

THE OFFICIAL PUBLICATION OF JOINT TASK FORCE GUANTANAMO

# THE WIRE

July 15, 2016



PHOTO STORY

**BEEF CHANGE OF  
COMMAND CEREMONY**

**MILITARY POLICE  
COMPETITORS COMPETITION**

**READ FOR THE WIN**

**DAY IN THE LIFE  
OF A JOINT TROOP CLINIC MEDIC**

**VOLUNTEER CAPTAINS,  
NIGHT FISHING**

**CHAPLAIN'S CORNER:  
LITTLE THINGS MATTER**



## LEADERSHIP / CHAPLAIN

Joint Task Force Guantanamo U.S. Army 1st Sgt. Grant Burch says leadership is a part of what you do; U.S. Army Chaplain (Capt.) Ronnie Dettmer encourages Troopers to remember little things matter.

## GTMO NEWS

The Joint Troop Clinic on Joint Task Force Guantanamo makes sure Troopers maintain good health, so they can accomplish the mission.

## FEATURE

Twenty-nine Joint Task Force Guantanamo Troopers compete for the opportunity to represent their battalion at Fort Leonard Wood, Missouri later this year in the Military Police Competitors Competition.

## PHOTO STORY

Base Engineer Emergency Force 18 prepares to leave U.S. Naval Station Guantanamo Bay, Cuba, and welcomes BEEF 19 to Joint Task Force Guantanamo July 12 at the JTF GTMO Trooper Chapel.

## JSMART & HEALTH

The Joint Stress Mitigation and Restoration Team explains group thinking and the importance of doing the right thing while in groups.

## SPORTS

*Grave Diggers* receive the Morale, Welfare & Recreation volleyball championship trophy, July 6, defeating *Renegades* in G. J. Denich Gym; *Confusions* lose to *Article 112*, July 7, in flag football, 14-9.

# MOTIVATORS OF THE WEEK

**COAST GUARD PETTY OFFICER  
2ND CLASS JAY TACKER**

**ARMY CPL  
LUIS DIAZ-CRUZ**

## COVER PHOTO CAPTION

U.S. Air Force Lt. Col. Ivan Acosta, commander of the 474th Expeditionary Civil Engineer Squadron Base Engineer Emergency Force 19, prepares to accept the guidon from his first sergeant during the change of command ceremony, July 12 at the Trooper Chapel on U.S. Naval Station Guantanamo Bay, Cuba.

## DON'T SEND WORK RELATED MATERIAL TO PERSONAL EMAIL ACCOUNTS

Free email accounts are a great thing to have when used properly. Have you ever wondered why they are free? Those companies make money by signing up as many people as possible, and don't provide secure email. Other companies spend millions of dollars to thwart hackers; do you think those free email websites do? Don't send sensitive or work-related material via personal email accounts because they are not secure. Use operations security.

The Wire is an authorized publication for members of the Department of Defense. It is produced by the Joint Task Force Public Affairs Office to inform and educate the Troopers of Joint Task Force Guantanamo. The contents of The Wire are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the U.S. Army, Air Force, Navy, Marines or Coast Guard. The editorial content of this publication is the responsibility of the Joint Task Force Guantanamo Bay Public Affairs Office. The Wire is printed weekly by the Defense Logistics Agency Document Services with a circulation of 1,035. It is distributed free to all personnel assigned to the Joint Task Force and is published online.

 / jointtaskforceguantanamo

 / Photos / jftgtmo

 @ jftgtmo

 / jftgtmo

## COMMAND STAFF

Commander / **NAVY REAR ADM.  
PETER J. CLARKE**

Deputy Commander / **AIR FORCE BRIG.  
GEN. JEFFREY W.  
BURKETT**

Command Sgt. Maj. / **ARMY COMMAND  
SGT. MAJ. MICHAEL  
L. COSPER**

Office of Public Affairs Director / **NAVY CAPT.  
JOHN FILOSTRAT**

Deputy Director / **AIR FORCE MAJ.  
JEAN DUGGAN**

Command Information Officer / **ARMY CAPT.  
HAROLD WILLIAMS**

## PUB. STAFF

Senior Editor/ **SGT. 1ST CLASS  
JOHN A. WADERKER**

Senior Assoc. Editor & DV Photographer/ **ARMY SGT.  
SHANNON S. BALL**

Editorial Designer & Photo Editor / **ARMY STAFF SGT.  
JESS A. WILLIAMS**

Photojournalist & DA Photographer / **ARMY STAFF SGT.  
MATHIEU A. PERRY**

Photojournalist & Sports Editor / **ARMY SGT.  
MATTHEW J.J.  
TARPLEY**

Photojournalist / **ARMY SGT.  
SARAH E. KIRBY**

Broadcast Journalist / **ARMY SGT.  
MISTY FRANCIS**

Photojournalist & Historian / **ARMY SGT.  
CHELSEA R. GARCIA**

Photojournalist / **ARMY PFC.  
LAUREN OGBURN**

## COVER PHOTO BY

**ARMY SGT. SHANNON BALL**



**VOLUME 19: ISSUE 17**

Media Operations Center 1, Camp Justice  
Guantanamo Bay, Cuba  
Commercial: 011-5399-5030  
DSN: 660-5030

email: [thewire@jftgtmo.southcom.mil](mailto:thewire@jftgtmo.southcom.mil)  
[www.jftgtmo.southcom.mil/wire/wire.html](http://www.jftgtmo.southcom.mil/wire/wire.html)

# LEADERSHIP IS DELIBERATE AND REFLECTIVE



“Just putting on rank will not make you leaders, it will merely make you Soldiers wearing rank.”

Eventually, every one of you will step into an environment of leadership. Leadership is everywhere people are located, and the military’s most valuable asset is its people. Leadership is the element that converts the potential energy of our formations into mission

accomplishment. Without quality leadership, the mission will fail.

Unfortunately, some think merely wearing higher rank makes them leaders and magically bestows upon them the leadership talent required for success. In reality, leadership is so much more than wearing rank and issuing orders. It develops over a long journey of rigorous study, reflection and hard-fought experiences. Leadership growth does not happen passively, as no one drifts into leadership excellence – you must strive to understand what leadership is truly about. The everyday experience of a capable leader is deliberate and learning takes place every day. If you run into obstacles during your military career and fail at something, don’t let that single incident define you as a leader. That experience is part of a process; you will grow from it and become a better leader for others to follow.

Take time daily to reflect on

leadership and improving your future ability to exert positive influence on those you lead. Actively note the behavior of others you wish to model and even those you don’t. Always remember the good things from past leaders and make them your own, and never forget the bad leadership experiences so as to never impose that upon your Troopers.

If possible, have at least one conversation per day that surpasses the mundane and include words like integrity, honor, influence, discipline, character, initiative, fairness, responsibility, excellence, growth, failure, ethics, perseverance, trust, expectation, duty, effectiveness, inspiration and humility. Why? Because this is the language of leaders and it’s tough to use these words in conversation without learning something meaningful.

Finally, get your leadership radar up. You should engage yourself with all aspects of leadership

in your life, and focus on providing quality leadership. Troopers want good leadership and will do amazing things when given the opportunity. Good leadership talent is tough to acquire, harder to implement and always changing. As such, your leadership experiences today will prepare you for the challenges that await tomorrow.

“Leadership is solving problems. The day Soldiers stop bringing you their problems is the day you have stopped leading them. They have either lost confidence that you can help or concluded you do not care. Either case is a failure of leadership.” – U.S. Army Gen. Colin Powell

Article by  
**ARMY FIRST SGT.  
GRANT BURTCH**  
JTF GTMO

## CHAPLAIN’S CORNER - LITTLE THINGS MATTER

**I**n everything we do, from our jobs to family back home, the little things matter.

On Guantanamo Bay, life can become like the movie *Ground Hog Day* if you let it. Just like in the movie, every day is another opportunity for us to make a change and do better. It doesn’t matter if we have a desk job or work shifts, after a few months it all becomes routine. Once it becomes routine, we start to lose focus on the small things and focus more on just completing the mission. It’s important to know the big picture, why we are here, what we are doing, and what’s going on back home, but the small things have such a big impact on everything we do.

Starting with our current assignment: How many of us started out making sure our uniforms looked good and haircuts were sharp; we showed up to work 15 minutes early and were actually excited or at least looked forward to learning what this place is all about? Almost everyone I talk with had some sort

of excitement and intrigue about the new assignment here when they arrived. After a couple of months, not so much. We start to lose track of the little things; uniform appearance starts to slip, we wait a little longer between haircuts, we start arriving just in time and stop learning. We think we know enough, have it under control and get content.

The same thing happens with our families back home. When we first arrive, we go out of our way to get to the Morale, Welfare & Recreation centers just to video chat, text or email our friends and family every moment we can. Then, over time, as we lose the little things on our duty assignments, it seems to bleed over to our personal lives. Slowly, the amount of time we spend talking to those back home starts to decrease. With less and less to talk about, we justify it with comments like, “There’s nothing new to talk about,” or “It’s just the same old thing.” The conversations turn from loving comments to a business arrangement, “Did you pay the bills?,” or arguments

about who is spending all the money.

Scripture tells us, “If you are faithful in little things, you will be faithful in large ones. But if you are dishonest in little things, you won’t be honest with greater responsibilities” (Luke 16:10 New Life Translation). We need to take pride in ourselves and our assignments, pay attention to the little things and make the most out of this deployment. Most importantly, stay connected with friends and family back home. Tell them how much we miss them, what a good job they’re doing, how proud of them we are. Take five minutes and write a letter, send flowers, don’t forget birthdays, anniversaries, graduations or any other holiday or important date. Remember, it’s the little things we do that make the biggest impacts in our lives here and back home.

Article by  
**ARMY CAPT. RONNIE DETTMER**  
JTF GTMO Chaplain

# DAY IN THE LIFE OF A JOINT TROOP CLINIC MEDIC

From coughs and colds to sports injuries, the Joint Troop Clinic treats Joint Task Force Guantanamo Troopers to ensure great health and maximum performance.

The JTC provides care for approximately 150 to 200 JTF GTMO Troopers each week during sick call or appointments, and the U.S. Army Combat Medics and U.S. Navy Hospital Corpsmen working there make a huge contribution to the operation, said the noncommissioned officer-in-charge of the JTC.

He describes the JTC as a type of urgent care clinic and a liaison between the Troopers and the U.S. Naval Hospital on U.S. Naval Station Guantanamo Bay, Cuba. The JTC refers Troopers to the hospital if they cannot provide the care a Trooper needs.

“Whether we are in the field or if they’re coming in here for sick call or appointments we’re kind of their first and last line of defense,” he said. “We’ve got probably the most critical mission of all – we take care of other Troopers.”

JTC medics and corpsmen do various tasks such as take vital signs, screen patients for the providers, give yearly vaccinations and even conduct suture procedures.

The JTC not only provides acute care during sick call hours, but it also provides long-term care with providers on staff, said a JTC medic.

“We ensure that Troopers maintain optimum health,” she said. “They’re able to come

in and get their appointments taken care of and get any issues or concerns they have taken care of so they can accomplish the JTF mission: providing safe, humane, legal and transparent care to the detainees in the camps.”

A JTC hospital corpsman encourages Troopers to visit the clinic if they are having any medical issues or even for periodic check-ups.

“I look at it like running a car,” he said. “You can’t have a good car without its check-ups, its oil changes and all that, so the best way we contribute to the JTF mission is by taking care of the Troopers. If you have a minor issue coming up, be sure to take care of it, so it doesn’t come back up a couple of months later.”

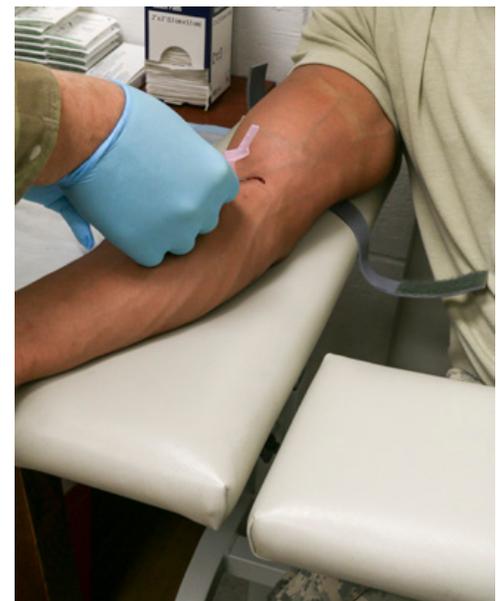
Article and photos by  
**ARMY PFC.  
LAUREN OGBURN**



A Joint Troop Clinic medic prepares a vial of medication for a patient July 8 at the JTC on Joint Task Force Guantanamo.



A Joint Task Force Guantanamo Trooper takes a JTF GTMO Trooper's vital signs July 6 at the JTF GTMO Joint Troop Clinic on U.S. Naval Station Guantanamo Bay, Cuba (photo illustration).



A Joint Task Force Guantanamo Trooper takes blood as part of a routine check-up July 8 at the Joint Troop Clinic on U.S. Naval Station Guantanamo Bay, Cuba.

# VOLUNTEER CAPTAINS, NIGHT FISHING

A group of more than 20 Joint Task Force Guantanamo Troopers gather at the marina as the sun hangs lazily in the golden evening sky July 8. The boat captains perform a final check, verifying they have their passengers and calling their float plans in to Port Operations before they embark on an evening fishing adventure.

Twice a month, nearly two dozen Troopers enjoy a free evening of fishing and boating, courtesy of the Morale, Welfare & Recreation Liberty program and the Marine Hill Liberty Center on U.S. Naval Station Guantanamo Bay, Cuba.

The outing provides Troopers with a healthy activity to unwind from work and the opportunity to gain a better knowledge of the bay through the experienced volunteer boat captains.

A Joint Task Force Trooper, assigned as a family nurse practitioner at the Joint Troop Clinic, captains some of these trips in search of watery game.

“Oddly enough, the majority of my fishing experience has been freshwater streams,” he said. “I’ve chartered a few boats out in the bay and taken a couple of chartered expeditions



A Joint Task Force Guantanamo Trooper attaches his bait fish during the MWR Liberty Program’s bi-weekly night fishing trip. Troopers caught small reef fish, squirrelfish, groupers and croakers.



Joint Task Force Guantanamo Troopers safely remove a baby bull shark from a Trooper’s fishing lure, July 8. The two Troopers were among more than 20 unaccompanied active duty service members participating in the Morale, Welfare & Recreation Liberty Program’s bi-weekly night fishing trip on U.S. Naval Station Guantanamo Bay, Cuba.

out of Key West, but this is my first long-term salt water fishing opportunity.”

A U.S. Army specialist shares a similar background even though the two men live on opposite sides of the U.S.

“I’m from Colorado, so I enjoy fishing a lot out there, and I take my kids every chance I get,” said the Trooper. “This gives me the same opportunity to cast a line and clear my mind as it does back home.”

The sound of the waves and the relaxing seascapes are a healthy alternative to staying in the containerized housing units said the specialist.

He added if he wasn’t able to find a stress release like fishing, life on the island would be a lot harder.

“The simple fact that you get to come out here and just relax and have the ability to leave work at work and not drag it back home to your living space is critical,” he said.

The day was quickly forgotten as Troopers prepared lines and baited hooks with squid, shrimp or the occasional baitfish. The only labor to look forward to was reeling in one of the bay’s many different species of fish.

“I like sharing my knowledge,” said the family nurse practitioner. “When I first got here, I went with a captain who would take us around and show us all the spots we could fish, and I just want to pass that information

along to other people. I just want to show them how beautiful the experience of catching a fish can be.”

The catch that evening consisted of small reef fish, squirrelfish, groupers and croakers. The tackle for catching the fish consisted of simple weight and hook configurations plus bait.

The MWR Liberty Program sponsors two night fishing trips per month for all unaccompanied active duty military service members. They cover the cost of up to three boats and provide volunteer boat captains. To register for the next fishing trip, call x3379.

Article and photos by  
**ARMY STAFF SGT.  
MATHIEU PERRY**



A Joint Task Force Guantanamo Trooper smiles after catching a game fish on his line during the MWR Liberty Program’s bi-weekly night fishing trip.

# MP COMPETITORS COMPETITION

In the early morning hours of July 7, 29 Troopers weighed their ruck sacks and checked in at the Multi-Purpose Field of G.J. Denich Gym for the Military Police Competitors Competition. The 525th Military Police Detention Battalion assigned to Joint Task Force Guantanamo hosted the competition on U.S. Naval Station Guantanamo Bay, Cuba.

Nine noncommissioned officers and 20 junior enlisted Soldiers came out and accepted the challenge to compete. This competition gives Troopers the opportunity to represent the 525th MP Bn. in the annual Military Police Competitors Competition at Fort Leonard Wood, Missouri later this year.

The event was 18 hours of continuous exertion, which included a modified physical fitness test, obstacle course, 10-mile ruck march, range qualification with an M9 handgun and M4 rifle, land navigation, a 100-question battalion test and battlefield forensics.

"It's awesome to see this much participation," said an Army sergeant first class and JTF Trooper. "It's a very rigorous event; it taxes the participants as much as their bodies can take. It's great esprit de corps."

The competition started at 1:30 a.m. with the modified physical fitness test. Participants



A Joint Task Force Guantanamo Trooper with the 525th Military Police Detention Battalion leaps over a log during the obstacle course portion of the Military Police Competitors Competition on U.S. Naval Station Guantanamo Bay, Cuba, July 7. Competitors were timed as they maneuvered through each obstacle.

showed off their physical readiness with modified push-ups, where their feet were elevated on a wooden box, modified sit-ups with a 25-pound weight, pull-ups and a four-mile run in full combat uniform and carrying their assigned M9 handgun and M4 rifle. Four competitors were either disqualified or dropped out of the competition.

"My favorite part of the event was the physical assessment," said another competitor. "The run was hard with the full uniform on and with weapons, but it was the best part of the competition."

The 25 MPs still competing put on their 35-pound ruck sacks and walked to the Marine Hill Obstacle Course. The competitors were tasked with completing the obstacle course and performing Tactical Casualty Combat Care by applying a tourniquet to a simulated wound. Four more competitors dropped from the competition, before moving onto the most difficult portion of the competition, the 10-mile ruck march.

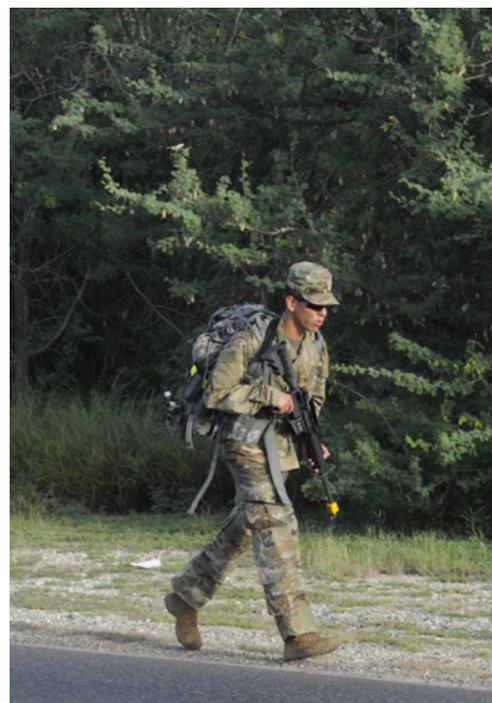
After losing 10 members to the ruck march, competitors got ready to qualify with their assigned M9 handguns and M4 rifles. They fired 40 rounds with their M9 handguns in four positions: standing, squatting, kneeling and prone and then picked up M4 rifles, zeroed their weapons and commenced the standard Army 40 round qualification course.

"It's going incredibly smooth," said a JTF Trooper and range safety officer for the weapons qualification event. "You can see the exhaustion on the competitors' faces, but they are still very focused on what they have to accomplish in this portion of the event."

After qualifying with their weapons the competitors moved onto the Land Navigation course. The final participants plotted three points, found their azimuths and walked across the Guantanamo landscape to find their points.

Moving from the land navigation course, competitors ended the day with a 100 question written test about Army programs and regulations and a hands-on portion of Battlefield Forensics. By day's end, eight competitors remained. The winners will be announced at a later date.

Article and photos by  
**ARMY SGT. CHELSEA GARCIA**



A Joint Task Force Guantanamo Trooper, 525th Military Police Detention Battalion, participates in a 10-mile ruck march during the Military Police Competitors Competition July 7 on U.S. Naval Station Guantanamo Bay, Cuba.



A Joint Task Force Guantanamo Trooper with the 525th Military Police Detention Battalion applies a tourniquet to a simulated wound during the Military Police Competitors Competition July 7.



A Joint Task Force Guantanamo Trooper with the 525th Military Police Detention Battalion qualifies with an M4 rifle during the Military Police Competitors Competition at Windward Range on U.S. Naval Station Guantanamo Bay, Cuba, July 7. Competitors qualified with the M9 handgun and M4 rifle.



A Joint Task Force Guantanamo Trooper, 525th Military Police Detention Battalion, completes sit-ups during the physical assessment of the Military Police Competitors Competition on the Multi-Purpose Field at G.J. Denich Gym on U.S. Naval Station Guantanamo Bay, Cuba, July 7. Competitors held a 25-pound weight while doing sit-ups during the modified physical fitness test.



A Joint Task Force Guantanamo Trooper with the 525th Military Police Detention Battalion climbs a rope during the Military Police Competitors Competition at the Marine Hill Obstacle Course on U.S. Naval Station Guantanamo Bay, Cuba, July 7. Competitors had two minutes from the moment they touched the rope to climb to the top, touch the log and then climb down.

A Joint Task Force Guantanamo Trooper with the 525th Military Police Detention Battalion does pull ups for the Military Police Competitors Competition July 7. Graders used the U.S. Marine Corps pull-up grading scale to get the final score for those competing in the event.



A Joint Task Force Guantanamo Trooper, 525th Military Police Detention Battalion, pushes himself to the limit during the Military Police Competitors Competition on the Multi-Purpose Field at G.J. Denich Gym on U.S. Naval Station Guantanamo Bay, Cuba, July 7. Twenty-nine Troopers competed for the opportunity to represent the 525th MP Bn. at the Annual MPCC at Fort Leonard Wood, Missouri later this year.

# THERE'S NOTHING BETTER THAN PRIME BEEF

## BASE ENGINEER EMERGENCY FORCE CHANGE OF COMMAND

**A**s Joint Task Force Guantanamo said farewell to Base Engineer Emergency Force 18, it welcomed BEEF 19 during a change of command ceremony July 12 at the Trooper Chapel on U.S. Naval Station Guantanamo Bay, Cuba.

When BEEF 18 arrived on NSGB in January 2016, the commander, U.S. Air Force Lt. Col. Fredrick Thomas II, set three goals he ultimately achieved during BEEF 18's time here: to be both physically and mentally ready at all times, ensure quality of service and maintain proper care of equipment to sustain the JTF GTMO mission.

"In six months, as a group we lost 300 pounds and earned more than 200 hours toward college degrees and professional military education, which enhanced the readiness of Airmen," Thomas said. "Equipment was maintained using recurring maintenance at the highest level, which resulted in a

zero loss of production and project hours. Finally, with more than 1,200 volunteer service hours, 11 motivators of the week, two Troopers of the battle update brief and more coins than I can count, BEEF 18 proved quality of service was a priority."

While assigned to JTF GTMO, BEEF 18 completed multiple projects. They installed new splash guards in the detention facilities and widened medical clinic pathways to increase Trooper safety, which allowed them to focus on the safe, humane, legal and transparent care and custody of the detainees, said U.S. Navy Rear Adm. Peter Clarke, JTF GTMO commander.

"For those of you not familiar with the Base Engineer Emergency Force mission, these are the Troopers who are literally the glue that holds the JTF together," Clarke said. "The BEEF has just been instrumental in keeping us going. BEEF 18's incredible work allowed our Troopers to operate

efficiently and safely while performing their unique JTF mission flawlessly."

Though they have big shoes to fill, the BEEF 19 team knows it can carry on and support the JTF GTMO mission, said U.S. Air Force Lt. Col. Ivan Acosta, the BEEF 19 commander.

"For the BEEF 19 team, my goal for us is to continue the high quality of work while being effective and efficient in supporting the missions we are being entrusted with," Acosta said. "We definitely want to uphold the no-fail JTF mission and be able to support them with quality service and quick response times."

Article by  
**ARMY PFC. LAUREN OGBURN**

Photo by  
**ARMY SGT. SHANNON BALL**



U.S. Navy Rear Adm. Peter Clarke, Joint Task Force Guantanamo commander, speaks to 474th Expeditionary Civil Engineer Squadron Prime Base Engineer Emergency Force 18 and 19 during a change of command ceremony, July 12 on U.S. Naval Station Guantanamo Bay, Cuba. U.S. Air Force Lt. Col. Fredrick Thomas II relinquished command to U.S. Air Force Lt. Col. Ivan Acosta.



U.S. Air Force Lt. Col. Fredrick Thomas II (right), 474th Expeditionary Civil Engineer Squadron Prime Base Engineer Emergency Force 18 commander, prepares to hand the guidon to U.S. Air Force Col. James Sheedy, 474th Air Expeditionary Group and 612th Theater Operations Group commander, during the change of command ceremony, Joint Task Force Guantanamo, July 12.



Joint Task Force Guantanamo 474th Expeditionary Civil Engineer Squadron Prime Base Engineer Emergency Force 18 Troopers work together with their replacements, JTF GTMO Expeditionary BEEF 19 Troopers, to repair roads, July 11 on U.S. Naval Station Guantanamo Bay, Cuba.



A Joint Task Force Guantanamo Trooper conducts a supply check with her replacement, July 11 on U.S. Naval Station Guantanamo Bay, Cuba. The Airmen are assigned to outgoing 474th Expeditionary Civil Engineer Squadron Prime Base Engineer Emergency Force 18 and incoming BEEF 19 (photo illustration).



A Joint Task Force Guantanamo 474th Expeditionary Civil Engineer Squadron Prime Base Engineer Emergency Force 18 Trooper works together with his replacement, an incoming JTF GTMO Expeditionary BEEF 19 Trooper, on the unit's heavy equipment, July 11 on U.S. Naval Station Guantanamo Bay, Cuba.



Joint Task Force Guantanamo Troopers perform routine maintenance on an M-80 Boiler, July 11 on U.S. Naval Station Guantanamo Bay, Cuba. The Airmen are assigned to outgoing 474th Expeditionary Civil Engineer Squadron Prime Base Engineer Emergency Force 18 and incoming BEEF 19 (photo illustration).



Joint Task Force Guantanamo Troopers discuss a minor leak and where to begin repairs at Camp Justice, July 11. The Airmen are assigned to the outgoing 474th Expeditionary Civil Engineer Squadron Prime Base Engineer Emergency Force 18 and incoming BEEF 19 (photo illustration).



## JSMART SPOT

JSMART HELPER: HARLEY

On Guantanamo Bay it is important to participate in various group activities. Humans are social beings craving to be around others. Society would cease to function if we all didn't work together. Social media sometimes advertises group think as squad goals, things you want to accomplish as a group. It can be organizing a beach cleanup, going to a Morale, Welfare & Recreation workout or playing on a sports team. Groups help with unit cohesion. However, according to Psychology Today, we must be mindful that when groups get together dangerous

phenomena, such as "group think" and "diffusion of responsibility," can take over.

In 1964, an assailant in New York City brutally stabbed "Kitty" Genovese to death. It was late at night, but according to police there were 37 individuals who witnessed the event unfolding and no one provided assistance. The lack of taking action in this situation was due to group think, the suspension of independent critical thought due to wanting to maintain group harmony, and diffusion of responsibility, the belief that someone else in the group would act.

## SMART GROUP THINKING

Here these phenomena can play out in many ways. We can do wonderful things as a group, but sometimes a bad decision can seem to be a great idea. For example, you have a group of five friends trying to fit in a gator that only fits four. One person says, "We can all squeeze in." Another person agrees and suddenly it sounds like a good idea squashing any initial thoughts about it being dangerous. After all, nobody wants to be the "fun police," going against the group and risking social rejection. To avoid these phenomena and potential consequences we must think independently.

Next time you are in a situation with a group of people, stop and think about your role. Don't be afraid to speak up and do the right thing. Don't assume someone has already reported or assisted with something out of the ordinary. Far too often we find ourselves going along for the ride, even though we know it is wrong.

Article by  
**NAVY PETTY OFFICER 3RD CLASS JON GOUDREAU**  
*JTF GTMO*

## SEXUALLY TRANSMITTED DISEASES, BE MINDFUL



Sexually transmitted infections are a major concern in today's military. They affect the readiness of our personnel; they drain a great deal of resources from the government to treat them, and the worst part is they are completely preventable. The major STIs affecting the military are chlamydia, gonorrhea, syphilis and HIV. These diseases can all be spread through oral, vaginal and anal sex. All of these diseases seldom show symptoms, and if they're left untreated they can cause serious damage. For example, 70 percent of chlamydia cases in women are asymptomatic and can cause serious fertility issues if left untreated.

STIs are frightening, but when people take the proper precautions, the chances of contracting one drops dramatically. Some methods to reduce the risk of contracting

mutually monogamous relationship with an uninfected partner is one of the most reliable ways to avoid STIs. It is important to have an open and honest conversation with your partner.

Reducing your number of sex partners can also decrease STI risks. It is still important you and your partner get tested and that you share your test results with each other.

The final method of prevention is the correct and consistent use of the male latex condom. When used properly, it is highly effective in reducing STI transmission. Use a condom every time you have anal, vaginal or oral sex. If you have latex allergies, synthetic non-latex condoms can be used, but it is important to note these condoms have higher breakage rates than latex condoms. Natural

an STI include: abstinence, reducing the number of sexual partners, mutual monogamy and properly using condoms.

The most effective of these methods is abstinence. This means an individual chooses to not have sex.

membrane condoms are not recommended for STI prevention.

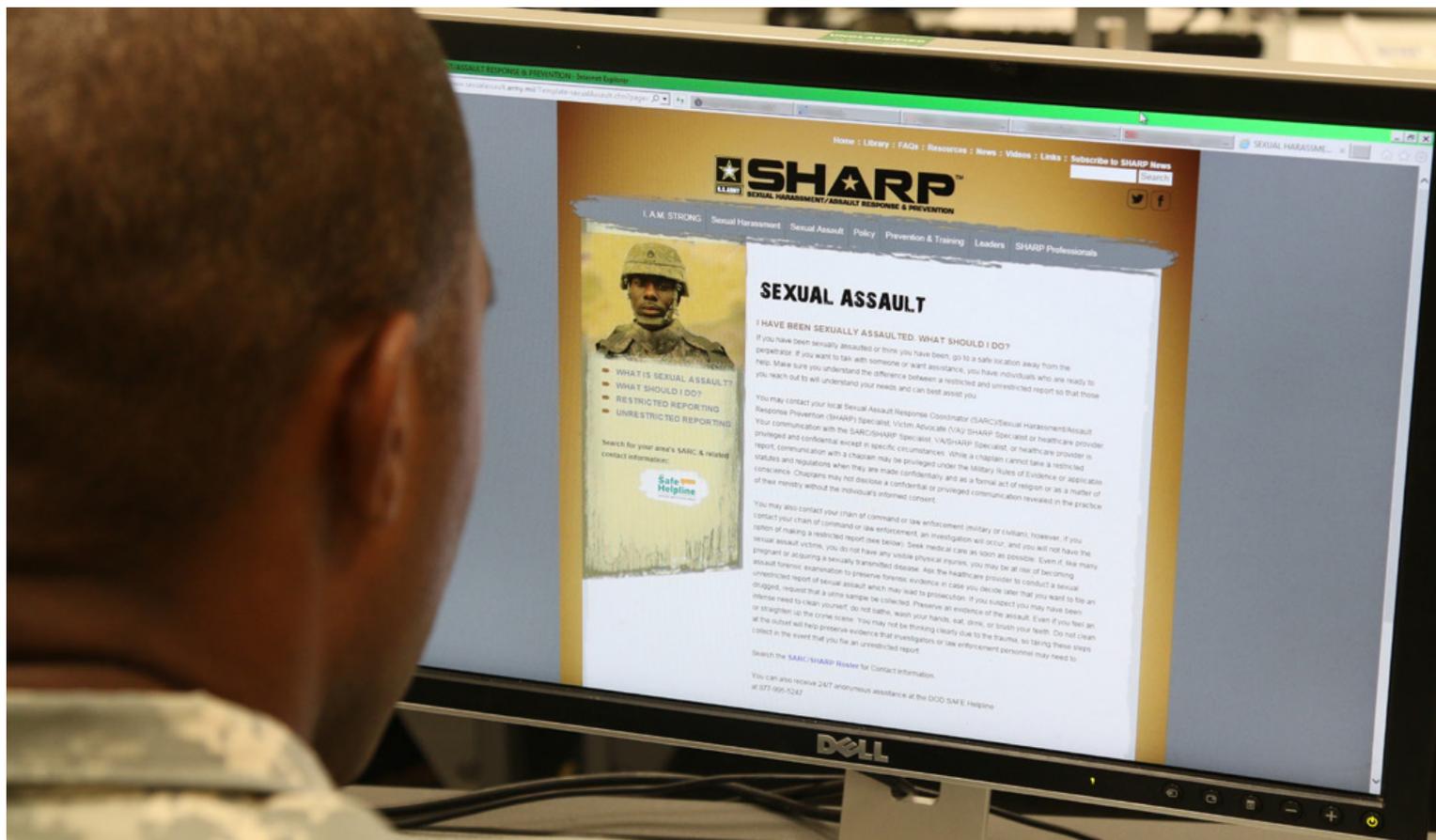
Another important way of combating STIs is through proper screening. If you are sexually active, getting tested for STIs is one of the most important things you can do to protect your health. Make sure you have an open and honest conversation about your sexual history and STI testing with your provider.

If you're a sexually active woman younger than 25 years, or an older woman with risk factors such as having multiple sex partners, the Centers for Disease Control recommends annual screening for chlamydia and gonorrhea. Men who have sex with men need to follow the CDC's yearly exam guidelines as well.

On Guantanamo Bay, anyone with questions about STIs can contact preventive medicine at x8085 for counseling. Anything discussed is confidential and is only between the patient and the preventive medicine technician. If you don't feel comfortable talking to preventive medicine, you can also contact your provider at the Joint Troop Clinic or the Naval Station Guantanamo Bay hospital. The keys to STI prevention are proper education and incorporating safe sex practices.

Article courtesy of a  
**U.S. NAVY CORPMAN**  
*JTF GTMO*

# DON'T BE A VICTIM OF SEXUAL ASSAULT



The unfortunate and tragic truth is that sexual assaults still occur within our ranks. However, we can mitigate our chances of becoming a victim or assailant by educating ourselves, being aware of common themes and staying proactive in the prevention of this despicable crime.

The most common theme shared in recent sexual assault cases is the presence of alcohol. Not only was it present, but it was a significant factor in these cases. Alcohol has a way of making people more willing to disregard the normal decision making process and engage in behavior they wouldn't remotely consider in normal circumstances. Some of these behaviors lead to horrible things like sexual assault. This is something we must keep in mind while drinking or in areas where drinking is present.

Another reoccurring theme is the lack of clearly given consent. Consent is a willing agreement existing between sober, non-coerced and mentally capable adults when engaging in activities together. Consent can be given or taken away at any time, and past consent does not give future consent. No one who is intoxicated, unconscious and not willfully

participating in a sexual act can give consent. It is critical to understand that if your partner does not give consent and you commit a sexual act upon him or her, you have potentially sexually assaulted that person.

The first and most important thing to do if you suspect you have been victimized is to get somewhere safe and put distance between you and the suspected assailant. If possible try not to be alone; it helps if victims are with people they trust immediately following these kinds of tragedies. It is understandable and even foreseeable that a victim of sexual assault may be in a state of disarray, but there are resources available to help in times of need. The chaplain, medical professionals and your Sexual Assault Response Coordinator can help with things like weighing the options between restricted and unrestricted reporting, preserving evidence/potential crime scene and most importantly, just being there for moral support and reassurance. Reporting directly to a supervisor or commander automatically creates an unrestricted report.

Restricted versus Unrestricted Reporting: A restricted report gives the victim access to all the resources the Department of Defense

and government has to provide without the formal investigation and law enforcement notification. An unrestricted report provides all those resources but will also trigger command notification, legal notification and Criminal Investigations Division/law enforcement notification. That does not mean everyone will be privy to the details, but in accordance with service and DOD guidance there are certain people who are required to be involved if an unrestricted report is made.

Some specific resources that come with both reporting options are: medical treatment, a Sexual Assault Forensic Exam, counseling, chaplain services and advocacy. You can contact your local SARC at x84577 or Sexual Assault Prevention and Response Victim Advocate, Jennifer Walker, at x84578. More information can be found at [www.prevent-sexualassault.army.mil](http://www.prevent-sexualassault.army.mil) and [www.sapr.mil](http://www.sapr.mil) as well as calling the DOD safe helpline at 1(877)-995-5247.

Article courtesy of  
**STAFF JUDGE ADVOCATE**  
JTF GTMO

# FOR THOSE ABOUT TO FLY



Troopers assigned to the Commissions Liaison Office change out the American flag at the Camp Justice location. The CLO operates one of three flag flying programs at Guantanamo (photo illustration).

Traditionally, a folded U.S. flag represents a loved one who lost his or her life in service to the country. More recently, service members display these flags in shadow boxes adorned with military challenge coins and accompanied by a decree of retirement. At Joint Task Force Guantanamo, three programs are available for Troopers who want a unique deployment keepsake.

Flying a flag during a deployment is a way to have a one-of-a-kind souvenir from various locations, and they make a special personal gift to relatives or close friends.

"It's not something you can buy," said a

U.S. Navy petty officer third class, Commissions Liaison Office Security. "It's only something you can get if you were deployed there and had it flown or if you are a relative or close friend of the person who had it flown."

He emphasized most Americans do not have the opportunity to get a keepsake from a deployment location and due to a smaller force in Cuba, the chances of such a unique souvenir make it a long shot.

In the past four months, he has flown more than 120 flags at the Camp Justice location, but he says the program has been running as long as the CLO has been a unit here.

According to an executive assistant with the JTF, the busiest flag program is at the JTF GTMO Joint Operations Center, and more than 400 American flags have been flown at Camps X-Ray, Delta, V and VI in the past eight months.

"I had somewhere between 80 and 100 requests to fly flags over the camps for the Memorial Day weekend," she said. "That was a lot to accomplish on top of my regular duties, and I had to get an assistant to go with me."

She went on to state that the busiest times of the year are September 11th, Veteran's

Day, 4th of July and Memorial Day.

"I've never turned down any flag requests, but if it's a hectic week, I'll tell customers that it may take a week to get their request done," she said. "As long as they are only submitting one or two flags, the turnaround time is about 72 hours, especially if they want it flown at all the camps."

If a flag over land seems a bit out of vogue, Troopers can have it flown by the Coast Guard while they patrol the bay. The process is as simple as choosing one of the three flying programs, supplying your own American flag and filling out a request form at building 1585A across the street from the Navy Security Force Headquarters on Boat Shed Road or calling x4844.

"It's a great way for us to say thanks to the people who have supported us or helped us without any indication that they expected recognition or reward in return," said lead petty officer for the waterside security division of Port Security Unit 313.

He said the two groups that supported PSU 313 the most during his time at JTF GTMO were the Girl Scouts and the U.S. Senate Page School. Both organizations sent care packages to members assigned to the unit.

"Guantanamo Bay is one of those places that, outside of a select few, people don't get to go to," he said. "The historical significance of the base is in and of itself unique, especially with its location to Cold War events."

Article and photos by  
**ARMY STAFF SGT. MATHIEU PERRY**



Joint Task Force Guantanamo Troopers assigned to the Commissions Liaison Office fold the American flag at the Camp Justice location. The CLO is responsible for one of three flag flying programs at U.S. Naval Station Guantanamo Bay, Cuba (photo illustration).



# SPORTS HIGHLIGHTS



A Joint Task Force Guantanamo Trooper and the quarterback for *Article 112* back pedals to throw the football in the Morale, Welfare & Recreation flag football tournament at Cooper Field on U.S. Naval Station Guantanamo Bay, Cuba, July 7.

*Confusions*, the number one team in the league, was favored to win against *Article 112*; however, *Article 112* surprised *Confusions* with a 14-9 victory. *Article 112's* defense played a crucial role in stunting *Confusions'* offense from ever holding the lead.

League Champions, *Grave Diggers*, pose with their trophy at G.J. Denich Gym after winning the Morale, Welfare & Recreation volleyball tournament on U.S. Naval Station Guantanamo Bay, Cuba.



A Joint Task Force Guantanamo Trooper and number 15 for *Grave Diggers* prepares to spike a volleyball in the championship round of the Morale, Welfare & Recreation volleyball tournament in G. J. Denich Gym on U.S. Naval Station Guantanamo Bay, Cuba, July 6.

*Grave Diggers* and *Renegades* were the top teams in the MWR volleyball league through the regular season. *Grave Diggers* closed the season with an undefeated record of 11-0, while *Renegades* was

a close runner-up with 10-1; their one loss was to *Grave Diggers*. July 6 was the final match between *Grave Diggers*, the league champion, and *Renegades* in a best of three series. *Grave Diggers* won 25-8 in the first round, lost 25-23 in the second and secured their victory in the final match with a 15-7 score.

Article and photos by  
**ARMY SGT. MATTHEW TARPLEY**

# MWR 2016 SPORTS SCHEDULE

Starting dates are subject to change. All leagues last 2-3 months, including playoffs.

## MONTH / DAY ACTIVITY

July 16	Cable Beach Run
July 23	Adult Swim Sprint 300 Yard
July 25	Badminton League starts
<b>August 6</b>	Duathlon
August 8	Beach Volleyball League
August 13	Paddle, Pedal, Paintball
August 20	Back to School Splash
August 20	Fitness & Figure
August 22	Ultimate Frisbee League
August 27	All-Night Softball Trnmnt.
<b>September 3</b>	Sprint Triathlon
September 5	Golf Tournament
September 6	Co-Ed Softball League
September 11	9/11 Memorial Run
September 13	Flag Football League starts
September 17	Adult 100 Yard Swim Meet
<b>October 22</b>	Glow Run
October 29	Zombie Run
<b>November 5</b>	Olympic Triathlon
November 19	Max Performance Games
November 24	Thanksgiving Half & 5K
November 26	Across the Bay Swim
<b>December 3</b>	Power Lifting Competition
December 9	Army vs. Navy Game
December 23	Jingle Bell Fun Run
December 24	Holiday Basketball Trnmnt.

For questions contact the G.J. Denich Gym at x77262.



# IN THEATERS THIS WEEK



The Downtown Lyceum showtimes are shown in the top row and the Camp Bulkeley Lyceum showtimes are displayed in the bottom row.

7/15 FRIDAY	7/16 SATURDAY	7/17 SUNDAY	7/18 MONDAY	7/19 TUESDAY	7/20 WEDNESDAY	7/21 THURSDAY
<b>Ghostbusters</b> (New) PG 13, 8 p.m. <b>Central Intelligence</b> PG 13, 10 p.m.	<b>Finding Dory</b> PG, 8 p.m. <b>Me Before You</b> PG 13, 10 p.m.	<b>Now You See Me 2</b> PG 13, 8 p.m.	<b>Alice Through The Looking Glass</b> (LS) PG, 8 p.m.	<b>X-Men: Apocalypse</b> (LS) PG 13, 8 p.m.	<b>Independence Day: Resurgence</b> PG 13, 8 p.m.	<b>The Secret Life of Pets</b> PG, 8 p.m.
<b>Now You See Me 2</b> PG 13, 8 p.m. <b>The Legend of Tarzan</b> PG 13, 10:30 p.m.	<b>Ghostbusters</b> (New) PG 13, 8 p.m. <b>Warcraft</b> PG 13, 10 p.m.	<b>X-Men Apocalypse</b> (LS) PG 13, 8 p.m.	<b>LYCEUM CLOSED</b>	<b>Alice Through The Looking Glass</b> (LS) PG, 8 p.m.	<b>LYCEUM CLOSED</b>	<b>Finding Dory</b> PG, 8 p.m.

Call the Movie Hotline @ 4880 or visit the MWR Facebook for more info. \*Concessions at Bulkeley are closed until further notice Stay classy, GTMO! No alcohol or tobacco at the Lyceums.

## READ FOR THE WIN AS BOOKWORMS UNITE!

**B**ook worms unite! The Morale Welfare & Recreation Community Library on U.S. Naval Station Guantanamo Bay, Cuba, is hosting its annual Summer Reading Program, which began June 16 and will last through Aug. 13. The theme for this year's program is Read for the Win.

Anyone with a library card can sign up for the Summer Reading Program by speaking to one of the library employees. They will put the participant's name on the list and provide a sheet to track the minutes and books read. After accumulating four hours of reading, participants can cash in their hours for prizes. The adult and child with the most reading at the end of the program will receive a grand prize.

The goal for the Summer Reading Program is to instill the enjoyment of reading in children, kindergarten through eighth grade, young adults and adults, and to promote reading as a lifelong pastime, according to the reading program handout.

"I love to read and being able to win prizes for the time that I spend reading is really great," said Emilia Smith, a Trooper assigned to Joint Task Force Guantanamo. "There is nothing better to do

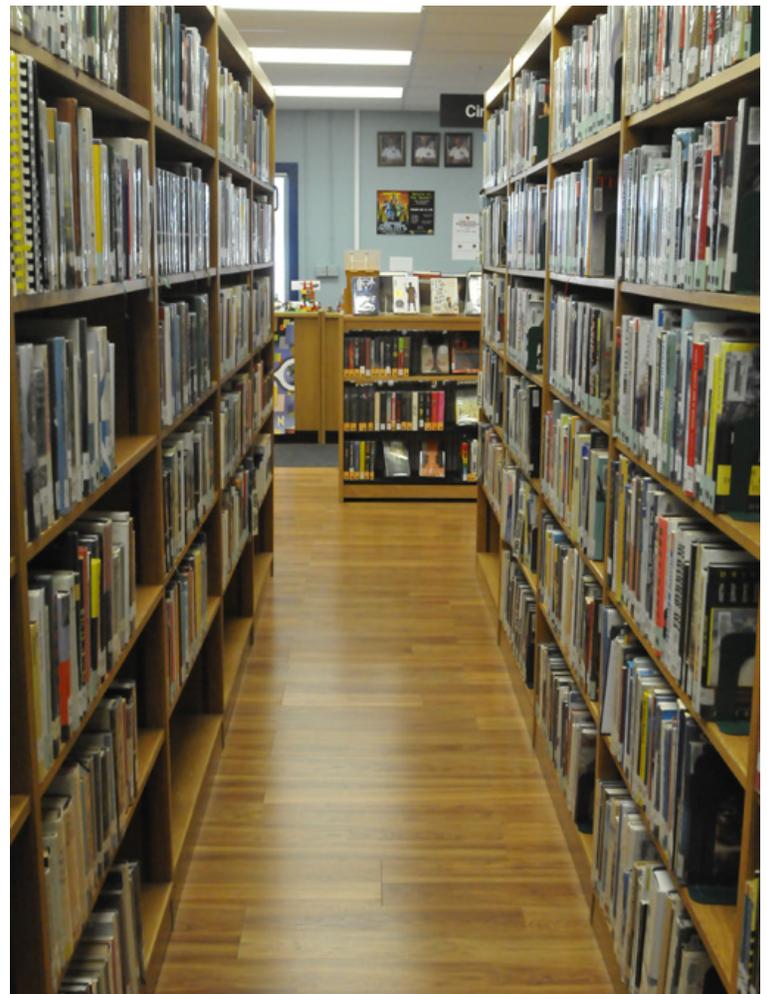
than grab a book in the evening and decompress from a long day at work. You'll even catch me on the beach with a book on my weekends off."

Another goal of the Summer Reading Program is to target young children and prevent what is known as the summer slide, said Amy Roumell, the library director. Research has proven that summer reading programs contribute to reducing the learning loss that occurs over the school break.

"This is an amazing program that promotes literacy and lifelong learning," she said.

With more than 22,000 items, the library has something for everyone to enjoy. There are fiction and non-fiction literature, children's books, young adult books, movies and TV shows. Anyone can easily get a library card; bring in photo identification and fill out the Library Request Form, and they create one on the spot. Library card holders can check out as many books as they would like for 30 days and check out DVDs three at a time for a three-day period. Items can be checked out more than once as long as someone else hasn't put a hold on them.

The Library is open to everyone and has public computers and a copying and fax machine for public use. The hours of the



The Morale, Welfare & Recreation Community Library on U.S. Naval Station Guantanamo Bay, Cuba is hosting its annual Summer Reading Program from June 16 to Aug. 13. The program encourages reading for all ages.

library are Tuesday, Wednesday, Thursday and Sunday 12 p.m. to 9 p.m., Fridays 1 p.m. to 9 p.m., and is closed on Monday.

Article and photos by  
**ARMY SGT.  
CHELSEA GARCIA**

**RELIGIOUS SERVICES**

**ROMAN CATHOLIC (NSGB Chapel)**

Mon-Thurs\* 1730 (Daily Mass - back of Main Chapel)  
 Saturday\* 1700 (Mass Main Chapel)  
 Sunday\* 0900 (Mass Main Chapel)

**PROTESTANT SERVICE** Sunday\* 0900 & 1900 JTF Trooper Chapel

**PROTESTANT SERVICE (NSGB Chapel)**

*Liturgical\** Sunday 0930 Annex Room 1  
*Non Denominational\** Sunday 1100 Main Chapel  
*Gospel* Sunday 1300 Main Chapel

**OTHER SERVICE (NSGB Chapel)**

*Islamic Prayers* Friday 1300 Annex Room 2  
*7th Day Adventist* Saturday 0930 & 1100 Annex Room 19 (Sabbath School)  
*Latter Day Saints* Sunday 0900 Annex Room 19  
*Pentecostal* Sunday 0800 & 1700 Annex Room 13  
*Christian Fellowship\** Sunday 1800 Main Chapel (Non-denon)  
*Jewish Torah Study* Friday 1930 Annex Room 16

**BIBLE STUDIES (JTF Trooper Chapel)**

*Holy Smokes* Friday 1800 Plant Nursery  
*Game Night* Saturday 1900 JTF Troopers Chapel

**DAVE RAMSEY'S FINANCIAL PEACE / MILITARY EDITION (JTF Trooper Chapel)**

Tuesday 0900 & 1900 Taught by Navy Chaplain

**ALCOHOLICS ANONYMOUS MEETINGS** Mon/Wed/Sat 1830 NAVSTA Chapel Annex, Room 16

\*These services are conducted by Army or Navy chaplains / For more information call ext. 2218

**BUS SCHEDULE 05:00 - 01:00**

Camp America :00/:20/:40  
 Gazebo :01/:18/:21/:38/:41/:58  
 Camp America NEX :02/:17/:22/:37/:42/:57  
 Camp Delta :04/:13/:24/:33/:44/:53  
 Camp 6 :07/:10/:27/:30/:47/:50  
 HQ Building :55/:15/:35  
 TK 1 :01/:17/:21/:37/:41/:57  
 TK 2 :02/:16/:22/:36/:42/:56  
 TK 3 :03/:15/:23/:35/:43/:55  
 TK 4 :04/:13/:24/:33/:44/:53  
 CC :00/:19/:20/:39/:40/:59  
 JAS :14/:34/:54  
 Windjammer / Gym :02/:17/:22/:37/:42/:57  
 Gold Hill Galley :04/:15/:24/:35/:44/:55  
 NEX :06/:13/:26/:33/:46/:53  
 NEX Laundry :07/:27/:47  
 C Pool :10/:30/:50  
 Downtown Lyceum :11/:31/:51

**EXPRESS BUS SCHEDULE 09:55 - 19:55**

Camp America :48/:55  
 TK 1 :05/:36  
 Windjammer / Gym :11/:31  
 Gold Hill Galley :14/:29  
 NEX :16/:27  
 Downtown Lyceum :17/:25

**BEACH BUS (Saturday & Sunday only)**

Windward Loop / E. Caravella:  
 0900/0930/1200/1230/1500/1530/1800/1830  
 SBOQ / Marina:  
 0905/0935/1205/1235/1505/1535/1805/1835  
 NEX:  
 0908/0925/1208/1225/1508/1525/1808/1825  
 Phillips Park: 0914/1214/1514/1814  
 Cable Beach: 0917/1217/1517/1817  
 Return to Office: 0940/1240/1540/1840

# OBSCURE HOLIDAYS

Hello, Joint Task Force Troopers. Once again it's time to show love to our lesser known holidays, and if you're a fan of sugar, this week is a good one. For those of us with a bit of a sweet tooth, let's take the opportunity to break from the healthy diets most of us keep while here. This week's obscure holidays may as well be known as cheat week. Sunday is National Ice Cream Day, and who doesn't like ice cream? Tuesday is National Raspberry Cake Day and to top it all off, Thursday is National Junk Food Day. If there was ever a reason to get out and indulge in your guilty pleasures, this would be the time. Be sure to get out and enjoy these holidays to the fullest; you can focus on those gym gains next week. Enjoy your week and be on the lookout for the next edition of The Wire.

**FERRY SCHEDULE**

*Monday - Saturday*

**FERRY**

**Windward:**

0630 / 0730 / 0930 / 1030 / 1130 / 1330 / 1530 / 1630

**Leeward:**

0700 / 0800 / 1000 / 1100 / 1200 / 1400 / 1600

**UTILITY BOAT**

**Windward:**

1630 / 1730 / 1830 / 2030 / 2230 / 2330

**Leeward:**

1700 / 1800 / 1900 / 2100 / 2300 / 0000

*Sunday & Holidays*

**FERRY**

**Windward:**

0730 / 1330

**Leeward:**

0800 / 1400

**UTILITY BOAT**

**Windward:**

1030 / 1530 / 1730 / 1830 / 2030 / 2230

**Leeward:**

1100 / 1600 / 1800 / 1900 / 2100 / 2300

# CONFIDENTIAL COUNSELING FOR TROOPERS

The Military & Family Life Counseling Program, known as MFLAC, is an additional mental health counseling for Troopers seeking confidential counseling outside of the Joint Stress Mitigation and Restoration Team building or the Chaplain Office. Call x58406 for more information.

*Photo by Richard L. Uggan*

# PARTING SHOT



LOBSTER BY JTF TROOPER RICHARD L. UGGAN. FOR A CHANCE TO HAVE YOUR PHOTO FEATURED IN THE PARTING SHOT, PLEASE SEND SUBMISSIONS TO: [THEWIRE@JTFGTMO.SOUTHCOM.MIL](mailto:THEWIRE@JTFGTMO.SOUTHCOM.MIL)

THE WIRE

