



# the Wire

" Honor Bound to Defend Freedom "

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## Commanders and First Sergeants: a team effort

Story & photos by  
Sgt. Benari Poulten

My first sergeant is tougher than your commanding officer.

That's probably not a phrase you would hear too much around JTF Guantanamo, entertaining as it may sound. Not that the top enlisted and top officers don't engage in friendly competition, but when it comes to accomplishing the mission, unit first sergeants and company commanders work together, pooling their ideas and guiding their units to success.

"It's like a husband and a wife," explains 1st Sgt. Scott Fielding of the Charlie Company, 2-116th Infantry Regiment. "You need to be there, working together, hand-in-hand, or you're not going to get anything done."

As an infantry unit, Charlie Company's responsibilities include patrols, checkpoint operations, detainee movement operations,



1st Sgt. Scott Fielding reviews the log at the Harrisonburg Checkpoint with Spc. Michael Cocuzza of Charlie Co., 2-116th Infantry Regiment.

and vehicle search and seizures. In order to accomplish their critical tasks on a day-to-day basis, they must stay focused. The commander and the first sergeant handle the job of keeping troops focused.

Fielding elaborates, "The commander puts out ... what he wants to get done; it's my job to make sure things are followed through. He takes care of the mission-oriented tasks ... it's my job to make sure the

training's up to that task, they have the service and support elements there to back up the mission ... and we work together, along with the other members of the unit and headquarters staff, to get this stuff done. It's one of the biggest teams you have in a unit."

For an organization that's built on teamwork, being the "biggest team" in a unit is no small feat. The military depends on a unit's first sergeant and commander to work with each other and lead their troops to victory.

But wouldn't it be easier to just allow one person ultimate decision-making authority, without having to consult anyone else? Not on this team.

The 785th MP Company's 1st Sgt. Joseph Haddad uses some colorful analogies to illustrate this point. "There is no more important team than the company commander and first sergeant. This is

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HERE THEY COME!



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## Message from the Top



**MG Geoffrey D. Miller**  
Commander  
JTF Guantanamo

The lifeblood of JTF Guantanamo is found in its troopers, all of you who go about your jobs each day to fulfill our nation's commitment to battling terrorism. Our mission here has many parts that must work together in unison toward a common goal in order to be successful. Each part is essential, whether you are working as a guard inside the wire, as security for the force, in our intelligence units in search of new pieces of information, or in support of the countless small but important tasks that must be accomplished every day in order to keep us all moving in the right direction.

There is a small group of leaders who we all depend on more than anyone else to keep the blood flowing, by coordinating the activities of each part and giving you the guidance needed to do your job right. These are the company commanders and first sergeants, and their counterparts in the Navy and Coast Guard, who lead our troopers each day from the

front. They are truly the heart of the JTF. Without them, we would not be successful in winning our part of this war.

There is no more difficult job than leading a company-size unit. And there are few leadership positions in the military that are more rewarding. These men and women have direct responsibility for the welfare and performance of troopers. They must be motivators, trainers, counselors, mentors and the heroes who lead from the front. They directly touch the lives of every soldier, sailor, airmen, Marine and Coast Guardsmen on this island. Sometimes they make mistakes - as all of us do - and they fix those errors because they care about the mission and their people.

These leaders are not looking for recognition. Instead, they want that recognition to go to their troopers. They take responsibility for the bad and pass credit to others for the good.

The legacy of great leaders - like our company commanders and First Sergeants - is units who know what right looks like and troopers who do the right thing when no one is looking. Our JTF is fortunate to have these kind of leaders - they make a difference for all of us everyday.

HONOR BOUND!

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## Question from the Field

### What books are 'must reads' for professional development as young leaders?

The Chief of Staff of the Army's list of 'must reads' for junior leaders includes popular books as *We Were Soldiers Once, and Young* by Lt. Gen. Harold G. Moore (ret.) and Joseph L. Galloway, *Once an Eagle*, by Anton Myrer, and *The Killer Angels* by Michael Shaara. Go to [www.army.mil/cmh-pg/reference/csalist/list1.htm](http://www.army.mil/cmh-pg/reference/csalist/list1.htm) for a complete list.

The recommended reading list of the Master Chief Petty Officer of the Navy includes books such as *Leadership is an Art* by Max DePree and *Thunder Below* by Adm. Eugene B. Fluckey, USN (Ret.). Go to [www.chinfo.navy.mil/navpalib/mcpon](http://www.chinfo.navy.mil/navpalib/mcpon)

From the list of professional reading for Marines, 1st Sgt. Phillip Paulie of the Marine Corps Security Force recommends *Rifleman Dodd* by C.S. Forester and E.H. Simmons, *A Message to Garcia* by Elbert Hubbard, *The Red Badge of Courage* by Stephen Crane. A complete list can

be found at <http://mcrsc.mfr.usmc.mil/GuideBook/AppendixF/ReadingPgm.asp>.

Lt. Cdr. Paul Gill, of the MSST, highly recommends the following books from the Coast Guard Commandant's Reading List: *Once an Eagle* by Anton Myrer; *The Coast Guard at War: Vietnam, 1965-1975* by Alex Larzelere; and *Sea of Grass: The Maritime Drug War 1970-1990* by Charles M. Fuss. For more information, go to [www.uscg.mil/hq/g-w/g-wt/g-wtl/leadci/read1.htm](http://www.uscg.mil/hq/g-w/g-wt/g-wtl/leadci/read1.htm)

The Chief of Staff of the Air Force's reading list includes such books as Frank M. Andrews: *Marshall's Airman* by DeWitt S. Copp, *The Crisis of Islam: Holy War and Unholy Terror* by Bernard Lewis and *Supreme Command: Soldiers, Statesmen, and Leadership in Wartime* by Eliot Cohen. Go to [www.af.mil/lib/csafbook/index.shtml](http://www.af.mil/lib/csafbook/index.shtml) for a complete list.

# MPs hit the books, earn top marks

Story and photo by  
Spc. Jared Mulloy

Up until a few weeks ago, military police stationed in Guantanamo Bay relied solely on their on-the-job training to perform their duties at Camp Delta. The positions they filled, while related to their primary duty as military police, actually fall under the duties of a correctional specialist. This is a separate military occupational specialty all together.

Military police are primarily responsible for providing support to the battlefield by conducting area security, prisoner of war and law and order operations. Correctional specialists are primarily responsible for controlling, supervising and counseling prisoners, as well as managing confinement operations and correctional treatment programs.

To prove that JTF MPs can handle the job they have adapted to with ease, every MP is undergoing an intensive weeklong training that will compliment their current experience and knowledge with the skills they need to be certified as correction specialists.

Four instructors from Fort Leonard Wood, Missouri's United States Army Military Police School (USAMPS) came to JTF Guantanamo to run this five-week training program called the "School of the Guard."

"It's an honor for us to be here training these young warriors," stated USAMPS instructor Sgt. 1st Class Edward Baldwin, who is noncommissioned officer-in-charge of the Mobile Training Team running the School of the Guard. "These MPs are the Army's pioneers for future corrections operations and the pride of USAMPS. I truly feel safer knowing that these troops are on the job."

"The instructors were great ... they kept everyone's attention with their jokes and enthusiasm, and I learned so many simple lessons that make all the difference," raved Spc. Ryan Bowsby of the 785th MP Bn. The three other NCOs on Baldwin's team, Sgt. 1st Class Daniel Borrero, Sgt. 1st Class Joseph Fowler, and Sgt. 1st Class John Waters, were all hand picked as the best-of-the-best by the USAMPS Commandant, and Baldwin feels that they are



*Sgt. 1st Class Edward Baldwin, from the U.S. Army Military Police School, Fort Leonard Wood, Mo., trains the soldiers of the 438th Military Police Company. The instruction provides necessary training for military police to be qualified as correctional specialists.*

providing the best training possible for the correctional specialist. "In the short time I've been here, soldiers have already come back to us and shared how useful their new skills are ... I can see their motivation and thirst for knowledge and it makes us feel good knowing that we've helped a fellow soldier stay a little safer and protect his country that much better."

Some skills that will be new to the MPs include overseeing a dining facility, incoming and outgoing mail, and visitation. "The most interesting part of the class was visitation because we don't do that here," said Staff Sgt. Kelmy Rivera of the 240th MP Co. They are learning how to better defend themselves from different holds and how to disarm a detainee wielding any type of weapon.

They are also learning how to better understand and control the detainees. "The training is well paced and easy to understand," said Sgt. Scott Whipple of the 303rd MP Co. who completed the training last week, "Everyone was able to take something out of this training."

To complete the School of the Guard, the MPs must qualify with a shotgun, pass two comprehensive written examinations administered by USAMPS instructors, and

demonstrate hands-on proficiency of skills required by USAMPS.

After soldiers complete their training, USAMPS will accredit every soldier as qualified correctional specialists. Not only does this training benefit the JTF mission, but it also gives these soldiers credit for working as correctional specialists. This also validates to the world that JTF's MPs are properly trained to do their job.

According to the Superintendent of Camp Delta, Command Sgt. Maj. John R. VanNatta, "Statistics show that training MPs at Guantanamo with an MTT will save the U.S. Government at least \$5 million ... They're getting more versatile soldiers and saving a great deal of money."

The 240th and the 303rd MP Companies have already completed the course with a passing rate of 100 percent. At the end of this week the 438th MP Co. will complete the school as well. Cpl. A.J. Girardot of the 984th MP Co. will be taking the class next week and said, "There's always more to learn about this job, and taking this class will give me a break from the camp." Command Sgt. Maj. VanNatta expects, without a doubt, that all soldiers taking the course will pass the test.

**LEADERSHIP, from page 1.**

where the rubber meets the road ... you can't have the most powerful engine and the most advanced steering system without an alignment."

"The unit is the vehicle," continues Haddad, "and the components are the leadership and horsepower, which is derived from the soldiers in that unit. If the commander and first sergeant are not on the same sheet of music and do not have a really good working relationship, all the horsepower in the world won't get you two feet down the road."

"It's a team effort, because no one person - neither the commander nor the first sergeant - can do everything by themselves," says Capt. Jeffery Saren. "You cannot be successful unless you are of like mind and have a common purpose for the success of the unit."

Saren commands the 303rd Military Police Company and has plenty of experience working with his first sergeant to make the necessary changes in order to help his unit succeed. Guarding detainees inside Camp Delta, the troops of the 303rd have had to adapt to their current mission, shifting gears from their usual wartime mission to meet the needs of their mission here as part of the JTF. With the help of their command, these high-speed troops have risen to the challenge.

"We've adapted to whatever the mission is at hand," maintains Saren. "We are a combat support MP company. We do convoy security, area security, things like that ... [normally], we're up much closer to the front than we are here." Under their command's leadership, the 303rd met the new challenges. "We've refocused our training toward the mission-at-hand, versus what our actual wartime mission is."

Haddad believes that the leadership can prepare the troops to meet any and all challenges of the JTF through organization and appropriate response time. "These challenges are faced by way of prioritizing," he says, "and in some cases, putting out the fires that are burning rather than smoldering. We are soldiers,

and a lot is going to be asked of us. Our leaders' job is to accomplish the mission and in doing that, they will force down several tasks that we are required to perform - which sometimes may seem impossible, but that's why I wear the stripe and carry the diamond."

Coast Guard Maritime Safety and Secu-



*1st Sgt. Ronald England and Capt. Judith Brown work together to ensure that the day-to-day operations of the 438th MP Co. run smoothly.*

urity Team's Senior Chief Petty Officer William Allred emphasizes the importance of the leadership's direction. "Most of the time," he says, "we're looked to for counsel on issues within the unit. The command structure puts a lot of faith in our years of experience."

Capt. Judith Brown, commander of the 438th MP Co., believes that one of her responsibilities - along with that of her first sergeant - is ensuring an efficient working and living environment for the troops. And that means keeping on top of numerous quality of life issues, such as time-off.

She addresses some of the major con-

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***"If all it took was one person to make a solution for every problem, then we wouldn't need all of us to be down here, now would we?"***

*1st. Sgt. Scott Fielding, C Co., 2-116th Infantry*

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cerns by working with the 438th's first sergeant, 1st Sgt. Ronald England to maintain an effective environment. "We continue to try to talk to the soldiers, and we use the resources here on the island, as far as counseling ... We try to encourage soldiers to use their training and insight to help them

deal with the stress. And also, we make sure that we give the soldiers an opportunity for leave and passes, to give them a break."

Fielding also believes that providing adequate down-time is the best way to keep his troops motivated and productive. "I like the guys to get out ... make sure they have a couple of days down where they can go out what they want to do."

Keeping in contact with the troops is another important aspect, according to Fielding. "One of my big jobs is to stay out with the troops, be out there with them, where I can talk to them, feel their emotions, see how they felt about things, and give them solutions to some of their problems. We all have to work together."

"I work for them," comments Allred. "Oftentimes, I am their only contact with the outside world. I get them home if there's an emergency ... mainly, it's a matter of finding the right person to put them in touch with."

Ideally, every component works in conjunction to help the unit achieve its goals and accomplish its mission. And the unit's leadership - the commander and the first sergeant working side by side - oversees the operation, making the necessary adjustments so that things run smoothly. Good communication between the two and a mutual respect are essential to a successful relationship.

"The key," says Haddad, "is compromise and an understanding of each other's position. The commander makes the ultimate decision, although the first sergeant may not always agree ... The commander plans and the first sergeant executes, with support from his senior noncommissioned officers."

Fielding agrees, echoing Saren's earlier comments. "I've got some good senior NCOs and we sit down and we work together; we put our heads together and we come up with solutions. Because if all it took was one person to make a solution for every problem, then we wouldn't need all of us to be down here, now would we?"

# Adapting and overcoming in the JDOG

Story & photo by  
Sgt. Benari Poulten

What do you have to do around here to become a high-speed soldier working in the Joint Detention Operations Group? "Adapt and overcome," says Staff Sgt. Joseph Peck of the 438th Military Police Company. "It's a constantly changing environment here, so you always have to adapt ... you have to keep on your toes, you have to keep reviewing SOPs and just keep practicing and training."

Hailing from scenic Murray, Ky., Peck traded the banks of Kentucky Lake for the banks of the Caribbean to serve his country as a part of JTF Guantanamo. A 13-year veteran of the National Guard, Peck works with his MP company in the JDOG, providing security at Camp Delta.

Peck enjoys his work with the JDOG because of its diversity. He sees his work here as an excellent learning experience that has helped him to better prepare for the future. "I get to interact with other units, see how they do things," explains Peck. "Even though we're all 'one Army,' units all do things a little differently. So it's kind of good to take some of the ideas from some of the other units, as well as the other armed forces, like the Air Force and the Marines."

As a squad leader, Peck feels responsible to himself and to his troops to continue



Staff Sgt. Joseph Peck proudly stands in front of the 438th Military Police headquarters in Camp America.

striving for excellence. After this deployment, he plans on finishing his college education in order to excel in both his civilian and military careers.

A supervisor in his civilian life, he believes that more education will help him reach his full potential. "I want to finish my college degree," asserts Peck. "That's the one thing holding me back at my civilian job. And actually, it's kind of holding me back in my military job, because with the more college you have, the more promotion points you have and the faster you move up."

After he gains more knowledge, Peck would like to pass on what he has learned to others and help them achieve their goals. "Military-wise, I want to go to a training unit. I want to be an MP trainer. I just think I could better serve as a trainer. Take

some of my knowledge that I've learned over the last 13 years, and instill it into people who want to be MPs."

When he first signed up, active duty military was the last thing he wanted. "I always wanted to join the military and I figured out pretty young that I didn't want to go on active duty, but I wanted to do something with the military. So, I joined the National Guard when I was 17."

As the country began depending more and more upon its National Guard and Reserve components, Peck's unit went through a period of on-again/off-again status. "Our unit had been on alert for a couple of years, for different things, so we'd been close [to being activated]. It was kind of a relief to actually get activated and to actually do something."

Peck's family remains a little more worried about the dangers of a deployment, but Peck says his family remains proud of what he does. "They were apprehensive at first, but they're all right with it."

His biggest fan, however, just might be his girlfriend back home. "My girlfriend gives me a lot of support, she likes me being in the military. She likes to brag about it." After Peck's superb work here with the JDOG, his girlfriend will have a lot to brag about.

## JTF Health Source

### Targeting Tobacco

Submitted by Army Lt. Col. Robert Stewart  
85th Medical Detachment Combat Stress Control

*Part two of a two-part series*

Despite warnings that smoking may be hazardous to your overall health (not to mention your wallet), millions of Americans continue to "light up." Most smokers will tell you that they have attempted to quit at some point in their lives. The difficulty is, nicotine is both physically and psychologically addictive. Experts contend that physiological cravings typically cease within 14 days. It's the psychological addiction that most often proves the more difficult to overcome.

The U.S. Army for Health Prevention and Preventive Medicine (USACHPPM) lists a number of tips for quitting. Some tips include: mental preparation, and recognizing and avoiding tempting situations. These situations are numerous and everywhere, so

recognizing them as being associated with smoking is critical. USACHPPM advises use of the 4 "D's" to help smokers fight a craving:

- Delay - as in waiting when the urge to smoke hits
- Deep breathing - relaxing breathing from the abdomen
- Drinking water - or sports drinks (other than beer)
- Doing something - other than smoking

Quitting smoking is tough for almost everyone. There are a number of steps you can take to ease the burden, as noted above. So, if you really want to quit smoking - again - please contact Lt. Cmdr. Gallagher at 7-2944 to inquire about the dates of the next Smoking Cessation classes, or call 3566, or stop by the 85th Combat Stress Control team at Camp America building A3206. A Tobacco Facilitator Training Course will be held the week of June 2. If you're an ex-smoker who would like to help others attempting to quit, please contact Karen Perin at 7-2944 for more details.

# More fast food chains come to GTMO ...

Story and photo by  
Spc. Jared C. Mulloy

Thanks to an initiative by Guantanamo Bay's MWR staff, and JTF personnel increasing the Guantanamo consumer population, a few new restaurants will soon be opening.

According to JTF CSM George Nieves, the three new restaurants are Kentucky Fried Chicken, Pizza Hut, and A&W Restaurant.

KFC and A&W will be replacing the Rusty Anchor at the Bowling Alley. The two restaurants are just like those you might see in a typical shopping mall food



MWR employees unwrap new signs for the KFC, Pizza Hut and A&W restaurants.

court back home.

Pizza Hut will be located in the Windjammer and yes, they will deliver. "It'll be great to have some more choices of where and what to eat," says Airman 1st Class Rachel Cover.

Nieves says the restaurants are expected to open on June 10 and the MWR staff is working very diligently to meet their deadline.

"We want to taste the first piece of chicken that comes out of here," exclaims MWR employee Desmond Foster over busy sounds of construction.

Nieves added, "I can't wait to have some breadsticks from Pizza Hut."

## Menu preview ...

### A&W Restaurant

- At least 10 different types of burgers
- Hot dogs, Chili Dogs, and Chili Cheese Dogs
- Four types of "All American Fries"
- And lots of A&W Root Beer Floats

### Kentucky Fried Chicken

- Colonel's Crispy Strips
- Various Chicken Sandwiches
- Cole slaw, potato wedges, baked beans etc.
- Chicken, chicken and more chicken

### Pizza Hut

- Personal Pizzas
- BBQ Chicken Wings
- Bread Sticks
- And much more ready for delivery!

# ... but Seaside Galley sets highest standards

Story and photo by  
Spc. George Allen

There's a new addition to the Wire this week - next week's Seaside Galley specials.

Each week, specials will be posted in the Wire, care of Chief Warrant Officer James D. Kluck, JTF Food Service Officer.

"The flier in the paper is an easy way to advertise," said Kluck. Seaside Galley is "the JTF galley, and we want to promote that and encourage folks to come out and participate in all the things we have there."

The flier will list the weekly 'special meal' and grill-out. "The current contractor does a special meal each week. We had prime rib last Friday, a country meal the week before that, shrimp and seafood ... as a change of pace," said Kluck.

Upcoming special meals include 'Surf and Turf' on June 10, Tex Mex June 18,



Cpl. Michael Bullock (left) and 2nd Lt. James Childers (right) get lunch at the Seaside Galley.

and German Night June 28. Kluck added that a baked potato and taco bar will be coming in the not so distant future.

The other weekly change-up is the 'grillouts' at the outside barbeque. It serves

two purposes - troops get freshly grilled steaks and hamburgers, and the grill-out 'sponsors' get to interact with troops at Camp America. "The Command Section helped us kick this off six weeks ago. The commander, the deputy commander, chief of staff, and the command sergeant major were all out to help kick this off. It's a great way for headquarters and staff sections to interact with other troops and units."

Other JTF staff members will have their opportunity to serve up JTF service members in the future. Any unit that wants to sponsor a 'grill-out' can contact Chief Warrant Officer Kluck at 5260.

# Remembering the fallen heroes on Memorial Day

Story and photo by  
Spc. George Allen

JTF Guantanamo gathered at Cuzco Cemetery to honor America's fallen service members on Monday.

JTF troops gathered both in formation and as spectators, along with NAVBASE personnel and Guantanamo Bay community members. After a joint-service color guard posted the colors to half-mast, the Marine Corps Security Force gave a 21-gun salute, followed by taps.

"Memorial Day is a time that we can reflect on the past and all of our fallen soldiers, airmen, sailors, and Marines, that sacrificed so much to this country, and what we're doing right now," said Airman 1st Class Omar Phillips, J3. Airman 1st Class Shawn Gibson, Transportation, added, "This day gives people time to reflect on what the military does, not only for our country, but for freedom in other countries as well."

"I felt honor," said Spc. William Gray, J-6, who carried the Army flag during the ceremony, "because I got to represent the armed services and the United States Army by holding this flag, while honoring our



JTF and NAVBASE color guard raise the colors to half mast on Memorial Day.

nation's fallen ... I think Memorial Day is special, because you get to honor the troops who have fallen, and recognize them for the things they've done for their country to make it a better place."

During the ceremony, MG Geoffrey D. Miller, JTF Guantanamo Commander, gave a speech honoring our nation's fallen, and calling troops to reaffirm their commitment to winning the Global War on Ter-

rorism. "We are actively combatting that war from this small piece of land on the edge of Cuba ... America keeps track of her sacrifices by the number of troopers who have lost their lives," said Miller. "At Guantanamo Bay, the sacrifices our troopers are making are counted in lives saved, not lost, by attacking terrorism at its roots."

After the Memorial Day ceremony, Marine Corps Capt. William Elliott, Commander, Marine Corps Security Force Company, gave a brief history of the battle of Cuzco Wells. There will be a tour of the battlefield on June 14 where Capt. Elliott will give an in-depth guided tour of the area, telling the stories of how the base was taken, how medals of honor were earned, and how the base kept its water supply despite Cuban efforts to dry us out.

During the Battle of Cuzco Wells, between 500 and 800 Spanish troops were defeated by a few hundred American Marines. It was the first time a battalion of Marine Corps infantry was formed. At the time, Congress was doubting the necessity of the Marine Corps, but their amphibious assault on Guantanamo Bay ensured the Marine Corps' continued existence.

## Man on the Street

Compiled by Spc. Delaney Jackson and Spc. Mark Leone

This week's question:

**What makes a first sergeant or company commander an effective leader?**



Spc. Michael Baez,  
240th MP Co.

"Understanding the troops, getting to know them and knowing the needs of the company; knowing what the strengths and weaknesses are of every soldier helps them to make better decisions."



Army Sgt. Bill Duke,  
438th MP Co.

"Finding problems that need to be fixed and fixing them, they need to be proactive and not reactive."



Spc William Thompson  
132nd MP Co.

"A first sergeant should be able to relay information to the troops, have them prepared so each day they'll know their tasks at hand."



Spc. Jeff Marshat  
344th MP Co.

"Being able to listen to their troops, then doing the best they can to accommodate their concerns."



Army Sgt. Tynnetta  
Qawwee 303rd MP Co.

"They have to have the ability to stand up for the welfare and well-being of their troops; be able to get their troops the things they need to perform their jobs."

# Chaplain's Corner

## A mighty fortress

By CH (LTC) Herb Heavner  
JTF Guantanamo  
Command Chaplain

There is a very old scripture that continues to be used today in many ways. The scripture says, "The Lord has become my fortress, And my God the rock in whom I take refuge." Fortress is a word that means a place of protection or a place of security. The author describes God as his fortress, the place where he could find protection and security. That fortress described in this context was also considered to be a place of refuge, where the author could find strength and additional security during or immediately following a battle.

It is a little hard for us in the 21st century to understand this concept of fortress. In the Army we can begin to understand the concept a little because we are taught to establish fighting positions and foxholes designed to provide protection. When the day's (or night's) work is completed we return to our "hooches" and find some degree of refuge from the challenges of the day. As the hurricane season progresses here hopefully we will not experience any storm close up; however, if that does happen then some of us might have to find a fortress to keep us safe from the advancing wind and rising tide. That fortress would become our refuge in the time of storm.

I believe that the concept of fortress extends far beyond the physical. We face issues everyday that create havoc in the mind and distress in the soul. Soldiers come to me daily searching for answers

on how to find peace in the midst of the rough waters in their lives. Individuals approach me with issues that would literally blow you away if you had to personally deal with them. To many of those who come to see me there does not seem to be any answer at all to the dilemmas they face. It is no wonder that so many suffer so much with insomnia, bad dreams, or other physical phenomenon, which are created by circumstances around us. Left alone those individuals might not survive. Left alone those problems may very easily escalate until they seem totally unsolvable. Without some refuge place, some fortress there would be only chaos and fear.

Fortunately, there is a fortress to which we can go for security. Thankfully, there is a refuge that we can discover that will provide protection, even in the worst of storms. That place is near to the presence of Almighty God Himself. He is our fortress! He is our refuge! He is our Rock! No matter the problem, no matter the velocity of the storm - there is security and protection near to God the rock! You may be looking at some extremely challenging problems with which to deal in a few weeks when you return home. God the Rock will give you stability. You may have to face traumatic change that would "rock your boat." God the Refuge place will keep you secure. You may think that the enemy is about to take over your life. God the Fortress will protect you. All you have to do is call on Him and He will respond. He will come to you and He will provide whatever level of strength and security that you need. Go to Him today!

## JTF ministry needs voices and keyboardist

The JTF Unit Ministry Team is looking for additional volunteers to help in the music program that is so much a part of the weekly worship.

JTF can always use extra choir voices in the general Protestant Worship service every Sunday. The only requirement is a love for God and a willingness to serve (and the ability to carry a tune helps).

In addition, another keyboardist is needed who can assist on Sunday morning. This person must be able to read music and skillfully play Protestant worship hymns.

There is one great piano player now from South Carolina, but JTF could use this additional help. Contact the Command Chaplain's office at 3202 or 3203.

## Worship Services

### Catholic

#### Main Chapel

Daily	6:30 a.m.	Mass Cobre Chapel
Wed.	5 p.m.	R.C.I.A. Cobre Chapel
Fri.	5 p.m.	Rosary
Sat.	4:30 p.m.	Confession
	5:30 p.m.	Mass
Sun.	9 a.m.	Mass
	11 a.m.	Mass (Sanctuary B)

#### Camp America

Sun.	5 p.m.	Mass Wooden Chapel
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### Protestant

#### Main Chapel

Mon.	7 p.m.	Prayer Group Fellowship*
Wed.	7 p.m.	Men's Bible Study*
	7 p.m.	Spanish Group 390-Even's Pt
Thurs.	6:30 p.m.	Home Group Nob Hill 5B
	7:15 p.m.	Youth 7-12 Fellowship*
Sun.	6:30 a.m.	Praise and Worship Service
	9:30 a.m.	Sunday School
	11 a.m.	Service/Sunday School
	5 p.m.	Bible Study*

\* Fellowship Hall located in Chapel Complex

#### Camp America

Wed.	7 p.m.	Service
Sun.	9 a.m.	Service White Tent
	7 p.m.	Service Wooden Chapel

### Church of Jesus Christ of Latter

#### Day Saints

Sun.	9 a.m.	Sanctuary A
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#### Islamic

Fri.	1 p.m.	Classroom 12 ChapelComplex
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#### Jewish

Fri.	8 p.m.	Fellowship Hall
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#### Camp America Church Bus schedule:

Sun.	8 a.m.	Windward Loop
	8:15 a.m.	Tierra Kay

The bus will return immediately following worship.

## RECREATION & LEISURE

# Theme parks honor troops

Story by Spc. George Allen

When JTF troops rotate home and return to their families, there will be several opportunities for fun awaiting them.

Disney, Universal Studios, and Anheuser Busch are providing free tickets to their theme parks for military personnel. Details of each company's offer vary, but may be found on the JTF website at <http://www.nsgtmo.navy.mil/jtfgtmo/mwr.html>.

These offers also include reduced price tickets for friends and family.

## Soldier Show coming to an amphitheater near you

By Sgt. Bob Mitchell

A new group of elite soldiers is headed to Guantanamo Bay this week. Their mission: to get the troops fired up. Who are these hand picked soldiers who have to get into a theater of operations and back out in a minimal amount of time? They are the men and women of the U.S. Army Soldier Show.

The Soldier Show, as it is called, is a high-energy MTV-style 90-minute musical review. This live production features the talents of active duty soldiers from throughout the Army. The group has been entertaining military audiences at installations across the United States, and will stop here at Guantanamo Bay on Thursday, June 5. The live performance takes center stage at the Downtown Lyceum Amphitheater beginning at 8 p.m.

These amateur artists, who have a passion for dance, music and performing, were selected through auditions that were held Army-wide. The

They require proof of service at the time of purchase – a military ID or in some cases orders showing that you served on Active Duty.

"As long as a reservist can demonstrate proof of an active duty assignment during the eligibility period – Sept. 1, 2002 to Dec. 19, 2003 – he or she will be able to take advantage of Disney's offer," said David Brady of Walt Disney World Media Relations.

Other offers include discounts at hotels, airlines, and Hard Rock Café's.



photo by Douglas Ide

1st Lt. Angel Stone of Fort Lee, Va., works a group of "sugar daddies" in the "Diamond are a Girl's Best Friend" production number from the 2002 U.S. Army Soldier Show.

troupe includes soldiers from virtually every career field.

Like most soldiers, these troops have to be versatile. They have to memorize up to 40 songs from a variety of styles that includes Broadway tunes, movie themes, patriotic songs, current country, rap, R & B. rock chart toppers, oldies, and soul.

There will be only one performance of the Soldier Show. A "no cooler" policy will be in effect.

## Movie Schedule

### Camp Bulkeley

#### Fri., May 30

8 p.m. *Godzilla 2000*  
PG - 97 min

10 p.m. *The Beach*  
R - 119 min

#### Sat., May 31

8 p.m. *Blade Runner*  
R - 117 min

10 p.m. *Art of War*  
R - 117 min

#### Sun., June 1

8 p.m. *Erin Brokovich*  
R - 131 min

#### Mon., June 2

8 p.m. *Boiler Room*  
R - 119 min

#### Tues., June 3

8 p.m. *Broken Arrow*  
R - 108 min

#### Wed., June 4

8 p.m. *Big Momma's House*  
PG13 - 99 min

#### Thurs., June 5

8 p.m. *3000 Miles to Graceland*  
R - 118 min

### Downtown Lyceum

#### Fri., May 30

8 p.m. *The Matrix Reloaded*  
R - 138 min

10 p.m. *Head of State*  
PG13 - 95 min

#### Sat., May 31

8 p.m. *Piglet's Big Movie*  
G - 75 min

10 p.m. *Daddy Day Care*  
PG - 94 min

#### Sun., June 1

8 p.m. *The Matrix Reloaded*  
R - 138 min

#### Mon., June 2

8 p.m. *The Core*  
PG13 - 137 min

#### Tues., June 3

8 p.m. *Basic*  
R - 99 min

#### Wed., June 4

8 p.m. *A Man Apart*  
R - 109 min

#### Thurs., June 5

No movies will be shown tonight

### You have questions. They have answers.

MG Miller and CSM Nieves answer your questions on the "JTF-Forum," the JTF's bi-weekly, live call-in radio talk show!

Sound off with your questions and concerns!

Tune in to FM 103.1, "The Blitz," Wednesday, June 4, between the hours of 5 p.m and 6 p.m to hear what all the fuss is about. Call in to the "JTF-Forum" at 2300 and 2351 and get the answers you want!

## Spring Bowling Leagues

Sign-up teams or individual participants for Spring Bowling League.

Call 2118 to sign up

## NATIONAL SPORTS

## On the Mark !!! Sports Highlights

*LeBron: Brilliant or bust?*

photo by Spc. Delaney Jackson

Sports commentary by  
Spc. Mark Leone  
[leonema@JTFGTMO.southcom.mil](mailto:leonema@JTFGTMO.southcom.mil)

The ping-pong balls of the National Basketball Association Lottery bounced just right for the Cleveland Cavaliers on May 22. High school All-American LeBron James will be going to his hometown team as the number one pick in the 2003 NBA Entry Draft. King James is indeed being treated like a king and he hasn't even graduated high school yet. He signed a \$90 million contract with Nike, which is more than Tiger Woods got initially when he went pro. He also signed a five-year contract with trading card powerhouse Upper Deck worth a million a year with a million dollar signing bonus. It would take a person working for minimum wage 8,000 some odd years to reach the amount of money he made in two days. LeBron, thus far, has accomplished more in 17 years than most of us will in a lifetime.

King James is expected to resurrect the Cavs by bringing them out of the professional basketball basement and filling the seats of Gund Arena that averaged just under 11,000 fans per game last season. In less than 24 hours, James transformed the normally serene Gund Arena, one of the NBA's emptiest and quietest venues, into the hottest spot in town. By 5 p.m. the day after the lottery, Cavaliers spokesman Tad Carper said the club had sold hundreds of season ticket packages on what he described as the best sales day since the Gund opened in 1994.

Well, LeBron has already fulfilled one of the Cavaliers' expectations, but is too much being placed on the 17-year old's shoulders? All of Cleveland is hoping that he is their "Michael Jordan" and he has yet to play a single professional game! LeBron has all the skills to be the game's next great player. He definitely has the money, but can he handle the pressure that comes along with all the fame?

"(LeBron James) is a little like the character Neo in the movie 'The Matrix.' There are a bunch of people who think he is The One." — Rick Burton, executive director of the Warsaw Sports Marketing Center at the University of Oregon, in the Los Angeles Times.

Summary by Spc. Mark Leone

The "300" patch on Roger Clemens' glove turned out to be a little premature. No celebration at Yankee Stadium on Monday. In fact, things started going badly for the Rocket even before his first fastball. Clemens' initial bid at the milestone victory became a bust when the **Boston Red Sox** beat the **Yankees** 8-4, sending New York to its eighth straight home loss and boosting the Sox lead to 2.5 games.

Patrick Roy has won more games than any goalie in **National Hockey League** history. Apparently, 551 is enough. Two media outlets are reporting Roy, 37, has decided to retire after 18 seasons. The **Avalanche** called a news conference on Wednesday to "make a special announcement regarding (Roy's) hockey career."

Thirteen-year-old soccer prodigy Freddy Adu agreed to a \$1 million contract with Nike, The Washington Post reported Monday. Adu, already an offensive star on the U.S. under-17 national team, also has agreed to be represented by SportsNet, LLC. The agreement comes less than a week after Nike signed high school phenom LeBron James, the expected number one pick in the upcoming **NBA** draft, to an endorsement contract worth more than \$90 million.

**Tennessee Titans'** quarterback Steve McNair apologized Thursday for his arrest hours earlier on charges of drunken driving and illegal possession of a handgun.

*Sports highlights compiled from Yahoo! News.com., Boston.com, NHL.com and ESPN.com.*

## Head to head ...

*How will LeBron James do during his NBA career?*

Sgt. 1st Class Brian  
Conklin 303rd MP  
Company Training  
and Operations  
NCO

I believe LeBron James will do very well in the National Basketball Association, although I think it will take two or three years for him to learn the professional game and better establish himself as a player. I do not believe he should be going into the NBA straight out of high school. I think all athletes should go to college first so they can receive an education and mature as a person.



Pvt. Ardie Hudson  
785th MP Battalion

I think that LeBron James is going to do well in the National Basketball Association. Although he's very young, he's a brilliant player. I like him a lot.

The NBA will be a whole new world for him. I think he'll progress as the years go on. He won't be any Michael Jordan, but as he gains experience, he could become an elite player.

## JTF SPORTS &amp; FITNESS

## Stepping it up in Guantanamo Bay

Story and photo by  
Spc. Alan L. Knesek

Looking for a low impact high energy level workout? Step aerobics might be just the workout you're looking for. Step aerobics is a low impact exercise combining dance moves with kicks and jumping.

Dasha Gariepy teaches the interval step aerobics class and starts the work-out with basic floor exercises followed by 20 minutes of stepping. The weights are brought out next and incorporated into the exercises. Abs, thighs and gluteus muscles are also worked during her class.

"It is a lot of fun ... I can do anything I want ... and we all motivate each other to do the workout," said Gariepy.

According to Gariepy, this exercise can



(right) Step aerobics instructor Dasha Gariepy keeps the class going with a few kicks thrown into the routine while Lu Charboneau (far left) keeps up during Tuesday mornings class at the Marine Hill facilities.

build muscle, and increases strength and endurance. With everything incorporated, stretching, weights and the constant aerobic exercise, step aerobics is a fun and effective way to get in shape.

Gariepy's class averages from one to nine people during both her day and night classes. Every morning the classes are held from 8:30 a.m. to 9 a.m. and every Monday, Wednesday, and Friday from 5 p.m. to 6 p.m. There is also a Saturday class from 3 p.m. to 4 p.m. Anyone can participate, and all classes are held at the Marine Hill MWR/Fitness building, next to the Liberty Center.

For those JTF service members looking for another way to get and stay in shape while at Guantanamo Bay, Cuba, this workout builds strength, endurance and balance.

If anyone is interested in becoming an instructor for the class should see Gariepy for more information or contact the G.J. Denich Gym at 2193.

## Captain's Cup; Security wins 9 to 5



Navy Petty Officer 1st Class Chris Glover sends the ball flying during Tuesday nights championship game against PWD.

Story and photo by  
Spc. Alan L. Knesek

Softball season has quietly come to an end. After the double elimination playoff season, three teams remained, and only one team came out with the Captain's Cup, Security.

The Security team was unstoppable, going unchallenged and advancing into the final round of playoff games after shutting down the 303rd MP Co. in the first round, the Hospital team in the second round, and PWD (Public Works Department) in the third round.

The 303rd MP Co. climbed their way out of the second bracket to become one of the top teams with a playoff record of three wins and one loss, sending W.T. Sampson, NAVSTA and the Hospital team back to the locker rooms after a first round loss to the Security team.

PWD made their way to the third round after defeating the 344th MP Co. in round one and NAVSTA in round two. They were shut down in the third round by the Security team, sending them into the second bracket to face the 303rd MP Co. in one last game before the championship.

PWD defeated the 303rd MP Co., sending them home with a final score of 16 to 10, but the time for the celebrating hadn't come yet. PWD advanced into the final round where the Security team awaited their arrival. After losing to Security in round three of the playoff season this game was sure to test the skills of the PWD. Security team's perfect record was defended when they defeated PWD with a final score of 9 to 5 making Security the Men's Captain's Cup Softball Champions.

## Shotokan Karate hits the streets

Story by Spc. Alan L. Knesek

A new Shotokan Karate martial arts class will soon be offered to JTF service members and NAVBASE personnel. The instructor, Caesar Garcia, is a fourth degree black belt in Shotokan Karate and a second degree black belt in Jujitsu. His background in martial arts extends through 30 years and several different martial arts styles.

The class he will be teaching will be Shotokan Karate with Jujitsu applications and will be open to all Guantanamo residents above the age of 14.

The class will be tentatively held every Tuesday and Thursday from 6:30 p.m. to 7:30 p.m.

The class will include full contact and equipment can be purchased once the student joins. Fees for the class are not yet determined, but the plan is that troops E-4 and below will be free.

If you hold a black belt in any traditional Karate style and are interested in training and/or teaching, call 7482 for more information.

# 15 Minutes of Fame...

with Staff Sgt. James Foley  
132nd Military Police Company

## Mission first, soldiers always ( fishing a close third)

Interview and photo by  
Sgt. Dan Johnson

*Staff Sgt. James Foley of the 132nd Military Police Company out of Columbia, S.C., plays an integral role as the supply sergeant. Foley, who also calls Columbia, S.C., home, works closely with his company's leadership and has aspirations to one day become a first sergeant.*

**Q: What is your job for the JTF?**

**A:** I support the 132nd MP Company's logistical needs. Whether it's supplying Gatorade, replacing torn uniforms, providing training aids, or helping them conduct their missions in Camp Delta.

**Q: What made you want to join the Army?**

**A:** Money for college, but then it went beyond that. I spent almost seven years on active duty, ETSed (Ended Term of Service) in 1999, joined the S.C. National Guard, and three months later I was Active Guard and Reserve (AGR) and had no break in service.

**Q: What do you like about being in the military?**

**A:** Being technically proficient with a job. I know I can do the same thing on the outside [civilian sector] and probably make more money, but I like being in charge and taking care of a lot of people. Over a hundred people depend on me to get certain things like uniforms, vehicles, fuel, and food.

**Q: Where did you learn your leadership style?**

**A:** It took until my seventh year in the military for me to find it. I learned it from my mentor, a former first sergeant of mine, Roger Shelley (retired). He taught me about supervisory skills and leadership. He always had the moral courage to do what was right in any situation. He'd do any-



*Staff Sgt. James Foley of the 132nd MP Co. is getting brand new boots ready for the feet of the South Carolina National Guard's finest.*

thing to help anybody, and I try to emulate that.

**Q: Where do you see yourself in the Army in four to five years?**

**A:** I hope to be a first sergeant. I want to make a difference. As an E-6, I take care of a lot of soldiers' basic needs. As a first sergeant, I would be able to help platoon sergeants keep their soldiers ready and pointed in the right direction.

**Q: What do you feel makes a good first sergeant?**

**A:** A good first sergeant has a genuine concern for the individual soldiers' needs. A first sergeant helps assure good communication up and down the chain of command ... making sure the right information gets to the right people at the right time. First sergeants have high energy, work efficiently, and know where to get answers for their subordinates.

**Q: What do you get out of working for the JTF on the frontline of the War on Terror?**

**A:** It's a great experience. You hear a lot about it, but until you're here and see that it's not just people from Afghanistan, it's people from all over the world. It's very serious, but I'm glad I'm here. It's a really good feeling knowing my family's safer at home.

**Q: What sort of things do you do in your spare time?**

**A:** I run four times a week and I also take classes on Tuesdays and Thursdays. When I'm relaxing, I love to fish...it doesn't matter with who. If they'll let me go, I'll go!

**Q: How do you stay in touch with your family?**

**A:** I call my wife a couple of times a week, but Internet is the best thing the JTF could have done. More computers at Tierra Kay ... thumbs up! Webcams ... even better! It's not the same as being able to talk to someone face-to-face, but I get to see my family.

**Q: How do you think this deployment has impacted you?**

**A:** It's not bad. Nobody held my hand up for me, I knew this could happen. My biggest concern is my family. I'm making good money and providing for my family, but if I got sent somewhere else, I feel I'd be making a contribution there too. I feel safe with our Army.