



the Wire

“ HONOR BOUND TO DEFEND FREEDOM ”

Volume 5, Issue 3

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Friday, July 16, 2004

Troopers, will this be YOUR New Rifle?

By Spc. Jim Greenhill

Light, equipped with a high-tech sight, easy to zero, low-maintenance, easy to clean, tough and ambidextrous.

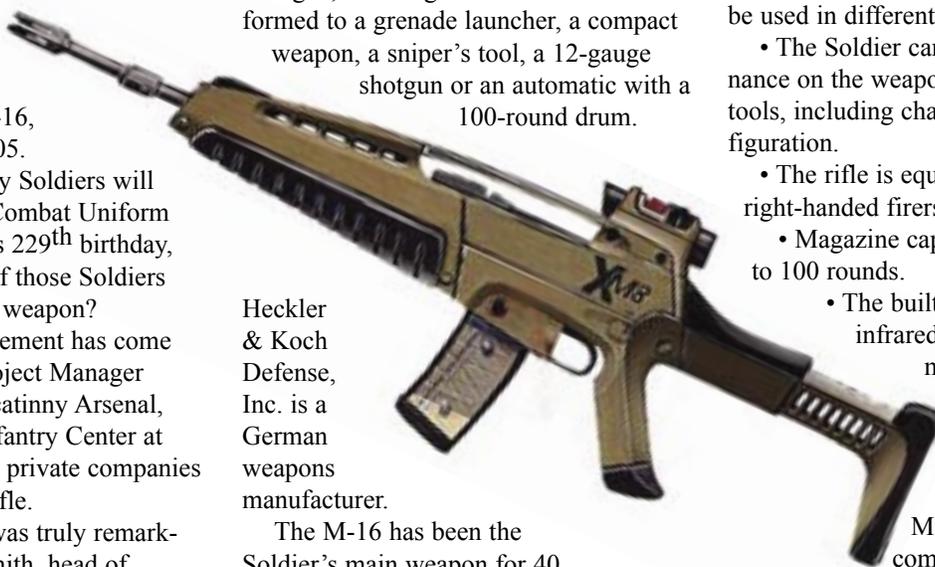
The XM-8 has been touted in the media as a likely replacement for the M-16, possibly as soon as 2005.

That's the year many Soldiers will be wearing the Army Combat Uniform unveiled on the Army's 229th birthday, June 14. Could some of those Soldiers also be carrying a new weapon?

No official announcement has come yet, but the Army's Project Manager Soldier Weapons at Picatinny Arsenal, N.J., the U.S. Army Infantry Center at Fort Benning, Ga., and private companies developed the XM-8 rifle.

"The performance was truly remarkable," Col. Michael Smith, head of Project Manager Soldier Weapons, told *Army Times* after testing last year.

The Heckler & Koch weapon is actually more like a weapons system: Barrels can be switched out and modules changed, allowing the rifle to be transformed to a grenade launcher, a compact weapon, a sniper's tool, a 12-gauge shotgun or an automatic with a 100-round drum.



Heckler & Koch Defense, Inc. is a German weapons manufacturer.

The M-16 has been the Soldier's main weapon for 40 years. Reviews of the XM-8 suggest it could overcome some of the M-16's

weaknesses.

Some of the XM-8's features:

- The weapon's plastic shell can be switched out so that different colors can be used in different environments.
 - The Soldier can conduct all maintenance on the weapon without any special tools, including changing the XM-8's configuration.
 - The rifle is equally easy for left- and right-handed firers to use.
 - Magazine capacity ranges from 10 to 100 rounds.
 - The built-in sight combines an infrared laser, a target illuminator and a red-dot sight.
 - The weapon is factory zeroed.
- According to Military.com, "the XM-8 completely outclasses the

See XM-8 Praised, Page 4

Inside The Wire ...



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Trooper To Trooper

Rumors, Integration and Uniforms

By Command Sgt. Maj. Angel Febles

As I circulate throughout Guantanamo Bay Naval Base, I never miss an opportunity to talk to our Troopers.

One of my first questions is, "What are the latest rumors?"

The answers are many and sometimes quite entertaining. But on a serious note, I usually ask questions relating to the welcome and integration of the Trooper and the unit, quality of life, etc.

On the average about two thirds are doing well, stay informed and are taken care of by their leadership.

However, about one third questioned concern me. Most of the issues stem from an incomplete welcome and integration process, morale, welfare and quality of life.

We have systems in place to solve any of these issues, but it requires leadership involvement. We must keep Troopers at all levels well informed, because if they are not informed that is how unfounded and inaccurate rumors occur.

"Get your facts first, and then you can distort them as you please."

– Mark Twain

Integration: The integration of the new force begins with leaders at all levels. Troopers expect a briefing that specifies and delineates their mission, duties and overall responsibility.

Some leaders shun their responsibility and expect that the Trooper (through self-discovery) research, read and understand what is expected of him or her. But it is a leader's responsibility to read and explain (as a minimum) the standard operating procedures, commanders' policies, NAVBASE regulations and safety, etc.

One of the best forums of leader-to-Trooper communication is during initial developmental counseling, because it is a one-on-one setting that encourages a professional two-way conversation. The counseling session should leave no doubt

in the Trooper's mind of what is expected of the Soldier and the leader.

As we all start getting adjusted to a new routine, there will be understandable issues of adjustment. Eventually everyone will achieve a degree of operational proficiency



Wire Archive Photo

that will reflect confidence, competence, and teamwork.

Uniform: Concerned about a month ago that Troopers did not have enough of the improved physical fitness (IPFU) short sleeve shirt, I recommended (to the JTFCDR) the wear of the Army brown T-shirt as a supplement to the one shirt. Having said that, the only authorized wear of the Army brown T-shirt is as a supplement to the IPFU or with the battle dress uniform (BDU). It is not authorized for civilian attire, etc.

On a safety note, I forwarded guidance on the procedures for acclimation. Please ensure all understand and comply—failure to do so can lead to unnecessary heat injuries or worse. It can be fatal.

Leaders: The responsibility of taking care of your Troopers rests on your shoulders. Take care of them.

Lastly, I am absolutely pleased with GTMO 5 as a team and as professionals. You are all doing a great job and our nation is proud of what you do on a day-to-day basis in support of the Global War on Terrorism.

Honor Bound to Defend Freedom!

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1186th Troopers: Proud, Trained and Ready to Perform

By Airman 1st Class Joe Lacdan

Troopers of the 1186th Military Police Company sat huddled under the muggy Caribbean heat inside Camp Delta.

Some told jokes and stories about home as they waited to begin their first day on the job. Others talked about getting used to life here at Guantanamo Bay Naval Base, where they are scheduled to spend 10 months providing safe and humane care and security for the detainees.

Soon they will be conducting detainee operations inside Camp Delta.

"I'm nervous; I'm excited," said Sgt. Leofuldo Tablanza. "I want to get the job done."

The 1186th, based in Salem and Milton Freewater, Ore., began its final detainee operations training Saturday. Members of the 217th, 258th and 216th police companies are conducting the training, which ends mid-July.

"I have great troops and they are well-trained," said Capt. Trent Klug, 1186th commander. "They are ready to perform their jobs."

Some company members have been ready for years. Staff Sgt. Rene Roberts, a platoon sergeant, has worked in correc-

tions his entire military career. He also works as a corrections officer in his civilian career. He will use that experience to guide the 13 soldiers in his platoon.

"I'm proud to do what I'm doing," said Roberts, a 23-year Army veteran. "It's a challenge. There's something different every day."

For others, working inside the camp will be a new experience.

Tablanza served in the Marine Corps four years and also was a military policeman. But his tour here will be his first in corrections.

"I'm behind the wire now," Tablanza said. "Before, I was just stopping people for speeding. Now I've got to deal with



Photo by Airman 1st Class Joe Lacdan

Staff Sgt. Scott Doyle, 1186th MP Co. Platoon leader, conducts an open ranks inspection before his unit begins its first day of detainee operations training.

different personalities and learn to keep my cool."

To prepare for operations at GTMO, each soldier had to take weapons qualification, common task and area-specific training at Fort Dix, N.J. The unit arrived on-island June 29.

"Everybody I've trained with in the last 30 days has a super-positive attitude," Roberts said.

Stars & Stripes Replaced at Pink Palace



Staff Sgt. Brian Holderness holds the American flag as it's being changed during a ceremony Tuesday at the Commissions Building (left). More than 25 Troopers were present to assist in replacing the flag, which had been frayed due to high winds (below).

Photos by Maj. Hank McIntire



XM-8 Praised as a True Weapons System

Continued from Page 1

M-16 in reliability, ease of maintenance and reduced logistical requirements.”

Praise from *Army Times* was equally gushing. “The XM-8 looks like a new assault weapon that will be arriving soon at an arms room near you,” wrote John Roos, a retired Army officer who edits *Armed Forces Journal* and was the first journalist to try the weapon. “From what I’ve seen, you won’t be disappointed.”

Roos listed eight features he said Soldiers will like about the weapon. It weighs 6.25 pounds; it has a high-tech sight; it’s easy to zero; it has no rails; it can fire 15,000 rounds between cleanings, even under extreme conditions; it’s easily cleaned; it’s tough and it’s ambidextrous.

Another weapon, the Barrett M468, has been mentioned as a challenger to the XM-8 for succession to the M-16.

But the Barrett M468 fires a different cartridge from the M-16. The Barrett is 6.88 mm caliber instead of 5.56 mm caliber. *Military.com* suggested that the armed forces seem unlikely to choose a weapon

that fires something other than the 5.56 mm because millions of the rounds are in stock and a change would drive up costs even more than upgrading weapons.

The XM-8 would likely be designated

the M8 if adopted.

PEO Soldier, Military.com, Army Times and other news services contributed to this report.



Frigate's Drug Chase Scores Landfall at GTMO



Photo by Spc. Jeffery Zaine

By Spc. Jim Greenhill

A successful drug chase earned about 240 sailors landfall for July 4 celebrations here at Guantanamo Bay Naval Base.

The fast frigate USS John L. Hall wasn't scheduled to put into port, but the vessel graced a GTMO dock throughout the weekend. Operations Spc. 1st Class Hannibal Forbes said the vessel got the break after a successful chase.

The July 2 stop gave sailors their first chance to come ashore since June 23—and it gave Joint Task Force Troopers a chance

to tour the frigate.

Troopers who saw the living space enlisted sailors get left grateful for the spaciousness of Camp America North: Sailors cannot sit up in their bunks and have minimal personal space during their typical 10-day missions at sea.

Based at Pascagoula, Miss., the 454-foot frigate's mission is antisubmarine warfare and counterdrug operations.

“Compared to the cruisers and destroyers and aircraft carriers, we're very small,” said Ensign Irish Simmons, public affairs

A successful drug chase by the USS John L.

Hall earned about 240 sailors an unexpected landfall in Guantanamo Bay.

officer. “It's a small crew, a very tight crew. Everybody knows everybody else, like a small town. It's not hard to get to one place from another like a carrier. Everything's very accessible.”

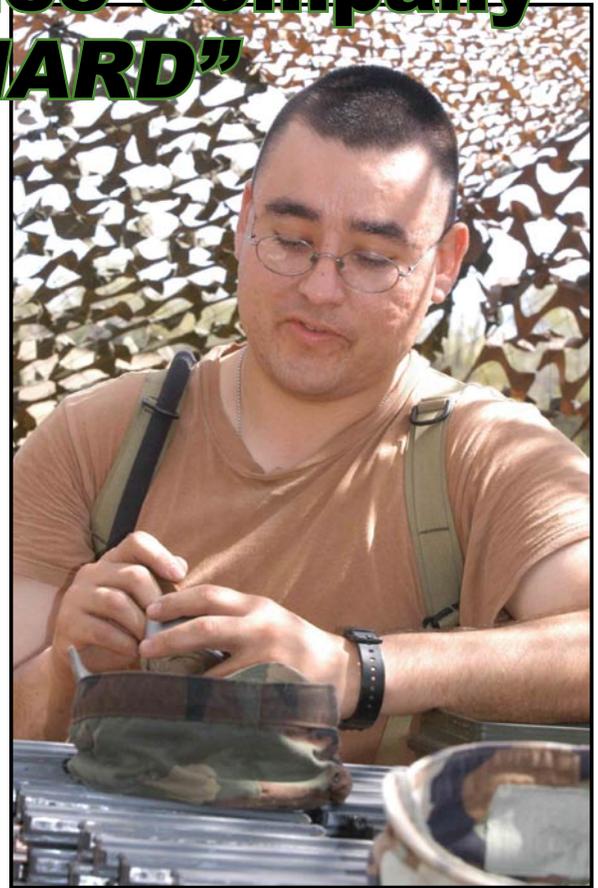
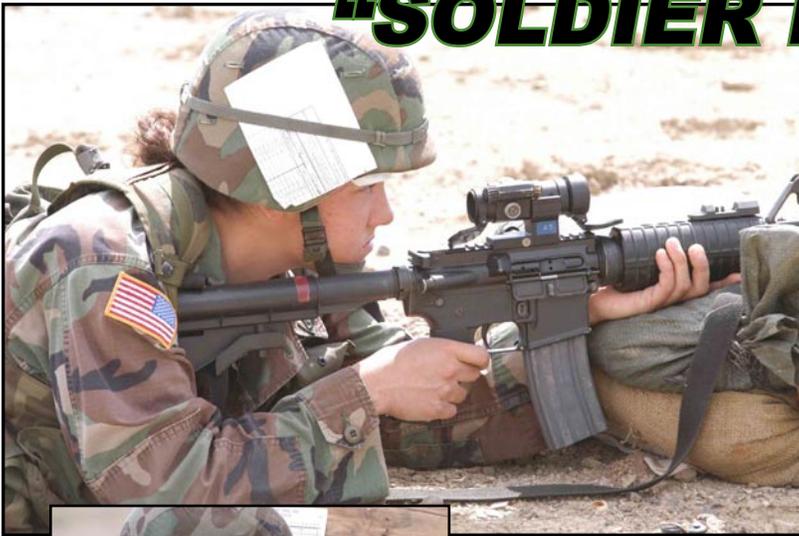
A NEX, post office, barbershop, medical facility, cafeteria and bank are among on-board facilities. Built in Bath, Maine, the USS John L. Hall was commissioned in 1982. “For a Navy ship, it's getting up there in years,” Simmons said.

Advantages of the frigate's small size include that it can operate in just 30 feet of water, reach speeds equivalent to about 40 MPH and stop quickly. “I was kind of surprised at that,” said Forbes, whose four-year tour on the USS Eisenhower taught him how long it can take to maneuver or stop a large vessel.

Powered by two gas turbines and four diesel turbines, the frigate carries an SA-60 Bravo helicopter and a detachment of law enforcement officers for its drug operations. Torpedoes, sonar buoys and chaff launchers are in its antisubmarine warfare arsenal.

258th Military Police Company

"SOLDIER HARD"



By Pfc. Jessi Stone

The 258th Military Police Company was constituted in April 1943 and since then has served in many campaigns.

They were activated June 1943 at Fort Custer, Mich., then inactivated in March 1946 at New York Port of Embarkation, N.Y. They were allotted in April 1967 to the Regular Army and activated again in September 1967 at Fort Hood, Texas.

In 1990, the 258th took part in Operation Desert Shield in Saudi Arabia and in 1991 lent a hand in Operation Desert Storm.

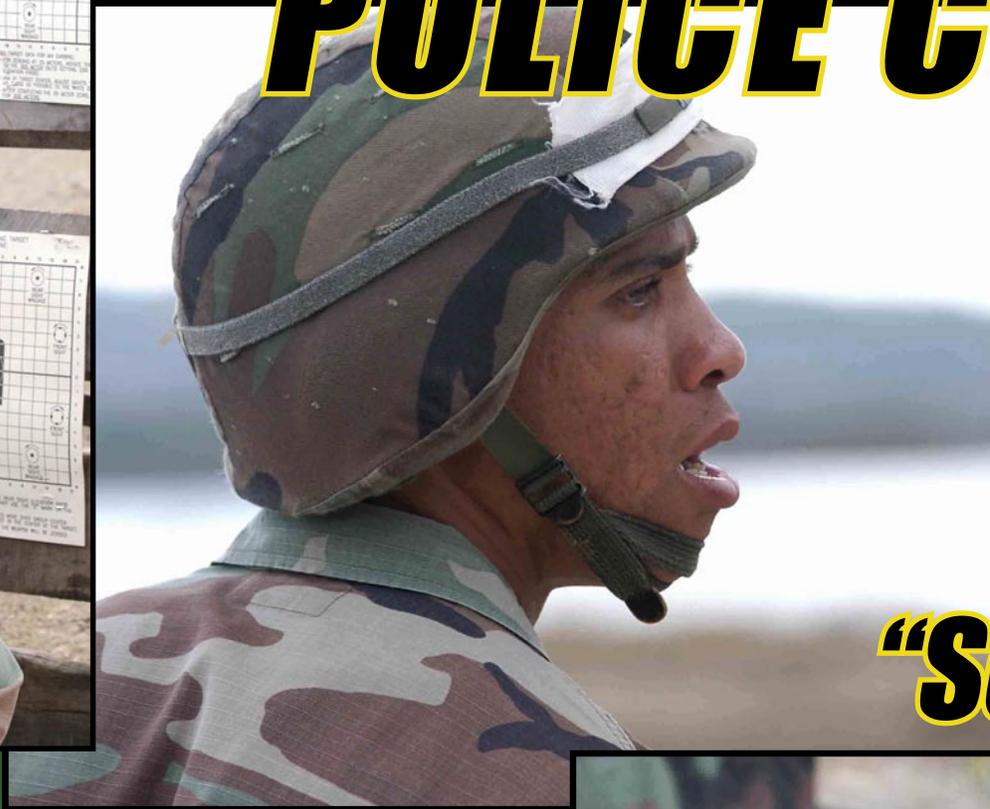
Some of their other noteworthy operations were Operation Joint Endeavor and Joint Guard in Bosnia-Herzegovina where they conducted a peace enforcement mission.; Operation New Horizons; Joint Task Force Creole Haiti and Kosovo; Operation Joint Guardian; Task Force Falcon; Operation Noble Eagle and Military District of Washington.

In recognition of the hard work and dedication of the 258th, the company has been awarded the Meritorious Unit Commendation and the Superior Unit Award.

The 258th MP Company is currently assigned duty with the 519th Military Police Battalion, Fort Polk, La.



258TH MI POLICE C



"S



MILITARY COMPANY



Soldier Hard!"



*To the members of
the 258th Military Police
Company:*

Greetings from the
Gators!

It's been an interesting
year for the 258th Military
Police Company.

Our soldiers have set
the standard in every way
imaginable. They have
worked hard and they are
definitely ready to get back
to their families and friends
at Fort Polk.

It has been a long road

getting to this day, but
we've made it and now we
look forward to the future.

To all of those we leave
behind, it has been fun, and
I hope you all enjoy it here
at lovely Guantanamo Bay
Naval Base.

The support we have
received has been great,
thank you. Working with
everyone here has truly
been an experience we
won't soon forget.

Good luck and God bless
you all.



**258th MP Company
Commander
Capt. Michael P. Crane**

GATORS!

*To the
members of
the 258th Military Police
Company:*

Over the past 11 months,
the 258th Military Police
Company has set high
standards for all to follow.

From our deployment
from Fort Polk, La., to
the Mission Readiness
Exercise at Fort Dix, N.J.,
to here at Guantanamo Bay,
Cuba, we have strived to
meet and exceed the stan-
dards of those who have
come before us.

We could not have done
this without the great work
from our soldiers and non-
commissioned officers.

On a day-to-day basis it
has been the soldiers and
NCOs that have borne the
brunt of the fight. To them I
offer my thanks.

Each day, you have set
high standards, asked for
little and given much.

The strength of this
nation rests on your shoul-
ders and lives within your
hearts. You have shoul-
dered it well.

You are the finest Military
Police Company in the
United States Army, and I
am proud to share in your
glory.

For those that we leave
behind in the Joint Task
Force, it's been an expe-

rience working with you.
Remember that standards are
everything. The standards
you enforce on the blocks, on
duty and off, will be how you
are judged.

Good luck and God speed.



**258th MP Company
1st Sergeant
1st Sgt. Gregory W. Funderburk**

Not Fiction: Free Books at Library!

By Pfc. Chris Gardner

In the 1990 *Guinness Book of World Records*, Howard Stephen Berg was recognized for reading more than 25,000 words per minute and is known as the World's Fastest Reader. By the time you finish this paragraph, he would have read nearly seven pages of text in an average novel.

By contrast, studies show most Americans read from 150 to 300 words per minute. Though most Americans don't speed-read, they do read a lot, buying more than 2.5 billion books each year, for an average of nine books for every man, woman and child, according to *bookmagazine.com*.

However fast or often you read, improving your reading 'A' game is simply a matter of reading.

With almost 40 years' experience in library work and a master's degree in library science, Maxine Becker tells Troopers about the book and Internet resources available at the MWR Community Library.

The library has about 12,000 books and 2,000 videos on topics such as health and medicine, Cuban history and Spanish.

Attracting Troopers from the whole base, the library had over 9,000 visitors in June.

The 18 computers are reserved for surfing the Net, e-mailing, college study and research. Students in the middle of online college dis-

cussions or coursework are not required to give up their seats due to time limits.

Troopers like Spc. Randy McCartney, 367th Military Police Company, use the computers to even pay bills with online banking or call home for cheap on dialpad.com.

Covering a wide range of interests, a selection of almost 500 free books-replenished twice a day-is an ongoing gift to Troopers from the Navy General Library.

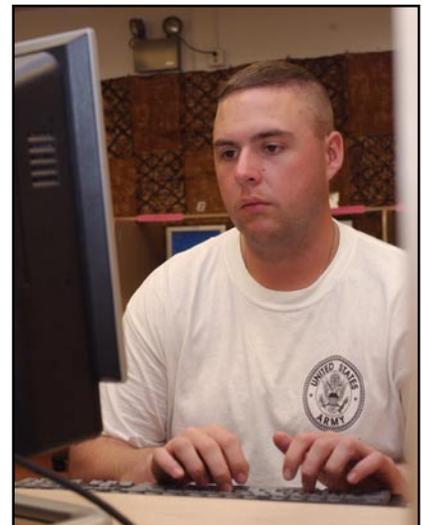
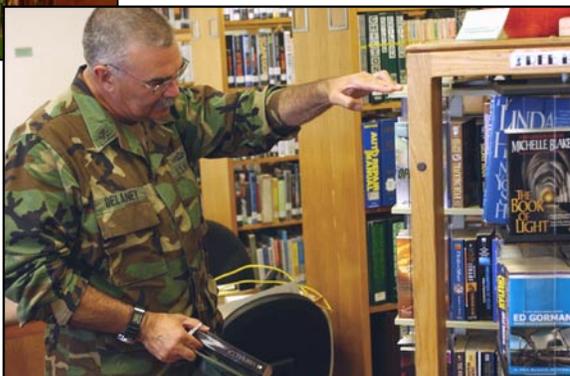
Calling himself a book fanatic, Cmdr. Tom Delaney, OIC of the Detention Hospital, from Brandon, Fla., said, "I usually have two to three books going at the same time." He enjoys the free book selection so much, he said he wishes he had left his own books at home.

Becker is expecting 8,000 new books from Roosevelt Roads Naval Station, Puerto Rico, increasing the library's resources.

Databases include 106 U.S. newspapers and 30 international newspapers; guidance in stocks, bonds and mutual funds; 6,100 full-text e-books including Cliff notes, study guides for college tests, military history, and career and vocation information.

Study tables and comfortable chairs provide a learning atmosphere coupled with an Internet café of coffee and pastries. Becker proctors exams for distance-learning students and helps Troopers find needed materials for reports, papers and other forms of research.

For more information, contact Maxine Becker at beckerma@usnbgmto.navy.mil.



Photos by Pfc. Chris Gardner



! WORLD WIRE

... News ... Sports ... Entertainment ...

July 7: Former **Enron** CEO Ken Lay is indicted for his role in the company's collapse. ... The Forest Service proposes limiting the use of **off-road vehicles** to designated trails. ... **Michael Jackson's** lawyers ask a judge to throw out his indictment. Prosecutors bullied and argued with grand jury witnesses, the gloved-one's attorneys say.

July 8: Congress is set to discuss a **Constitutional Amendment** banning gay marriage. ... Some 27 late-model **Honda CR-V** sports utilities have burst into flames after their first oil change, reports say. ... In **Operation Blue to Green**, the Army would offer up to \$10,000 to sailors and airmen to become Soldiers at the end of their current duties.

July 11: Members of Parliament condemn the announcement of a British **reality TV** series in which five female porn stars are locked in a house with five members of

the public. **Maurice Greene** wins the 100-meter final of the U.S. Olympic track and field trials in 9.91 seconds. ... **Brendan Hansen** wins the 200-meter breaststroke in 2 minutes 9.04 seconds and **Jason Lezak** wins the 100 meter freestyle in 48.41 seconds in the U.S. Olympic swimming trials. ... "**Spider Man 2**" takes in \$46 million in its second weekend, totaling \$257.3 million in 12 days—big rewards for the most expensive movie ever made.

July 12: **Aaron Peirsol** sets a world record in the 200-meter backstroke at the U.S. Olympic swimming trials, with a time of 1 minute 54.74 seconds. ... Scientists say Earth's magnetic field has weakened up to 15 percent in 150 years and appears to be weakening faster, leading some to wonder if a **polarity reversal** may be due. That's when the field switches and compass needles end up pointing south. It's believed to take thousands of years

to happen and could wreak havoc in the interim. The rapid decline in strength has already affected satellites. The last reversal was 780,000 years ago. Sounds like a plot for *The Day After Tomorrow: 2*.

July 13: The **Democratic Convention**—12 days away—will be the most heavily guarded public event in U.S. history, Homeland Security Secretary Tom Ridge says. ... Republicans try to persuade former Chicago Bears Coach **Mike Ditka** to run for Senate.

Week: Ken Jennings keeps winning "**Jeopardy!**," passing the \$1 million mark as he takes his 30th straight show and keeps on going.

Spc. Jim Greenhill compiles WorldWire from reports from MSNBC, The Associated Press, Reuters, The Washington Post, The New York Times, The (London) Times, The (London) Daily Telegraph and other news services.

... Faith ... Belief ... Counseling ...

! WORSHIP WIRE

Sight Without Vision

Helen Keller, perhaps America's most famous blind person, was once asked if there was anything worse than being blind. Her response was, "Yes, being able to see and having no vision."

Helen Keller knew there are physical and spiritual dimensions to life. While she had no physical sight, she certainly did not lack spiritual vision. Her vision motivated her to accomplish great things in life personally and for society as a whole.

In the ninth chapter of John's gospel we read the story of the man born blind.

Jesus miraculously heals the man of his physical blindness in a most unusual manner. He spits on the ground, makes mud from the spit, rubs it on the man's eyes and tells him to go wash in a sacred pool. The man obeys and receives his sight.

Was it Jesus' spit, or the mud that made the miracle happen? Was it the sacred waters, or the obedience of the man? Or

could it have been some combination of them all?

The man in the story also receives another miracle, as he comes to believe in Jesus as his Savior. Two miracles in one day: One physical and one spiritual! It doesn't get much better than that!

Many of us are so consumed with the physical dimension of life that we ignore or neglect the spiritual dimension. In order to live a happy, productive and fulfilling life we must seek a balance of the physical and the spiritual. We don't want to be like the person to which Helen Keller referred, having physical well-being, but lacking in the spiritual.

Jesus still works in mysterious ways to perform both physical and spiritual miracles of healing.

Be open to a miracle in your life today!

—Chaplain (Maj.) Steven Herman

Are you a Christian?

If so, take a look at Luke 10: 1-12!

This is a perfect message for those of us who find ourselves on a mission here in Guantanamo Bay Naval Base.

By virtue of our baptism and dedication to the Lord, we too are appointed and sent to announce the Gospel, not merely with our words, but by our actions!

Announcing and building the Kingdom of God is not simply reserved for the ordained ministers, priests or nuns.

All of us, members of the Body of Christ, are appointed and sent, HERE and NOW.

If we do not accept this mission, who will?

—Father (Lt. Cmdr.) James Dowds,
JTF Catholic Chaplain

SPORTS WIRE

Troopers Slam Stress, Create Confidence

By Pfc. Chris Gardner

Bust stress by burning fat, toning muscles and boosting flexibility. Toughen up in Tae Kwon Do, improve cardio in kickboxing, balance in Pilates and breathing in Yoga.

Tae Kwon Do

From shouting and striking in unison cued by commands called in Korean to bowing in reverence at the end of a session, Troopers participate in a unique martial art—Tae Kwon Do.

For only \$20 a month, Troopers enjoy five nights a week of Tae Kwon Do instruction from black belt Chief Petty Officer Matt Brittle and his two assistants.

Since the sessions started in October 2001, Petty Officer 1st Class Julie Dillard has worked her way up from white belt to assistant instructor and one belt under black (the red-stripe belt).

Advancing to black belt requires desire and drive, Dillard said, and living the Five Tenets of TKD is a must: Courtesy, integrity, perseverance, self-control and indomitable spirit.

These disciplines of peace prepare martial artists for fighting discipline.

Striking and blocking are taught for self-defense purposes only, not to be used offensively. In fact, TKD instructors teach

students ways to evade rather than confront violent situations.

Each session starts with a warm up followed by stretching. "Flexibility is important but not necessary in the beginning," Dillard said.

"It's improved my flexibility and speed and it helps endurance," said Cpl. James Agius from Livonia, Mich., an administrator for the 783rd Military Police Company. Earning a yellow belt after only one month (yellow comes after white), Agius said the class has helped him punch faster and kick faster and higher than before.

The class also provides an atmosphere of concentration, he said, helping to relieve stress and build morale and self-confidence.

Busting stress and boosting Troopers, TKD is taught in the aerobics room on Marine Hill, Monday through Friday, from 8 to 9 p.m.

Free Cardio Kickboxing, Pilates and Yoga

Second-degree black belt Carl Heron and one time light-heavyweight body-builder Everton Hylton are two of the instructors of the base's cardio kickboxing class.

The main focus of the class is cardio and fat burning.

Warming up gets the blood flowing and makes the muscles more pliable for kicking and punching.

Having been in the top six of the Caribbean Islands' Light-heavyweight Body Builder competition, Hylton is well-experienced not only in fat loss but also in muscle growth as well.

Besides teaching kickboxing, Hylton is a fitness



Photo by Pfc. Chris Gardner

instructor, giving free personal weight-training assessments.

Another strength-training program is the Pilates class, which uses core-training exercises to develop a balance between antagonistic muscles. The abdomen and erectus spinae muscles, which support the spinal column, are the main focus in Pilates, helping promote balance, coordination and flexibility, Hylton said.

Flexibility is also a main focus in Yoga, which teaches deep breathing to connect mind and body, Hylton said. Concentration and clear thinking are results of breathing from the diaphragm, he said. Deep breathing alleviates stress brought about by shallow breathing from the chest and throat.

The Marine Hill

Aerobics Room Schedule

- Tae Kwon Do: Monday through Friday, 8 p.m. to 9 p.m.
- Cardio Kickboxing: Monday through Friday, 6 p.m. to 7 p.m.; Saturday, 4 p.m. to 5 p.m.
- Pilates: Tuesday and Thursday, 11:30 a.m. to 12:30 p.m. and 7 p.m. to 8 p.m.
- Yoga: Monday through Thursday, 5 p.m. to 6 p.m.
- For more information on classes or assessments, contact the G.J. Denich Gym at 2193.



Photo by Pfc. Chris Gardner

Petty Officer 1st Class Julie Dillard, Tae Kwon Do assistant instructor, provides guidance to Cpl. James Agius, a 783rd MP Co. administrator (above). Agius practices his forms during class (top).

15 Minutes of Fame

... with Spc. John Phillips, 258th Military Police Co. ...



Photo by Airman 1st Class Joe Lacdan

By Airman 1st Class Joe Lacdan

The Wire: Why did you enlist?

Spc. John Phillips: For discipline and for the opportunities the military would give me later in life.

How does your family feel about your deployment?

They've been handling it real well. They are real supportive of what I do here.

Are you active duty, guard or reserve?

Active duty. I am stationed at Fort Polk, Louisiana.

Why did you choose active duty?

I wanted to travel, and I wanted to feel like I was doing something full time.

Do you plan to reenlist?

Yes. I want to become a drill sergeant. I want the distinction of being the elite and the opportunity to train and mold soldiers.

How has your time in the military

changed you?

Being in the military helps you be able to handle setbacks and disappointments.

Why did you decide to go into the Army instead of the other services?

I liked what the Army had to offer. I didn't want to go into the Marine Corps because it was stricter and has a different mission.

Have you been on another deployment?

My first deployment was to Washington D.C. I provided perimeter security for the Pentagon in support of Operation Noble Eagle.

What did you hope to get out of this deployment?

An idea of how the other branches work and how we work as a whole. It's helped me evolve and better myself. I got everything done that I wanted. I feel more well rounded as a soldier working with other branches. I was able to adapt to changes.

Did you set any goals for yourself?

To take classes and to make rank. I take college classes online, and I try to better myself as a whole.

I understand you're engaged to a member of your unit. Who is your fiancée?

Pfc. Agnieszka Sosnowska.

What do you and your fiancée do in your free time?

We hang out at the Windjammer and spend a lot of time at the beach.

How did you propose?

She was coming back from leave. I came to see her when she got off the boat and when she got back to her room there were flowers waiting, and I proposed.

Who has inspired you most in your life?

My high school economics teacher, Al Garrett. He was in the service and he encouraged me. He taught me to find what I want and go for it.

GUIDE WIRE

... Movies ... Buses ... Worship ... Galleys ... Safety ... Updates ...

Friday, July 16, 2004

DIVE SAFETY

Did you know it's a Guantanamo Bay Naval Base requirement to have a minimum of 500psi remaining tank pressure at the end of a dive?

Were you aware you MUST wear a buoyancy compensating device (BCD) capable of oral and auxiliary low-pressure inflation?

You MUST also have the following equipment when SCUBA diving: A pressure gauge, depth gauge, timing device, quick-release weights and

surface signaling device, such as a whistle.

Instruction 1710.10H highly recommends you carry an alternative air source, an underwater (U/W) signaling device (tank knocker or low-pressure hose squawker), an underwater light and a portable dive flag.

For more information on any diving- or snorkelling-related questions, contact Reef Raiders Dive Club at 7315 or 5666 or call Ocean Enterprises Dive Shop at 5336.

Friends of Bill W. ...

Alcoholics Anonymous meets Mondays, Wednesdays and

Saturdays at 6:30 p.m. in Room 4A at Chapel Hill.

BUSES

Bus Stop Routes include the following stops. Not all stops are listed. Times listed are for every hour of the day (i.e. First Street - 12:00, 12:30, Ferry Landing - 12:17, 12:51, etc.).

Sherman Avenue

First Street - :00; :30
East Caravella - :03; :33
Marine Hill - :05; :35
Post Office - :10; :40
Windjammer - :11; :41
NEX - :14; :44
Bulkeley landing - :17; :47
Ferry landing - :21; :51
Commissions Building - :23; :53
Ordnance - :26; :56
Bulkeley landing - :28; :58
NEX - :32; :02
Windjammer - :36; :06
Post Office - :37; :07
Marine Hill - :41; :11
Hospital - :48; :18
Windward Loop 1 - :52; :22

Camp America/NEX

Camp Alpha - :00; :20; :40
NEX trailer - :02; :22; :42
Camp Delta 2 - :06; :26; :46
TK 4 - :12; :32; :52
TK 1 - :16; :36; :56
Windjammer/Gym - :23; :43; :03
NEX - :30; :50; :10
Windjammer Gym - :35; :55; :15
TK 1 - :40; :00; :20
TK 4 - :46; :06; :26
Camp Delta 1 - :52; :12; :32
Camp Alpha - :00; :20; :40

CINEMA

DOWNTOWN LYCEUM FRIDAY

8 p.m. **Shrek 2**
PG - 105 min
10 p.m. **Soul Plane**
R - 87 min

SATURDAY

8 p.m. **Godsend**
PG13 - 102 min
10 p.m. **Man On Fire**
R - 146 min

SUNDAY

8 p.m. **Troy**
R - 165 min

MONDAY

8 p.m. **Soul Plane**
R - 87 min

TUESDAY

8 p.m. **New York Minute**
PG13 - 86 min

WEDNESDAY

8 p.m. **Breakin' All The Rules**
PG13 - 85 min

THURSDAY

8 p.m. **Mean Girls**
PG13 - 97 min

CAMP BULKELEY FRIDAY

NO MOVIE
SATURDAY
8 p.m. **Shrek 2**
PG - 105 min

10 p.m. **Soul Plane**
R - 87 min

SUNDAY

8 p.m. **Man On Fire**
R - 146 min

MONDAY

8 p.m. **Godsend**
PG13 - 102 min

TUESDAY

8 p.m. **Troy**
R - 165 min

WEDNESDAY

8 p.m. **Soul Plane**
R - 87 min

THURSDAY

8 p.m. **New York Minute**
PG13 - 86 min

FOR THE RECORD

The Wire strives for accuracy. When we fail, we accept responsibility for our errors and correct them. Please call Spc. Jim Greenhill at 5241 if you see an error in The Wire.

Cpl. Inocencio Mata is with the 216th Military Police Company. Mata's first and last names were incorrectly spelled in a story on Page 5 of the July 9 edition.

Election Day Approaches ...

While it may only be the middle of the summer, the 2004 General Election will be here before we know it, and if you want your vote to count, you have to start thinking about it now!

Every Trooper here at JTF GTMO should have received a federal absentee ballot application, also known as a Federal Post Card Application (FPCA), when they attended the mandatory newcomer's brief.

The absentee ballot applications are also available at the JTF Legal Assistance Office located in Camp America West. Here are 10 things you should do to make sure your vote is counted:

1. If you don't already have one, start by getting the FPCA from your chain of command or the JTF Legal Assistance Office.
2. Visit the Federal Voting Assistance Program's website at www.fvap.gov for information on the absentee registration and voting process.
3. Ensure that you have applied for your absent-

tee ballot using the hard-copy or on-line versions of the FPCA. The FPCA must be mailed back to your home state. The FVAP website has the individual state mailing information.

4. Make sure your local election official has your JTF mailing address.
5. Sign and date all election materials.



6. Fulfill your state's witness/notary requirements (if required).
7. Ensure that your ballot or FPCA is postmarked.

8. Register to vote and request your ballot in a timely manner – not later than September.
9. VOTE! Mail your ballot not later than Oct. 15.

10. Use the Federal Write-In Absentee Ballot (available in your JTF Legal Assistance Office) if your state absentee ballot does not arrive in time to be mailed back before your state's deadline.

For more information you may contact the JTF Legal Assistance Office at 3561.

**-Capt. John O'Connell
Staff Judge Advocate**

WORSHIP

Catholic

Main Chapel

Wednesday	5 p.m.	Holy Hour and Rosary
	6 p.m. - 6:25 p.m.	Confessions
	6:30 p.m.	RCIA (Chaplain's office)
Saturday	4:15 p.m.	Confession
	5:30 p.m.	Vigil Mass
Sunday	9 a.m.	Mass
	10:15 a.m.	Spanish Mass (Sanctuary B)
Monday - Friday	11:30 a.m.	Mass (Cobre Chapel)

Camp America

Sunday	5:30 p.m.	Episcopal Mass
	7:30 p.m.	Mass

Protestant

Main Chapel

Monday	7 p.m.	Prayer Group Fellowship*
Wednesday	7 p.m.	Men's Bible Study*
	9:30 a.m.	Sunday School
	11 a.m.	Service/Sunday School

* Fellowship Hall located in Chapel Complex

Camp America

Tuesday	7 p.m.	Alpha
Wednesday	7:30 p.m.	Soul Survivor (Club Survivor)
Sunday	9 a.m.	Protestant

New Life Fellowship

Sunday	1 p.m.	Service (Main Chapel)
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Pentecostal Gospel

Sunday	8 a.m.	Service (Sanctuary C)
	5 p.m.	Service (Sanctuary C)

The Church of Jesus Christ of Latter-day Saints

Sunday	9 a.m.	Sanctuary A
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Islamic

Friday	1 p.m.	Room 12, Chapel Complex
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Jewish

Call 2323 for more information

Camp America Church Bus schedule:

Sunday	8:15 a.m.	Tierra Kay
		The bus will return following worship.

DINING

Today: Lunch - Salisbury Steak; dinner - Shrimp Scampi

Saturday: Lunch - Creole Pork; dinner - Beef Ravioli

Sunday: Lunch - Chicken Cordon Bleu; dinner - Roast Turkey

Monday: Lunch - Roast Beef; dinner - Roast Pork

Tuesday: Lunch - Baked Chicken; dinner - Stuffed Flounder

Wednesday: Lunch - Beef Pot Pie; dinner - Oriental Pepper Steak

Thursday: Lunch - Baked Chicken; dinner - Meat Loaf

Friday: Lunch - BBQ Beef Cubes; dinner - Crab Legs

