



Photo by Petty Officer 3rd Class Jeremy Zeitlin

The last goat in GTMO

By Petty Officer 3rd Class Jeremy Zeitlin

Naval Media Detachment

His name is Georgio and he's the last surviving goat in Guantanamo Bay.

He's also the official mascot of the Navy, but down here, he's registered under official Army orders.

Georgio, just one of a herd of goats that once roamed free in Guantanamo Bay, was saved by a family stationed here several years ago, and since then he's been under the care of the Naval Station's Army Veterinary Clinic.

"We believe he's about five years old since his registration goes back to April of 2001," said Army Staff Sgt. Keith Panaro, noncommissioned officer in charge of GTMO's Veterinary Treatment Facility. "And he was signed on as the official [South At-

lantic District Veterinary Command mascot] ... by an Army Lt. Col. Paul Schmidt several years ago."

Panaro said there had been a contract to diminish the population of goats here on the island when Georgio was hidden by a family who couldn't bear the thought of the little "kid" going the way of the dodo.

"He was just a little goat and too cute to be killed," Panaro said. "Even though the goats were wreaking havoc on base, causing traffic jams and tearing up property, Georgio was spared."

Georgio spends most of his time behind the Army Veterinary Clinic in a fenced area where he can roam from yard to yard in freedom and safety. People can visit him at any time since the gates remain unlocked. You can even feed him, provided the snacks you bring are healthy.

"If you want to bring him treats, that's fine, but what we ask is that they're good, wholesome treats such as baby carrots, raw, unsalted peanuts, (shell and all) and any of the greens like green beans. ... The greener the better, with no peppers and especially no onions. ... He's kind of picky that way," Panaro said.

GTMO's sole surviving goat also does what goats do best: Head-butt things. "There's times when he feels frisky," Panaro said, "because after all, he is a goat and goats like to play.

"If you don't see him coming, he'll put you off balance."

Panaro said that while Georgio likes visitors, people should keep their pets, particularly their dogs and also their small children, outside the gate during their visit. ■



THE WIRE



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15 Minutes of Fame, pg. 11

California cavalry rides to Guantanamo Bay

By Army Staff Sgt. Cavett Ishihara

JTF-GTMO Public Affairs Office

Members of 1st Squadron, 18th Armored Cavalry Regiment, arrived in Guantanamo Bay this week to begin their tour with Joint Task Force Guantanamo.

Throughout the next week, the California National Guard cavalrymen will continue training with their predecessors of the 2nd Battalion, 113th Infantry Regiment, who return home to New Jersey later this month.

During this training, commonly referred to here as “right seat/left seat,” outbound Troopers work directly with their replacements to transfer mission knowledge to incoming units, thus helping maintain mission standards.

“Right seat/left seat training is a valuable tool because it allows us to capture our counterparts’ experience with the terrain and real-world mission here,” said 1-18th Cavalry Commander Army Lt. Col. John Lonergan. “The 1-18th has infantrymen, scouts and artillerymen with combat experience. We are going to fine tune our skill to the GTMO environment.”

The 1-18th Cavalry’s mission includes duties both inside and outside Camp Delta. They are ready for the challenge. “Our Soldiers have combat experience,” said 1-18th Cavalry Command Sgt. Maj. Patrick Flannery. Soldiers in this group of California National Guardsmen have participated in every modern conflict since Vietnam.

“Our Soldiers have fought in Vietnam, Grenada, Somalia, Desert Storm, Iraq and Afghanistan,” Flannery said. “Our readiness to serve comes from intense individual training at the squad and team levels by experienced noncommissioned officers.” ■



Members of 1st Squadron, 18th Armored Cavalry Regiment arrive at Guantanamo Bay, Cuba, March 27. The cavalry replaces the 2nd Battalion, 113th Infantry Regiment later this month.

Living well while serving at GTMO

By Brig. Gen. Jay Hood

JTF-GTMO Commander

This month's command theme is "*Living Well While Serving at Guantanamo.*" As I have watched JTF Troopers grow personally and professionally, I have found three things to be keys to living well: Giving your best every day in the JTF mission, seeking variety in your free time, and taking care of each other here at GTMO. Each of these is an important principle by itself, but when you develop them together they produce a powerful combination that will make it easier for you to do your job and live well while here at Guantanamo.

Giving Your Best Every Day

In a Trooper-to-Trooper message last year, I challenged Troopers to bring their 'A' game to the fight every day. Not only is that effort an important part of your personal success, it is also a key to living well here at GTMO. Giving your best shows that you care about yourself, your fellow Troopers and your mission.

Good things come to those who work hard and work smart. And leaders are more likely to notice and give greater opportunities to those who seek responsibility and fulfill it well. Whether an assignment comes from your first-line leader, your commander or from me personally, give it your best, and you will soon find that by doing so you will work better, play better and live better.

Seeking Variety in Your Free Time

Giving your best at GTMO doesn't end when you leave the workplace each day and return to your quarters. It also means using your free time effectively and responsibly in a variety of activities. Taking the time to plan ahead for your off-duty activities will pay great dividends, not only because you will use your time more wisely, but also because it will prevent you from falling into unhealthy or unsafe routines.

There are as many diversions on the Island as there are people, and I encourage you to take advantage of the dozens of recreational and educational opportunities here at GTMO that may not be available to you at home. Picking up a new hobby, taking a college class, joining a sports team, and varying your exercise regimen are just a few of the activities you can do to ensure that you finish your GTMO tour a better, more well-rounded person.



Photo by Spc. Chris Gardner

Brig. Gen. Jay Hood tries out Di-alpad in the Camp America MWR computer room.

Taking Care of One Another

Here at GTMO we are leaders and followers. We all fulfill both roles in one way or another, and the key to our collective success is to take care of one another. As a leader, you must set the example of giving your best every day and maintaining balance in your own leisure-time activities. As a follower, you must take responsibility for your own behavior, support your leaders, and make them aware of situations that could threaten the well being of fellow Troopers.

Whether you are a leader or a follower, you can and you must do your part to help your colleagues to live well. There are a number of ways you can accomplish this: Offer to help a fellow Trooper to reach a goal or overcome a personal challenge; share your talents with others through a mutual common interest or activity; teach a class or a skill in which you have expertise; give encouragement or simply offer a listening ear. We are all a team, and the difference you make can help all of us to live well while we're here at GTMO—and beyond. ■

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The rhythm of renewal

By Army Chaplain (Lt. Col.) Robert Palmer

JTF-GTMO Chaplain's Office

We've got to learn to slow down before it kills us. In 1991 economist Juliet Schor wrote a book called *The Overworked American*, where she demonstrated that work hours and stress are at an all-time high. Today's full-time employee works an average of 163 more hours annually than employees did in 1969. In a 1992 survey, 38 percent of Americans admitted that they "always feel rushed."

Even during our time off we're often engaging in activities that are exhausting. In an article on work habits in *American Demographics*, Cheryl Russell says, "There are more TV channels to watch, more amusement parks to visit, more movies to rent, more magazines to read, more online networks to explore, and more pressure to spend our leisure time wisely. Playtime itself sometimes seems too much like work."

How many of us have gone on vacations and come back feeling like we need a few days off just to recover from it?

Job-related stress is a leading cause of health problems among Americans. The 27 February 1998 issue of *HealthNews* claims that long-term job stress increases blood pressure and significantly increases the risk of coronary heart disease. Chronic stress impairs our memory, accelerates the aging process, and weakens our immune system.

God has created the universe with a rhythm of renewal. We discover that in the fourth commandment found in Exodus 20:8: "Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a Sabbath to the Lord your God."

God built into the creation process a rhythm of stopping and starting. We see this rhythm of renewal in lots of different ways such as the changing of the seasons and the regularity by which the earth rotates around the sun.

When we honor that rhythm we function in harmony with this pattern that God has established. By failing to honor that rhythm we find ourselves constantly in conflict with the structure of the universe.

Let me suggest a few practical ways to honor this Sabbath principle: First, renew yourself weekly with rest and worship. This means breaking from your regular routine during the week to recharge your batteries, reconnect in your relationships, and join others in worship.

Second, reflect about your life monthly by looking at your goals and seeking guidance from God. You can do that by going to one of the beaches, swimming in the ocean, or engaging in a myriad of other activities offered here.

Third, reevaluate your life prior to your departure from GTMO by spending time in prayer, evaluating your life's direction, and setting goals for your spiritual growth.

Life is meant to be lived in relationship with God through regular worship and refreshment. So consider putting on the brakes to your fast-paced life and incorporating the rhythm of renewal lifestyle as laid out by the One who created it for you to enjoy. ■

Chaplain's Leadership Journal Commitment

By Navy Lt. Bruce Crouterfield

JTF-GTMO Chaplain's Office

Effective leadership is shortsighted and misguided founded on the rock of commitment. Feelings or emotions are like shifting sands tossed by the surf, but effective leaders don't allow themselves to be subject to unsteady emotions. Instead, they remain steadfast on the rock of commitment.

But commitment is not fickle when it comes to character. It is always devoted to doing the right thing. When leaders are committed to doing the right things, success in effective leadership is a mathematical certainty. However, when devoted to the wrong things, failure in leadership can reveal itself at any time. It ambushes its victims; it destroys and reverberates, creating collateral damage.

Even when wrong things are done in secret, failure lingers on the edges of life, and it haunts us. It always threatens fear of exposure. The fear of exposure, even when well hidden, builds stress, erodes confidence and degrades quality of life. A person committed to right things is happier, healthier and more confident. In the long run, the committed person is respected. He doesn't mind being labeled a prude by the

but keeps the big picture of leadership in view.

Commitment to right things is seldom easy. It requires us to do things and make decisions that are contradictory to personal feelings or desires. Misguided ambitions and selfish wishes are the cancers that bring destruction to effective leadership.

Sacrifice of self is an essential element in effective leadership. When individuals accept leadership positions, they are offering themselves as a leader. The word "offer" implies a giving of self, replaced with a devotion to something bigger.

Effective leaders understand the essence of commitment and make it fundamental in what they do. They pay it more than lip service; they are devoted to it; they place it above themselves. It is a guiding principle that determines their path.

"Lord, who may dwell in your sanctuary? Who may live on your holy hill? He whose walk is blameless and who does what is righteous, who speaks the truth from his heart" (Psalms 15: 1-2). ■

WORSHIP SCHEDULE

CAMP AMERICA

Sunday	9 a.m.	Protestant Service	Troopers' Chapel
	6:45 p.m.	Catholic Mass	Troopers' Chapel
	7:30 p.m.	Protestant Service	Building 3203
Tuesday	7 p.m.	Alpha	Building 3202
Wednesday	7:30 p.m.	Soul Survivor	Club Survivor
Saturday	3 p.m.	Saturday Vigil Mass	Troopers' Chapel



▲ Coast Guard Petty Officer 3rd Class Leyon M. Roye (left) and Coast Guard Petty Officer 2nd Class Chris K. Huntington conduct preventative maintenance on Viper Boat radar.

AROUND THE JTF



Photo by Spc. Chris Gardner



▲ Navy Petty Officer 2nd Class Shane Conway punches wires, improving phone service for Camp America.

▲ Using their remaining free time to their advantage, (right to left) Army Staff Sgt. Stephen Cosmanic, Army 1st Lt. Ian Cairns and Army Sgt. Christopher Gracia put into practice their new motto: "A dive a day keeps the stress away."

BOOTS ON THE GROUND

Members of the JTF-GTMO Public Affairs Office say farewell as GTMO 5 comes to a close.



“GTMO has been more than just another job to me; it was a home. Through the good times and bad, I have made friends and gained experiences that will be hard to forget. I only hope that through my friendships and the work I did for *The Wire* that I have helped in some small way to boost the morale of the Troopers who have sacrificed so much for this mission.”

—Army Pfc. Jessi Stone
Photojournalist

► “It has been the 128th MPAD’s privilege to serve the outstanding command and Troopers of JTF-GTMO playing a vital role in the GWOT and striving every day to show the world what right looks like.”

—Army Cpl. Jim Greenhill
Photojournalist



Photo by Army Pfc. Jessi Stone

◀ “This definitely was a life-building experience, one I will cherish for its glass beaches, glistening blue water, and most importantly the great friendships that I have made. GTMO will always be a part of me, a reference on my life that I look back at and know that I was a part of. Whether it was scuba diving, boating or bonfires I couldn’t have asked for a better deployment.”

—Spc. Jody Metzger
Photojournalist

► “There are so many things I have gotten to do here that I couldn’t have done in the States. Since I have been here I have enjoyed scuba diving, paintball and Halo 2. There have been fun times and many new friends.”

—Navy Petty Officer 3rd Class Henry Chade



Legal assistance

Accidents can happen anywhere

By Army Cpt. Matt Edwards

JTF-GTMO Legal Assistance Office

The recent legal and legislative battles over the fate of Terry Schiavo force us to ask ourselves some tough questions. What would you want if you were her? Does your family know what to do in the case of an accident? Who would decide the type of medical care you receive? What can you do to make your wishes known and more importantly—enforced?

A legal document known as an Advanced Medical Directive can help Troopers and their loved ones define the answers to these questions.

Accidents can happen anywhere. That’s why Troopers and their families need to legally know what to do in the case of an accident, incapacitation or even death.

During such times, Troopers should have an Advanced Medical Directive. The AMD allows them to provide their physicians and family members with specific medical care instructions when they are diagnosed with a terminal or incurable condition.

Troopers should know that document guidelines vary significantly from state to state, limiting the type and extent of care.

In such cases, a medical power of attorney can designate the person responsible to decide and direct the course of medical care.

Through the help of the Legal Assistance Office, Troopers should consider and document what is in their best interests. ■

To meet with Capt. Edwards and the legal assistance office, Troopers should schedule an appointment. To reach the legal assistance office call 3561. The office is located in Camp America building 6208. Office hours are Monday through Friday 8 a.m. to 5 p.m. and Saturday 8:30 a.m. to noon.

Security a high priority at GTMO

By Pfc. Jessi Stone

JTF-GTMO Public Affairs Office

Operations Security (OPSEC) is a complicated subject.

What can't Troopers say? What can't they do?

OPSEC program managers provide the truth behind the rumors so Troopers can know the rules.

A common misconception Troopers have is that they cannot take any pictures in Camp America.

In reality, only pictures of detainee facilities, the shoreline from Windmill Beach to the Cuban/American fence line and any area or facility with "No Photography" signs posted are prohibited.

Whether on land or out in the water, be sure not to take any pictures of the shoreline from Windmill Beach to the Cuban/American border. "No photography" signs are usually posted; make sure not to get any of these areas in the background of the pictures. When in doubt, don't take the picture.

Troopers may take photos of their living areas, Morale Welfare and Recreation (MWR) facilities, gyms, Club Survivor, chapels and recreational areas.

If an individual is caught taking photos of an unauthorized location, their cameras will be confiscated and the incident investigated.

Another rumor is that the photo development center at the main Navy Exchange (NEX) will confiscate any pictures with OPSEC violations in them.

This one is true. All photos processed at the NEX are screened. If an individual has questionable photos, they will be pulled and turned over to the command for investigation.

Troopers may fear that their burned CDs, photos, diaries or records of time spent here will be taken before going home.

All personal belongings must be checked before leaving the island, and any items that contain OPSEC or security violations will be confiscated. That does not mean all CDs and photos will be taken. OPSEC program managers recom-

mended Troopers turn their belongings in to be checked a week before they leave to make sure it gets done in time.

Some Troopers feel that all they can tell their family when they call or write home are details on the weather. That is an exaggeration.

Troopers must make sure they do not release any information regarding detainee operations and force protection in phone calls and e-mails. This means they usually cannot talk about work and never talk about detainees, the Military Commissions or Camp Delta. If Troopers communicate through unsecure communications such as the MWR computers and telephones, others could be listening and collecting information about them, their families or the mission.

It has also been said that Troopers cannot tell their family the exact dates of their leave or return over the phone or the Internet.

This is false. Troopers *can* talk about their individual leave dates with their families. What *cannot* be discussed are unit rotations and large troop movements.

When you return for leave, it is important to remember a few things to keep you and your loved ones safe.

When traveling back home, OPSEC program managers suggest, "Remember to be aware of your surroundings. When you are in an airport or taking other public transportation, don't draw attention to yourself. No one should discuss operations conducted by the Joint Task Force.

If the media approach you, it is OK to talk with them. The key to success is to re-

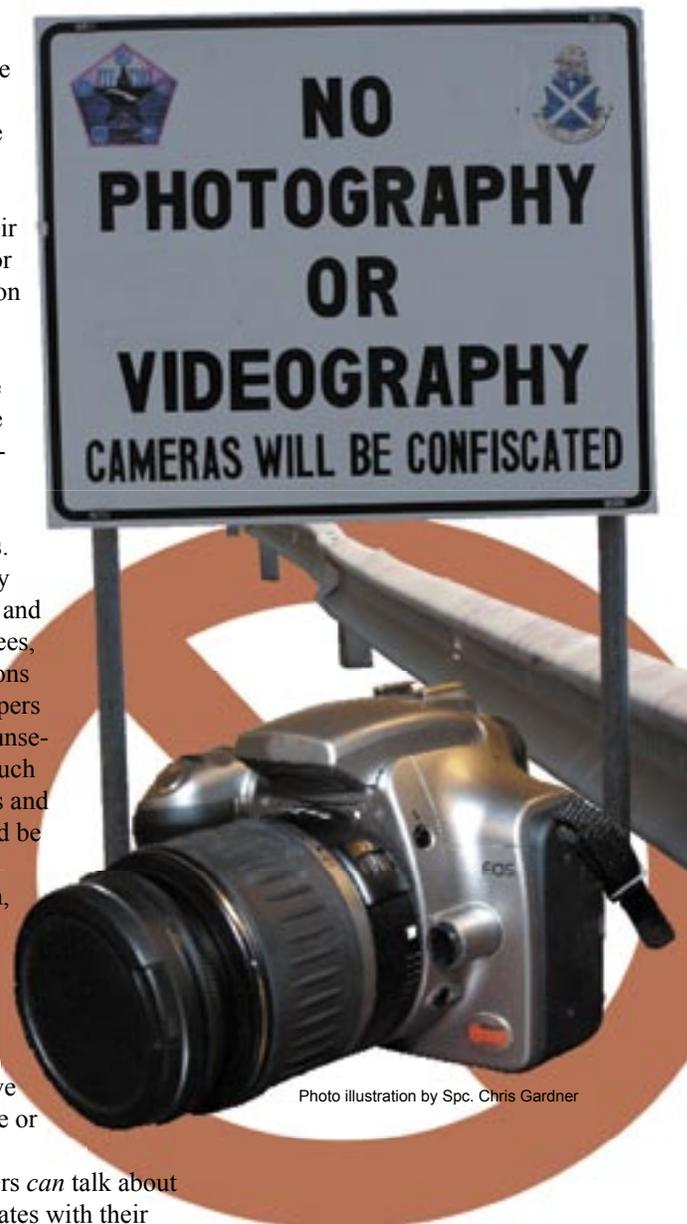


Photo illustration by Spc. Chris Gardner

member to stay in your lane." Do not give details about your duties; keep it general.

Media outlets post their stories on the World Wide Web, so watch how much personal data you provide. Remember that information about you is just a few keystrokes away. Do not give the enemy the advantage or put your families at risk.

An OPSEC goal is to increase awareness among Troopers. OPSEC is taken very seriously. It protects our mission, residents of Guantanamo Bay and our families. ■



Photo by Senior Airman Neoklis Martin

Alcohol in moderation

By Senior Airman Neoklis Martin

JTF-GTMO Public Affairs Office

Off-duty Troopers may kick up their heels and relax, enjoying the company of friends in Camp America, Club Survivor, the Windjammer or Tiki Bar. In these casual, social settings, it's common to find people consuming alcoholic beverages.

Drinking responsibly is crucial, especially in the military.

"Most contemporaries accept alcohol consumption in moderation during social gatherings as 'social drinking' with minimal negative consequences," said Combat Stress Clinical Forensic Psychologist Capt. Eduardo Caraveo. "You can get livelier easier and relaxed, talk more easily and feel less tired."

According to some researchers, such moderate alcohol use protects against cardiovascular diseases. This means a maximum of three glasses of wine or beer per day for men and two glasses per day for women—no more than one per hour.

Although having a few drinks with friends may not be detrimental, scientific data is very conclusive about the long-term, adverse effects of moderate to heavy consumption of alcohol.

"Drastic consequences occur when people lose sight of the concept of moderation, which is typically defined as occasional drinking at the rate of one drink (8 ounces of alcohol) per hour," Caraveo said.

Obvious effects of alcohol consumption include loss of self-control and distorted thinking. Since military life demands constant mission readiness, the excessive use of alcohol can lead Troopers down a dangerous path with serious consequences.

When drinking begins to interfere with any aspect of a person's life—social, emotional, professional, financial, legal or physical—it is considered alcohol abuse. Alcohol abuse left untreated can progress into alcoholism. If drinking becomes addictive, either psychologically or physically, it is considered alcoholism.

Listing "safe" drinking limits in specific quantities may not be easy, but certain amounts of alcohol will affect each individual differently. "Not everybody who has one or two drinks is an alcoholic," Caraveo said. "But, not everyone who has one or two drinks is not an alcoholic."

Know your limits, have a designated driver and maintain your self-control. ■

Main Entry: al•co•hol•ism

1. continued excessive or compulsive use of alcoholic drinks
2. poisoning by alcohol; especially, a complex chronic psychological and nutritional disorder associated with excessive and usually compulsive drinking.

—Merriam-Webster Online Dictionary

Self-diagnosis test

- Are you drinking more than you used to?
- Once you start drinking, are you sometimes unable to stop even when you intended not to drink as much?
- Do you get irritated when you are in a place where you can't drink?
- Do you find yourself lying to others about how much you drink?
- Have you ever felt guilty about drinking?
- Have you gone to work or driven while intoxicated?

If your answer is yes to two or more of these questions you may need to seek help. Treatment is voluntary and totally confidential. For more details, call Combat Stress at 3566.

Alcoholics Anonymous

In 1948, Air Force Sgt. Bill S., a Pearl Harbor survivor and an alcoholic who chooses to remain anonymous, developed the first official military alcohol treatment program. Today, any military member struggling with alcohol abuse or alcoholism can get help.

Call Combat Stress at 3566 and Alcoholics Anonymous at 4880.

Members of Alcoholics Anonymous meet Monday, Wednesday and Saturday at 6:30 p.m. in Room 4A, Chapel Hill.

"Not everybody who has one or two drinks is an alcoholic. But, not everyone who has one or two drinks is not an alcoholic."

—Capt. Eduardo Caraveo

World's eyes upon us

By Senior Airman Joe Lacdan

JTF-GTMO Public Affairs Office

Daily, they must watch people who may have had roles in one of America's greatest tragedies.

Assigned as block guards inside Guantanamo Bay Naval Station's Camp Delta, they were called upon to support the Joint Task Force Detainee Operations Group of GTMO 5.

These Sailors and Marines had challenging assignments before, but nothing like this. They took on the challenge of working as detainee guards in a time of worldwide media attention.

"We all have a cross to bear," said Navy Chief Petty Officer Paul Stull, noncommissioned officer in charge (NCOIC) of the 2nd Joint Detention Operations Group (JDOG), 2nd Military Police Company. "We have the eyes of the world upon us. It's stressful."

Each Sailor and Marine came with plans to do what they were trained to do: Provide safe and humane care of detainees.

"We were asked to come in and alleviate the stress on [the National Guard]," said Senior Chief Petty Officer Todd Hageman, NCOIC for the 3rd Military Police Company, JDOG. "We're happy to be doing our part on the Global War on Terrorism."

The group of Sailors and Marines deployed here with Airmen of the 439th Security Forces Squadron, Westover Air Reserve Base, Mass.

Operations in Camp Delta presented more challenges than the media's watchful eye.

Marine Gunnery Sgt. Juan Santana has worked in military corrections for more than 12 years at Camp Pendleton, Calif., one of the largest military corrections facilities in the Western states. Santana said his troops dealt with a foreign-language barrier. They also faced the occasional taunt from a detainee.

"Detainees challenge our knowledge because they've been here longer than we have," Hageman said.

"No one wants to make a mistake," Santana said. "We don't want to give the Marine Corps a bad reputation or a bad name. We want to do everything right and by the book."

The Troopers stood ready to deal with the mental stress. Santana prepared his Marines before they set foot here.

"I told them to take nothing personally," Santana said. "We're down here to do our job to the best of our abilities."

To strengthen his Troopers' resolve, Stull said he tried to schedule group runs and parties as often as possible. However, with demanding work schedules, such activities weren't always possible.

While many Troopers had limited free time, some took comfort in their corrections experience. Each Marine had worked in military corrections, but the Sailors came from diverse career fields: Gas turbine engineers, supply clerks, and aviation-maintenance and fire-control troops.

The Sailors and Marines, along with Air Force Reservists, took a five-week indoctrination course at Fort Dix, N.J. During that course, they learned shackling and escorting techniques, and 9 mm and Nuclear Biological and Chemical training.

For many of the Marines, working as detainee block guards presented an exciting opportunity, Santana said. Some are assigned to corrections facilities in the continental United States and rarely deploy.

"For us, this is great," he said. "It's a good experience." ■



Infantrymen keep watch from a tower at Camp Delta detention facility in Guantanamo Bay.

Photo by Sgt. 1st Class Gordon Hyde

**"We're happy
to be doing our part
in the Global War
on Terrorism."**

—Senior Chief Petty Officer Todd Hageman

Operation Solar Eclipse

JTF leaders schedule Partial Solar Eclipse Operation for April 8

By Army Maj. Hank McIntire

JTF-GTMO Public Affairs Office

Have you seen the latest OPORD (Operations Order) issued from the Joint Task Force Guantanamo (JTF-GTMO) J-3 shop? Check your high side, acknowledge with the voting button, and mark **Friday, April 8**, on your calendar. Big doings!

JTF-GTMO has scheduled a **Partial Eclipse Display Operation (PEDO) during the hours of 1715-1915 on that day.**

A solar eclipse occurs when the Moon passes between the Earth and the Sun and obscures at least a portion of the Sun's disk. A total solar eclipse occurs when the moon completely obscures the Sun. An annular eclipse occurs when the Moon is far enough away from the Earth that it does not completely cover the Sun's disk but instead creates an annulus or ring-like image. A partial solar eclipse occurs when the Moon only partially covers the sun from the viewer's perspective.

Initially, JTF requisitioned a state-of-the-art, **hybrid total-annular solar eclipse (SOTA-HYTASE)** for the operation, but a clerical error at the Norfolk warehouse caused a rerouting of the SOTA-HYTASE to a small Navy vessel on maneuvers in the southern Pacific Ocean.

Unfortunately, the misdirected shipment was not discovered until it was too late to order an exact replacement of the SOTA-HYTASE, and the decision was made to reuse an old PEDO **from the same saros (series) last seen on March 29, 1987**, that the JTF J-4 found stored in the T-shed last week.

The pre-PEDO rock drill will be held at McCalla Hangar at 2000 on Monday, April 4. All JTF key leaders are required to be in attendance. To avoid any potential safety hazards, the rehearsal will take place after dark and Troopers will simulate the actual operation with flashlights and volleyballs.

The PEDO **will begin at 1715 on April 8** when Marines at the westernmost point of the base observe **the moon begin its crossing of the solar disk.** Upon confirmation of this key event, Army Sgt. Rock Savage will call in Brevity Code HUMMA-HUMMA

DING-DONG immediately to the Joint Operations Center (JOC). Sgt. Savage will call in all subsequent brevity codes (BC) to the JOC as indicated below.

When **the moon achieves maximum coverage of the sun at 1815 (BC: STUMP), about 65 percent of the sun's diameter will be obscured.**

JTF Troopers are expressly ordered to **avoid viewing the PEDO directly as this may cause the loss of a sensitive item, one's eyesight. Viewing the PEDO directly or with binoculars or a telescope, or utilizing other unsafe methods such as smoked glass, exposed camera film, stacked sunglasses, welder's glass shade 12 or below, or other unauthorized methods, not only risk temporary or permanent blindness, but will receive an Article 15 from their chain of command.**

The authorized viewing method and **the safest and simplest way to observe the PEDO is as follows: Poke a small hole in an index card with a pencil point, face it toward the Sun, and hold a second card three or four feet behind it in its shadow. The hole will project a small, inverted image of the Sun's disk onto the second card.**

The image projected onto the card will go through all the phases of the eclipse, just as the real Sun does. Remember to look only at the image projected onto the second card. You can experiment with different size holes in the first card. A large hole makes the image bright but fuzzy; a small hole makes it dim but sharp.

Upon ENDEX of the PEDO, which occurs at sunset or 1915 hours, whichever comes first (BC: CHUMP), the J-4 will collect all expended pinhole viewing cards. Amnesty boxes will be available for depositing the cards at all galleys, McCalla Hangar, and the Leeward Air Terminal. No expended pinhole cards may leave the island without first being scanned by J-2 Media.

JTF PAO personnel will capture still and video images of the PEDO and assist the 40th DIVARTY and 1-18 CAV UPARs in producing a Victory Video and commemorative CD to be approved by Brig. Gen. Gong, Col. Anderholt, Lt. Col. Lonergan,



Photo courtesy www.mit.edu

and any other officer wearing the patch with the funky sunburst on it.

For those in essential-duty assignments to include medical, infantry, or detention personnel who are unable to participate in the PEDO may view the Victory Video of the operation to be shown at the Downtown Lyceum on Saturday, April 9, at 1900 (BC: BODY HEAT) or at the Bulkeley Lyceum on Sunday, April 10, at 2000 (BC: ESCARS).

These screenings are open to the public, but because the sun is only partially clothed, parents and commanders should use discretion when bringing their children and second lieutenants/ensigns to the PG13-rated presentation.

The AAR for the PEDO is scheduled for 13 April at 1500 at Bulkeley Classrooms B and C (BC: RELENTLESS). Your section's slides are due to the SJS at least 24 hours prior.

April Fools jokes aside, **there really will be a partial solar eclipse on April 8. The real details are embedded in the above story; just reread the text in bold. And again, never look at the sun directly at any time during the partial solar eclipse; you could damage your eyesight permanently.** You see where I'm going with this? Anyone with a 57 GT score could tell you that!

*For more details on this spectacular display of nature and how to view it safely, visit www.skypub.com and click on **The April 8 Partial Solar Eclipse** link. Reach Maj. Hank McIntire at 3713.*

Some historical highlights of GTMO 5

Television crews capture a briefing during the Military Commissions at Bulkeley Hall, August 24, 2004.



Photo by Pfc. Jessi Stone

JTF Troopers lay sandbags in September 2004 in preparation for Hurricane Ivan. More than 60 Troopers contributed their efforts to prevent flooding in lower Camp America.



Photo by Senior Airman Joe Lacdan



Photo by Spc. Jim Greenhill

▲ Hurricane Ivan's radical winds smashed GTMO shores at up to 160 miles per hour September 10, 2004.



Photo by Spc. Richard McMullen

15 MINUTES OF FAME WITH SPC. ALISHA KNIGHT

By Spc. Richard McMullen

JTF-GTMO Public Affairs Office

Spc. Alisha Knight is a member of HHC, 40th DIVARTY, California Army National Guard. She is one of the Troopers participating in the Global War on Terrorism as part of the GTMO 6 rotation.

Where are you from?

California. Near the valley.

How long have you been a service member?

Almost three years.

Why did you join?

It was my dad's idea. I had just graduated high school. I thought it would be a challenge, a life-changing experience.

How did you end up joining the National Guard?

I was 17 when I enlisted. I looked into the Coast Guard, but I didn't want to be away for four years, so I joined the Army National Guard.

What specialty job did you enlist as?

**“Don't sweat the small stuff.
Live it day by day.
Time goes fast,
and pretty soon
you'll be out of here.”**

An Army Meteorologist.

What did you learn as a meteorologist?

We learned cloud formations and how to set up balloons, which then collect the weather data. We can detect humidity, temperature and wind changes.

How is this mission essential in an artillery unit?

Meteorology is used in battle. When you aim a weapon, the wind can have an effect on its accuracy when fired.

What do you do back home?

I worked ADSW (Active Duty Special Work). My job was to keep track of all the training data on the base where I worked.

What duties are you assigned to here in Guantanamo?

I work in the command element. It's something new from what I am trained in as far as meteorology. It's a learning experience.

What do you hope to gain by these challenges?

To succeed in life and to gain better military experience.

What do you want to do when you go back home?

I had always wanted to be a cosmetologist. But I have been living on my own since 18 years old, and it was kind of hard working two jobs and going to school six days a week.

What are some personal aspirations that you may want to pursue in the future?

I want to travel the world, graduate from college and retire from the military. I also want to major in political science.

What are some of the things you hope to do here?

Meet as many new people as I can, and of course save money.

How long have you been on Guantanamo so far?

One month. It's been great; I've been working on my tan.

In your opinion, what challenges are junior enlisted Troopers facing while serving this mission?

It depends if you're motivated enough to get promoted. That is the challenge to most people.

What are your hobbies?

I love going to concerts. I've been to Linkin Park, Korn, Hoo-bastank, Fuel, Eve 6 and more. I like talking on the phone and love shopping. I go to the beach and spend time with my family and friends.

What would your friends and coworkers say about you?

I have a very outgoing personality. Everyone pretty much sees that when they meet me. I am very much a social and people person. ■

15 Minutes of Fame

Know a Trooper worthy of being highlighted in "15 Minutes of Fame?" Call Army Staff Sgt. Cavett Ishihara at 3594.

AROUND THE JTF



Photo by Chief Petty Officer Anthony C. Casullo

▲ JTF-GTMO Deputy Commander Army Brig. Gen. John S. Gong welcomes Spc. Gregory Hayes to Guantanamo Bay, Mar. 27. Spc. Hayes is a member of Troop A, 1st Squadron, 18th Armored Cavalry Regiment, California Army National Guard.



Photo by Sgt. 1st Class Gordon Hyde

▲ Spc. Ryan Sutherland videotapes an infantryman here for a story, which first aired on the Pentagon Channel on March 29.



Construction of a towering tribute to the 2nd Battalion, 113th Infantry Regiment, is well underway.

Photo by Army Staff Sgt. Cavett Ishihara



Photo by Spc. Jody Metzger

▲ The GTMO Dementors beat the Mud Lobsters from West Virginia in January 2005. It was the only rugby game they ever played against “outsiders” throughout the GTMO 5 rotation.



Photo by Spc. Chris Gardner

▲ Jui-jitsu Blackbelt Spc. Romulo Bittencourt and Army Capt. J. Araujo, Charlie Company commander, 2nd Battalion, 113th Infantry Regiment, created a system of jiu-jitsu instruction for GTMO 5 Troopers. Under their direction, the intense training lasted the duration of the deployment.



Sgt. Clifford Meros and Pfc. Angelo Martinez were just two of Spc. Romulo Bittencourt’s jiu-jitsu students here.

Photo by Spc. Chris Gardner

GTMO fa

Fauna photos by Spc. Chris Gardner



Photo by Sgt. 1st Class Gordon Hyde

West Indian Woodpecker



Cuban Tody



Saw-Scaled Curly-Tailed Lizard



una, flora



Flora photos by Army Pfc. Jessi Stone



Amaryllis



Royal Poinciana



Hoya



Prickly Pear

Free sun block

Make sure you block those ultra-violet rays. The Camp America Joint Aid Station offers free sun block.

Please call the JAS at 3395.

Tae kwon do

Troopers can begin tae kwon do training to improve their mind, body and soul.

Tae kwon do training goals can help increase cardio stamina, physical endurance and strength, flexibility, mental awareness reaction time, balance & coordination, proper kicking techniques, proper punching & block techniques, total physical & mental discipline. For more information contact Head Instructor Matt Brittle at home (7981) or work (2156).

No matter your goals or what level you reach, you can continue your training state-side at a tae kwon do school.

Survivor serves Starbucks

Camp America's newly refurbished Club Survivor now includes Starbucks Coffee, serving from 6 a.m. to noon:

Hot Drinks

- Cappuccino
- Caffe' Mocha
- Caffe' Americano
- House Coffee
- Tazo Chai Tea Latte

Cold Drinks

- Iced Caffe'
- Americano
- Iced Caffe' Latte
- Iced Caffe' Mocha
- Iced Tazo Chai Tea Latte



Drinks are sold in 12-ounce or 16-ounce sizes.

National Guard and Reserve may be eligible for early TRICARE

Under the National Defense Authorization Act (NDAA) for Fiscal Year 2005, members of the National Guard and Reserve (collectively known as the Reserve Component, or RC) who are issued delayed-effective-date active duty orders for more than 30 days in support of a contingency operation, are now eligible for permanent "early" TRICARE medical and dental benefits. The new legislation, which became law Oct. 28, 2004, authorizes TRICARE eligibility for up to 90 days prior to the member's activation date for eligible RC members and their family members. RC members and eligible family members who have been saving their receipts, awaiting implementation of this program, may now submit claims to their regional TRICARE Claims Processor to apply for reimbursement for medical expenses incurred during their period of early eligibility.

Visit www.tricare.osd.mil/claims.

Sound off!

The Wire welcomes letters from Troopers for publication. Letters must have no more than 350 words and include the Trooper's name, unit and contact information. The Wire reserves the right to edit letters for length and clarity and to eliminate libelous or tasteless material or anything that might raise operations security concerns. We will do our best to answer any questions posed in letters by contacting the appropriate subject-matter expert. Bring your letter to The Wire office at building 4106, a SEA hut near the Chaplain's Office in Camp America or e-mail pao@jtfgtmo.southcom.mil.

Legal careers

Thinking about a career in the legal profession? Interested in a mentoring program? Contact the Guantanamo Bay Bar Association. For more information, call Lori Nygard at 4692 or Cathy Rodriguez at 4096 or 4139.

Breakfast open longer!

Effective March 18, Seaside Galley breakfast hours will be 4:30 to 8:00 am.

Alcoholics Anonymous meets at 6:30 p.m. on Mondays, Wednesdays and Saturdays in Room 4A at Chapel Hill. All are welcome.

Accuracy

The Wire strives for accuracy. When we fail, we accept responsibility for our errors and correct them. If you see an error in The Wire, call Army Staff Sgt. Cavett Ishihara at 3594.

STUFFED BURGERS

GTMO 5 is drawing to an end and the celebrations have begun. When the standard, pre-shaped burger isn't enough for your last-blast barbecue, try these sizzling, gooey, stuffed burgers to delight your buddies. There is room for a lot of creativity with this recipe. Try adding diced mushrooms, bacon bits, jalapenos or combining different cheeses to create your masterpiece.

Ingredients

2 lbs. lean ground beef; ¼ cup steak sauce; 2 tablespoons garlic powder; 1 red onion, diced; any variety shredded cheese to taste

Directions

1. In a medium bowl, mix together the ground beef, steak sauce, and garlic until well blended. Form the mixture into 8 patties.
2. On four patties layer onions, shredded cheese, onions and any other ingredients you want in your stuffing. Place the other 4 patties over the top, press down, and seal the edges so the stuffing does not leak out.
3. Preheat an outdoor grill for low heat. Lightly oil grate.
4. Place patties on the grill, and let them brown on both sides. Continue to grill for about 30 minutes until meat is no longer pink and the juices run clear. When the meat is ready to come off the grill, serve on buns or just by themselves.

—By Army Pfc. Jessi Stone

Kitchen

Movies

DOWNTOWN LYCEUM		CAMP BULKELEY	
FRIDAY		FRIDAY	
7 p.m. <i>Pooh's Heffalump</i>	G 68 min	8 p.m. <i>Robots</i>	G 83 min
9 p.m. <i>Boogeyman</i>	R 89 min	10 p.m. <i>The Wedding Date</i>	PG13 89 min
SATURDAY		SATURDAY	
7 p.m. <i>Robots</i>	PG 83 min	8 p.m. <i>Pooh's Heffalump</i>	G 68 min
9 p.m. <i>Hide and Seek</i>	R 101 min	10 p.m. <i>Boogeyman</i>	R 89 min
SUNDAY		SUNDAY	
7 p.m. <i>The Ring 2</i>	R 111 min	8 p.m. <i>Hide and Seek</i>	R 101 min
MONDAY		MONDAY	
7 p.m. <i>Pooh's Heffalump</i>	G 68 min	8 p.m. <i>The Ring 2</i>	R 111 min
TUESDAY		TUESDAY	
7 p.m. <i>Boogeyman</i>	R 89 min	8 p.m. <i>Alone in the Dark</i>	R 96 min
WEDNESDAY		WEDNESDAY	
7 p.m. <i>Hide and Seek</i>	R 101 min	8 p.m. <i>Boogeyman</i>	R 89 min
THURSDAY		THURSDAY	
7 p.m. <i>The Ring 2</i>	R 111 min	8 p.m. <i>Hide and Seek</i>	R 101 min

MWR

- April 2: Sailing Regatta, Sailing Center, 10 a.m.
- April 2: Youth Baseball Clinics, Zaiser Field, 8 a.m.
- April 13: Plant Evening, Library, 7 p.m.
- April 16: Family Bowling, Bowling Center, 6 p.m.
- April 23: JPJ Hill Run, Gym, 6 a.m.
- April 29: Power Lifting Meet, Gym, 6 p.m.
- April 30: Army vs. Navy Softball Game, Cooper Field, 6 p.m.

Seaside Galley

Today	Lunch	Mambo pork roast
	Dinner	French fried shrimp
Saturday	Lunch	Cornish hens
	Dinner	Chicken Parmesan
Sunday	Lunch	Cranberry glazed
	Dinner	Dijon baked pork chops
Monday	Lunch	Teriyaki beef strips
	Dinner	Cuntry style steak
Tuesday	Lunch	Ginger pot roast
	Dinner	Barbecued beef cubes
Wednesday	Lunch	Lemon pepper
	Dinner	Chinese five spice
Thursday	Lunch	Pork chops
	Dinner	Chicken florentine
Friday	Lunch	Baked fish scandia
	Dinner	Boiled crab legs

Ferry Schedule

Monday - Friday		Saturday		Sundays & Holidays	
Windward	6:30	Windward	7:30	Windward	7:30
Leeward	7:00	Leeward	8:00	Leeward	8:00
Windward	7:30	Windward	9:30	Windward	9:30
Leeward	8:00	Leeward	10:00	Leeward	10:00
Windward	9:30	Windward	11:30	Windward	11:30
Leeward	10:00	Leeward	12:00	Leeward	12:00
Windward	11:30	Windward	1:30	Windward	1:30
Leeward	12:00	Leeward	2:00	Leeward	2:00
Windward	12:30	Leeward	2:30	Windward	3:30
Leeward	1:00	Leeward	3:00	Leeward	4:00
Windward	1:30	Windward	3:30	Windward	5:30
Leeward	2:00	Leeward	4:00	Leeward	6:00
Windward	3:30	Windward	4:30	Windward	6:30
Leeward	4:00	Leeward	5:00	Leeward	7:00
Windward	4:30	Windward	5:30	Windward	8:00
Leeward	5:00	Leeward	6:00	Leeward	8:30
Windward	5:30	Windward	6:30	Windward	10:30
Leeward	6:00	Leeward	7:00	Leeward	11:00
Windward	6:30	Windward	8:00		
Leeward	7:00	Leeward	8:30		
Windward	8:00	Windward	9:30	Shown are <i>departure</i>	
Leeward	8:30	Leeward	10:00	times. Bold listings	
Windward	10:30	Windward	10:30	indicate the departures	
Leeward	11:00	Leeward	11:00	following breaks longer	
Windward	*12:30			than 30 minutes.	
Leeward	*12:45			*Fridays only	

Buses

Sherman Avenue			Camp America/NEX		
First Street	00	30	Camp Alpha	00	20 40
East Caravella	03	33	NEX trailer	02	22 42
Marine Hill	05	35	Camp Delta 2	06	26 46
Post Office	10	40	TK 4	12	32 52
Windjammer	11	41	TK 1	16	36 56
NEX	14	44	Windjammer	23	43 03
Bulkeley Landing	17	47	NEX	30	50 10
Ferry landing	21	51	Windjammer	35	55 15
Commissions Bldg.	23	53	TK 1	40	00 20
Ordinance	26	56	TK 4	46	06 26
Bulkeley Landing	28	58	Camp Delta 1	52	12 32
NEX	32	02	Camp Alpha	00	20 40
Windjammer	36	06			
Post Office	37	07	<i>Chart shows bus stops and minutes after the hour when buses are scheduled, e.g. the Sherman Avenue bus stops at East Caravella 03 and 33 minutes after the hour.</i>		
Marine Hill	41	11			
Hospital	48	18			
Windward Loop 1	52	22			
Camp America Bus 1			Camp America Bus 2		
Camp V	00	30	Camp V	15	45
Sally Port 1	03	33	Sally Port 1	18	48
Bulkeley Bench	05	35	Bulkeley Bench	20	50
Mini Mart	06	36	Mini Mart	21	51
MWR	08	38	MWR	23	53
Chapel	09	39	Chapel	24	54
MWR	20	50	MWR	05	35
Mini Mart	22	52	Mini Mart	07	35
Bulkeley Bench	23	53	Bulkeley Bench	08	38
Sally Port 1	26	56	Sally Port 1	11	41