

# THE WIRE

A JTF Journal



**OPSEC**  
Protecting the mission  
**525th prepares to fight**  
MP battalion selects Warfighters



# Leadership: keeping it real

Army Master Sgt. Kent Bellot  
J4 Logistics Chief

Leadership is perhaps the most widely misunderstood and abused word in the military. Many Troopers, in all branches of the military past and present, really have no idea of what constitutes true leadership. Your rank or position certainly does not make you a leader. Your tenure or experience alone does not provide, nor guarantee, true leadership qualities.

In a nutshell, leadership is the process of influencing others to accomplish the mission by providing purpose, direction and motivation. Let's keep it real: there are some leaders out there who do not have a clue about the definition of leadership. Some leaders - not all - when giving their Troopers the mission or tasking, will normally use a form of "you will do this or else!" That is not motivating or leading, it is just pure old-fashioned threatening. Purpose gives Troopers a reason why they should do difficult things under dangerous and stressful circumstance (for example, providing safe, humane, legal and transparent care and custody of detainees). Direction gives Troopers an orientation of the tasks to accomplish based on the priorities set by the leader (standing watch in the camps). Motivation gives troopers the will to do everything they are capable of doing to accomplish a mission; it causes troopers to use their initiative when they see the need for action (still having the will and desire to return to duty after receiving a "cocktail").

Every leader must understand human behavior and motivation. Leaders must possess the ability to inspire, guide and motivate Troopers. Leaders must provide purpose, direction and motivation in both peacetime and in war. More than ever, today's military needs leaders who are mature, know their strengths and weaknesses, and who understand their responsibility, duty and authority. A primary responsibility is to take care of your Troopers. You do this by developing a genuine concern for their well-being. You constantly train, mentor and counsel your Troopers.

Troopers already know if their leaders are keeping it real or have a genuine concern for them by merely looking at their leader's character. Your character determines your ability to influence and inspire. If you, as a leader, display a good strong moral character, always trying to do the "right thing," then your Troopers will respect you and desire to emulate your action.

Contrary to popular belief, your rank and position are not personal rewards. You earn them, so you can serve your subordinates, your unit and your nation. You must resist the temptation to put self-gain, personal advantage, and self-interest ahead of what is best for the nation, the military or your unit.

Remember, your behavior sets the example for your subordinates. Saying all the right words and having all the right values and knowledge have no meaning to others if not reinforced by your actions. Actions give life to purpose, direction and motivation. Actions, not words, are what people see and are what inspires others to follow and fight bravely. By just keeping it real, you can develop Troopers who are willing and capable of doing extraordinary things in this Joint Task Force environment. ★



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Navy Cmdr. Bradley Fagan: 9928

### Deputy Director:

Navy Lt. John Ferrari: 9927

### Operations Officer:

Army Capt. Robert Settles: 3649

### Supervisor:

Air Force Master Sgt.

John Asselin: 3649

## The Wire

### Executive Editor, Command Information

#### NCOIC, Photojournalist:

Navy Mass Communication Specialist  
1st Class Edward Flynn: 3592

#### Editor, Photojournalist:

Navy Mass Communication Specialist  
2nd Class Zachary Harris: 3499

#### Photojournalists:

Navy Mass Communication Specialist  
2nd Class Shane Arrington

Navy Mass Communication Specialist  
3rd Class Joshua Nistas

Army Spc. Juanita Phillip

Marine Corps Lance Cpl.

Justin R. Wheeler

## Contact us

**Editor's Desk:** 3499 or 3594

From the continental United States:

**Commercial:** 011-53-99-3499

**DSN:** 660-3499

**E-mail:** [thewire@jftgmo.southcom.mil](mailto:thewire@jftgmo.southcom.mil)

**Online:** [www.jftgmo.southcom.mil](http://www.jftgmo.southcom.mil)

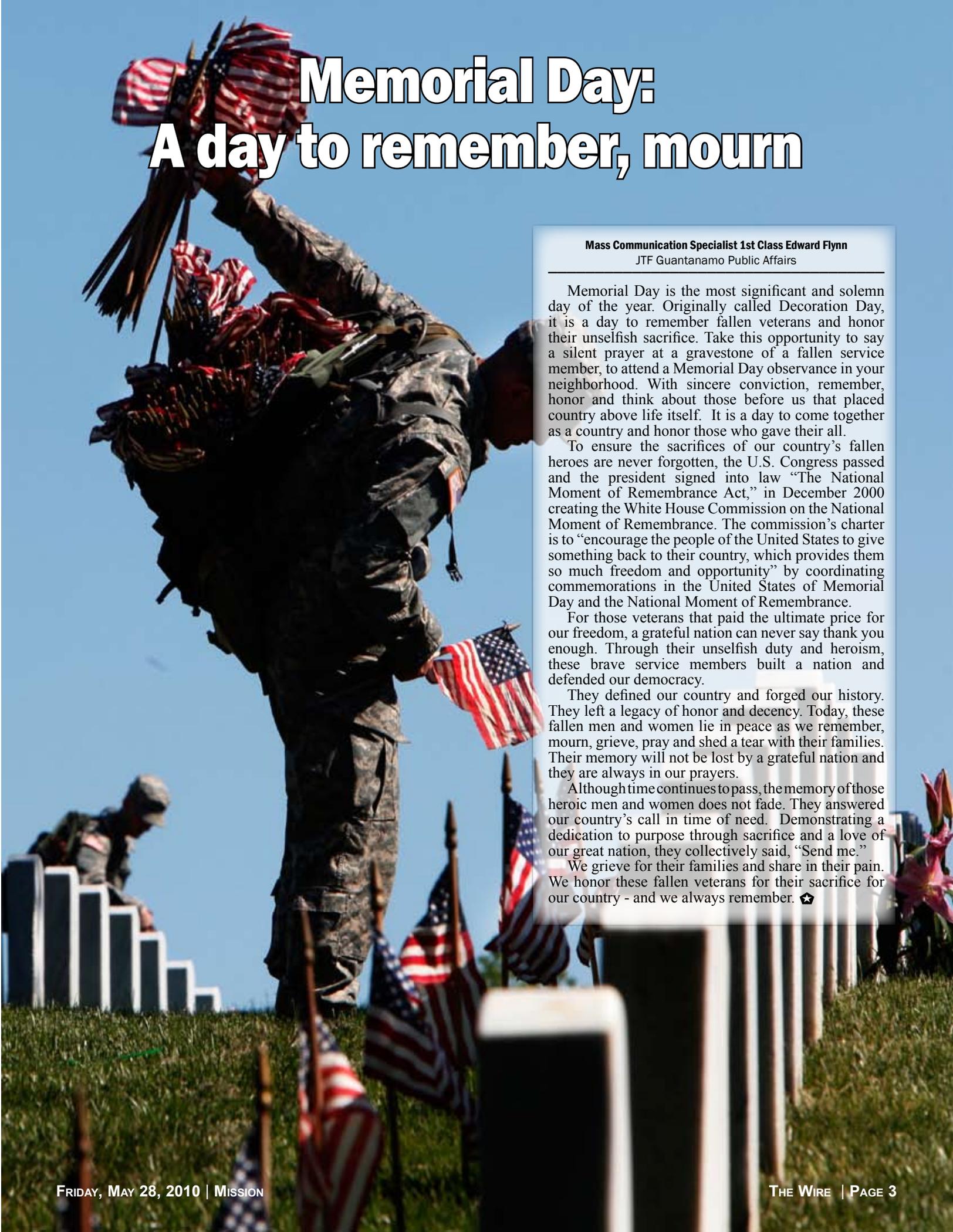
### COVER:

**A Marine participates in a live fire exercise at Grenadillo rifle range.** - JTF Guantanamo photo by Navy Mass Communication Specialist 3rd Class Joshua Nistas

### BACK COVER:

**Two kevlar helmets filled with 7.62mm caliber rounds sit on a table.** - JTF Guantanamo photo by Navy Mass Communication Specialist 3rd Class Joshua Nistas

The WIRE is the official news magazine of Joint Task Force Guantanamo. It is produced by the JTF Public Affairs Office to inform and educate the Troopers of JTF Guantanamo through news, features, command guidance, sports and entertainment. The WIRE seeks to provide maximum disclosure with minimum delay with regard to security, accuracy, propriety and policy. This DoD news magazine is an authorized publication for the members of the Department of Defense. Contents of The WIRE are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or Joint Task Force Guantanamo. It is printed by the Document Automation & Production Service with a circulation of 1,000.



# Memorial Day: A day to remember, mourn

**Mass Communication Specialist 1st Class Edward Flynn**  
JTF Guantanamo Public Affairs

Memorial Day is the most significant and solemn day of the year. Originally called Decoration Day, it is a day to remember fallen veterans and honor their unselfish sacrifice. Take this opportunity to say a silent prayer at a gravestone of a fallen service member, to attend a Memorial Day observance in your neighborhood. With sincere conviction, remember, honor and think about those before us that placed country above life itself. It is a day to come together as a country and honor those who gave their all.

To ensure the sacrifices of our country's fallen heroes are never forgotten, the U.S. Congress passed and the president signed into law "The National Moment of Remembrance Act," in December 2000 creating the White House Commission on the National Moment of Remembrance. The commission's charter is to "encourage the people of the United States to give something back to their country, which provides them so much freedom and opportunity" by coordinating commemorations in the United States of Memorial Day and the National Moment of Remembrance.

For those veterans that paid the ultimate price for our freedom, a grateful nation can never say thank you enough. Through their unselfish duty and heroism, these brave service members built a nation and defended our democracy.

They defined our country and forged our history. They left a legacy of honor and decency. Today, these fallen men and women lie in peace as we remember, mourn, grieve, pray and shed a tear with their families. Their memory will not be lost by a grateful nation and they are always in our prayers.

Although time continues to pass, the memory of those heroic men and women does not fade. They answered our country's call in time of need. Demonstrating a dedication to purpose through sacrifice and a love of our great nation, they collectively said, "Send me."

We grieve for their families and share in their pain. We honor these fallen veterans for their sacrifice for our country - and we always remember. ★

# 525th gets ready to fight

Navy Mass Communication Specialist 2nd Class Zachary Harris  
JTF Guantanamo Public Affairs

While September is a few months away, Troopers with the 525th Military Police Battalion have already begun to prepare for the 69th annual Military Police Warfighter Competition, held every year at the United States Army Military Police School at Fort Leonard Wood, Mo.

Some 34 teams comprising the best of the best from Army MP companies around the United States will compete this year.

To select a team, 13 Soldiers from the 525th competed in events including marksmanship, vehicle inspection, tire flipping and a ruck march. One noncommissioned officer and two E-4 and below Soldiers will represent the battalion this year with two Soldiers as alternates.

The selection began at 4 a.m. with a fitness test consisting of two minutes of push-ups and sit-ups. The competitors then proceeded directly into a 3.8 mile run in their Army Combat Uniforms. A Gator 4-by-4 vehicle push-and-pull event was completed along with a timed weapon assembly challenge.

Over the course of the next three months the Soldiers will train as a team to reinforce cohesion and prepare for the challenges ahead, which will be unknown until the start of the competition.

Command Sgt. Maj. Steven Raines, Command Sgt. Maj. of the 525th MP Battalion, said choosing the events for the selection can be tricky due to the random nature of the warfighter competition's challenges.

"It's always rotating," said Raines. "We try to select based off of previous competitions. We know there's going to be a ruck march and a humvee push."

Pvt. Wayne Hodge, one of the 13 Soldiers who tried out for the team and successfully earned his spot, thought the experience would help him become a better Soldier and prepare him for his future career.

"It's real good training, it refreshes your memory and it's all useful," said Hodge. "I might want to go [to Ranger School] down the road and I thought this would be good practice."

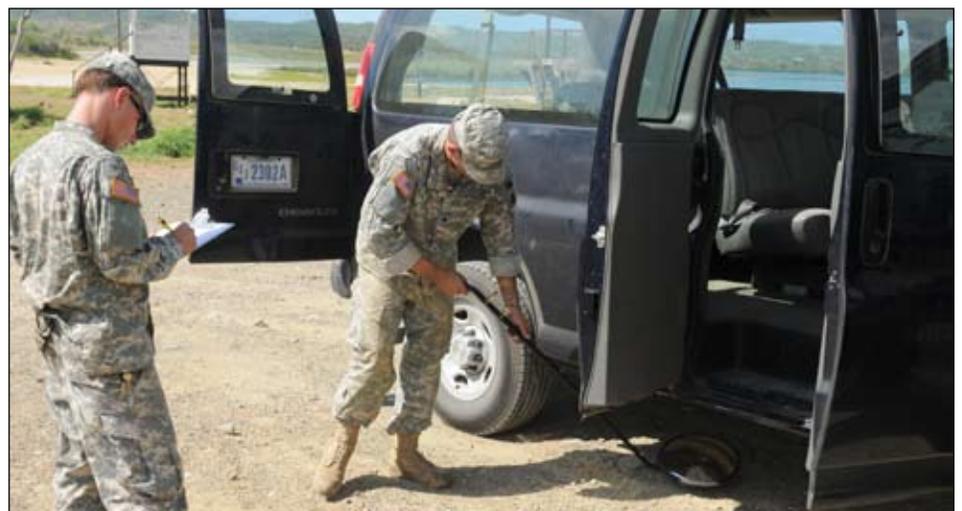
Army Sgt. David Tulette, who was primary team member in 2005, and will represent the 525th in this year's competition, said the event builds mission competency and esprit de corps.

"I do it for the training," Tulette said. "It's a great way to motivate the soldiers to perform at a higher level."

Tulette and Hodge will be joined by Army Sgt. William Vieth and Army privates Justin Champion, Darren Rigsby and Brandon Cummings. 🇺🇸



**Pvt. Wayne Hodge (above) conducts a vehicle maintenance inspection. Army Sgt. David Tulette (far right) conducts a vehicle inspection exercise while competing for a spot on the 525th MP Battalion MP Warfighter Competition Team. The annual contest pits roughly 34 teams of the best MPs in the Army against each other in various events, during the 525th MP Warfighter Competition team selections. Sgt. David Tulette.** – JTF Guantanamo photos by Navy Mass Communication Specialist 2nd Class Zachary Harris



# OPSEC your photography

Mass Communication Specialist 2nd Class  
Shane Arrington  
JTF Guantanamo Public Affairs

There are many wonderful things that make for great photos within the 45 square miles of Naval Station Guantanamo Bay and Joint Task Force Guantanamo. Everything from iguanas to cacti has found itself the focus of a Trooper's lens at some point. However, personnel must keep in mind that while the base is full of many great photographic opportunities, they must be cautious of where they point their camera.

Tony, an operations security (OPSEC) programs manager at JTF Guantanamo who asked that his last name be withheld for security purposes, says the main thing Troopers have to ask themselves is how they will use the pictures.

"Are the pictures of you to send to family and friends?" Tony said. "Are they pictures of GTMO to describe where you are and what you're doing? If you just want pictures to send to family or post online, take pictures of MWR events."

The reason for this, said Tony, is for friends and family back home to see what Troopers are doing, as opposed to just the

pretty sights. Guantanamo boasts beautiful landscapes, plants and animals that Troopers can shoot and turn into postcards; however, they need to be careful during these photographic expeditions.

"If it has a fence around it, don't take a picture of it," Tony said. "If it has a sign that says restricted area, or has security measures such as guard towers, checkpoints, orange barriers or razor wire, don't take a picture of it."

Ridgelines and hilltops are other places to stay clear of with your cameras. Although they may make beautiful photos, the possibility to show too much is too great.

"There are signs all over the base where you shouldn't take pictures," Tony said. "If you follow the guidelines and obey the signs, you should be fine. If you ever have any doubts, ask. The public affairs personnel and OPSEC are here to help."

To reinforce caution at JTF Guantanamo, both the public affairs office and OPSEC give a brief to all newcomers. The briefs go over a variety of topics, including the photography policy. Upon arrival at GTMO, Troopers are told to pay attention to where they point their cameras.

"I knew coming in that you couldn't just take pictures of everything and everyone," said Navy Intelligence Specialist 3rd Class Megan Rascoe. "The information I received when first coming on island really drove it home though. They focused on being cautious of your surroundings and who to contact if you weren't sure of a picture."

The training and signs give Troopers a good idea of what's acceptable and what's not. Rascoe said she makes sure to inspect the area before taking photos, checks the photos before uploading them to her computer, and even checks them again before posting them to a public site.

Observing good OPSEC is one of the best ways a Trooper can keep information away from those who may wish to do them harm. Tony said many of the things off limits aren't necessarily classified, but are sensitive. He said to think of the location of a certain structure as you would your social security number. Technically that's not classified information, but you wouldn't want just anyone to have access to it.

"Remember," Tony said. "A picture is worth a thousand words, so what you post online says a lot!" 📸



A no photography sign, warning Troopers to keep their cameras away from a certain area. – JTF Guantanamo photo by Navy Mass Communication Specialist 2nd Class Shane Arrington

# Calm your lifestyle

**Marine Corps Lance Cpl. Justin R. Wheeler**  
JTF Guantanamo Public Affairs

The Marine Hill Fitness center offers yoga classes six times a week at varying times for convenience of Naval Station Guantanamo Bay inhabitants.

Yoga at GTMO is a method for Troopers to become more stress-free and physically fit. Yoga instructor Everton Hylton teaches a variation of yoga derived from the Vinyasa Yoga style.

"It's a more physical yoga that focuses on the overall physical well-being of us," said Hylton. "This includes building our strength, balance, blood flow, flexibility and helps develop calmness."

To Hylton, the physical focuses of yoga are appropriate for the military setting.

"You get a chance to hear yourself breath after a stressful day," said Hylton. "Yoga restores your nervous system."

Yoga originated in ancient India as a form of spiritual discipline. Overtime yoga became popular around the world and eventually the West. Today, millions of Americans practice yoga; however; many Westerners practice a more exercise-orientated variation, said Hylton.

For Raenell Hannis, FBI, yoga is apart of her weekly routine.

"It's a stress reliever and very relaxing," said Hannis. "I lift weights and run a lot so it stretches me out."

To ensure visual and physical results, yoga participants must be consistent.

"People think that if they do yoga today, they'll be better for tomorrow," said Hylton. "If you don't do it consistently, you'll lose it."

Through Hylton assures participants that if they stick with his program for six weeks, they will see vast improvements in their range of motion and have less stressful days.

"The more you practice, the more wide your range of motion will get," he said. "In the long run, you're provided with longevity, because yoga is a major stress reliever."

Hylton provides students with personal instruction and props for them to use.

"I think that this class is good for anyone on any level, whether they are introductory or advanced," said Hannis.

For more information about the yoga class and more Moral, Welfare and Recreation fitness classes, call ext. 77262. ☆

## **Marine Hill Fitness Center Yoga Schedule**

Monday, Wednesday, Friday @ 1700

Tuesday, Thursday @ 0500

Saturday @ 0800



# Not worth the hunt ...

**Navy Mass Communication Specialist 2nd Class  
Zachary Harris**  
JTF Guantanamo Public Affairs

Not many people get the chance to get with their ex-wife or husband. When Milo Boyd (Gerard Butler) is given the chance to bring ex-wife Nicole Hurley (Jennifer Aniston) to justice for skipping out on a court appearance, he is overjoyed. With the extra incentive of a \$5,000 bounty for getting the job done, he jumps at the chance for a bit of payback.

In "The Bounty Hunter," Butler plays a down-on-his-luck, ex-cop-turned-bounty-hunter loser in the middle of a downward spiral into complete and utter failure. He owes money to a bookie and struggles to make ends meet. When his boss gives him the news that his ex-wife is a wanted felon with a bounty on her head, Milo believes his luck is finally turning around. He sets out over the course of the 4th of July weekend to bring her in and collect.

Nicole Hurley is a successful newspaper writer who is on to something big. There is an unexplained suicide that just does not sit right with her. She uses her various informants to discover that there is corruption among the police officers involved in the case. However, while meeting her source of information, she misses a court appearance, resulting

in a bench warrant for her arrest. While trying to piece together the facts of the case, she is confronted by Milo who, is more than happy to prevent her from breaking the story and collect his reward.

The pair set off on a journey from New Jersey to New York City that is filled with almost every romcom cliché. It is unoriginal and predictable. It seems as though the writers decided to let big name actors do all of the hard work instead of putting in time on the actual story. It is quite depressing, given the acting abilities of both Butler and Aniston. There are a few scenes that made the audience chuckle in the opening scenes of the movie, but consistency was unattainable for the mediocre script.

Appearances from Milo's boss Sid (Jeff Garlin), Nicole's mother (Christine Baranski) and an unenthusiastic secretary (Siobhan Fallon) are able to breathe a bit of life into the film. Again, these appearances are too few and far between to bring any real levity into the film.

While the movie does have a few brief moments of comedy interspersed among the many un-funny moments, it does not do justice to what could have been a very entertaining and original concept. ☆

**PG-13**

**110 minutes**

**Rating:** ★☆☆☆☆





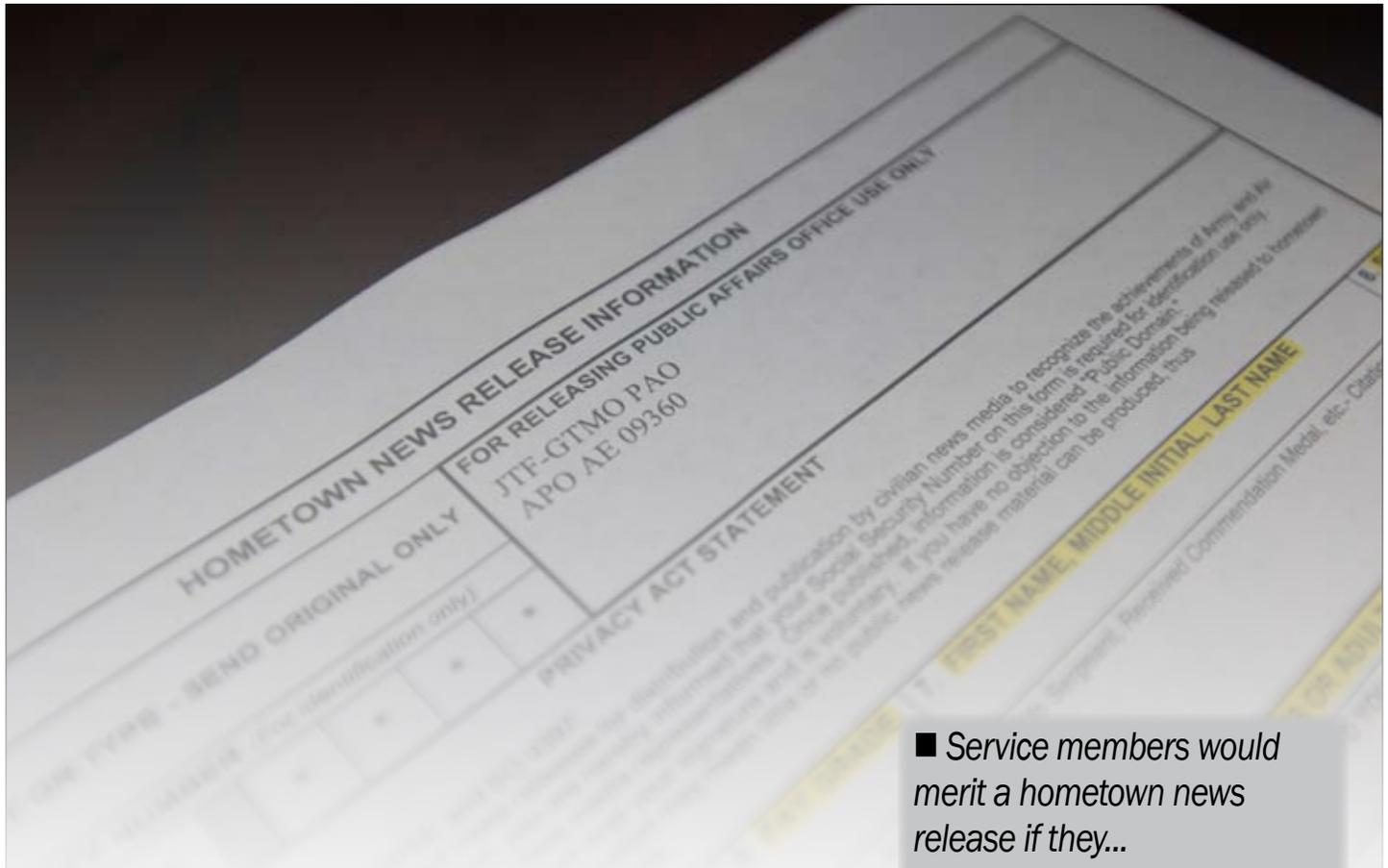
**JTF Guantanamo photos by**  
 Marine Corps Lance Cpl. Justin R. Wheeler

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The NCO induction ceremony is a celebration of the newly promoted joining the ranks of a professional noncommissioned officer corps and emphasizes and builds on the pride we all share as members of such an elite corps. It allows fellow NCOs of a unit to build and develop a cohesive bond and serves as a legacy for future induction ceremonies.

# Becoming an NCO

# Telling your story



**Marine Corps Lance Cpl. Justin R. Wheeler**  
JTF Guantanamo Public Affairs

Military public affairs offices around the world all share a common mission: to show the world what the military is doing.

Broadcast or written news of Troopers' achievements, deployments or simply holiday greetings are marketed to the hometowns of service members across the U.S.

To begin this process, Joint Task Force Guantanamo Troopers need to complete a hometown news release form.

"The Fleet Hometown News Release Program is designed to increase national awareness of the activities of our Soldiers, Sailors, Airmen, Marines and Coast Guardsmen," said Navy Cmdr. Brad Fagan, JTF-GTMO Director of Public Affairs. "The forms take only a few minutes to fill out and can be used to make family and friends back home aware of a service member's significant achievements, like reporting to a new duty assignment, being advanced or promoted and receiving an award."

For JTF Troopers, the form is first introduced at the Newcomers Briefing, where a PAO representative will inform the service members about the PAO department and review the hometown news release

form.

"Hometown news release forms are very important," said Army Capt. Robert Settles, JTF-GTMO PAO Operations Officer. "If signed and returned, it allows the Trooper's family and friends to identify with what their loved ones are doing and it markets what JTF-GTMO is truly about."

Major news agencies that send reporters to GTMO often focus on JTF-GTMO as a whole or its policies, Settles said. It's important to spotlight the happenings of the individuals because the individual Trooper often goes unrecognized.

"When we market to the smaller interest groups like families and friends, it highlights the positive side of GTMO," Settles said. "It breathes true life into our operations."

The hometown news release shows American citizens the brighter sides of JTF operations and ultimately benefits the long-term mission of the U.S. Armed Forces. Also, the hometown news release forms aren't just for service members, but for government civilians as well.

For more information about hometown news releases or hometown news release forms contact the PAO Marketing office at ext. 8141. 📍

## ■ Service members would merit a hometown news release if they...

- graduated from basic training, Officer Training School or technical schools
- were promoted to E-3 and higher (as the promotion occurs)
- received awards and decorations
- re-enlist
- have a retirement
- receive of college degree

## ■ Civilian government employees would merit a hometown news release if they...

- received numerous awards at all levels
- received a decoration for exceptional civilian service
- received a suggestion award of \$500 or more
- graduated from military school

# Experts track GTMO wildlife

**Navy Mass Communication Specialist 2nd Class  
Shane Arrington**  
JTF Guantanamo Public Affairs

Naval Station Guantanamo is the oldest overseas U.S. Naval base, the only base located in a country with which the U.S. does not maintain diplomatic relations, and is home to the Joint Task Force Guantanamo detention facility. All this information is easily found on the Internet, but there is another side to GTMO that is not as easily found by typing “Guantanamo Bay” into a search engine. The base is also a wildlife refuge, providing protection for a variety of fluffy and scaly creatures that do not have the chance to flourish on the rest of the island.

For the past 10 years, Dr. Peter Tolson, director of conservation and research at the Toledo Zoo, has been coming to Guantanamo Bay to conduct research on some of the reptile species that call the base home. His most recent trip focused on the Cuban Boa.

“We go out and catch wild Cuban Boas,” Tolson said. “We surgically insert a radio transmitter into their body cavity using the [Naval Station Guantanamo Bay] veterinary staff. We then follow those snakes as they roam throughout the habitat on the base.”

And roam they do. According to Tolson, the average range of an adult snake is approximately two square miles.

“The babies have about half an acre,” Tolson said. “As they grow they expand their range as they become sexually mature and start looking for mates.”

The radio transmitter inserted into the snakes works off a global positioning system (GPS) and provides Tolson with information on where they go and how long they stay in one place. He uses this information to determine how the snakes interact with the humans who share the base with them. Tolson said one of his missions is to lessen the conflicts between the military and the wildlife of Guantanamo Bay.

Another researcher working on helping humans and wildlife co-exist in GTMO is Chris Peterson, a natural resource specialist for Naval Facilities Atlantic. His research is similar to Tolson’s; he’s tracking one of GTMO’s more popular creatures, but he’s focusing on a more furry variety. The hutia are large rodents that inhabit many Caribbean islands. The species found in GTMO is referred to by the locals as the banana rat, so named because its feces looks like small bananas.

“There is an effort to control the hutia population when the numbers get too high,” Peterson said. “We’re trying, through the information provided with our study, to apply a little science to the control of the population here in Guantanamo Bay.”

Peterson said the process of controlling the population is not cut and dry.

“For example, if we find that the activity



**Chris Petersen, from Naval Facilities Engineering Command Atlantic, fits a harness on an anesthetized hutia, or banana rat, at the Guantanamo Bay Veterinary Treatment Facility, April 13.** – JTF Guantanamo photo by Navy Mass Communication Specialist 3rd Class Joshua Nistas

range of a hutia is only a few square acres, maybe there’s not a need to control the population in areas that are greater than four acres outside the housing areas,” Peterson said. “The way we’re doing that is through a technique called radio telemetry.”

The process is similar to the work Tolson

has done with the boas, only instead of inserting the transmitter into the body of the hutia, it is placed around the hutia’s neck on a collar. Peterson said the transmitter produces a beeping noise which he can pick up using a hand held radio receiver.

See **ANIMAL/12**

“It’s much like a radio station,” Peterson said. “Each transmitter has its own unique frequency.”

In addition to the radio telemetry technology, Peterson is using a mini GPS, which he said is instrumental in the field of wildlife study. It’s strapped to the back of a hutia and can be programmed to turn on at various intervals. The ones used in GTMO are programmed to provide a longitude and latitude every five hours for 60 days, which, according to Peterson, is how long it’ll take for the battery to die.

When the GPS is collected, it gets hooked up to a computer and the information downloaded. Peterson then uses this information to calculate an activity range.

“We’re getting a tremendous amount of data with little effort,” Peterson said. “If we didn’t have this GPS collar we’d have to send a biologist out daily.”

Peterson said not only does the GPS collar mean less footwork, but it also allows the tracking of the hutia during the night, which is when they are most active.

Research and conservation efforts effecting base wildlife are not confined to Naval Station Guantanamo Bay. According to Tolson there are many programs on U.S. military bases throughout the world. He also pointed out that in many cases, it is the very presence of the base that allows certain species to thrive.

The Cuban Boa and hutia research and tracking programs are ongoing projects made possible through the hard work and cooperation of the U.S. Navy and the Toledo Zoo. ★



**An anesthetized hutia, otherwise known as a banana rat, is prepared for a harness equipped with a global positioning unit, at the Guantanamo Bay Veterinary Treatment Facility, April 13. – JTF Guantanamo photo by Navy Mass Communication Specialist 3rd Class Joshua Nistas**

**EXCESSIVE SPEED IS THE CAUSE OF  
ALMOST 1/3 OF ALL TRAFFIC FATALITIES**



**Obey the posted speed limit!**



## Preparing for rain

Members of the 474th Expeditionary Civil Engineering Squadron, Joint Task Force Guantanamo, replace the Camp Justice mess hall's tattered entrance tarp with two new tarps, May 25. The 474th ECES supports Joint Task Force Guantanamo by maintaining the Expeditionary Legal Complex and Camp Justice facilities and infrastructure. – JTF Guantanamo photo by Marine Corps Lance Cpl. Justin R. Wheeler

## Boots on the Ground

by Marine Corps Lance Cpl. Justin R. Wheeler

*What is/was your favorite MWR sponsored sport?*

**Air Force Staff Sgt. Justin Hall**



"I enjoyed the all-night softball tournament."

**Coast Guard Maritime Enforcement 1st Class Kenneth Clifford**



"I enjoyed playing softball and keeping up the friendly rivalry between the MSST unit teams."

**Army Pvt. Peter Sutton Jr.**



"I like pool because it requires a lot of concentration."

**Navy Logistics Specialist 2nd Class Christian Jackson**



"I enjoy the flag football season that's currently underway."

# Courage: The result of teamwork

**Air Force Maj. William S. Wiecher**  
Chaplain, USAF

As always, during stressful times our best resources are our people! Maybe some of you are familiar with the Air Force saying, "Remember your Wingman." Or perhaps more familiar is "battle buddy." Regardless of what term we employ, the concept is the same. And, like all good advice, we sometimes hear it so often that we don't really reflect on what it means to be a wingman/battle buddy. Since I am from the Air Force Chaplain Corps, I will keep the term wingman for this article.

The wingman keeps vigilant watch for the other. The wingman offers corrective action and advice when needed. The Wingman is there to listen and support. The Wingman is there to protect. And the key to being a Wingman is that there are no isolated individual Wingmen: to be a Wingman necessitates partnership, teamwork, community and an awareness of the others in their midst. Teamwork is essential in fulfilling a mission. Moreover, each person is an essential part of the team effort and unity. An individual cannot do

the work for the whole team, and if one attempts to be a lone ranger, inevitably the mission will fall short of its stated goal.

This Wingman is not a new concept belonging only to the Air Force community; it is actually a very old, I would say, ancient concept dating all the way back to Moses. One of my favorite stories from the Hebrew Scriptures concerns Moses and his being overworked, tired, cranky, and even annoyed with God from time to time! Until one day, Moses' father-in-law, Jethro, tells Moses, "What you are doing is not good. You will surely wear yourself out. Both you and these people with you ... you cannot do it alone." Jethro is being a Wingman to Moses; for the mission to succeed, Moses cannot do it alone and he asks for others to help share the leadership. And in a related story, Moses cries that he is unable to carry his people alone, for they are too heavy a burden. Moses finds himself at his last straw in hope and patience; and so God appoints some 70 elders to assist Moses, and perhaps the most poignant phrase occurs, the text reads in the original Hebrew that "they lifted up Moses' arms."

We are Wingmen, Troopers, Battle

Buddies, to help lift each other's arms up to accomplish the mission. We are Wingmen to be able to ask for help when we need assistance, so that we do not carry burdens that will weigh us down. When in the midst of such fast-paced planning and preparation there is a tendency, an all too human one, to take the path of least resistance, to make compromises, take short-cuts – and this can have serious consequences. A Wingman doesn't settle for what is easy, but is there to assist and at times speak a word of caution, so that together they may accomplish their purpose in a timely and safe manner. To be a Wingman takes courage.

Courage is not just a solo operation, it is the result of teamwork, of mutual accountability and mutual support, as in the words of the prophet Isaiah: "each one helps the other, saying to one another, 'take courage.'" Indeed, it was teamwork; everyone working together that enabled excellence to prevail, and encouraged each, though normal ordinary humans to achieve the extraordinary. Let us remain vigilant, work hard and be there for each other, and together we will continue to show how and why we are Honor Bound. ★

## GTMO Religious Services

**Daily Catholic Mass**  
Mon. - Fri. 5:30 p.m.  
Main Chapel  
**Vigil Mass**  
Saturday 5 p.m.  
Main Chapel  
**Mass**  
Sunday 9 a.m.  
Main Chapel

**Protestant Worship**  
Sunday 9 a.m.  
Troopers' Chapel  
**Islamic Service**  
Friday 1:15 p.m.  
Room C  
**Jewish Service**  
FMI call 2628  
**LORIMI Gospel**  
Sunday 8 a.m.  
Room D

**Seventh Day Adventist**  
Saturday 11 a.m.  
Room B  
**Iglesia Ni Cristo**  
Sunday 5:30 a.m.  
Room A  
**Pentecostal Gospel**  
Sunday 8 a.m.  
Room D  
**LDS Service**  
Sunday 9 a.m.  
Room A

**Liturgical Service**  
Sunday 10 a.m.  
Room B  
**General Protestant**  
Sunday 11 a.m.  
Main Chapel  
**United Jamaican Fellowship**  
Sunday 11 a.m.  
Building 1036  
**Gospel Service**  
Sunday 1 p.m.  
Main Chapel

**GTMO Bay Christian Fellowship**  
Sunday 6 p.m.  
Main Chapel  
**Bible Study**  
Wednesday 7 p.m.  
Troopers' Chapel  
**The Truth Project**  
Bible study  
Sunday 6 p.m.  
Troopers' Chapel



# Praise and Worship

**Army Spc. Juanita Philip**  
JTF Guantanamo Public Affairs

After working 12-hour shifts in the Joint Operations Center, Army 1st Lt. Nichole Monnette Payne sacrifices her personal time to train and choreograph the Praise and Worship dance team.

Payne has embraced this opportunity to volunteer wholeheartedly, and in a short time she turned a group of Joint Task Force Guantanamo personnel into dedicated praise dancers who perform at the 1 p.m. gospel service on Sundays at the Naval Chapel.

Her selfless service to her community, and fellow service members has earned Payne her 15 minutes of fame.

Payne, who has been deployed here with the 786th Combat Sustainment and Support Battalion of the Virgin Islands National Guard, works as a watch officer for the Operations section.

"I perform community service with the Music in Motion Dance School, where I began as a student when I was 14 years old," she said. "I was also an assistant instructor there."

The idea began innocently enough when Payne was asked to choreograph a dance for the Christmas program being held at the Naval Chapel.

"We had been at Guantanamo for a little more than a month when I was approached about choreographing a dance for the Naval Chapel, because of my background in dance and music," Payne said.

What began as a ladies dance team quickly grew to include male dancers.

"It started out, at first, as being called The Ladies of Christ Praise and Worship Dance Team," Payne said. "The name changed in January to just the Praise and Worship Dance Team when some of the male soldiers from the 786th CSSB joined the group."

Army Spc. Lindon Dagou, who works for the Joint Visitors' Bureau of the JTF, is one of the male dancers in the group.

"Lieutenant Payne recruited me into the dance group earlier this year," Dagou said. "I was asked and I accepted the challenge to try something new, and here I am."

The group is comprised of 17 JTF personnel, many of whom had no prior

dance experience. Because of that, they spend their weekdays and some weekends under Payne's tutelage.

"I have never danced in my life, but it is not difficult," Dagou said. "We practice a lot — three to four times a week, depending on the level of difficulty of the dance."

As they perform more frequently, the dance steps get more intricate.

"The last dance that we did was very challenging, because one of my dance members was recovering from an injury," Payne said, referring to the dance that they performed for the Sunset Festival.

Incorporating a dancer's injury into the choreography required more practice for the team.

"They learned it in a week though, only God be the glory, how I choreographed that dance with that injury," Payne said.

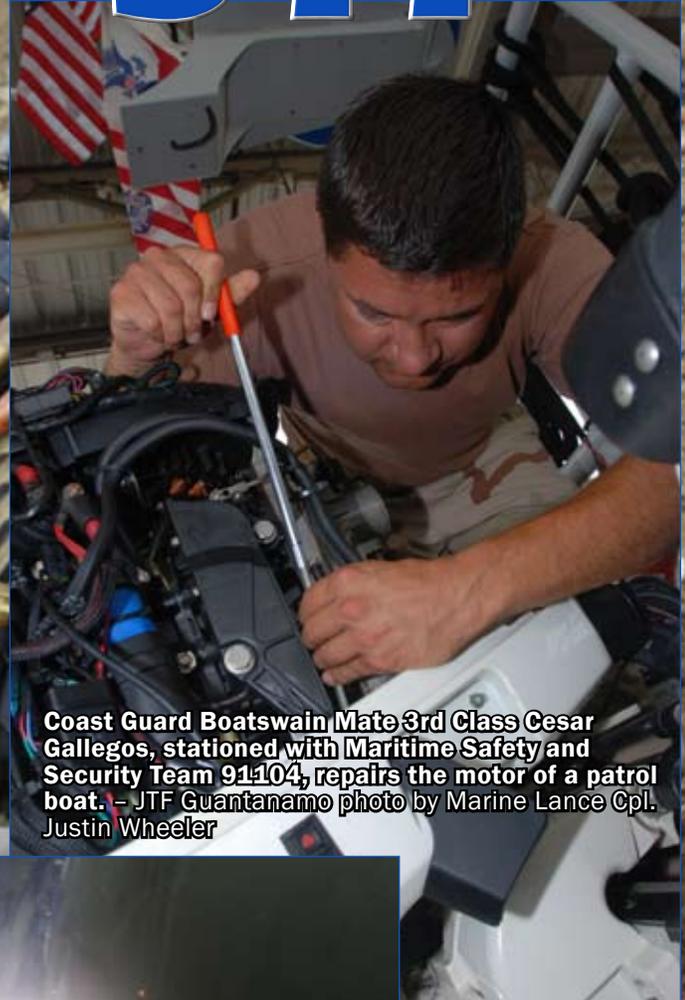
Payne's passion for community service and love of dance has been a benefit to all the JTF personnel who attend the Gospel service.

"A lot of our co-workers who don't attend service keep track of our dance schedule so they can attend service to see us," Payne said. ★

# JTF



**Army Spc. Renee Thomas, a J-4 purchasing agent, assists a customer. – JTF Guantanamo photo by Navy Mass Communication Specialist 3rd Class Joshua Nistas**



**Coast Guard Boatswain Mate 3rd Class Cesar Gallegos, stationed with Maritime Safety and Security Team 91104, repairs the motor of a patrol boat. – JTF Guantanamo photo by Marine Lance Cpl. Justin Wheeler**



**Air Force Tech. Sgt. Eddie Morgan, a welder with the 186th Civil Engineering Squadron of the Mississippi Air National Guard, welds the seam of an M-80 water boiler at Camp Justice. – JTF Guantanamo photo by Navy Mass Communication Specialist 3rd Class Joshua Nistas**