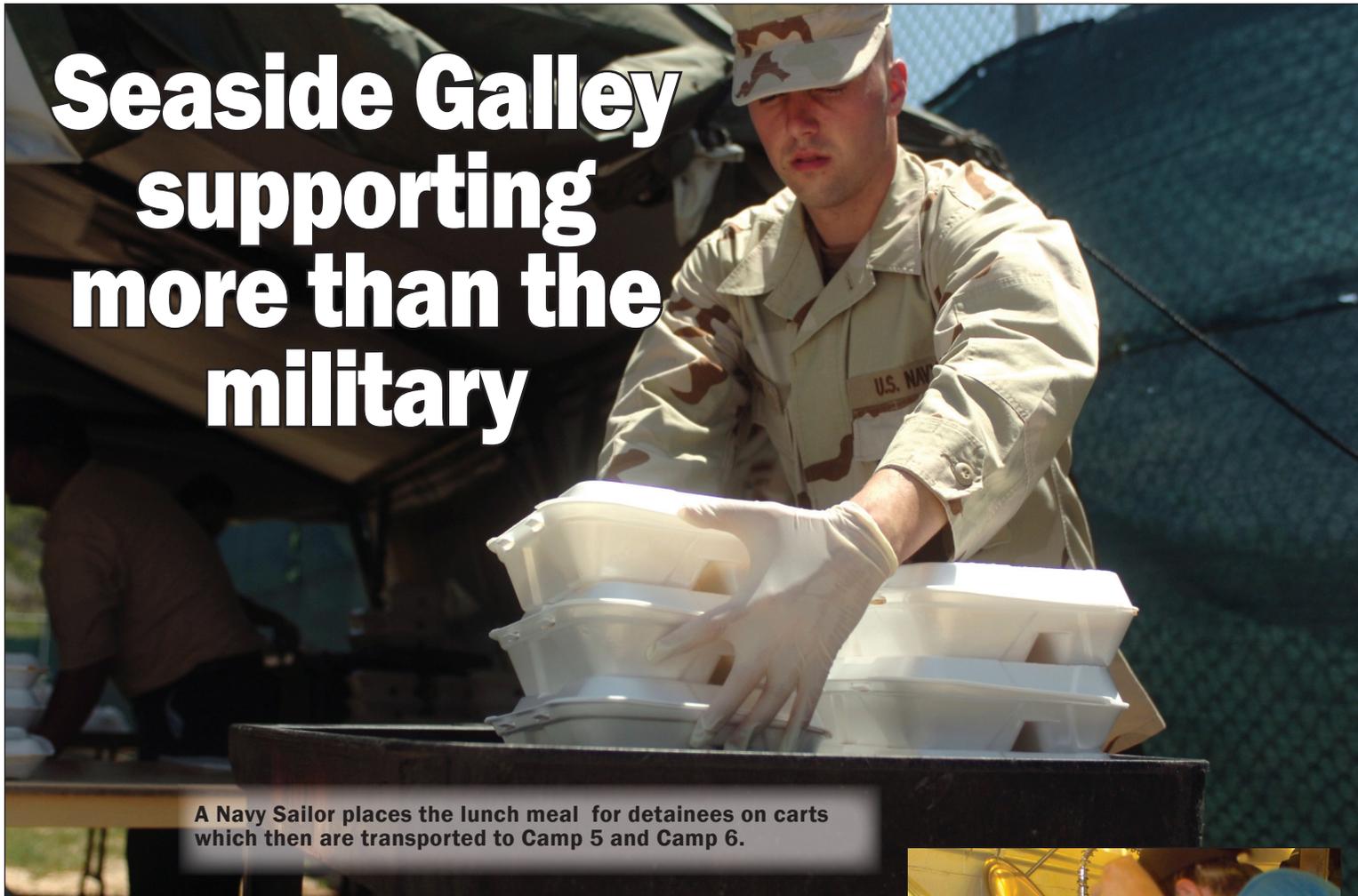
Though it goes by many call-signs and is similar to the A-Team van, the Batman logo seals the deal for its name. New to the island, the Wisconsin native, Andrew Stemple, quickly snapped up this one-of-a-kind van to get himself and his shipmates around.

1968 Volkswagen Posy Mobile

Though the colorful flowers don't give it away, this VW actually has more Gitmo history in it than all the islander vehicles combined. Until recently, the rear-engine German-built ride was owned and driven by each base executive officer tracing as far back as 1978. During that time span, each base XO added unique characteristics to the car creating what it is today and has become affectionately known as the Posey Mobile.



Seaside Galley supporting more than the military



A Navy Sailor places the lunch meal for detainees on carts which then are transported to Camp 5 and Camp 6.

Army Specialist Megan Burnham

JTF Guantanamo Public Affairs

What people see when they walk into the Seaside Galley at Camp America is professional employees and a clean atmosphere where quality food is prepared and served four times a day. This kind of work ethic is dedicated towards more than just the military personnel, contractors and civilians.

“Our mission is to make sure we have good quality and quantity of food,” said Nathaniel Ward, manager of Seaside Galley. “We make sure we have the highest expectation as far as professional food.”

The cooks and food service workers of the Seaside Galley have “more on their plates” than regular food preparation and service; they are assigned the task of providing full-course meals to the detainees in the camps.

“This is a very good yet challenging job,” commented Ion McCurdy, assistant manager. “Experience in food service works to benefit in the process.”

The galley has always been the food provider to the detainees and the process the galley is required to follow is very strict.

The galley’s first task in the process is trying to obtain as much food from the vendors that is requested by the detainees.

“We try to make sure they get what they want,” said Ward. “That is what we’re here for, to support.”

Once the menu is decided, specific food is brought in for a particular meal. The lunch menu for June 30 was spaghetti with marinara sauce, a side salad and baklava for dessert with juice to drink.

Meals are prepared differently to accommodate the health factors of each detainee. Some will receive regular meals while others will receive vegetarian, bland, soft or diabetic meals.

“The preparation of the military and detainee meals are nowhere similar to each other,” commented Ward. “We have separate cooks for the detainees and cooks for the regular meals.”

Ward went on to comment that the main difference between military and detainee meals are the spices that are used in preparation.

The process normally takes about two hours to cook the meals. However, prepping for each meal is started many hours before the due time.

“Prepping is the key to the operation,” said Ward. “Once prepped, it doesn’t take long to finish because everything is in place.”

When the main meal has been cooked, it is placed on the serving line and put into clam shells (to-go boxes) for easier transportation.



Seaside Galley cooks prepare noodles for the detainees’ lunch of spaghetti and marinara sauce.

See **SEASIDE/13**



JTF and NAVSTA engineers: building up the base

Navy Capt. Greg Rismiller, Joint Task Force Guantanamo's Engineer, and Navy Cmdr. Jeff Johnston, U.S. Naval Station Guantanamo Bay's Public Works Officer, look over plans in the public works office.

Navy Petty Officer 2nd Class Nat Moger

JTF Guantanamo Public Affairs

There are more than 2,000 Joint Task Force Guantanamo Troopers.

This means there are 2,000 beds. Nearly as many refrigerators. Hopefully as many bathrooms. And, it being the 21st century, thousands of Internet connections.

However, no one sleeps, drinks a cold soda, takes a shower or checks their e-mail without a roof over their head, electricity flowing through sockets, water passing through pipes or bytes of information flashing in and out of copper wiring.

The construction and maintenance of the physical structure that allows the JTF to exist comes from the cooperation between the JTF engineers and U.S. Naval Station Guantanamo's Department of Public Works.

"JTF engineers support the JTF in the areas of detainee ops, intelligence gathering, the operations of the Office of Military Commissions and migrant ops," said Navy Capt. Greg Rismiller, JTF's engineer. "All of the work getting done gets contracted out by the DPW. It helps that we're in the same building."

Despite the fact that DPW is part of the naval station and not the JTF, they are the mechanism through which inception turns into execution.

"I've only got a small construction force of six to eight Seabees at any given time to swing hammers, so we rely on contracts," said Navy Cmdr. Jeff Johnston, public works officer. "We look at what needs to get done and decide what type of contract needs to be drawn up: planning, service, design, construction."

Prospective construction ideas that

begin in the JTF make their way through a number of construction professionals before turning into brick and mortar to ensure that the highest level of quality is being maintained.

"Say the Joint Detention Group has an idea," said Rismiller. "They come to us with a request. We write up the work request..."

"...and it goes to me," continued Johnston. "We'll build a project package and come up with an initial take on what type of contract we want to use. Then we'll send it back to JTF with an estimate."

At that point, Rismiller's team has the unenviable job of finding money for the project.

"We send it back to DPW with money attached," said Rismiller.

Johnston's Seabees then typically contract the project out to companies ranging from Bremcor, Burns and Roe Service Corporation, Island Mechanical Contracts and others.

"After that, we monitor the quality, safety and schedule and provide updates to JTF," said Johnston. "If things change, then we have to juggle."

This juggling act requires managerial dexterity uncommon in most professional arenas. Even with all the different service and construction entities on the island, there are still limitations.

"At any given time we've only got 'X' number of hammer swingers," said Johnston. "Each day, decisions will be made as to which projects will move forward and which won't. We have to understand what each project means to the overall mission."

It falls back upon JTF engineers to make some of these qualifying decisions.

Not a soul in either office pretends that the JTF operates in a political vacuum. Times change, personnel change and so do mission goals.

"Because people in the JTF rotate through so often, there's always someone who wants to change projects," said Rismiller. "I have to make sure these changes happen for a legitimate reason."

Communication has been the key to making so many different moving parts operate on a small naval station with big plans for the future.

"In the last two years, the Naval Station and JTF have rewritten their master plans. The plans were developed separately, but coordinated," said Johnston. "These two plans fit together in a seamless, fenceline-to-fenceline picture."

Recent and future developments resulting from the master plans include the new Cuzco phase III trailers, a sewage treatment plant on Leeward and the Bay Hill living area for senior enlisted JTF Troopers.

"About 15 to 20 million dollars a year comes from the JTF," said Johnston. "That's about half of the whole naval station construction budget."

DPW has a concrete reason to make sure the quality of JTF structures is of the highest degree – one day everything will belong to the naval station. This encourages different organizations to chip in to build structures that benefit everyone.

"Take the new terminal annex," said Johnston of the new rotator check-in station across from the Navy Exchange. "Naval station paid for some, JTF paid for some and Air Mobility Command paid for some. When the opportunity exists to help each other out, we take it." ★

Doubles Tennis: Same game, twice the fun!



Leo Manlutac and Robert Faurillo serve up against Christopher Staphylaris in their first game of the tournament Friday June 27 at the Deer Point Tennis Courts.

Army Sgt. Gretel Sharpee

JTF Guantanamo Public Affairs

Teams of two, on each side of the court, dotted the Deer Point Tennis courts in last weekend's Doubles Tennis Tournament.

"I met [doubles partner] during the last singles tennis tournament," said Christopher Staphylaris, competitor at both the singles and doubles tournaments.

The Doubles Tournament, held June 27 – 28, followed the singles tournament that was held two weeks earlier. Morale, Welfare and Recreation coordinators say they try and hold these tournaments at least every three months since the personnel rotations on the island are so frequent.

"We started with seven teams but one team had to stop after their first match because of a calf injury," said Audrey Chapman, MWR fitness coordinator.

With only six teams competing in the tournament till the end, the play on both Friday and Saturday night ended before nightfall.

During the first night of competition, teams competed in a Pro 8 set and advanced

until a semifinal bracket was established. During the semifinals, players also competed in a Pro 8 set, but the winner's bracket semi-final match was best 2 out of 3 sets.

The championship game between team Prisco Masagca and Gary Belch and team Leo Manlutac and Robert Faurillo was carried out as a Pro 8 set and distinguished first and second place team winners.

"I thought playing in this tournament would be fun and a great chance for cardio," said Staphylaris. "I had a very good time – the tournament was run well and the people involved were great."

Look for the next tennis tournaments to be held again in three to four months, or contact the MWR office for more information at: x4490. ☆

The first, second and third place finishers pose for a quick photo after the last game June 28.

Doubles Tennis Tournament Results

- 1st Place - Prisco Masagca
Gary Belch
- 2nd Place - Leo Manlutac
Robert Faurillo
- 3rd Place - Cornelio Doculan
Marcelo Barnigo



Smart, not intelligent, comedy

Army Pfc.
Eric Liesse

JTF Guantanamo Public Affairs

In the 1960s, Mel Brooks and Buck Henry created “Get Smart,” which has since become a fondly remembered espionage-filled comedy television show, complete with unique gadgets, zany one-liners, and fittingly campy action scenes.

Don Adams as Maxwell Smart, Agent 86 of the ultra-secret government spy agency CONTROL, bee-lined through highly secured corridors and missed many dangers only “by that much,” becoming TV legend.

Now, as is the norm these days, “Get Smart” has come to the silver screen. Although the movie is far from revolutionary and may be down right pointless to some movie-goers, it’s a prime example of what popcorn cinema should be.

Mega-funnyman Steve Carell stars as Max, keeping the trademark ineptitude that Adams embodied in the ‘60s. Along with Carell is super-sleek beauty Agent 99, Anne Hathaway, keeping Max in line and in check while they’re out on mission.

Directed by Peter Segal, the film begins with Max as an intelligence analyst for CONTROL as it continues its decades-long feud with KAOS, a ruthless international criminal group. After KAOS breaks into CONTROL headquarters in Washington, D.C., compromising all the agents’ identities, Max gets his life-long dream: a



promotion to field agent.

Paired with newly returned Agent 99, they set out across the world to stop KAOS from its latest evil plot.

As head of CONTROL (and aptly named Chief), Alan Arkin plays a hot-headed former field agent who continually finds himself at odds with Washington’s higher-ups, yet is the level-headed leader within CONTROL’s offices. As in the 2006 film “Little Miss Sunshine,” Arkin knows the ins-and-outs of playing subtle comedy and is on his catch-phrase-filled game throughout this flick.

Dwayne Johnson flashes his pearly whites and muscles as Agent 23, the big man on the campus of CONTROL. As the model agent, Max repeatedly throws potshots at 99 over how 23 would do things, even though she’s the one with the experience and Max is the one who carries a field manual at his ready.

Carell and Hathaway play very well together, keeping Max and 99 at odds throughout their mission. Hathaway is the brains, beauty and kicks of the operation, playing the straight woman to Carell’s sporadic incompetence.

Max isn’t all pitfalls and fumbled weapons, however. As a former top-tier analyst, Max uses his ears and deduction prowess to find the what’s-what in all situations. He even seems to perform better without 99 near.

Much like the original TV show was set against the backdrop of the Cold War, the majority of the movie takes place in Russia as Max and 99 covertly crisscross the landscape, avoiding

the nefarious KAOS as they pursue evidence.

A few scenes do move quickly and arbitrarily, with Max even asking at one point, “How did I get here?” 99 comes back bluntly, “It doesn’t matter.” These loose transitions detract from the caper, but they are few.

Though many would compare Max to Austin Powers, there are vast differences. “Get Smart” is not a spy spoof – it’s a funny spy movie; the jokes are part of the movie’s plot rather than about the flick itself.

The nods to the TV show add in flavor for those that remember it, whether original airings or its many “Nick at Night” runs.

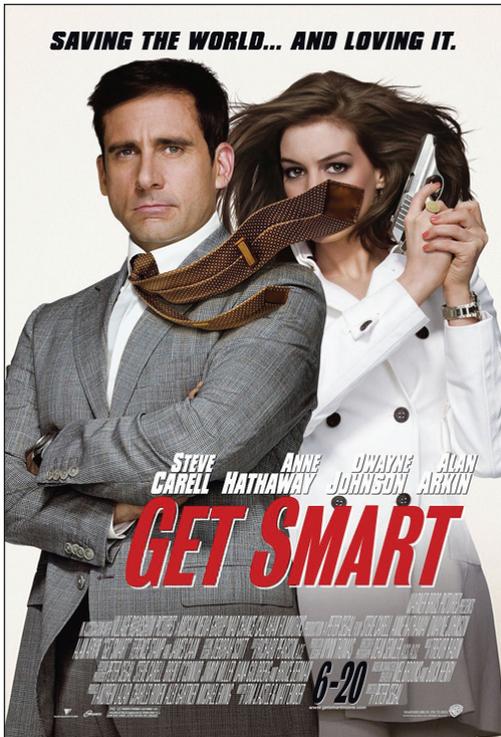
As the first big, light summer comedy, the movie hits the easy-going mark. The plot isn’t hard to follow, the action is silly yet engaging, and the gadgets usually double as something else – like Max’s trademark shoe-phone, for instance.

Though it’s been done before – for five seasons – this light movie is one phone-booth-elevator ride that’s worth taking. ★

PG-13

1 hours, 50 minutes

Rating: ★★★★★☆



Rain, Sleet or Snow: The Mailman Always Delivers



**Navy Petty Officer
1st Class Alexis
Barbosa, Navy
Petty Officer 3rd
Class Clarence
Knight and Navy
Petty Officer 3rd
Class Nyto Griffen
move mail into
the Camp America
post office.**

Navy Petty Officer 2nd Class Nat Moger

JTF Guantanamo Public Affairs

Neither snow, nor rain, nor heat, nor gloom of night stays these couriers from the completion of their appointed rounds.

The men and women of the United States Postal Service mark these words by the Greek philosopher Herodotus as an accurate description of their dedication to getting mail into the hands of its rightful owner.

They also reflect, by extension, the way the Navy postal clerks in the Camp America post office here in Joint Task Force Guantanamo view their job.

“We are responsible for the movement of incoming and outgoing mail for JTF personnel,” said Navy Petty Officer 1st Class Alexis Barbosa, post office leading petty officer.

Before care packages from loved ones, auto insurance bills and Amazon.com packages make it into the hands of departmental mail clerks, they take a long journey wrought with treacherous sorting rooms, massive warehouses and wondrous flights over the open water.

“Mail gets sent through USPS channels and ends up at the Norfolk, Va., air terminal,” explained Barbosa. “Then it’s consolidated and put on a mission flight to the naval station post office.”

Naval station post office workers sort the mail into different zip codes

corresponding with different entities on base. JTF mail is sent to McCalla Hangar.

“McCalla Hangar splits it up by workcenter,” said Barbosa, counting off the different three-letter designations, JIG, JDG, JMG, before continuing, “and it’s delivered here presorted.”

At that point they hold a mail call and departmental representatives take the pieces of mail to their ultimate destinations.

However, for these postal clerks, making sure the mail gets delivered is more than just a job.

“It makes me feel good,” said Navy Petty Officer 3rd Class Clarence Knight. “To me it’s just a piece of mail, but when I see the smile on their faces, I know to them it’s something else.”

It also means strange hours, with fate as their boss.

“Every Saturday we go down to the sorting site to help out,” said Barbosa. “We’re also on call for Sundays. If the plane comes in, we go to work.”

Besides the logistical work that goes into a successful mailroom, Barbosa and his team perform a juggling act, balancing their budget between cash and stamps.

“We send out between \$1,500 and \$2,000 in postage per week and all of it is in stamps,” said Barbosa. “We have to keep perfect accountability of all the cash and stamps we use.”

Due to the deployed nature of the JTF, the post office must use stamps instead of electronically administered methods. However, the naval station has expanded capabilities.

For more information, call Barbosa at 3873. The mailroom is planning a location change to the current Camp America gym in early September. ☆

**Navy Petty Officer 3rd
Class Nyto Griffen helps
angle a package into the
post office.**



Reef Raiders come clean

Army Staff Sgt.
Emily J. Russell

JTF Guantanamo Public Affairs

The Reef Raiders, Guantanamo Bay's only organized dive club, was once notorious for the divers who earned their name from the prizes they claimed from the waters of the bay.

The club, established in 1952, was formed by a group of free divers who dove for pieces of coral which were sold to raise money for the club.

"The club sponsored a couple of spearfishing meets and one beach coral sale at Windmill Beach," said Locky Brown, an early member of the dive club, who was stationed here with the Navy in 1958.

"It was a close-knit group of civilians and [military personnel]...attached to various commands on the base," he added.

To launch the club, experienced members held a class on the basic principles and hazards of scuba diving. The 45-minute pool session taught new divers how to clear a flooded mask, how to handle a scuba tank in water, and to exhale when ascending from deeper water.

"We thought we were safe, informed divers," Brown said. "Today I think back and have pangs of guilt knowing that the resource isn't infinite like we believed."

A vintage photo with original members of the Reef Raiders after a successful spearfishing excursion. Photo by Locky Brown



Today, the Reef Raiders goals and diver education are completely different.

"Back then, they broke off pieces of coral and 'raided' the reef," said Bill Keenan, Reef Raiders co-president. "Over time, we've learned that it's not good for the [underwater ecosystem] so we do the opposite now. We work through the Professional Association of Diving Instructors (PADI) as well as Project AWARE [a group that promotes environmental conservation through education, advocacy and action], and clean up the beaches as a club.

"Project Aware does a world-wide clean up every year through PADI," he continued. "Because we're affiliated with PADI through Ocean Enterprises, the local dive shop, we try to support it every September.

"Over the last 14 years, the reef systems have become a lot cleaner than they were years ago," Keenan said. "We used to find debris, old tires, and fishing nets out there all the time. We have removed thousands of pounds of garbage from the ocean to dispose of at the landfill."

Of the many unusual items found in the water, a hand-made canoe and a 200-year-old anchor were the most interesting. During the Cuban Exile in 1994-1995, the refugees used any available materials to construct lobster traps.

"[The Cubans] used copper

Bill Keenan, co-president of Reef Raiders dive club, shows off a 200-year-old anchor he found on the reefs while diving here. Keenan, along with fellow members of the dive club strive to keep the waters of Guantanamo clean while preserving the underwater ecosystem.

wire, and anything else they could find, to fabricate the traps," Keenan said. "We've pulled a lot of old traps off the reef."

Reef Raiders also maintain the many buoys in the bay. Over time, weather and salt water have left their mark; two or three times per year, members of the dive club bring the buoys to shore for cleaning and maintenance, and replace them in the bay. It's a mission the club is proud to support.

"The base usually funds the cost of materials and as a club, we volunteer to do the work, at no cost to the government," said Keenan. "We like to teach folks the technical aspects behind [maintaining the buoys]. We get a lot of help and it's a great learning experience."

The club is active and currently averages 100 to 115 members a year. It offers benefits such as tank service and air refills, as well as providing a facility where members can meet and host events.

"The Reef Raiders facility is where our diving classes take place," said Rudy Rudolph, co-president and dive instructor. "We have a classroom there so we can take care of all the [out of water] instruction."

Rudolph and Keenan have logged more than 6,000 dives combined – the majority here at Guantanamo Bay.

"It's someplace to hang out," Rudolph continued. "We have Internet down there, and when we have our meetings on the second Tuesday of every month, we barbeque."

"All member have access to the club – if they want to host a party there, they can," said Keenan.

"We try to host events periodically," Keenan continued. "At the end of the summer we're looking at scuba olympics. We also do underwater bowling, pumpkin carving and we decorate a Christmas tree – all underwater."

"To get involved, just come down and sign up – it's a free membership," said

See **RAIDERS/13**





Maintenance

U.S. Coast Guard Petty Officer 2nd Class Buford Burk, a member of Port Security Unit 307, performs maintenance on boat motor components, June 26, 2008. PSU 307 is tasked with providing both water and shore side security for Joint Task Force Guantanamo and U.S. Naval Station Guantanamo Bay. – JTF Guantanamo photo by Army Spc. Erika Isaacson

Energy Conservation tips for summer

1. Don't cool the great outdoors. When your air conditioning is on make sure your windows and exterior doors are closed.
2. Turn off lights when you are not in the room.
3. Do not leave doors to refrigerator or freezers open.
4. Keep curtains and blinds closed to keep cold air in and heat out.
5. Don't overload refrigerator or freezer. Overloading prevents good air flow which makes the appliance have to work harder to keep items cool.



6. When washing clothes, only wash full loads and use cold water.
7. Don't over dry your laundry.

8. Don't leave PC and laptops on, put them in sleep mode.
9. Change/ clean filters in your air conditioning units to keep them working properly.
10. Use the microwave instead of using an oven when possible. Microwaves use 20% less energy.

www.consumerreports.org
www.energyquest.ca.gov
www.alliantenergygeothermal.com

Meals to order



SEASIDE from 4

Once the food has been cooked and thoroughly prepared, inspected and packed into insulated food containers, the next step of the process is to transport the food to the camps. Navy personnel are waiting to assist in unloading the meals and getting them ready to take into the camps.

“We make sure everything is there,” said a Navy Seaman involved in the meal distribution process. “We also make sure everything is right before giving the food to the detainees.”

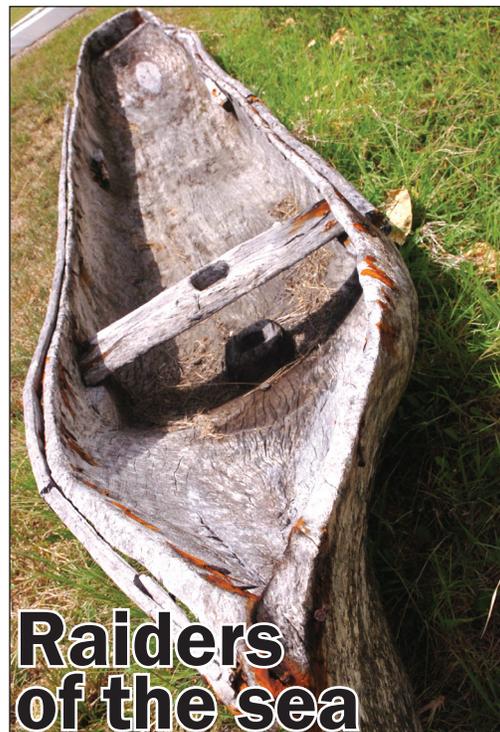
As the food was being placed into the individual clam shells for Camp 5 and Camp 6, a Joint Detention Group Preventative Medicine Technician was checking the sanitation level of the food by making sure the process was proper and the temperature level was accurate. This is a random monitoring process that is conducted each month to observe what the Seaside Galley is doing and to ensure they’re preparing everything to standard.

“We want to make sure bacteria growth is limited and the detainees are receiving fresh products,” said the JDG PM technician. “We want to make sure they get safe food.”

The result of the inspection was that the Seaside received a satisfactory standing which means a good overall job and all the temperatures of the food were at the appropriate levels.

“The people here [at Seaside Galley] work hard and do an outstanding job,” said Ward. “They all know what they are supposed to do.” ★

The meals are verified in one of their last stops before being delivered inside the camps.



Raiders of the sea

A hand hewn canoe, carved from what is thought to be a coconut tree was found by Rudy Rudolph, co-president of Reef Raiders dive club.

RAIDERS from 11

Rudolph. “Once you’ve done that you’re welcome to come down to have your tank serviced, which includes a fill.”

In addition to the free membership, participants also have the option to upgrade to a paid membership, which provides voting rights for club official elections in November. Paying members also get cheaper tank refills. The club strives to provide tank refills for the base, as it has two air compressors.

Reef Raiders is currently open seven days a week. For more information, call 77315. ★

Boots on the Ground

by Navy Petty Officer 2nd Class Cheryl Dilgard

Where is the most unusual place you have spent the 4th of July?

Army Spc.
Christopher Sandoval



“The beach in Cavorogo, Puerto Rico, where I am a life guard. I always have to work on the 4th of July.”

Navy Chief Petty Officer
Robert Hunt



“The aircraft carrier Independence. We sat on the flight deck and watched an air show.”

Navy Petty Officer 3rd Class
Marcia Hickey



“Chile is the most interesting place I have spent 4th of July. We were on a UNITAS, through South America.”

Army Spc.
Zuleima Cochran



“My most interesting 4th of July was in Hanau, Germany. I was stationed there.”

Independence

**Army Capt.
Y.J. Kim**

525th MP Battalion Chaplain

“Righteousness exalts a nation, but sin is a disgrace to any people.” (*Proverbs 14:34*)

This week, we are celebrating the 4th of July: Independence Day! America’s cities and towns are filling with parades, fireworks and barbecues in celebration of the 232nd birthday of this great nation.

Isn’t America a great place to live? Yes, it is. While it’s not a perfect place (like heaven), it’s a lot better than most other nations in the world today.

How can we keep our country great?

First, remember and appreciate the many sacrifices given for our country and pray.

The groundwork for the freedom we enjoy today has been laid over the past 232 years. We enjoy this freedom because of what our founding fathers, our fathers, our brothers and sisters have done to preserve this freedom.

Our freedom didn’t come cheap. These patriots fought and died to give us our freedom to keep God-given rights, such as “*Life, Liberty and the pursuit of Happiness.*”

And also, at this very moment many of our young men and women in uniform are voluntarily serving for this great nation,

and, as we know, willing to make the ultimate sacrifice.

56 brave men signed our Declaration of Independence. Among those of the original signers, five were captured and tortured by the British before they died; 12 of them had their homes ransacked and burned to the ground; and nine of them fought and died from wounds suffered during the Revolutionary War. Our founding fathers were committed to obtaining freedom for future generations.

These men, and hundreds more, paid a price to give us a nation of freedom and opportunity. Should we do any less than to pray for America?

From a Christian perspective, it is a solemn duty to pray for the nation and its leaders (1 Timothy 2:1-2). It should not only be a prayer of thanks for our founders’ high ideals, but also for service men and women who are fighting to follow our founders’ quest. They deserve our constant support of prayer. If we are going to continue to see good come from America, we need to pray.

Second, live righteous lives as citizens of this great nation.

What makes a nation strong? Physical prosperity might be good evidence of a strong nation. However, material affluence only does not ensure a great nation. Thousands of years ago, the wise man

Solomon wrote these thought provoking words: “*Righteousness exalts a nation, but sin is a disgrace to any people.*” (*Proverbs 14:34*)

When our founding fathers stood up “*appealing to the Supreme Judge of the world*” for the morality of their intentions, this nation didn’t have military might nor economic domination on the world stage. But it was so evident that our founders stood up on higher ground to build this nation upon a moral cornerstone.

The Continental Congress, just a month before declaring independence, passed an official congressional resolution that “*urged its fellow citizens to confess and bewail our manifold sins and transgressions, and by a sincere repentance and amendment of life, appease his [God’s] righteous displeasure*” (*May 17, 1776*). A strong suit of morality makes a nation strong.

If we want to keep our country great, we need to live our lives on the moral high ground.

Our lives of righteousness exalt our nation.

America is great, in part because of its ideals and its economic and military might, but mostly because of its citizens who by their beliefs and actions embody commitment to keeping this nation great.

“Blessed is the nation whose God is the Lord.” (*Psalms 33:12*)

JTF CHAPEL SCHEDULED PROGRAMS

Catholic Mass

Sunday: 7 a.m. Confession
7:30 Mass

Wednesday: 11 a.m. Mass

Protestant Worship

Sunday: 9 a.m. and 7 p.m.

Spanish Protestant Worship

Sunday: Noon

Voice of 525th



Army Staff Sgt. Joseph Lobban, the resident emcee for the 525th Military Police Battalion, readies the microphone for the battalion's End of June Ceremony at Trooper's Chapel here Monday, June 30.

Army Pfc. Eric Liesse

JTF Guantanamo Public Affairs

With a pitch-perfect, ring announcer-like voice, Army Staff Sgt. Joseph Lobban prepares the crowd for the evening, insisting all cell phones and pagers be turned off. Momentarily, he commands the ceremony to begin and welcomes the audience to the evening's preceding.

Though Lobban said he considers this just an additional tasking, he has become the resident emcee for all 525th Military Police Battalion ceremonies, be it an awards presentation, a change of command, or a retirement celebration.

As the noncommissioned officer in charge of the battalion's S-6, Lobban is the "main hub for the 525th, Camp 5, Camp Echo and Camp Iguana; for any of their computer and network capabilities." However, being the battalion's emcee doesn't divert much time from his primary job, Lobban said.

During his emcee duties, Lobban is the man in control of a very different network.

"As an emcee, you are what keeps the ceremony together," Lobban said. "You have your certain parts like when music has to play, when somebody has to speak, when certain actions need to take place. Everything comes up on the queue of when the narrator says so."

For instance, when Lobban announces the chaplain's invocation and playing of the

national anthem, he would motion to the chaplain as well as cue a Trooper to handle the sound system.

"Of course, I'm double and triple checking and giving the head-nod of when to execute everything," Lobban said.

Lobban has done a few ceremonies thus far, including two awards ceremonies, the change of responsibility for Sgt. Maj. Donald Troxler, and the Army Birthday celebration.

"The big one of the big ones, and I feel kind of honored to do it, is Command Sgt. Maj. [Theodore] Trahan's retirement ceremony," Lobban said of the Thursday, July 3, ceremony. The ceremony was held to both honor and retire Trahan from his time as the senior enlisted leader of the 525th.

"This was the first script I was able to have full writing privileges on," Lobban continued. After taking from past retirement examples, Lobban tweaked and modified the script to make it appropriate for Trahan.

To make a ceremony's script, Lobban starts with the basic template and modifies it accordingly.

"When you start taking a look at it, it doesn't flow," Lobban explained. "Mainly I'll just go over it and make it run a little smoother as well as keep the professional appearance of the ceremonies that we do."

Once the script is fleshed out to his liking, Lobban will spend about a half hour

before the ceremony begins repeatedly going over the narration, making any last minute changes needed for sound.

With a full run through before hand, the ceremony begins with Lobban at the helm.

Before coming to Guantanamo, Lobban had public speaking experience by way of 1450AM ESPN Radio WFAY out of Fayetteville, N.C., for about three weeks in spring, 2006. However, Lobban said he never had the job – he was a guest announcer due to calling in so often.

The day he went to secure his contract, the station closed for business due to low ratings.

However, Lobban said they never informed him, letting him walk up to locked doors.

Lobban said the time on the radio also gave him the confidence to lead ceremonies without a problem.

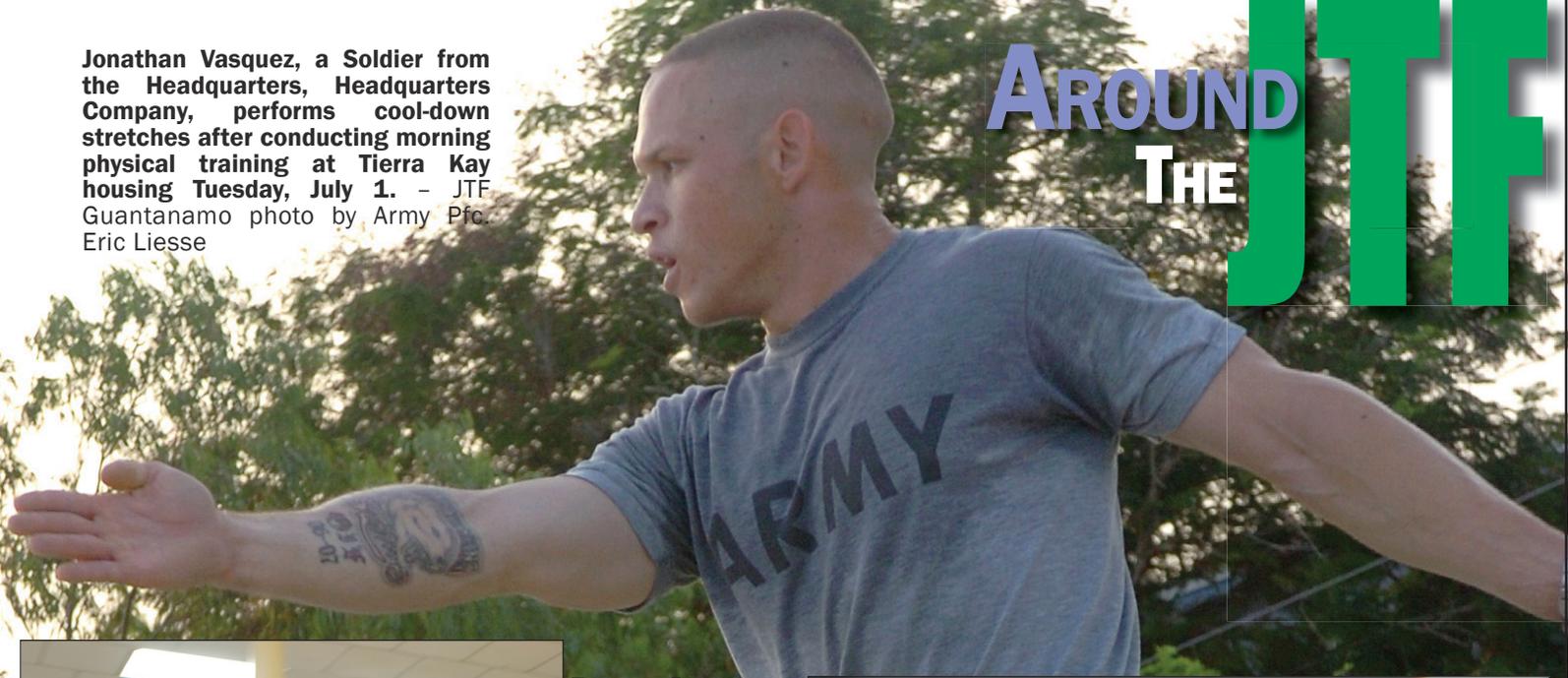
"If you're talking in front of a microphone and almost 100,000 people can hear you, what's wrong with talking in front of a microphone in front a smaller group of people?" said Lobban flatly.

Even though ceremonies are at his whim, he refuses to get a big head over it.

"I can take my job very seriously, but I never take myself seriously," Lobban said. "If you take yourself seriously, you're going to let the best things in life pass you by. But my job I take more serious than anything else, except for my marriage and my kids." ☆

Jonathan Vasquez, a Soldier from the Headquarters, Headquarters Company, performs cool-down stretches after conducting morning physical training at Tierra Kay housing Tuesday, July 1. - JTF Guantanamo photo by Army Pfc. Eric Liesse

AROUND THE JTF



Raymond Slayton, a member of the Navy Expeditionary Guard Battalion, prepares to throw during an evening of bowling June 30 at Marblehead Lanes Bowling Center. - JTF Guantanamo photo by Army Sgt. 1st Class Vaughn R. Larson



Petty Officer 2nd Class Jayme Pastoric a new arrival to Guantanamo Bay, begins inprocessing at the air terminal Saturday, June 28 - JTF Guantanamo photo by Army Staff Sgt. Emily J. Russell



Coast Guard Petty Officer 3rd Class Dennis Ebanks of the Port Security Unit 307 moors a transportable port security boat at the boathouse Tuesday, July 1. - JTF Guantanamo photo by Army Spc. Megan Burnham