



# the Wire

“HONOR BOUND TO DEFEND FREEDOM”

Volume 5, Issue 16

[www.nsgtmo.navy.mil/jtfgtmo](http://www.nsgtmo.navy.mil/jtfgtmo)

Friday, Oct. 15, 2004

## Infantry, Scouts Train Together at Grenadillo Range



Photo by Army Pfc. Jessi Stone

**By Army Pfc. Jessi Stone**

The infantry and cavalry scouts of Company D, 2nd Battalion, 113th Infantry Regiment, were all fired up Saturday morning as they prepared for M-16 weapons qualification with the close-combat optic (CCO) scope.

The infantry are the only Troopers at Guantanamo Bay who have this advanced equipment, said Spc. June Almanzar, one of the qualifying infantrymen.

The CCO scope gives Troopers a more accurate way to aim at a target, explained Almanzar. It is mounted on the carrying

handle of the M-16 rifle. When a target is viewed through the CCO scope, a red dot appears on the target. This red dot is an invisible laser that cannot be seen outside of the CCO scope, Almanzar said. “You can aim at a target and the laser beam doesn’t show on the target,” he said. “Only you see it.” This advanced equipment is a common tool in other theatres but in GTMO “It’s predominately used by infantry,” he said.

The day began at 6:30 a.m. when the Troopers arrived at Grenadillo Range to set up ammo points and begin instruction on the rules of the range and the fundamentals of marksmanship. After all the instruction, the Troopers were “rodded” onto the range (instructors verified their weapons were clear) and began zeroing their weapons. During the zeroing, firing was halted for a brief period when a boat was sighted in the waters across from the firing line. In all, Troopers spent three

**See Delta, Page 4**

## Inside The Wire ...



**PAGE 5**



**PAGE 6-7**



**PAGE 9**

# Trooper To Trooper

## Intelligence is Everyone's Mission

By Mr. Esteban Rodriguez

Fellow professionals, the last time I wrote to you, I said we set the example for detention and interrogation. I want to tell you some more about the interrogation part and maybe explain to those of you out there that don't know what the Joint Intelligence Group (JIG) is all about.

The JIG is the piece of the Joint Task Force (JTF) dedicated to gaining valuable information from the detainees in Camp Delta. This is the primary mission of the JTF and there are many of you fellow professionals that are inside the Wire directly performing this function or supporting it.

Military and civilian personnel interrogate detainees every day in order to gain information that may support the Global War on Terrorism. Some detainees cooperate and give information and some don't. Regardless of which one of those categories the detainee falls in, interrogators take great care in conforming to interrogation techniques approved by the Secretary of Defense. Regardless of what you might hear in the media, our interrogators do not torture or abuse detainees. We have endured the scrutiny of internal and external investigations that have proven that we set the standard for detention and interrogation.

There are many detainees in Camp Delta that have had key positions and responsibilities within al-Qaida and other terrorist organizations. Some of these detainees include an individual who may have been part of the 9/11 mission but was turned back before he could get into the United States, an individual who actually recruited some of the 9/11 hijackers, another who was a high level financier for Usama Bin Ladin (UBL), Another one was an expert in explosives, and yet others that were personal bodyguards for UBL. It is extremely tough to face these and other terrorists every day and get information, but our professionals in the JIG continue to do it.

Some of the most critical information taken from these and other detainees include information on active terrorist cells around the world and members of those cells, detailed information on the making of a "shoe bomb," information on locations of training camps and safe houses, information on individual and team training and information critical to current military operations in Afghanistan. It is of the utmost importance that this and other intelligence continues to be obtained and the professionals in the JIG and the JTF will ensure it does.

The interrogator does not conduct an interrogation alone. Each interrogation is conducted by what we call a "Tiger Team." This team comprises an interrogator, analyst and interpreter. The analyst researches databases, consults with other agencies and prepares all of the background information on detainees. The interpreter is a key player because without him or her we would not be able to communicate with most of the detainees. Other members of the JIG include additional all-source analysts, liaison officers from combatant commands and other agencies and administrative personnel.

In order to accomplish this critical mission, the JIG requires a tremendous amount of additional support from outside the organization that you fellow professionals provide. Most critical of these functions is the detention mission performed by the Joint Detention Operations Group. They ensure that these detainees are secure and provide an environment conducive to interrogation by keeping an orderly and professional camp. While you may hear differently in the media, Troopers in JTF GTMO do not abuse detainees either. They are true professionals.

I want to thank everyone who fights this fight every day, either in the interrogation booth or by supporting those interrogations in some way. The JIG cannot do this alone.

*One team, one fight!*

### JTF-GTMO Command

#### Commander:

Brig. Gen. Jay W. Hood

#### Joint Task Force CSM:

Command Sgt. Maj. Angel Febles

#### Public Affairs Officer:

Lt. Col. Leon H. Sumpter

#### Deputy PAO:

Cmdr. Robert W. Mulac

#### 128th MPAD Commander:

Maj. Hank McIntire

#### Command Information Officer:

Capt. Janet Schoenberg

Circulation: 2,100

### The Wire Action News Team!

#### NCOIC:

Sgt. 1st Class Steve Segin: 3735

#### Section Sergeant:

Sgt. Scott Griffin: 3499

#### Team Leaders:

Cpl. Simon Cropp: 3594

Cpl. Jim Greenhill: 3593

#### Photo Editor:

Spc. Jody Metzger: 3592

#### Layout Assistant:

Pfc. Chris Gardner: 3594

#### Staff Writers:

Senior Airman Neo Martin: 3589

Pfc. Jessi Stone: 3592

The Wire designed by Sgt. Scott Griffin

### Contact us:

From Guantanamo:

Public Affairs Office: 3499 or 3651

From the continental United States:

Commercial: 011-53-99-3499

DSN: 660-3499

### Online:

<http://www.nsgtmo.navy.mil/jtfgtmo>

**The Wire is produced by the 128th Mobile Public Affairs Detachment assigned to the Joint Task Force Public Affairs Office at Guantanamo Bay, Cuba. This publication is printed under the provisions provided in Army Regulation 360-1 and reflects neither the views of the Department of Defense nor the personnel within.**

# Blinking Beacon Beckons Boats to the Bay

## —Fun Facts—

- **First lighthouse: The Great Lighthouse of Alexandria, Egypt (third century B.C.)**
- **First American lighthouse: Boston (1716)**
- **Sandy Hook, N.J. (1764) is the only lighthouse to survive unchanged from the colonial period.**
- **First American-built West Coast lighthouse: Alcatraz Lighthouse (1854)**
- **Newest shoreside lighthouse: Charleston, S.C. (1962)**
- **First Great Lakes lighthouses: Buffalo, N.Y. & Erie, Penn.(1818)**
- **Highest lighthouse above sea level - Cape Mendocino, Calif. (515 ft)**
- **Gurnet light in Plymouth, Mass., built in 1842, is the oldest wooden lighthouse in the United States.**
- **Charles Skinner served at Marshall Point Lighthouse located at Port Clyde, Maine, from July 6, 1874, until May 7, 1919. That's the longest career of any United States Lighthouse Service keeper at any single station.**
- **First lighthouse built completely by the federal government: Montauk Point, N.Y. (1797)**
- **Founding of the United States Lighthouse Service (USLS): Aug. 7, 1789**
- **USLS merged with the Coast Guard: July 7, 1939**
- **The state of Michigan has the most lighthouses in the United States.**
- **Although Alaska was purchased from Russia in 1867, only one lighthouse existed along its 33,000 miles of coastline until the 1900s.**
- **Lighthouse keepers were nicknamed "wickies" because they tended the lamp's wick.**

*Information for this article was compiled from [www.nightbeacon.com](http://www.nightbeacon.com).*



Photo by Senior Airman Neo Martin

### By Senior Airman Neo Martin

During the third century B.C., the lighthouse was considered one of the world's most advanced technological achievements.

Today a lighthouse is a magnificent representation of nautical history and functionality.

One such silent beacon overlooks Guantanamo Bay (GTMO) from an area between Philips Park and Cable Beach.

The lighthouse—built in 1903 in the U.S., shipped to GTMO and assembled here—is located near the tip of Windward Point. The tower is 60 feet tall, made of riveted iron, with 67 interior steps.

The light and lighthouse keeper's home has served as an official navigation point, the base commander's home and a museum. It now awaits a new charter to be reopened.

Originally, atop the structure, a molded copper cupola directionally reflected signal light through a lens to seafaring navigators. Until the 1920s, the Windward Point Light was powered by whale oil, a common fuel for the time. The light was recrowned with an electric light when electricity became a feasible option.

The lighthouse was retired in the '50s, when automatic lights were placed on the hill behind it and on the leeward side of the bay. It continued to serve as an auxiliary light until the mid 1960s. Now the 100-year-old structure stands with a low-power eco-friendly solar light, installed in 1988, and is still in operation today. The Fresnel lens originally used in the cupola is on display at the Coast Guard Academy in New London, Conn.

Crude, broken boats from the 1994 Haitian and Cuban exodus dot the courtyard

around its base. Although the inside portion of the structure is temporarily closed, the lighthouse keeper's quarters hold GTMO cultural and historical artifacts.

The collection displays hundreds of antique black-and-white photos taken during the Spanish American War, World War I, World War II and the Vietnam era. There is also a vast amount of United States Marine Corps historical objects detailing more than 100 years of their history at GTMO.

There is no curator assigned to the Guantanamo Bay lighthouse at this time.

"The facility was operated as an unofficial museum; however, [GTMO officials] are securing an official U.S. Navy museum charter," said Oscar Seara, public affairs officer for the naval base.

The museum will re-open as soon as qualified curators from the Navy Museum and Navy Historical Center in Washington, D.C., issue a charter. First the curators must deploy here to assess and catalog all of the existing artifacts. "So far, we've been unsuccessful in merging GTMO into their travel schedule," Sierra said.

The public works department has declared the lighthouse interior unsafe. It's strictly off-limits because of significant deterioration of its structural integrity.

The lighthouse keeper's cottage will eventually house the artifacts again once the curators have deployed to assess and catalog the materials and a formal Navy charter is issued.

While the Great Lighthouse of Alexandria was one of the Seven Wonders of the Ancient World, GTMO's beacon is a standing reminder of days past and a quaint example of functional safety.

# Delta Company: "Way Ahead of the Curve on Training"



Photo by Army Pfc. Jessi Stone

## Continued from Page 1

hours on the range.

This was the fourth time D Company has qualified with the CCO scope, said Spc. John Chester. "Delta is way ahead of the curve on training," he said.

"Practice makes us better," said Army Cpl. Gary Marrero. "It may be repetitive, but it really makes us better."

"All this training has helped my shooting, definitely," agreed Spc. Jonathan Porras after he finished zeroing his weapon and retired to the bleachers in the break area. "Training is important because this is an essential mission. It also is essential for future missions. This is an arduous task, but I really believe the infantry and

cavalry scouts are the only ones capable of doing it."

Porras said he was looking forward to more training exercises. "The company is trying to develop training scenarios so we can do more live-fire exercises," he said.

"It's good training," said Spc. Nick Colletti. "We get to fire rounds, we get to practice fighting people. That's what we do."

Said Almanzar, "[Training] builds confidence, and you start to fall in love with your weapon."

Some Troopers have even named their weapons. "I call my weapon Apple," said Marrero while resting his rifle on his knee.

When the Troopers weren't on the firing line, they gathered in the break

area to recall stories and tell jokes. "We have a good time out here," Porras said.

"We work harder and train harder, but we still find time to have fun," Chester said.

"We do more before 9 a.m. than most people do all day," Marrero said, "We have the opportunity to shoot a weapon. We do a lot of things other guys [back home] would like to be able to do but can't."

**Army Staff Sgt. Luis Gregorich clears Spc. Warren Moseley-Holmes's weapon before he goes onto the firing line (left). The Close Combat Optical (CCO) scope allows the shooter to aim at a target with a laser that cannot be seen by the target.**



Photo by Army Pfc. Jessi Stone

# PLDC Class Graduates at Guantanamo Bay

Graduating Primary Leadership Development Course (PLDC) Class 508-04 reads the non-commissioned officer's creed at a ceremony held here Tuesday. Command Sgt. Maj. Samuel Stoner spoke at the ceremony, saying "By completing PLDC, you are now crossing the threshold into leadership."



Photo by Army Sgt. Scott Faddis

# Personal Trainer Helps Make Dreams a Reality



Photo by Army Cpl. Simon Cropp

**A JTF Trooper works out at the Camp America gym. Three key areas of fitness are flexibility, cardiovascular and strength training, combined with a healthy diet to reduce body fat.**

**By Army Cpl. Simon Cropp**

Maximum results and minimum effort—that's the dream.

Doesn't work, though. For maximum results, there needs to be maximum effort. Within that maximum effort there should be a fundamental knowledge about just what the heck you're doing. When it comes to physical fitness, knowledge about limits, form and goals is needed, but often a Trooper might find himself wondering where to start.

So many people seem to know so much about starting a fitness program. Free weights are better than machines ... no, this other guy says machines are better. Work back and biceps the same day ... no, my uncle says to work opposite muscles on the same day to maximize efforts. Three days a week is plenty ... or maybe five. What about running?

Luckily for those stationed at Guantanamo Bay (GTMO), someone foresaw this problem and sought out a professional. Karissa Sandstrom, GTMO's fitness lead instructor, is a civilian trainer brought to GTMO to help Troopers find the fitness program best suited for individual needs.

"We offer a variety of fitness programs," Sandstrom said. Programs range from yoga to kickboxing as well

as weight lifting and cardio packages to help Troopers get started.

"[There are] one-on-one consultations and programming," Sandstrom said. "I put people through a MicroFit assessment. People find out what their flexibility is, and what their body strength and muscular endurance is like."

The MicroFit assessment also includes muscular power, how fit the heart is, body fat measurements to check if body fat is proportional to the whole body, and finally, height and weight.

"Based off that, we can develop a program to help you in the areas you need to work on," Sandstrom said. "Three key areas would be flexibility, cardiovascular and strength training and then also reducing your body fat."

The program is set up so Troopers can find the best regimen for themselves. "If we find you need to work on something in a certain area we're going to give you pointers and help develop a program to specify those needs," she said.

A program that addresses every aspect of physical fitness is the goal.

The best part for Troopers is the whole thing is free. "[It is] absolutely free," Sandstrom said. "I am a certified trainer, and I also have one other trainer who helps me with assessments and also works

with the weight-training program." Sandstrom has worked for MWR for 10 years and worked in gyms while in college to get certified as a trainer.

"Any type of question someone has about fitness, I am the person to ask," she said.

Programs that go beyond the basics, like yoga and pilates, are typically offered after regular working hours. Schedules can be picked up at any of the gyms on post.

Yoga is a great class, according to Sandstrom, for de-stressing and flexibility, while kickboxing is excellent when it comes to cardio.

"We're trying to develop more programs that we can have at a wider variety of times, before work, during work, after work," Sandstrom said. There is also a registered dietician at the Naval Hospital. Lt. Ken Arlinghaus is open to questions and can help with diet or nutrition concerns Troopers have.

Once on the program, Troopers are soon released to work on their own schedules, however guidance is given in the early stages for those who need it.

"Some people don't know how to properly lift weights or they've never lifted before, so they don't know how to use the machine," Sandstrom said. "I will actually show them what they need. I will show them the heart rate they need to be in when they exercise. I will show them how to use the equipment, how to do the weight training program."

There is also a video library for those who don't have time for fitness classes. Videos can be checked out through Sandstrom.

The good news is now Troopers know where to start. The bad news is they have to start.



Photo by Sgt. 1st Class Steve Segin

Photo by Sgt. 1st Class Steve Segin



Photo by Army Sgt. Salvador Bonilla



*“Just sit right back and you’ll hear a tale—a tale of a fateful trip—that started from this tropic port aboard this tiny ship.”*

Wait a minute. That was Gilligan’s Island, and this is Guantanamo Bay. The only boat I’ve been on is the ferry.

The Guantanamo Bay Morale, Welfare and Recreation (MWR) is here to change all that. Joint Task Force (JTF) Troopers have the opportunity to set sail on the high seas. Well, at least on the bay. The Marina offers boat rentals ranging from \$6 to \$15 an hour, depending on the type of boat.

But you can’t just put on your Skipper’s hat, grab your “little buddy” and head to the dock.

All potential boaters must have an MWR boat license. This grueling and sometimes hectic procedure is designed to keep you safe while you cruise the bay.

Recently, I and another Trooper from the JTF Public Affairs Office, Army Sgt. Sal Bonilla, went through the boat license course. I have been around a boat or two in my day, but I was not prepared to handle the 22-foot pontoon boat. A pontoon boat is a mix between a speedboat, a floating patio and a barge.

With a capacity of 10, you and your closest friends can dive, fish or just enjoy the scenery as you tool around the bay.

Our journey to be “Skipper Steve” and “Skipper Sal” started with a written exam. I obtained the study guide from the marina the day before and immediately became confused



Photo by Army Sgt. Salvador Bonilla

with the multitude of signal flags, float plans and whether port meant left or right. I soon mastered the academic portion of the license and took the written test, which you have to complete before you can take the driving test.

Written tests can be taken Monday through Friday from 9 a.m. to 4 p.m. and from 5 p.m. to 7 p.m. on Tuesday, Thursday and Friday.

After our exams were graded (we passed), we were offered the option of having a driving lesson before we tested. Knowing my skill behind the helm, I opted for the lesson and so did Sgt. Bonilla. We decided to call this “Skipper School.”

Our guide to the joys of boating was Collin Williams, a very experienced MWR mariner. He immediately told me to relax and sit down. After a run-through of how to start the boat, where the engine is located and how to run the radio, we were ready for the lesson.

It started with Collin showing us how to drive. We went in reverse, parallel parked (yes, even in a boat) and pulled into and out of the slip: in and out, in and out—over and over again.

We watched every maneuver with shock and awe. We thought “no prob-

lem.” After watching Collin’s masterful nautical technique and excellent instruction, we were ready.

Let’s just say “ready” is a relative word. I got behind the wheel and started hitting the throttle, or giving it some “Charlie” as Collin called it. That was immediately met with, “Why are you going so fast, mon? Relax. Grab the wheel. Stop. Stop. Stop!”

I thought, OK, I am a no-go at this station, and I was prepared to walk the plank, holding my head in shame. But Collin, sitting back in his broken plastic lawn chair and looking at me in disgust, finally said, “Now, go forward, slowly.”

However, I soon learned his attitude was not disgust or anger, he just wanted to make sure we knew what we were doing and could operate the boat safely. Safety is the No. 1 concern at the marina, which is why you need to have a license.

After mastering the techniques of the high seas, I was ready to test. But Collin had other ideas.

“Come back tomorrow, mon. I want to see how much you remember he said.

So off I went.

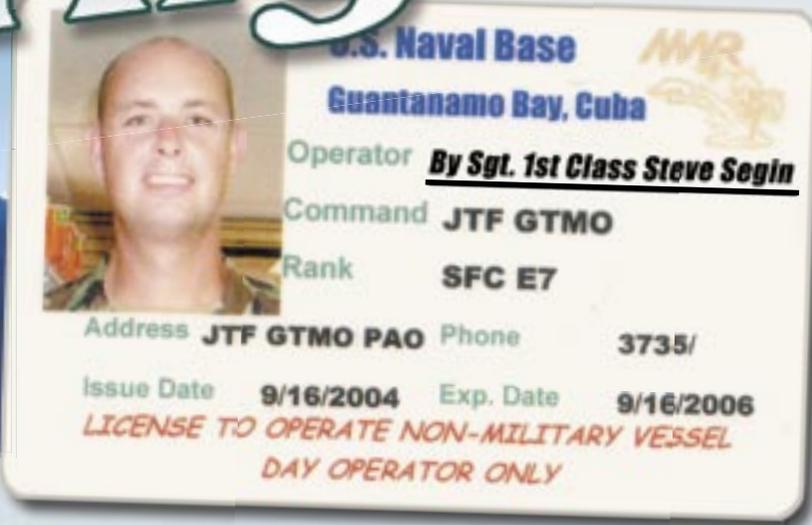
The next morning I prepared myself for the test. After an orientation and not to go on the water. But by this time, the sun was up and my nerves were frayed.

My first task was to pull into the slip. I lined up with the ease of driving my 1976 Pinto, I pulled into the slip. The wind helped and I managed to not bump into the dock. Not bad for a Trooper from Collin, I believe.

This was not as easy as I thought. The wind was blowing at least 10 mph, actually eight to 10.

At this point, my nerves had officially become a mess and I was sent off to the next test. I prepared to pass

# Skippers on the High Seas!



when it's windy. Now do it again."

I sat up in the captain's chair, grabbed the wheel and started in on the parking run.

I lined up the boat—slowly, slowly. I went forward and reversed: port, starboard, port, forward, reverse. Finally the wind glided the boat gently to the dock.

I did it, or did I? The look on

Collin's face was not reassuring. He took over driving and said, "Get off the boat, mon." I got off and thanked him for his time.

As I met "Skipper Sal," he proudly displayed his new boat license.

I, on the other hand, felt the sinking feeling of defeat.

But wait! A crackle of the radio could be heard and then Collin's voice.

"Hey. That guy that just got off the boat—he is good. Give him a license."

Yes. I did it. I am now "Skipper Steve."

Being a licensed Skipper is a great responsibility. As the captain of an MWR rental, you are responsible for the boat, its equipment and all passengers at all times.

Boating here is not like boating at home. There are strong currents, restricted areas, shipping channels and the ever-present trade winds. So take the lesson.

Oh, and if you see me on the water, remember five horn blasts mean danger—

er after 24 hours,"  
g, I mentally pre-  
e driving test.  
ion of where to go  
e bay, I was ready.  
e wind had picked  
were a little on end.  
s to pull the boat  
up the boat, and  
iving a primer gray  
d the boat into the  
ed me this time,  
ot slam the bow  
earing any snick-  
acked out for the  
easy. The wind  
t 40 knots—well  
but it felt like 40.  
y fellow Trooper  
me "Skipper Sal"  
get his license.  
parallel park the

great craft.  
I followed my training. With determination, I lined up the bow, turned in the right direction, and bang, I hit the dock.  
Collin gave me a concerned look and said, "That is not how I showed you to do it." With determination, I grabbed the wheel and tried again.  
"Bang," followed by another look from Collin.  
At this point, I was beginning to doubt my ability. When I practiced yesterday, there was no wind. Does wind really make that much of a difference, I wondered.  
Then, as if he were reading my mind, Collin said, "You have to fight the wind. It pushes the boat, and you have to learn to park the boat



**For more info  
on boating licenses,  
call the MWR Marina  
at 2345!**

# Ramadan Begins Tomorrow

## Observation of Islam's Holiest Month Includes Fasting to Deepen Connection with Allah

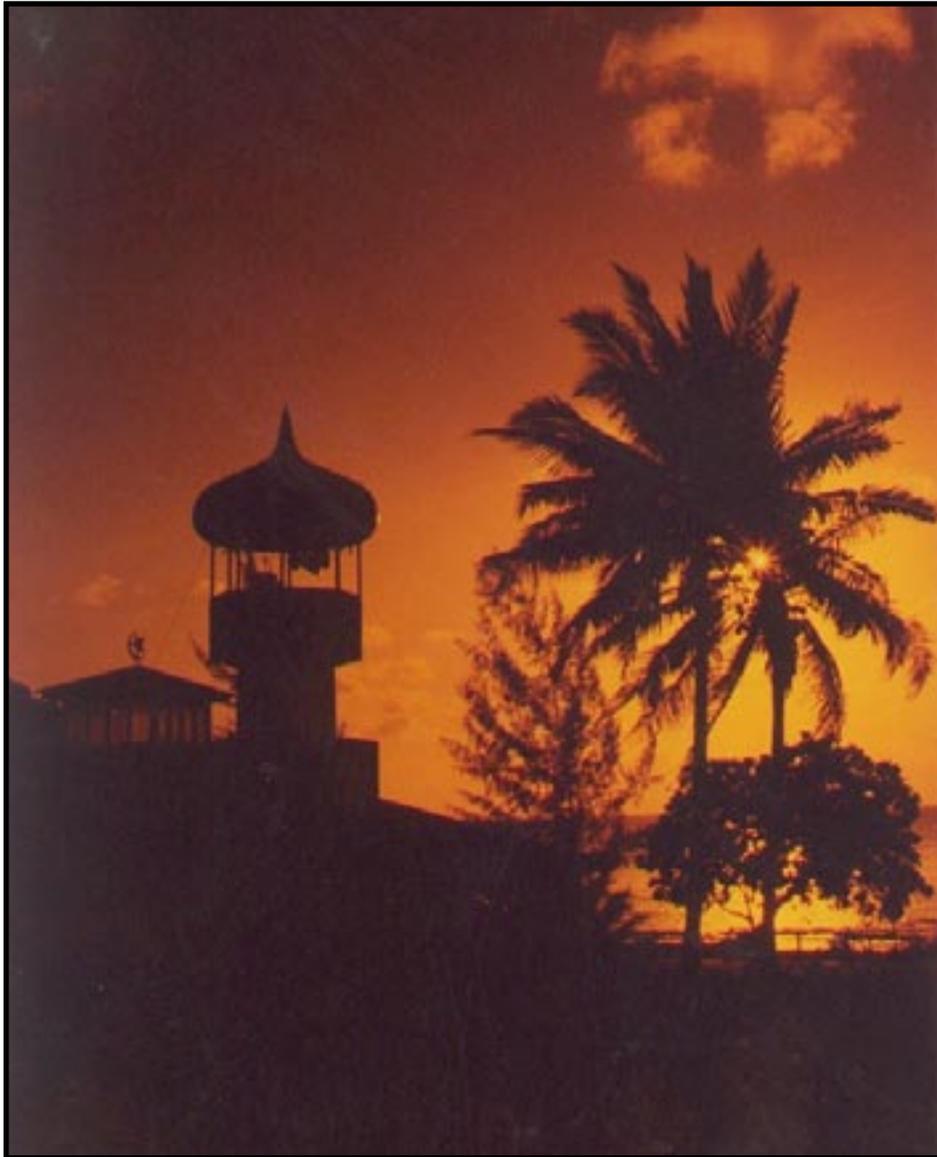


Photo courtesy [www.christmas.net](http://www.christmas.net)

**By Sgt. 1st Class Steve Segin**

Ramadan is the ninth month of the Muslim calendar and Islam's holiest month.

Using a lunar calendar (the beginning of each month is set by the sighting of the new moon), more than a billion Muslims around the world will celebrate this holy time with fasting and prayer beginning Oct. 16.

The Islamic calendar is 11-12 days shorter than the Gregorian calendar (the one used in most Western countries). Unlike most Judeo-Christian holidays that begin at the same time each year, Ramadan varies as to what time of the year it begins depending on when the moon is sighted.

During Ramadan, Muslims practice sawm, or fast, and must abstain from food, drink, tobacco, and sex between dawn and

sunset. At the end of the day the fast is broken with prayer and a meal called the iftar. Most Muslims wake before dawn, and enjoy a hearty meal or suhoor.

It is a practice that if you are in the presence of a Muslim during Ramadan that you abstain from food, drink and tobacco as well during the observed hours.

Fasting is one of the five pillars of Islam and reminds the faithful of the suffering of the poor. Fasting is also an opportunity to practice self-control and to cleanse the body and mind. Fasting allows Muslims to deepen their connection with Allah and gain spiritual kinship with other believers.

Muslims believe that it was during Ramadan that Allah revealed the first verses of the Qur'an (the holy book of Islam, some-

times spelled "KORAN") to Muhammad in 610 A.D. It is common for Muslims to go to the Masjid (Mosque) and spend several hours praying and studying the Qur'an during this holy season.

At many mosques during Ramadan, about one thirtieth of the Qur'an is recited each night in prayers known as Taraweeh (Night Prayer). This is in addition to the five daily prayers. The length of this prayer is usually 2-3 times as long as the daily prayers. Some Muslims spend the entire night in prayer. In this way, by the end of the month the complete scripture will have been recited.

After nightfall, the fast is broken with a meal called the iftar. Afterwards, it is common for Muslims to visit family and friends.

Ramadan ends with the festival of Eid al-Fitr, which means literally the "Festival of Breaking the Fast." Eid al-Fitr is one of the two most important Islamic celebrations (the other occurs after the Hajj, or pilgrimage to Mecca).

The Fast ends on the first day of the month of Shawwal.

At Eid al-Fitr, people dress in their finest clothes, decorate their homes with lights, give treats to children, and enjoy visits with friends and family. This year Ramadan ends Nov. 15.

A sense of generosity and gratitude are central to these festivities. Although charity and good deeds are always important in Islam, they have special significance at the end of Ramadan.

As the month draws to a close, Muslims are obligated to share their blessings by feeding the poor and making contributions to mosques.

Muslims believe that God began revealing the Qur'an to the Prophet Muhammad during Ramadan (in the year 610 C.E.). Fasting during Ramadan did not become an obligation for Muslims until 624 C.E., at which point it became the third of the Five Pillars of Islam. The others are faith, prayer, charitable giving and the pilgrimage to Mecca.

*Information for this article was compiled from [www.holidays.com](http://www.holidays.com).*

# Frolic through Gravel at Golf Course

Story and Photos by  
Army Pfc. Chris Gardner

If you can find it after you hit it, you're probably already doing better than most.

Yet the Guantanamo Bay (GTMO) golf course gets so much action the grass doesn't even have a chance to grow back.

Besides hollows, rodent holes and burrows, the golf course features nine official, par-four holes of professional golf. "There's really no reason you should go away with less balls than you came with, because all you need to do is walk through the rough and find more balls," said Sgt. 1st Class Danny Johns, Joint Task Force assistant inspector general here.

"You can't take it seriously here," Johns said.

But it is unique. Johns talked about the "GTMO hop," saying, "the course giveth, and the course taketh away." For instance, you might hit a perfect tee

shot, he said, only to watch it deflect at a 90-degree angle off a rock into the brush.

The coarse terrain complicates an already brutal course. Yet, sometimes you hit a bad shot, and a "GTMO hop" redeems your game, Johns said.

Despite random rock deflections, Johns and Army Lt. Col. Royce Lawler, JTF Inspector General, take time to play at least once a week.

"It's the hardest golf course in the world," Lawler said. "But it's fun." Guinea hens, banana rats, iguanas and buzzards are some common obstacles. "When you see iguanas on the greens, you kind of play around them," Lawler said.

"You just have to laugh at yourself," he said, admitting he could throw a golf ball farther than he could hit one. "Everybody else is going to laugh at you, [so] you might as well laugh with them. If you have a good attitude, you don't worry about the score; you're just out to have fun. If you have a bad attitude, then you're going to be miserable."

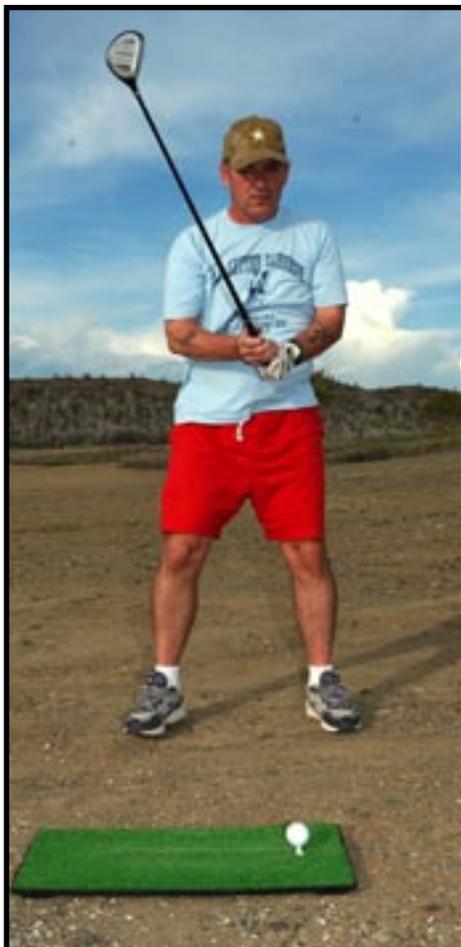
As for improvement, "practice, practice, practice. It all depends on what you put into it," he said.

If your goal is to beat the invincible GTMO golf course, you may go crazy, but at least you'll have the clubs and carts to drive you there.

**"The course giveth, and the course taketh away."**

—Sgt. 1st Class Danny Johns

Army Lt. Col. Royce Lawler and Sgt. 1st Class Danny Johns enjoy their weekly game of golf at the base golf course. Golfing here is free and clubs and carts are a bargain. One set of clubs is \$5. One cart costs \$10 for 18 holes (twice around). Artificial grass swatches are available to borrow.



# WORLD WIRE

... News ... Sports ... Entertainment ...

**Oct. 8:** The U.S. economy adds **96,000 jobs** in September, the Labor Department reports. ... **Martha Stewart** goes to prison on her five-month sentence for lying about a stock sale. ... President Bush and John Kerry face off in the second of three **debates**. ...

**Oct. 9:** 400 people offer to adopt **Red the lurcher**, a dog caught on camera opening his cage at a British animal shelter, opening the cages of his dog pals (but not other dogs) and leading a midnight kitchen raid. ... Afghans line up to vote in their **first presidential election**; feared violence doesn't materialize. ... **Australian Prime**

**Minister John Howard** is decisively elected to a fourth term. ... 15 die in an Arkansas tour **bus crash**. ... Many who **refinance** homes to pay credit card debt lose their homes. ... **The French** are arrogant, rude and surly—says Senator Bernard Plasait, of France's upper house of parliament. ...

**Oct. 10:** A teen missing eight days is **found alive** in her wrecked car 200 feet down a ravine after a volunteer searcher says she had several vivid dreams of the spot.

**Oct. 11:** Britain considers paying people **\$60,000** if they agree to keep working to age 70 rather than retire. ... actor

**Christopher Reeve**, 52, dies.

**Oct. 12:** Mount St. Helens continues to erupt. ...

**Oct. 13:** **Michael Jackson** criticizes Eminem about the rapper's "Just Lose It" video, in which Eminem (dressed as Jackson) sits on the edge of a bed while young boys bounce behind him. At one point, Eminem's nose falls off. ... The Food and Drug Administration approves the **first implantable computer chips** for humans; they would carry medical information.

*Army Cpl. Jim Greenhill compiles the WorldWire from a variety of news services.*

... Faith ... Belief ... Counseling ...

# WORSHIP WIRE

## — Handling Problems With Others —

*"So if you are standing before the altar in the Temple, offering a sacrifice to God, and you suddenly remember that someone has something against you, leave your sacrifice there beside the altar. Go and be reconciled to that person. Then come and offer your sacrifice to God."*

—Matthew 5 : 23-24

We are called to be reconciled with others. This by definition means to reestablish a close relationship between each other.

Reconciliation can be accomplished by settling or resolving a dispute or disagreement. It can also come about by accepting the way things are which perhaps cannot be changed. Or finally, reconciliation can be realized by alternating one's views about something (if possible, without sacrificing one's personal core views or sense of personal integrity).

Reconciliation can often be accomplished even if the other person cannot be reasoned with

simply by changing the way we approach the problem. We do this by putting our own feelings aside and concentrating on being in ministry to others. When there is a conflict with another person we must remember this: People carry with them the frustrations of the day and the fact that many things may not be going well in their lives besides the issue in dispute. Their problems affect how they treat others and how they communicate with others.

Sometimes we see that ugliness when they talk to us and especially when they talk about us and how we have failed. We then get offended because our motives, our integrity and who we are as a person are questioned. It is a common response to get angry at what we see as an unjust assault. It's hard not to respond in anger. Putting aside the attack and being in ministry to those who have offended us, can ease the conflict. We can do this by showing them compassion and concern.

When we are told we have failed in some way, one quick way to turn it all around is to respond like this:

"I will admit I have failed in many ways, that I'm not perfect and will never be perfect. I'm just doing the best I know how, realizing the only standard I can completely satisfy is the one I set for myself. Your standard may be different than mine. Therefore I have failed to meet your standard. That's unfortunate, and I'm sorry. I can't please everyone all the time. Sometimes I can't even please everyone some of the time. But I'm doing the best that I can. I can tell that you are angry and upset. I just want you to know I care about you and will do everything I can to make things better. If that's not possible because we see things so differently then I'm sorry you're upset. I hope we can still work together for the benefit of everyone despite those differences."

—Chaplain (Army Maj.)  
Kent Svendsen

# Marine FAST Platoon Trains for Urban Combat

By Spc. Jody Metzger

Sixty-five members of the 2nd Fleet Anti-Terrorism Security Team (FAST) 4th Platoon recently went through urban combat training at the close-quarters battle training complex at Marine Hill.

As a newly formed unit of six months, the company from Yorktown, Va. worked together, learning team-building skills and real-world knowledge of wartime situa-

tions.

Conducting urban combat training since the late '80s, the FAST group maintains a high level of readiness for any dangers the Marines will have to face in combat.

Marine Staff Sgt. John Zaczyk, training NCO, feels urban combat training is important because of the military's new role in fighting terrorism, he said.

"The battlefield is not only in open desert areas in Iraq, but in the cities," Zaczyk said. "Once you have your foothold in the urban terrain, you have to go in and clear the building."

The tactics featuring L- and T-shaped clearing procedures and building security have taught the FAST team not only the techniques for urban warfare, but also leadership and responsibility.

"We try to push it down to the lowest levels—the team leaders," Zaczyk said. "I give a broad overview and what needs to happen, and they make it happen."

Marine Cpl. Andrew Folk, platoon team leader, agrees the training breeds confidence and unit cohesion.

"If I encounter new situations and I am in the battlefield, I will know what to do," Folk said.

The four-man teams rushed into rooms—one man low, one man high—covering all angles as they swept simulator weapons over the room, seeking out enemy targets. The weapons used in the training were modified with paint-tipped ammunition, similar to paintball.

Some teams went through the course more than once. "The Marines, when they have to go through the same scenario two, three times, we make them go back out and correct their mistakes," Zaczyk said. "Every time they came back in they did better and better. They started learning the muscle memory of how these things have to go."

Urban combat training gives Marines a better understanding of real-life situations. "The primary goal is when someone is trying to kill you, you can take them down one at a time," said Marine Cpl. Randle Finney.

Training in an urban-combat environment, the Marines are able to hone their skills for one of the Marines' ultimate challenges. A six-week course is due to follow their re-deployment.

While serving in Guantanamo Bay, the 2nd FAST, 4th Platoon is part of the Marine Corps Security Forces Co., guarding the base perimeter.



Photo by Spc. Jody Metzger



Photo by Spc. Jody Metzger

# 15 Minutes of Fame

... with An Anonymous Trooper ...

## Senior Trooper Says Sobriety Spells Success

*"The life I live today is a thousand times more fulfilling and less stressful because I don't have to worry about my drinking."*

By Army Cpl. Jim Greenhill

This senior-enlisted Trooper says facing his alcoholism was the key to success. In the tradition of Alcoholics Anonymous, *The Wire* isn't identifying him.

**The Wire: How long have you been enlisted in the military?**

**Trooper:** I'm well past my fourth enlistment.

**What inspired you to enlist?**

My father, stepfather and uncles served in World War II and Korea. My grandfather served in World War I. It was expected I'd serve.

**What have you gained?**

A strong sense of belonging and enduring friendships. I look in the mirror and know I'm one of the chosen who protects our country. It's honorable work, something to be proud of. Friends have that look like, "I wish I answered the call."

**What are your goals?**

To take care of my Troopers and our customers. I'm trying to keep a very positive attitude and not show disappointments to newer Troopers.

**What has been most rewarding about serving at Guantanamo Bay?**

Working with the other services.

**How do you relax?**

I keep in contact with my family. I work out. I've visited the ceramics shop to learn to paint and throw clay pots. The swimming is neat, too. And I've enjoyed just walking.

**Who inspired you most in life?**

My grandfather. He was born in the late 1890s and served in World War I. He had a very strong patriotism. He lived long enough to see my first enlistment.

**At one point, you saw you had a problem with alcohol.**

As early as high school I was sneaking a drink from my parents' liquor cabinet or obtaining a bottle of liquor from a wino in exchange for money for his own bottle. I knew I had a problem. I ignored it. I denied it, rationalizing, "Doesn't everyone drink?" Most of my friends drank like I did. When I came close

to losing my family, I knew the game was over. I'd drank and partied very, very hard since my teens and my first enlistment, and my head and body were pretty well shot by the time I quit.

**What did you do?**

I admitted I was an alcoholic and went to Alcoholics Anonymous. My drinking friends told me I wasn't an alcoholic, because if they admitted I had a problem, it meant they had a problem. Some later joined me in AA. Unfortunately, folks often won't face alcoholism until they've had some life-changing event centered on their abuse of alcohol. Often a DUI or the loss of a friend makes the alcoholic finally agree he or she has a problem.

**How long have you been sober?**

More than 20 years.

**What does it mean to be sober?**

Free from alcohol and the siren song calling you to have just one more drink. Sober means my life isn't wrapped around when I can drink again and with who. Sober means I don't white-knuckle it until I'm able to crack open a beer after the duty day. Sober means remembering where I've been and who I've been with. My wife no longer stays awake wondering what bar I'm in. I don't sweat being followed by police. When I call in sick, I really am sick. My team can count on me to get up, suit up and show up and be productive. The life I live today is a thousand times more fulfilling and less stressful because I don't have to worry about my drinking. I just don't do it. If I don't drink, I don't get drunk—and that's such an improvement in my life, it's worth not drinking ever again.

**How have you stayed sober?**

I embraced Alcoholics Anonymous. I knew if I didn't quit, I'd probably die. AA taught me to take a look at my life and inventory my behavior when I drank. It wasn't pretty. I talk to other recovering alcoholics when I'm stressed. One drunk talking another drunk out of drinking one day at a time is how AA was started and thrives. At times I've sort of drifted away from the program, but I always re-

member what I've heard in rooms filled with alcoholics, all seeking sobriety. *Everything I have, I owe to the fact I'm sober.* Until you let go and admit your life is unmanageable when you drink, you're playing with a life-style that will probably kill you and possibly others, too.

**How has sobriety changed your life?**

My children have never seen me drunk or heard me argue with my wife while I was drunk. My employers have no problem with my performance. I no longer fight the effects of demon rum. And I've saved a ton of money.

**Do you still have fun?**

I have loads of fun. When I laugh, it's knowing I'm sometimes laughing at the devil. Alcohol no longer controls my laughter, I control it. I'm still able to laugh at myself. I have fun with unit members. I have fun working. I have fun watching sports. I enjoy going to concerts and fishing.

**How do you deal with being around other people who are drinking alcohol?**

Folks drink, and I certainly had my share. Some drink responsibly, and some not. I serve alcohol in my home with no problem, and I go to places where liquor is served when there are events that dictate I go. If friends ask for liquor, I have no problem mixing them a drink. I just won't be joining them. I have no problem keeping wine and beer for friends and family. It's all good. Drunks (like I used to be) don't get invited back. Responsible drinkers and those who have consideration for the safety and well-being of friends and co-workers are welcome.

After I sobered up, a neighbor said, "The neighborhood feels like they can stop by without being almost forced to have a beer or a drink, and that's nice." I'd been using any visit as an excuse to drag out the booze. My neighbor got me thinking: My entire life was centered on my next drink.

I wish I could convey to every drunk out there just how neat it is that my life is no longer centered on alcohol.

## Knowledge Bowl 2004

It's Knowledge Bowl time again. Get those strange and random pieces of facts and trivia swirling in your head organized. Show Guantanamo Bay how much you know, and win some great prizes from Morale, Welfare and Recreation (MWR).

The MWR Community Library invites you to be a part of "Knowledge Bowl," Nov. 5 at the Windjammer.

All departments, divisions and commands are invited to send one or more teams of four to compete for prizes and a magnificent trophy. As teams advance, the competition and questions get more and more difficult. In the end, one winning team is crowned "The Supreme Keepers of Arcane Knowledge."

Teams will be assigned

a number to determine their order in the competition. Our Master of Ceremonies will supply the questions and answers must come from the team as a whole. Three judges will adjudicate when necessary.

Want to show off your smarts? Here's all you do:

- Organize a team(s) of four to represent your unit.
- Call 4700 or e-mail Maxine Becker at beckerma@usnbgmtmo.navy.mil.
- Provide names and contact information for each team member.

• All teams must register before Nov. 1.

• Show up at the Windjammer on Nov. 5. Competition begins at 7 p.m.

—Maxine Becker, Librarian

## BUSES

Chart shows bus stops and minutes after the hour when buses are scheduled. For example, the Sherman Avenue bus stops at East Caravella 03 and 33 minutes after the hour.

### Sherman Avenue

First Street	00	30			
East Caravella	03	33			
Marine Hill	05	35	Camp Alpha	00	20 40
Post Office	10	40	NEX trailer	02	22 42
Windjammer	11	41	Camp Delta 2	06	26 46
NEX	14	44	TK 4	12	32 52
Bulkeley Landing	17	47	TK 1	16	36 56
Ferry landing	21	51	Windjammer	23	43 03
Commissions Bldg.	23	53	NEX	30	50 10
Ordnance	26	56	Windjammer	35	55 15
Bulkeley Landing	28	58	TK 1	40	00 20
NEX	32	02	TK 4	46	06 26
Windjammer	36	06	Camp Delta 1	52	12 32
Post Office	37	07	Camp Alpha	00	20 40
Marine Hill	41	11			
Hospital	48	18			
Windward Loop 1	52	22			

## CINEMA

### DOWNTOWN LYCEUM

#### FRIDAY

8 p.m. **Baby Geniuses 2**

PG 89 min

10 p.m. **Anacondas**

PG13 97 min

#### SATURDAY

8 p.m. **Shark Tale**

PG 91 min

10 p.m. **Suspect Zero**

R 100 min

#### SUNDAY

8 p.m. **Open Water**

R 79 min

#### MONDAY

8 p.m. **Baby Geniuses 2**

PG 89 min

#### TUESDAY

8 p.m. **Anacondas**

PG13 97 min

#### WEDNESDAY

8 p.m. **Shark Tale**

PG 91 min

#### THURSDAY

10 p.m. **Suspect Zero**

R 100 min

### CAMP BULKELEY

#### FRIDAY

8 p.m. **Ladder 49**

PG13 115 min

10 p.m. **Exorcist:**

**The Beginning**

R 114 min

#### SATURDAY

8 p.m. **Baby Geniuses 2**

PG 89 min

10 p.m. **Suspect Zero**

R 100 min

#### SUNDAY

8 p.m. **Without A Paddle**

PG13 99 min

10 p.m. **Open Water**

R 79 min

#### MONDAY

8 p.m. **Shark Tale**

PG 91 min

#### TUESDAY

8 p.m. **Baby Geniuses 2**

PG 89 min

#### WEDNESDAY

8 p.m. **Anacondas**

PG13 97 min

#### THURSDAY

8 p.m. **Shark Tale**

PG 91 min

## Alcoholics Anonymous

Alcoholics Anonymous meets Mondays, Wednesdays and Saturdays at 6:30 p.m. in Room 4A at Chapel Hill.

## Save the Sea Turtles

This is a reminder to Joint Task Force Troopers to keep all vehicles off the beaches—there are sea turtle nests on the beaches this time of year. Bollards and cables are in place to alert drivers and pedestrians of areas to avoid on the beaches.

## NEX Customer Appreciation Day

The Guantanamo Bay Navy Exchange is holding its 3rd Annual Customer Appreciation from Oct. 13 to 16. Events include shoe clinics with free running gait analysis Oct. 13 to 15, 10 percent off all athletic footwear, a surf clinic at Hicacle Beach Oct. 15 to 17, and a pasta dinner at the NEX Atrium on Oct. 15.

Oct. 16 includes a fun-packed day of events kicking off with a 5K Race at 6:30 a.m. The race will be followed by an awards ceremony and breakfast. The NEX Sale Event begins at 9 a.m. and includes a Navy Sport autograph session, giveaways and prizes every half hour, fishing simulators, a Vans Skat/BMX exhibition, drawing for trips to Orlando, Las Vegas and London, and an autograph session with the Washington Redskins cheerleaders. The whole event is capped off by a Hummer pull contest at 5 p.m.

## Portugese Steak

Steak is a barbecue favorite, but many Troopers aren't even aware there are more ways to prepare a steak than on the grill. Here is a sophisticated steak recipe from Portugal, a country whose vast exploration in the sixteenth and seventeenth centuries resulted in the absorption of many exotic culinary practices from all over the world. Influences from South America, Africa and Asia make the cuisine of this Mediterranean country unique.

### Ingredients

- 3/4 cup red wine
- 1/4 cup water
- 10 cloves garlic, chopped
- 1 tablespoon chili paste
- 1/2 teaspoon white pepper
- 1/2 teaspoon salt
- 6 (4-ounce) beef tenderloin

## Mandatory Requirement Before Departing GTMO

Deployment Cycle Support (DCS) training is mandatory for all Joint Task Force Troopers within the 90 days before departure from Guantanamo Bay.

DCS classes are scheduled to be held Nov. 3 and 4.

Classes are from 8:30 a.m. to 3 p.m. the first day (required for everyone) and from 8:30 a.m. to noon the second day (required only for National Guard and Reserve).

The classes are in Troopers Chapel in Camp America.

Unit administrators register their units, and individual augmentees register themselves by e-mailing Senior Airman Antonia Cowan, J3 current operations, at [cowanat@JTFGTMO.southcom.mil](mailto:cowanat@JTFGTMO.southcom.mil).

steaks

- 1/3 cup vegetable oil

### Directions

1. In a medium bowl, combine red wine, water, garlic, chili paste, white pepper and salt. Add beef, and turn to coat evenly.

2. In a large heavy skillet over medium heat, fry three steaks for two minutes on each side; set steaks aside and drain liquids into the red wine mixture. Repeat with remaining beef.

3. Pour oil into skillet and reduce heat to medium-low. Fry steaks for a second time, two minutes on each side. Drain oil, and return all steaks and marinade to the pan. Allow to boil for two minutes.

—Army Pfc. Jessi Stone

# WORSHIP

## CAMP AMERICA

<b>Sunday</b>	9 a.m.	Protestant Service	Troopers' Chapel
	6:45 p.m.	Catholic Mass	Troopers' Chapel
	7:30 p.m.	Protestant Service	Bldg. 3203
<b>Tuesday</b>	7 p.m.	Alpha	Bldg. L001
<b>Wednesday</b>	7:30 p.m.	Soul Survivor	Club Survivor
<b>Thursday</b>	7 p.m.	Thursday Night Ticket	Bldg. L001
<b>Saturday</b>	3 p.m.	Saturday Vigil Mass	Troopers' Chapel

## NAVBASE CHAPEL

<b>Sunday</b>	8 a.m.	Pentecostal Gospel	Sanctuary C
	9 a.m.	Catholic Mass	Main Chapel
	9 a.m.	Church of Jesus Christ of Latter-day Saints	Sanctuary A
	9:30 a.m.	Protestant Sunday School	
	11 a.m.	Protestant Service	Main Chapel
<b>Monday</b>	1 p.m.	New Life Fellowship	Main Chapel
	5 p.m.	Pentecostal Gospel	Sanctuary C
<b>Monday</b>	7 p.m.	Prayer Group Fellowship	Fellowship Hall
	7 p.m.	Family Home Evening	Room 8
<b>Wednesday</b>	7 p.m.	Men's Bible Study	Fellowship Hall
<b>Friday</b>	1 p.m.	Islamic Prayer	Room 12
<b>Saturday</b>	5:30 p.m.	Vigil Mass	Main Chapel

For information on Jewish services call 2323

# DINING

<b>Today</b>	Lunch	Baked Fish Scandia
	Dinner	Boiled Crab Legs
<b>Saturday</b>	Lunch	Bombay Chicken
	Dinner	Italian Style Veal Steak
<b>Sunday</b>	Lunch	Jamaican Rum Chicken
	Dinner	Stuffed Flounder
<b>Monday</b>	Lunch	Scalloped Ham & Potatoes
	Dinner	Baked Salmon Steak
<b>Tuesday</b>	Lunch	Turkey Pot Pie
	Dinner	Herbed Backed Chicken
<b>Wednesday</b>	Lunch	Chalupa
	Dinner	Honey Glazed Duck
<b>Thursday</b>	Lunch	Barbecued Spareribs
	Dinner	Fiesta Chicken
<b>Friday</b>	Lunch	Fish Amandine
	Dinner	Shrimp Scampi