

THE OFFICIAL PUBLICATION OF JOINT TASK FORCE GUANTANAMO

THE WIRE

October 2, 2015



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TASTE OF BAVARIA CAME
TO THE ISLAND, TOOK THE
WINDJAMMER BY STORM



ARMY SGT. MAJ. NATHAN HAWKER
JTF J3 Operations SEL

When people say they are dependable, what does that really mean? We hear them say, "I'm a man of my word" or "my word means everything to me." There was a time when someone's word really meant something, so when you look up the word "word" you will find what they are referring to is dependability. In the military, being dependable is everything

POWERFUL ASSET - DEPENDABILITY

and is still considered a very powerful asset.

After years of deployments, Troopers know they can depend on each other for even more minute tasks, including major combat engagements. In the military, a person who is considered a stud but is not dependable is considered more of a liability than a commodity. On the other hand, a person who is not a superstar but is dependable is considered a greater asset than the stud.

Dependable people make a cohesive unit. While the private sector relies heavily on materialistic-type assets such as capital, equipment or infrastructure, it is the individual such as the Trooper, whose major skill set is rooted with non-materialistic assets. Instead of being an operator of heavy machinery, the Trooper is the operator of himself, essentially becoming "the machine" with tools to aid his performance like a rifle and body armor.

However, to operate at the pinnacle of performance, this machine requires certain criteria, one of them being dependability. For a Trooper, a scheduled "hard time" is everything. Stating things such as, "if you don't adhere to the 10 minute rule, then you are 10 minutes late" makes perfect sense to the Trooper. Nevertheless, it doesn't necessarily make sense to someone in the corporate world. For a military veteran who is re-acclimating to the private sector, this may be surprising

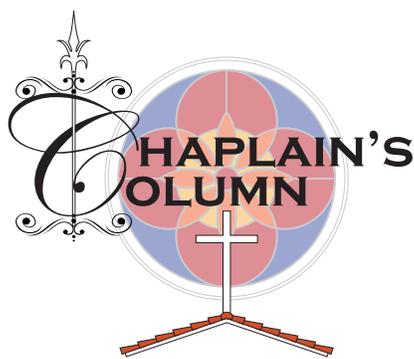
to discover, but if dependability is a personal attribute or something was learned during their time and service, then drive on!

In an increasingly competitive job market, distinguishable principles such as, dependability will set us apart from our competitors so we can successfully complete the mission, whether the mission is being hired, promoted, winning a competitive bid, or a new client. Sometimes things don't go as planned. In the military, we say "don't fight the plan, fight the fight." Contingencies are created in case the original plan fails, regardless, Troopers recall the operations order brief and know they will have a plan for extraction from the objective and their team members will be there for them.

One certain component, which can destroy the trust of a cohesive unit, is when our word no longer has any value, causing foundations to become completely unreliable. Whether it's the military or the private sector, no one wants to work with a person who doesn't value their own word.

Editors note: originally printed 2 July 2015.

Article by
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JTF J3 Operations SEL



"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God," Philippians 4:6.

I preached this on Sunday, but wanted to share with you, my thoughts about the world around us is often very stressed and worried about everyday life activities.

I used the example of the MacGyver TV series in the 90s and how he could stop a nuclear reactor with gum and build a car with

USE TOOLS TO OVERCOME STRESS

a rubber band. He was never really worried because he knew he would be able to find a way out. Therefore, it is with our life in Christ, we just need to go to him and relax.

We need TOOLS. What? Yes, TOOLS. T is for our own tenacity in prayer life. Thessalonians 5:17 says, "Pray without ceasing". Pray and be thankful for the answer the Lord has already given.

Next is the letter O for ownership. We need to admit we have the anxiety and worries to hand them over to the Lord. When selling a car (legally) you need to be able to sign over the title because you own it, you cannot sell it if you don't own it. The same with the Lord; admit to having worries and give them to the Lord.

The following O is for opportunity. People are watching how we walk through hard

times and this is an opportunity to share about your walk with the Lord.

Lastly, the letter L stands for living. Living through life with the Lord. Peter watched the Lord walk into the water and asked the Lord to call him out. Yes, he fell into the water, but the Lord pulled him out and they walked to the boat. It was only then that the storm stopped.

You must know that even though we pray and ask for help that does not mean the storm will stop. You need to continue to walk through life with the Lord. So, remember your TOOLS for your walk with the Lord.

Article by
ARMY CHAPLAIN (MAJ.)
HEATHER SIMON
JTF Chaplain



COMMAND & CHAPLAIN

A dependable Trooper is a valuable asset to your team and understanding how ones' word is still powerful. Find out what TOOLS to use to overcome stress.



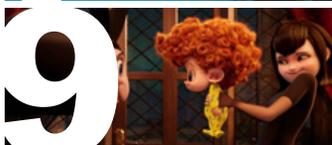
GTMO NEWS / COVER PHOTO

Veterinarian cares for working dogs. MP Corps celebrate their birthday with a 74-mile run. Read one profile of an amazing Trooper. MARSECDET holds TOA for 308th and 313th PSU.



PHOTO STORY

Scuba diving is a different world. Many Troopers begin their diving careers in the deep blue waters of GTMO. Read how many take the dive from scuba diver to divemaster.



ENTERTAINMENT

Troopers celebrate Oktoberfest with free food and music at The Windjammer. Is "Hotel Transylvania 2" worth the trip to the theater? Read about the hilarious kid friendly movie.



SPORTS

Troopers had a long morning as they competed in the Olympic Triathlon. The Sluggers n' Chuggers, slugged their way to a victory this week in softball, beating the Ghost Riders.



LIFE & FITNESS

You can eat healthy even at fast food restaurants or dining at your local galley. Check out this week's healthy recipe. JSMArt informs us of the four horsemen of relationships.

MOTIVATOR OF THE WEEK

**ARMY STAFF SGT.
MATTHEW BEESLEY**
814TH MP CO

**NAVY PETTY OFFICER 2ND CLASS
SHELLY JOSEPHBROOKS**
JMG

OPSEC EVERYDAY!

It doesn't matter if you're on-duty or off. Use OPSEC at all times. OPSEC keeps our sensitive information safe and secure. Use OPSEC both at work and home. Think OPSEC when you're working, while doing recreational activities and dining at the galley. Remember that information can be gathered anywhere! Don't take a day off from OPSEC, it's a 24-7-365 job! OPSEC never sleeps.

The Wire is an authorized publication for members of the Department of Defense. It is produced by the JTF Public Affairs Office to inform and educate the Troopers of JTF GTMO. The contents of The Wire are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the U.S. Army, Air Force, Navy, Marines or Coast Guard. The editorial content of this publication is the responsibility of the Joint Task Force Guantanamo Bay Public Affairs Office. The Wire is printed weekly by the Defense Logistics Agency Document Services with a circulation of 1,025. It is distributed free to all personnel assigned to the Joint Task Force and is published online.

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VETERINARY CLINIC HELPS PUPPIES AND TROOPERS



Army Capt. Brittany Marble, a veterinarian at Guantanamo Bay, Cuba, examines a military working dog's injured leg, Sept. 25, while Navy Petty Officer 2nd Class Michael Barowsky, Master-at Arms, assists her.

Unlike most veterinary clinics in the U.S., the veterinary clinic at U.S. Naval Station Guantanamo Bay, Cuba, is an emergency clinic that is open 24 hours a day, seven days a week, to treat military working dogs, wildlife on the island and privately owned pets.

"Our main mission here is the military working dogs," said Army Staff Sgt. Casey Hicks, the noncommissioned officer-in-charge of veterinarian clinic and animal corps at GTMO. "There are five military dogs on the NAVSTA side that cover the whole base, JTF (Joint Task Force Guantanamo), commissions and NAVSTA. Our main mission is their health and welfare."

The veterinary clinic vaccinates and completes blood work for military working dogs during regular check-ups. This ensures the animals are healthy and able to perform their duties. Those duties include inspections of incoming barges for illegal substances, explosive devices and routine checks of the JTF before and during the commissions, Hicks said.

The dog handlers appreciate the veterinary clinic's hard work to keep the dogs healthy, said Navy Petty Officer 2nd Class Michael Barowsky, a Master-at-Arms and a dog handler.

The combined efforts of the veterinarian and Barowsky allowed them to effectively diagnose Barowsky's dog, Zorro, as having a possible hernia.

This recurring issue may cause Zorro to have to be flown back to Lackland Air Force

Base in San Antonio, Texas to confirm the diagnosis, said Army Capt. Brittany Marble, the veterinarian at GTMO. He might have to undergo a second surgery for the hernia.

"He (Zorro) probably won't be fit to return to duty for the rest of his time," said Marble. "He's a really nice dog. They do a good job of making sure these dogs are adoptable. These dogs never get left behind, they always get great homes."

Marble and the veterinarian technicians' passion and caring for the military working

dogs enable them to build strong relationships with the dogs and their handlers ensuring the military working dogs get the best healthcare.

Marble said her favorite part of the job is working with the military working dogs, who are one of the most intelligent animals in the world. She also enjoys observing the strong bond the dogs develop with their handlers.

Military working dogs and their handlers work as a team. The dog handlers build a rapport with the dogs to aid in the completion of their mission, said Barowsky.

While the staff at the veterinary clinic ensures the health and well-being of the animals here, they also have other duties. In addition to being a veterinarian, Marble is also a food inspector for NAVSTA and JTF.

As part of her four-month military training to become a veterinarian, she learned about food safety in order to inspect military dining facilities. She conducts food inspections at galleys for JTF and NAVSTA service members, she said. Her job as a food inspector is essential for safety. Harmful food in the galley could affect the performance of Troopers, NAVSTA servicemembers and GTMO residents.

Whether the veterinary clinic is taking care of animals or ensuring the quality of food is safe for troopers, the clinic works hard around the clock to ensure the safety of GTMO.

Article and photos by
SPC. NICOLE NICOLAS



A veterinary technician listens to Zorro, a working dog's heart, during a check-up, Sept. 25 at the veterinarian clinic at Guantanamo Bay, Cuba. Petty Officer 2nd Class Navy Michael Barowsky, Master-at Arms, has been working with Zorro since April 2015.

MPs RUN 74 MILES IN THE DARK FOR BIRTHDAY



Lt. Col. John A. Fivian, commander of the 525 Military Police Battalion, addresses Soldiers with the 525th MP Bn. Troopers participated in a 74-mile relay run in celebration of the MP Corps' 74th birthday, Sept. 25-26, at U.S. Naval Station Guantanamo Bay, Cuba.

Most 74-year-olds do not celebrate their birthday by running 74 miles, unless they are the entity known as the U.S. Army's Military Police Corps. Starting around 6 p.m. last Friday, members of the 525th Military Police Battalion with Joint Task Force Guantanamo picked up their battalion colors and commenced running, only stopping when the 74 miles were complete.

"I wish you could all be me right now, because there is nothing more powerful than the feeling of 500 Soldiers pushing me," Lt. Col. John A. Fivian, commander of the 525 MP Bn., said, after the three mile warm up run with the bulk of the battalion behind him. "I hope you feel that way every day at work, knowing 700 Soldiers have your back."

No single Soldier ran the full 74 miles; rather each company was responsible for providing runners for each 11.8-mile portion of the course.

As the colors were carried

forward on the first 11.8-mile trek, Fivian spoke briefly to the remaining Soldiers, who would have their turn at carrying the colors later that evening and into the morning. The purpose

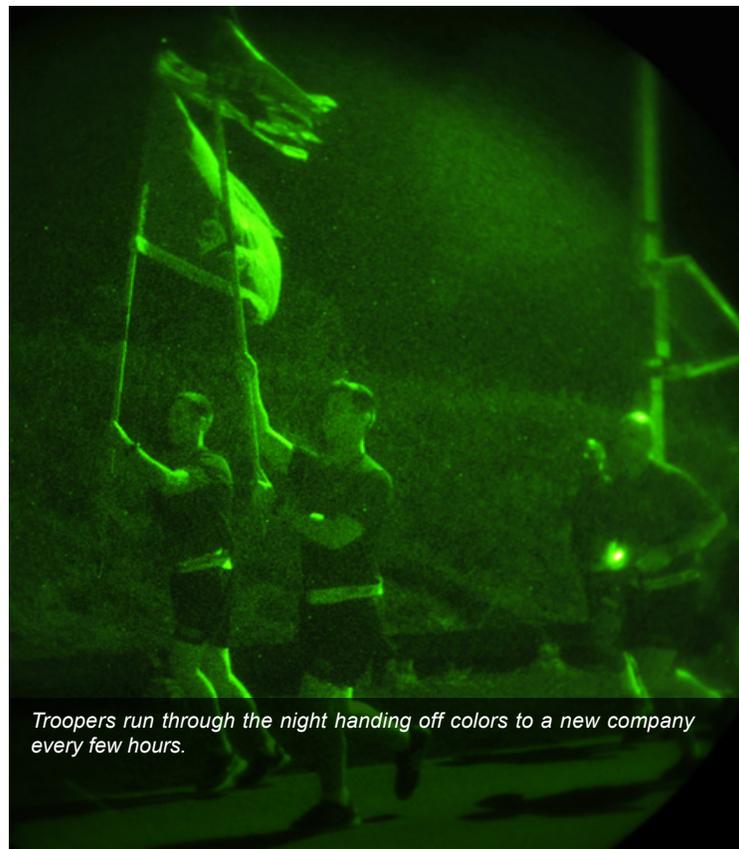
of the run was to celebrate the MP Corps' birthday in a unique way and to build esprit de corps, according to Fivian.

Runners started at Bulkeley Field, passed through the Camp

Iguana Gate, and down toward Windmill Beach. They continued for two miles along Central Magazine Road before turning left at Kittery Beach Road, running until they reached the golf course turnaround point and headed back along the same route. Once at Bulkeley Field they passed the colors off to the next group of fresh runners.

The MP Corps was officially established September 26, 1941 but MPs have been in the U.S. Army since the days of the American Revolution. In 1776, General George Washington established a special provost marshal unit in charge of the necessary policing functions of the camps. The MP Corps' home is located at Fort Leonard Wood, Missouri, where they celebrate the birthday with a whole week of events and festivities.

Article and photos by
ARMY SGT. 1ST CLASS
MARIE SCHULT-SLOSSER



Troopers run through the night handing off colors to a new company every few hours.

SAILOR STEPS UP TO HELP IN DOMINICAN REPUBLIC

Editor's note: This is the first of a three part series profiling extraordinary Joint Task Force Troopers.

What began as a natural human response to help, has blossomed into an effort to create a genuine change in the lives of others. Navy Petty Officer 2nd Class Jermaine Jackson, dental technician at the Joint Troop Clinic with the Joint Medical Group, has always committed himself to helping others. The opportunity for him to create a change came in 2012, when he and his girlfriend Elinely Castillo, worked to establish "Fundacion Sigue Mis Pasos," a foundation aimed at helping children in the Dominican Republic, who face conditions of extreme poverty, homelessness and lack of educational and health resources.

According to UNICEF, an organization focused on a long-term humanitarian and developmental assistance for children and mothers in developing countries, nearly half of the children in the Dominican Republic face poverty. The children lack adequate access to food, housing and safe drinking water. While economic indicators suggest growth in the country's gross domestic product, little impact has been felt by the majority of the people who call the Dominican Republic home, according to UNICEF.

Jackson, a Puerto Rico resident and a Navy reservist, made a decision after his visit to the Dominican Republic; he knew he had to do more.

"As I'm walking along the street, I noticed a lot of homeless kids sleeping on the floor," said Jackson. "It really got to me because I had never seen anything like it. I knew I had to do more."

Castillo, the foundation's president and Dominican Republic native, echoed the sentiment, explaining the community's "grandmother" needed assistance to provide and care for the children.

"When we met, her orphanage did not have the minimum conditions to accommodate children," said Castillo. "After seeing the conditions of the facilities we decided to seek help from volunteers and create



Children in Jacaguas, Dominican Republic, pose with a "thank you" sign. They are a part of the "Fundacion Sigue Mis Pasos."

programs for the orphanage and children of the community."

What initially began as gathering a few essentials to give to those in need, soon became a mission to create a sustainable support system to increase the quality of life for children in the town of Jacaguas, in the northern region of Santo Domingo. The foundation assists the town's orphanage to meet the conditions needed to accommodate children as well as assisting impoverished children in the area.

Much of the initial funding has come from both Jackson and Castillo along with their friends and family to help jumpstart the foundation. Despite their limited resources, they have helped almost 100 children, half of whom receive daily care, attention and education; and 15 who reside in the orphanage. They have also seen the construction of a new building in the last year.

"We bought the cinder blocks, brought in a plumber to install plumbing since all they had was an outhouse, and a friend of ours from Nebraska purchased mattresses for the orphanage; his church donated sheets, pillows and pillow cases" said Jackson.

Despite their triumphs, there have still been challenges.

"For a while, we had trouble with water [system] so we needed someone to fix that," he said. "A lot of the investment has come out of our own pockets."

Jackson and Castillo remain unrelenting in their hope to impact the lives of children in the Dominican Republic. Castillo said they have developed a comprehensive plan to address matters of healthy eating, education, recreation, health and birth documentation.

Jackson and Castillo hope to expand the organization into other parts of the Dominican Republic and eventually other parts of the world.

"I want people to take notice," he said. "I want to help every homeless child in the Dominican Republic. In the future we want to establish a global effort on this issue."

As with many nonprofit organizations, "Fundacion Sigue Mis Pasos," which translates to "follow my steps," relies on volunteers, donations and the public's support to continue their mission, including an immersion program where international volunteers can receive accommodations and housing in the community during a visit.



Navy Petty Officer 2nd Class Jermaine Jackson stands with children participating in the foundation co-founded by Jackson in 2012. The foundation has provided food, education and health care to nearly 100 children.

Article and photos by

ARMY SGT. CHRISTOPHER A. GARIBAY

WATERS TO STAY SAFE IN WAKE OF 308TH DEPARTURE



Air Force Brig. Gen. Ron Paul, deputy commander of Joint Task Force Guantanamo, joins outgoing JTF Maritime Security Detachment's Coast Guard Cmdr. Ronzelle L. Green, commander of the 308th Port Security Unit, and incoming JTF MARSECDET officer-in-charge Coast Guard Cmdr. Jim R. Hotchkiss, commander of the 313th PSU, in saluting the colors during the National Anthem at the transfer of authority ceremony held at Camp Justice Monday, Sept. 28.

U.S. Naval Station Guantanamo Bay, Cuba, is known by many for its beautiful, blue ocean waters. All waterways, however scenic, are also an infinite source of potential danger and possible highway for those up to no good.

Maritime security for Joint Task Force Guantanamo is the primary responsibility of the Coast Guard's Maritime Security Detachment. For nearly a year, the unit who operated that watch was the 308th Port Security Unit from Kiln, Mississippi.

The time has come for the members of the 308th to journey home, having completed their tour and excelled at keeping our waters safe.

A transfer of authority ceremony was held at Camp Justice on Monday, Sept. 28, to welcome the 313th PSU as they relieved the 308th PSU and became the operational MARSECDET support for JTF's maritime security force mission.

During their time here, the 308th conducted hundreds of hours of real world missions and more than 100 hours of training. They conducted the first noncompliant vessel exercise, coordinating with the Army, Navy and Marines.

In addition, the unit fielded a real world medical evacuation for a Marine injured in a Humvee accident. They quickly transported the Marine from the Leeward side of the base to the main hospital on the Windward side of the bay.

Cmdr. Ronzelle L. Green, commander of the 308th, credits his unit's success to basic, but foundational military teachings.

"Our folks lived up to the Coast Guard's core value, that's probably [our] largest achievement in my mind," said Green. "My father and grandfather were both enlisted Marines their entire lives, and they



Paul resides over the ceremony as Hotchkiss passes the JTF MARSECDET flag to Coast Guard Command Senior Chief Ryan G. Hooper, the 313th senior enlisted officer, signifying the trust the commander has in the noncommissioned officer corps. Speeches were given praising the outgoing PSU for their tenacity over the last year and welcomed the new unit during the ceremony. The incoming unit realizes they have big shoes to fill and are ready for the high standards set by the 308th.

taught me to respect everyone regardless of the rank on their chest, and that you have to have integrity, you have to have honor."

Cmdr. Jim R. Hotchkiss, commander of the incoming 313th PSU, echoed the sentiments and praises of the 308th and said his unit is up for the challenge of upholding the high standard they set.

"We have a really professional group of individuals, both in the Coast Guard Reserve and outside," said Hotchkiss. "We have firefighters, police and also some information technologies people from companies like Boeing and Amazon."

Hotchkiss was actually assigned to the 308th as its executive officer from 2007 until 2011, going with the unit on their previous deployment to Kuwait in 2010.

He praised his former unit's tenacity and the individual Coast Guardsmen, some of which were just joining the service when he was with the unit, who now make up the ships' teams and much of the enlisted unit's leadership.

"It's really neat to see these guys taking charge and solving problems," said Hotchkiss.

As the 313th prepares to man the watch, the 308th heads home for reunification with their loved ones.

"That's why you have 75 people here smiling," said Green. "A lot of these guys have watched their kids grow up on Skype for the past nine months; it'll be nice to go home."

Article by
ARMY SGT. CHARLIE HELMHOLT

FROM MASTER SCUBA DIVERS TO DIVEMASTERS

The day is beautiful. The sun is shining. Divers make their final safety checks and enter the surf. As they move through the water, they view the wildlife, careful not to harm any creatures or disrupt the ecosystem. Suddenly, a sharp pain shoots up one of the diver's legs. A lionfish swims by and the diver realizes the danger he faces. He knows if he does not act quickly and calmly, the situation could escalate. The diver does his best to remain calm as he signals the rest of his group to ascend. Luckily the spine which poked him was not venomous. The divers laugh. Just another day in the life of a scuba diver.

Many Joint Task Force Guantanamo Troopers enjoy the variety of beaches Guantanamo Bay, Cuba, has to offer but few experience the wonders beyond the beaches and beneath the water.

For some, GTMO is the place they first learn to dive. For others it is a place to brush up on their skills or further their education in scuba diving.

Army Master Sgt. Cindy Crislip, an operations noncommissioned officer-in-charge, with the 324th Military Police Battalion, is among the Troopers who began a diving career soon after her arrival to GTMO.

Crislip said she jumped in the water at the first opportunity and loved it.

It's a different world, said Crislip. GTMO Troopers have to deal with a lot of stress and worry about following all of the guidelines due to the scrutiny GTMO faces. Scuba diving can be a great way to relax, said Crislip. It's like you are in your own little world, she said.

Sgt. 1st Class Don Betz, a military police platoon sergeant, with the 324th MP Battalion, who also began his diving career in GTMO, said once he got into the water, he was hooked and he hasn't stopped diving since.

Unlike Crislip and Betz, Sgt. Timothy Fitzwater, a military policeman with the 324th MP Battalion, obtained his Open Water scuba certification back in the states and plans on becoming an Open Water Scuba Instructor.

All divers begin their diving careers with the basic Open Water certification, a lifetime certification. From there, they have the opportunity to obtain their Advanced Open Water, Rescue Diver and Master Scuba Diver certifications.

Master Diver is the highest nonprofessional rating for recreational scuba diving, while divemaster is the first of the professional levels. Divemasters are allowed to

assist instructors in teaching their courses. At this level, scuba divers are required to go through some intense training.

Divemasters-in-training are required to undergo a number of tests designed to assess their knowledge, capabilities and nerves.

"It takes a lot of time and dedication to become a divemaster," said Crislip.

From Open Water to the higher levels of certifications, you will learn more about navigation, deeper depths and how pressures affect your body, said Betz. Divers also begin to identify hazards and how to avoid or negotiate them.

Despite the possible dangers, the group of divers continues to enjoy diving and underwater exploration.

"It's the weightlessness," said Betz. "There's nothing else going on in your life except for what's right in front of you. It's a great stress reliever here."

The best part of becoming a divemaster is working with kids and first-time divers, said Crislip. The look on their faces when they come up from their first dive is priceless.

There are usually about one thousand divers on island said Jessie Keenan, manager for Ocean Enterprises, the only dive shop here and the place where most divers end up on the weekend to gear up for their aquatic adventures. At GTMO, diving is a big deal as the underwater environment is pristine and accessibility is unparalleled. Service members can dive from almost any beach here.

Very few attempt to take the professional scuba diving route, said Keenan. Although experienced and well-versed the current divemasters-in-training still have many tasks to accomplish before becoming full-fledged divemasters.

For a chance to meet the dive masters-in-training and get more information, visit the Dive Seminar hosted by the local dive club, Reef Raiders, Oct. 2 at 7 p.m. The seminar is for divers, snorkelers and anyone interested in these activities, said Keenan. There will be presentations and gear demonstrations as well as a raffle for dive gear such as regulators, dive computers, watches and much more. For more information on the event call Ocean Enterprises at 011-5399-75336. For more information on how to become a scuba diver, call G.J. Denich Gym at 011-5399-77262.

Article and photos by
SPC. JUSTIN LE MALONE



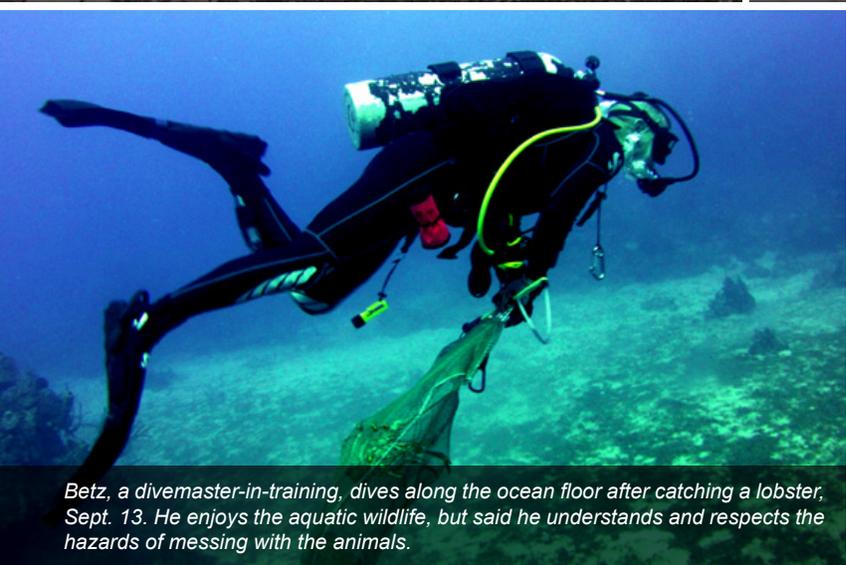
Sgt. Timothy Fitzwater, Sgt. 1st Class Don Betz and Master Sgt. Cindy Crislip pose for a picture, Sept. 30, at Cable Beach, Guantanamo Bay, Cuba. The trio are among the few at GTMO training to become divemasters.



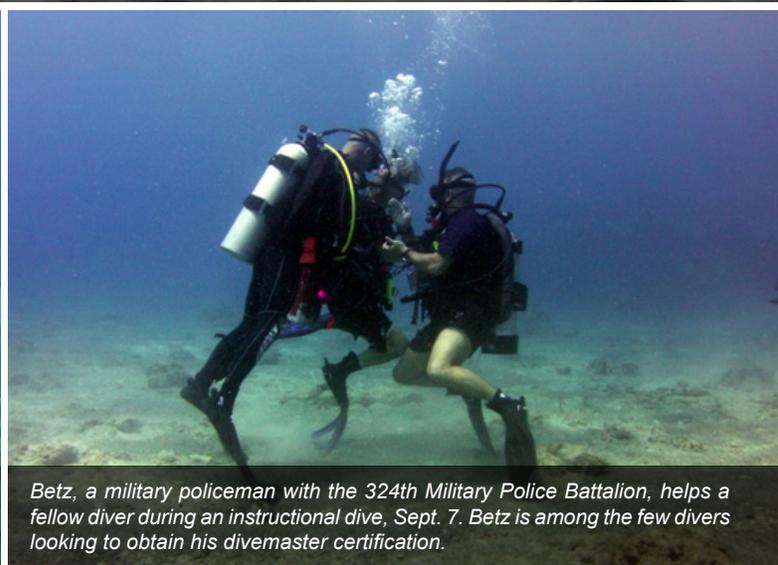
Betz puts on his scuba gear before he begins diving with his fellow divemasters-in-training.



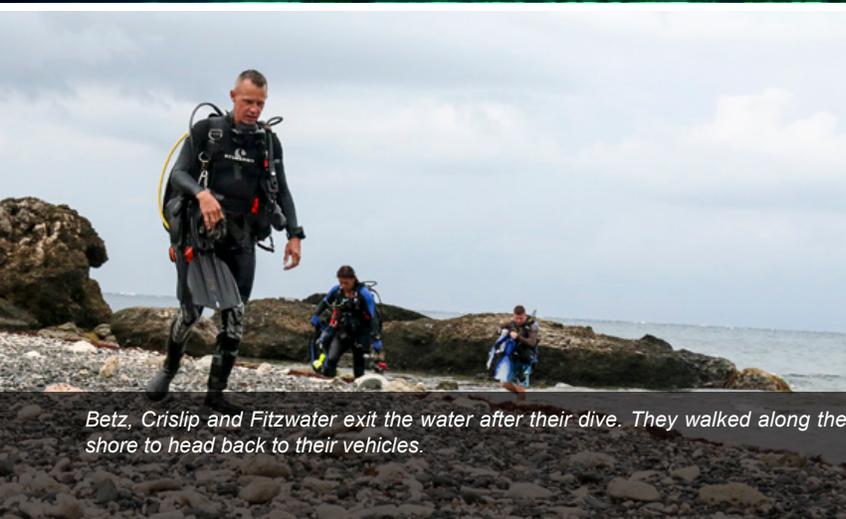
Crislip and her diver partner head into the ocean, mask and regulators ready, to begin their dive.



Betz, a divemaster-in-training, dives along the ocean floor after catching a lobster, Sept. 13. He enjoys the aquatic wildlife, but said he understands and respects the hazards of messing with the animals.



Betz, a military policeman with the 324th Military Police Battalion, helps a fellow diver during an instructional dive, Sept. 7. Betz is among the few divers looking to obtain his divemaster certification.



Betz, Crislip and Fitzwater exit the water after their dive. They walked along the shore to head back to their vehicles.



Crislip takes her gear off after a training dive with her fellow divemaster-in-training, at Pebble Beach.

OKTOBERFEST BRINGS EUROPEAN CHEER TO GTMO



A partygoer at Oktoberfest shows off his lederhosen and beer stein. German-style beer steins were available for purchase during the Oktoberfest celebration, Sept. 26, at The Windjammer at U.S. Naval Station Guantanamo Bay, Cuba.

Troopers and their families gathered, Sept. 26, at The Windjammer at U.S. Naval Station Guantanamo Bay, Cuba, for the annual Oktoberfest celebration, a festival of food, dancing and music.

A variety of lederhosen, leather shorts with H-shaped suspenders, graced the hall; the plethora of children highlighted the family friendly atmosphere and inflatable bounce houses kept the youngest kids entertained. The entire hall was decorated with blue and white checkered decor, balloons and tinsel lined-long banquet-style tables. Sturdy ceramic beer steins, complete with Oktoberfest-inspired graphics, were sold on the patio behind The Windjammer and free maps were given out with every purchase.

The celebration has run for several years, according to Jon Gilligan, the community special events coordinator for the Morale, Welfare & Recreation at GTMO, and took months of planning.

Unfortunately, for merrymakers, the event was plagued by a series of misfortunes.

"We had most everything ordered by July," said Gilligan. "We planned to have authentic German beer, great food, decorations and The Swinging Bavarians."

Despite having ordered their beer months ago, the logistics did not pan out for it to arrive on time. That, coupled with the originally scheduled band being unable to perform, led Gilligan and Mike de Andrade, hospitality director for the MWR, to make last minute changes to the evening's plans.

"We ordered a lot of German beer this year, because in past years we have run out," said de Andrade. "But our shipment didn't make the barge."

Even without the German beer or The Swinging Bavarians, Gilligan and de Andrade still had heaping trays of German food from spaetzel, bratwurst and even caramelized apples and onions, as well as a handsomely decorated hall to serve it in.

"We tried to make it right for people," said Gilligan. "We wanted to give away free food, free maps, and free entertainment since some things went wrong."

Gilligan's drive to make sure the evening was a success proved

evident and dozens of people attended to celebrate the evening.

The Swinging Bavarians, an 11-piece authentic Bavarian-style band who has played here during previous Oktoberfest's, were unable to make the trip this year, being forced to cancel last-minute. Serendipitously, Levi Stephens and the Working Class, a three-piece outfit from the Washington D.C. area, were already scheduled to perform, albeit on the patio instead of the main stage.

"We're really grateful for the opportunity," said Levi Stephens, front man for the band. "For one thing it's hot outside!" Stephens was excited and honored to be playing inside on the main stage.

The band, which consisted of Washington D.C. natives Levi Stephens, Warren Jones and Mike Echols, played a variety of music spanning from blues to rock and country. The group is currently in the middle of their first tour with Navy Entertainment and recently finished playing for troops across southern Europe.

We play a little bit of everything," said Stephens. "We call it Americana; its 80s, its 90s, it's pop and rock and everything in between."

The Working Class has been together for approximately five years, with the newest member being Mike, who joined the crew more than two years ago, said Stephens.

The band played from 7:00 p.m. to just after 9:00 p.m., and they were loathed to end their set.

"We usually play four to five hour sets," said Jones, the drummer for the band. "We were really feeling it but we tried to be mindful of the time."

The group expressed a great deal of gratitude at being afforded the opportunity to play for service members all over the world.

"It's been a pleasure, the whole day was phenomenal," said Echols.

The patrons of the event seemed to enjoy themselves as well, with the band taking time to mingle with service members and their families as they enjoyed the last of their authentic German cuisine and drank beer from newly purchased steins.

Article and photos by
SPC. IAN WITHROW



Levi Stephens and the Working Class, a Washington D.C.-based band, provided free entertainment for the Troopers and residents during an Oktoberfest celebration.

IN THEATERS THIS WEEK



The Downtown Lyceum showtimes are shown in the top row and the Camp Bulkeley Lyceum showtimes are displayed in the bottom row.

10/2 FRIDAY	10/3 SATURDAY	10/4 SUNDAY	10/5 MONDAY	10/6 TUESDAY	10/7 WEDNESDAY	10/8 THURSDAY
The Martian (New) PG13, 8 p.m. No Escape (New) R, 10:30 p.m.	Hotel Transylvania 2 PG, 8 p.m. A Walk In The Woods (New) R, 10 p.m.	The Man from U.N.C.L.E. (LS) PG13, 8 p.m.	The Hunt for Red October PG, 8 p.m.	Act of Valor R, 8 p.m.	Lone Survivor R, 8 p.m.	Straight Outta Compton (LS) R, 8 p.m.
Hotel Transylvania 2 PG, 8 p.m. A Walk In The Woods (New) R, 10 p.m.	The Martian (New) PG13, 8 p.m. No Escape (New) R, 10:30 p.m.	Ricki and the Flash (LS) PG13, 8 p.m.	LYCEUM CLOSED	Straight Outta Compton (LS) R, 8 p.m.	LYCEUM CLOSED	Everest PG13, 8 p.m.

Call the Movie Hotline @ 4880 or visit the MWR Facebook for more info. *Concessions at Bulkeley are closed until further notice Stay classy, GTMO! No alcohol or tobacco at the Lyceums.

MOVIE REVIEW / HOTEL TRANSYLVANIA 2



"Hotel Transylvania 2" was hilarious! The voices of the characters fit perfectly. Count Dracula (Adam Sandler) is the over protective dad of Mavis (Selena Gomez), who is married to Johnny (Andy Samberg). Even though vampires are supposed to despise humans, when his little girl falls in love with a human, Dracula's heart softens.

In this sequel, Dracula continues to interject his opinions into his daughter's life, which isn't hard to do when Mavis and Johnny live at the hotel with Dracula. When Dennis (Asher Blinkoff) is born, Dracula is on a mission to prove his grandchild is a vampire before his fifth birthday. Dracula is sure his grandson just needs a good scare to make his fangs come out.

Dracula convinces Mavis and Johnny to take a vacation to California, where Johnny grew up, so he can take Dennis to the vampire summer camp he attended as a young vampire. While Dracula throws Dennis off a tower to make him turn into a bat and employs other tactics to scare those fangs out, Mavis checks in nonstop. With new technology, Mavis can see her father and her son. When Mavis gets wind of a YouTube video of her son falling from a tower, she rushes home.

After the shenanigans her father pulled, Mavis is convinced her son should grow up in

California. She agrees to one last birthday party for Dennis before the move.

When Mavis invites her grandfather, Vlad (Mel Brooks), she has no idea how much he dislikes humans. Half of the hotel is filled with humans for the birthday party. Dracula comes up with the brilliant idea to hide this from his father and turns the birthday party into a monster bash. Vlad figures Dennis is a late bloomer and picks up where Dracula left off, trying to scare the fangs out of little Dennis.

You can see for yourself if Vlad ruins the party or comes around and warms up to his granddaughter's decision to marry a human. Find out if Mavis still wants to move to California and whether or not Dennis is in fact going to remain a human or if his fangs finally come in by the end of the movie. Either way you will not be disappointed. The comedy and heartwarming scenes of an over protective father will get you in the "feels". Dracula is entertaining as he tries to figure out new fangled technology, keep secrets and turn his grandson into a vampire.

The cast is great. Megan Mullally plays Johnny's mother. Her distinct voice is a perfect match with a slightly high pitch, but still motherly sound. David Spade and Mel Brooks only add to the hilarity of this film, as



well as many other characters. I love Sandler as Dracula, and of course he sings. Mavis is an overprotective mom, which is endearing, and Johnny is a fun dad who doesn't have it all together, but makes it work.

Many people can relate to their lives as new parents, with no time to themselves and searching for a date night, along with the worries of leaving their first child home with someone other than mom or dad.

"Hotel Transylvania 2" is great

for the kids, parents and all ages in between.

While it is not the absolute, hands down, greatest movie I have ever seen, it is quite hilarious and fantastic! I give this movie four out of five banana rats.

"Hotel Transylvania 2" is rated PG for some scary images, action and rude humor.

Movie review by
ARMY STAFF SGT. ALEAH M. CASTREJON

PLAN AHEAD! CHECK OUT EVENTS, ACTIVITIES

Starting dates are subject to change. All leagues last 2-3 months, including playoffs.

MONTH / DAY ACTIVITY

October 3	Ditka Dash
October 17	Color Run
October 24	Paddle, Pedal, Paintball
October 24	Fitness & Figure
October 24	Trunk or Treat
October 31	Zombie 5K
November 7	Glow Run
November 14	Duathlon
November 21	Power lifting Competition
November 21	Max performance games
November 26	T-Day Half Marathon
December 5	Power Lift Competition
December 11	Army / Navy Game
December 19	Holiday Basketball
December 24	Jingle Bell Fun Run

TOP PLACING OLYMPIC TRIATHLON COMPETITORS

INDIVIDUAL FEMALE

1. Brittany Marble- 2:58:04
2. Deborah Oldfield- 3:18:06
3. Elizabeth Meserve- 3:51:33
4. Ashley Ward- 5:17:34

INDIVIDUAL MALE

1. Todd Bookless- 3:10:43
2. Michael Taylor- 3:14:50
3. Charles Sanders- 3:15:24
4. Andrew Roley- 3:33:45
5. Charles Tilly- 3:38:59

TEAM

1. West, Granina, Gore- 2:44:54
2. Pulido, Palacio, Ogunniyi- 2:45:19
3. Tidd, Arnesen, Wheeler- 2:46:45
4. Beamon, Gross, Molina- 2:46:49
5. McManus, Jones, Carr- 3:12:33



TRIATHLETES COMPETE UNDER BLAZING SUN



A service member rides his bike while completing the 40K bicycle portion, during the Olympic Triathlon at U.S. Naval Station Guantanamo Bay, Cuba, on Sept. 26. The triathlon, sponsored by the Morale, Welfare & Recreation program, created a bigger challenge compared to the previously held Sprint Triathlon, a month ago.

Participants competed in an Olympic Triathlon at U.S. Naval Station Guantanamo Bay, Cuba, on Sept. 26. The triathlon, which was sponsored by the Morale, Welfare & Recreation, took on a bigger challenge compared to the previously held Sprint Triathlon, which took place a month ago.

The race consisted of three events and included service members from NAVSTA and Joint Task Force Guantanamo. Troopers had the option to compete in all three events by themselves or form a three-person team.

The triathlon began at Ferry Landing Beach with a 1.5K swim.

Michael Mega, who has only competed in running events, swam in the triathlon. He said he completed the swim in 36 minutes, which is better than the 43 minutes he set for himself.

"I expected jellyfish stings, which I received none," said Mega, who had no prior experience swimming competitively, before his arrival at GTMO. "I just kept putting my left arm in front of my right."

After finishing the swim, the competitors continued alone, or tagged a teammate. As the sun slowly continued to rise over the competitors, they grabbed their bikes, geared up and began cycling the 40K route. The route started at Ferry Landing Beach and finished at the Downtown Lyceum.

Jairo Palacio said he is an avid biker and has been riding the terrain of GTMO since he arrived. He wishes he could have gotten a better bike for the event, nevertheless he was able to compete due to his knowledge of the area and training every day.

"You have to put miles on your legs to get them ready for the longer distance," said Palacio. "Competing is an excellent way to see where you are and since we won the last one (all-male team for the sprint triathlon) it was like a challenge to win the better, longer one."

As the other swimmers came out of the water his anticipation grew stronger. He said he kept thinking of how much time they would be ahead of the other competitors and he would have to try to be much faster.

As the first cyclists came in around 9:00 a.m. the sun was already blazing high in the sky, scorching the runners, anxious to start the 10K race.

Olusegun Ogunniyi, who has competed in every MWR running event since his arrival, said running is a mental game.

"If you are able to cope with the mental ability, you should be able to cope with everything," said Ogunniyi.

Races are the greatest thing done on GTMO, he said. The team camaraderie between all branches of the Department of Defense who participate in MWR events, is his favorite part of being deployed here, while he serves his country.

The MWR program keeps Troopers occupied and entertained. Service members find ways to strengthen their morale through participating in the various events held each month. For more information on upcoming events contact the G.J. Denich Gym at x77262.

Article and photo by
ARMY SGT. RYAN L. TWIST

SLUGGERS N' CHUGGERS PULL OFF WIN



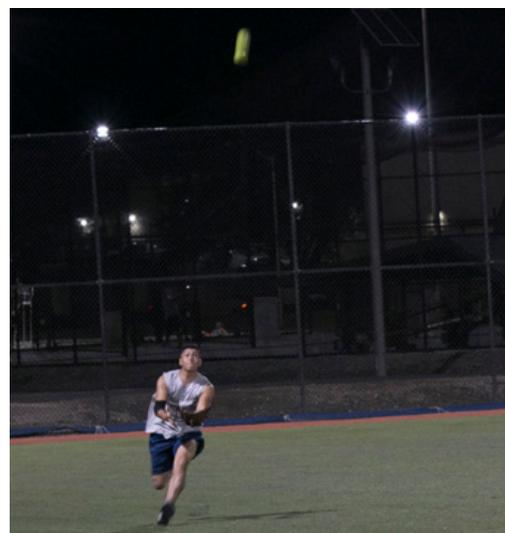
Ghost Riders first baseman, Jefferey Nitschke, swings and hits the softball during a game at Cooper Field on Sept. 25. The Ghost Riders fell to the Sluggers n' Chuggers 12-10 in a close dramatic match.

A slugfest took place between the Sluggers n' Chuggers and the Ghost Riders at Cooper Field, Sept. 25, in a closely contested softball game. The Sluggers n' Chuggers came out victorious, beating the Ghost Riders 12-10.

The game had all of the essentials needed for a great contest between the two teams: fans heckling players, players trying to get into the heads of their opponents, controversial calls, coaches running up to the ump, a collision at the plate and runs galore.

The two teams took advantage of gaps in the field to get their team members on base with both sides able to get across the plate and trading runs back and forth.

The real excitement came after a collision between Sluggers n' Chuggers left fielder, Joe Gonzales, and Ghost Riders pitcher, Quon Tran; with Gonzales being called safe at the plate.



The Sluggers n' Chuggers' left fielder, Joe Gonzales, prepares to catch the ball for an out. Gonzales made seven catches and scored a collision-run at the plate.

Gonzales made a dash for the plate when he was waved home by the third base coach. Just when everyone thought Gonzales would be tagged out, he barged into Tran, and the ball flew out of his hand.

Gonzales also had a great game in the outfield.

"After the last few games, I had a great showing today," he said. "I made seven catches today. It feels great to contribute to the win."

There were two instances where the Sluggers n' Chuggers team members felt they were cheated by the ump's with questionable safe calls at first base. Sluggers n' Chuggers felt the Ghost Riders first baseman was off the plate when he leaped for a catch. This led to a cordial, yet stern, confrontation at the plate. Grumbling, persisted throughout the game.

The entertainment lasted well into the final inning. In the end, the Sluggers n' Chuggers pulled off the win, scoring two runs late in the game to seal their victory.

However, the Ghost Riders remained competitive the entire game and pushed the Sluggers n' Chuggers to the brink. While they came up short, they are still confident in their team to turn the season around.

"It was a tough loss, but everyone played well," said John Hubert, the Ghost Rider's captain.

With 28 teams in the league, there are plenty of games left for both teams to prove themselves, and make a run for playoff contention.

Morale, Wellness & Recreation softball games are held at Cooper Field beginning at 7 p.m. Visit the G.J. Denich Gym for more information.

Article and photos by

ARMY SGT. CHRISTOPHER A. GARIBAY

MWR ULTIMATE FRISBEE

No.	Team Name	Standings
01	Dislexia	9-1
02	Salt Water Cowboys	7-1
03	Frizz Beez	7-3
04	The Ice Men	7-3
05	Dirty Red & the Boys	4-5
06	Down to Flick	4-7
07	Floppy Disks	0-9
08	Legal Air Warfare	0-9

MWR CO-ED SOFTBALL

No.	Team Name	Standings
01	Inglorious Batters	4-0
02	Slap Pitches	4-0
03	CT Stormtroopers	3-0
04	Blazing Saddles	2-0
05	Care Bear Warriors	2-0
06	Gatekeepers	2-0
07	GTMO Bandits	2-0
08	Sons of Pitches	3-1
09	Spartans	3-1
10	GTMO Latinos Plus	2-2
11	Sluggers n' Chuggers	2-2
12	TAO B	2-2
13	The Sliders	1-1
14	Football Bats	1-1
15	Outcasts	1-1
16	NAVSTA Security	1-1
17	Punishers	1-2
18	TAO A	1-2
19	Gunslingers	1-2
20	Ghost Riders	1-2
21	Life's a Beach	1-2
22	One Hit Wonders	1-2
23	Guardians	1-3
24	Caught Looking	1-3
25	Pitch Slap	0-3
26	Iguanamo	0-3
27	JTC Softball Team	0-3
28	French Team	0-4

ARMY FOOTBALL TRYOUTS

Dates are subject to change. Please contact POC's for questions.

ARMY MALE

Tryouts will be held every Wednesday at 7 p.m. at Cooper Field, until further notice.

Male POC: Master Sgt. Stephen Jones x5418

ARMY FEMALE

October 3 10 a.m. at Cooper Field
October 10 10 a.m. at Cooper Field
October 31 10 a.m. at Cooper Field

Female POC: Blair J. Stone x9832

EAT HEALTHY EVEN AT THE GALLEY, FAST FOOD JOINTS

It's easy to throw your healthy eating habits to the wind when you go to the galley or a fast food restaurant. However, with a little effort you do not have to give up eating healthy to eat out.

Drink water

Avoid sugary carbonated drinks such as soda and sweetened tea. Instead, drink water with a lemon to add flavor to your drink. Drinking water throughout your meal fills you up enough to prevent you from eating too fast. This gives you time to enjoy your meal and allows your brain to realize you are full.

Vegetable delight

Choose meal options that include steamed or grilled vegetables. Many vegetarian options on the menu tend to be healthier. Fill a baked potato with vegetables or salsa and avoid butter and sour cream.

Watch out for add-ons to salads, such as toppings and dressings. Choose balsamic dressing instead of Caesar or ranch dressing. Ask for the dressing on the

side to avoid excess dressing. Moreover, skip the bacon, which is high in fat and calories. Substitute the bacon for lean protein such as chicken or fruits and vegetables.

Condiments galore

Although condiments add flavor to an oftentasteless meal, use them sparingly. One-ketchup packet amounts to 10 calories. Barbecue sauce and honey mustard containers add 50 to 60 calories onto your meal. Additionally, mayonnaise and oil based sauces add many more calories.

Half your portions

Keep your meal under 500 calories. You can do this by checking the restaurant's website or look at the calories on the menu.

Lastly, before you start to eat, split your meal in half, chances are you grabbed too much food.

Article by

ARMY SPC. NICOLE NICOLAS

Shrimp and Vegetable Salad

INGREDIENTS:

Cooked shrimp

1/4 teaspoon salt

1/4 teaspoon pepper

1-2 wedges of fresh lemon

Salad

A cup of spinach or romaine lettuce

1/4 cup of jalapeños

1/4 cup of cucumbers

1/4 cup of green, yellow or red

peppers

1/4 cup of shredded carrots

Red vinaigrette

Olive Oil

DIRECTIONS:

Toss all ingredients together.

"It is health that is real wealth and not pieces of gold and silver." - Mohandas Gandhi



JSMART SPOT

▲ JSMART HELPER: HARLEY

FOUR HORSEMEN OF RELATIONAL RUIN

If you have been in any romantic relationship for an extended period of time, you may have noticed that communication is essential. This is especially true when it comes to the inevitable disputes, which come up between partners as they grow in their relationship.

Dr. John Gottman, a marital therapist known for his studies on marriage stability and divorce predictions, talks about the four main "toxic behaviors", which contribute directly to couples feeling disconnected, isolated and distant from each other.

These "four horsemen" are destructive criticism, defensiveness, contempt and stonewalling. However, there is hope when you find these four destroyers in the midst of your arguing. Place

your attention toward your speech and attentiveness, speaking your opinion clearly and concisely. Be sure your body language is communicating that you are engaged and listening to your partner's point of view.

Be patient! Take turns speaking and patiently listen to each other, calmly responding in your argument. When engaging in these forms of communication, we place ourselves in a relational position, which can lead to a peaceful, fulfilling and happy relationship!

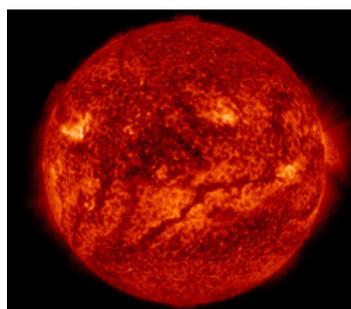
A good tip to remember is kindness, even in dispute.

Article by

NAVY PETTY OFFICER 3RD CLASS JOSHUA GIANGRECO
Joint Medical Group

MILITARY HISTORY

FIRST BLOODMOON MORE THAN 30 YEARS



According to NASA.gov, a supermoon in combination with a lunar eclipse was seen for the first time in more than 30 years. On Sept. 27, at approximately 10 p.m. EDT, in the U.S. and much of the world, a total lunar eclipse masked the moon.

A total lunar eclipse happens when the full moon passes through the darkest part of Earth's shadow, the umbra. Sunday's supermoon

eclipse lasted 1 hour and 11 minutes, NASA.gov stated.

The moon does not make its own light, but reflects the light from the sun. During a lunar eclipse, the moon appears less bright as sunlight is blocked by the Earth's shadow, according to NASA.gov. As the shadow covers the moon completely, nearly all colors except red are "filtered" out, and the eclipsed moon appears red or dark brown. This filtering is caused by particulates in our atmosphere; when there have been many fires or volcanic eruptions, lunar eclipses will appear darker and redder. This is where the red color and nickname "blood moon" comes from.

Article and photos attributed to **NASA.GOV**

RELIGIOUS SERVICES

ROMAN CATHOLIC (NAVSTA chapel)

Saturday* 1700
 Sunday* 0900 (Side Chapel)
 Mon-Thurs* 1730&0900

PROTESTANT SERV. (JTF Troopers' chapel)

Sunday* 0900&1900
 Friday 1900

Friday night movie

PROTESTANT SERV. (NAVSTA chapel)

*Traditional** Sunday 0930 Annex Room 1 (Liturgical Service)
*Contemporary** Sunday 1100 Main Chapel
Gospel Sunday 1300 Main Chapel

OTHER SERV. (NAVSTA chapel)

Islamic Prayers Friday 1315 Annex Room 2
7th Day Adventist Saturday 0900 Annex Room 1 (Sabbath School)
 Saturday 1100 Annex Room 1 (Sabbath Service)
Latter Day Saints Sunday 0900 Annex Room 19
Pentecostal Sunday 0800 Annex Room D
 Sunday 1700 Annex Room D
*Christian Fellowship** Sunday 1800 Main Chapel (Non-denominational)
Jewish Study Friday 1900 Call JTF Chaplain for location*

BIBLE STUDIES (JTF Troopers' chapel)

Monday 1900 JTF Trooper's Chapel
 Wednesday 1900 JTF Trooper's Chapel
 Saturday 1900 JTF Trooper's Chapel

Game Night

LUTHERAN SERV. (JTF Troopers' chapel)

Sunday 1030 JTF Trooper's Chapel

DAVE RAMSEY'S FINANCIAL PEACE / MILITARY EDITION (JTF Troopers' Chapel)

Tuesday 1900 Taught by Navy Chaplain (Lt. Col.) Mark Moreno

ALCOHOLICS ANONYMOUS MEETINGS

Mon/Wed/Sat 1830 NAVSTA Chapel Annex, Room 16

*These services are conducted by Army or Navy chaplains / For more information call ext. 2218

BUS SCHEDULE

Camp America :00/:20/:40
 Gazebo :01/:18/:21/:38/:41/:58
 Camp America NEX :02/:17/:22/:37/:42/:57
 Camp Delta :04/:13/:24/:33/:44/:53
 Camp 6 :07/:10/:27/:30/:47/:50
 HQ Building :55/:15/:35
 TK 1 :01/:17/:21/:37/:41/:57
 TK 2 :02/:16/:22/:36/:42/:56
 TK 3 :03/:15/:23/:35/:43/:55
 TK 4 :04/:13/:24/:33/:44/:53
 CC :00/:19/:20/:39/:40/:59
 JAS :14/:34/:54
 Windjammer / Gym :02/:17/:22/:37/:42/:57
 Gold Hill Galley :04/:15/:24/:35/:44/:55
 NEX :06/:13/:26/:33/:46/:53
 NEX Laundry :07/:27/:47
 C Pool :10/:30/:50
 Downtown Lyceum :11/:31/:51

BUS SCHEDULE 09:55 - 19:55 hourly

Camp America :48/:55
 TK 1 :05/:36
 Windjammer / Gym :11/:31
 Gold Hill Galley :14/:29
 NEX :16/:27
 Downtown Lyceum :17/:25

BEACH BUS (Saturday & Sunday only)

Windward Loop / E. Caravella:
 0900/0930/1200/1230/1500/1530/1800/
 1830
 SBOQ / Marina:
 0905/0935/1205/1235/1505/1535/1805/
 1835
 NEX:
 0908/0925/1208/1225/1508/1525/1808/
 1825
 Phillips Park: 0914/1214/1514/1814
 Cable Beach: 0917/1217/1517/1817
 Return to Office: 0940/1240/1540/1840

FERRY SCHEDULE

Monday - Saturday

FERRY

Windward:

0630/ 0730/ 0930/ 1030/ 1130/ 1330/ 1530/ 1630

Leeward:

0700/ 0800/ 1000/ 1100/ 1200/ 1400/ 1600

UTILITY BOAT

Windward:

1630/ 1730/ 1830/ 2030/ 2230/ 2330

Leeward:

1700/ 1800/ 1900/ 2100/ 2300/ 0000

Sunday & Holidays

FERRY

Windward:

0730 / 1330

Leeward:

0800 / 1400

UTILITY BOAT

Windward:

1030 / 1530 / 1730 / 1830 / 2030 / 2230

Leeward:

1100 / 1600 / 1800 / 1900 / 2100 / 2300

HAPPY HALLOWEEN JTF GTMO FAMILY

The 525th Military Police Battalion is hosting the third annual U.S. Naval Station Guantanamo Bay, Trunk or Treat at the Downtown Lyceum on Saturday Oct. 24. There will be games, crafts and inflatables for bouncing.

There will be prizes for costume contest winners, cars for children to "Trunk or Treat" and recognition given for the best-decorated trunk. All Joint Task Force Guantanamo Troopers are invited to participate and enjoy the festivities.

The event set-up will begin at 3 p.m., the festivities will begin at 5 p.m. and they will continue until the awards and the movie of the night are complete.

There will also be volunteer opportunities to help run the Morale, Welfare & Recreation activities.

If you would liked to enter a car, as an individual or a group, contact 1st Lt. Adrian Zoodsma at adrian.j.zoodsma@jftgmo.southcom.mil by Oct. 16.



Photo by Dustin Stech

PARTING SHOT



'SUNRISE SPLASH' PHOTO BY SGT. DUSTIN STECH. FOR A CHANCE TO HAVE YOUR PHOTO FEATURED IN THE PARTING SHOT, PLEASE SEND SUBMISSIONS TO: THEWIRE@JTFGTMO.SOUTHCOM.MIL

THE WIRE