

THE OFFICIAL PUBLICATION OF JOINT TASK FORCE GUANTANAMO

THE WIRE

APRIL 17, 2015

COLOR RUN

STREETS WERE DYED AS HUNDREDS TAKE PART IN POPULAR 5K FUN RUN

BEACH CLEANUP

COMCAM TROOPS VOLUNTEER TO RETURN GTMO'S BEACHES TO PRISTINE CONDITION

REMOTE CONTROL MADNESS

R/C CAR, TRUCK ENTHUSIASTS REPURPOSE MWR GO-KART TRACK

CAMP AMERICA UPGRADES

RENOVATIONS ARE UNDERWAY TO IMPROVE THE JTF DINING EXPERIENCE

UNITY FOR COMMUNITY

VOLUNTEERS HOST FUNDRAISER FOR SPECIAL CATEGORY RESIDENTS

RUGBY IN GUANTANAMO

BARBARIC GENTLEMEN GEAR UP WEEKLY FOR A GAME OF 'SEVENS'

PHOTO STORY



SGT. MAJ. J.M. HIDALGO JR.

JTF Senior Enlisted Leader

Over the last two years I have been blessed to be your sergeant major. The best thing about this duty has been the ability to serve with such great, professional Warriors. Keep in mind; Warriors come

“WHAT’S UP, MOTIVATOR?!”

in all different uniforms, ranks and backgrounds. I also cannot forget the awesome GTMO community that I have been privileged to meet and serve with.

As a Joint Task Force we are moving in the right direction, and we can never let up! No, we must keep the momentum and continue the good fight every day. I have been privileged to watch our JTF advancement over that last two years, and we have progressed because of teamwork. We can never become complacent in our duty to drive for mission accomplishment. We must maintain consistency and a commitment to excellence to allow JTF GTMO to remain the best JTF in the Department of Defense. Yes, there is still work to be done, and we can never settle for, “good enough.” However, I know the Warriors of JTF GTMO will never settle for “just good enough,” but will remain focused on excellence in all you do.

To assist us all, we must remain focused on the mission, mission tasks and understanding that it all rests upon our individual leadership and attitude.

As leaders, when we wake up every day at 5 a.m., there is a clear choice. That choice is a simple one. We can feel sorry for ourselves, or we can acknowledge our duty and leadership challenges and say, “I get to do this!” As leaders, will there be difficult times? Of course, but it’s never as bad as it seems on the surface.

By acknowledging that achieving excellence takes effort, at times above and beyond, we will always improve and get better. The JTF mission we are all supporting daily is strategic, of immense importance to our nation, and observed daily throughout the world. You should all take great pride in who you are, what you do, and the great country you represent.

We must constantly remind ourselves, and at times each other, as leaders it is our duty to Teach, Mentor, Coach, Inspire, and Motivate everyone around us. The greatest way to accomplish this is by what we refer to in the Warrior business as leadership by example. There is an old adage, “I can’t hear you; your actions are too loud.” Simply put, people may not hear a word you say, but they will see everything you do.

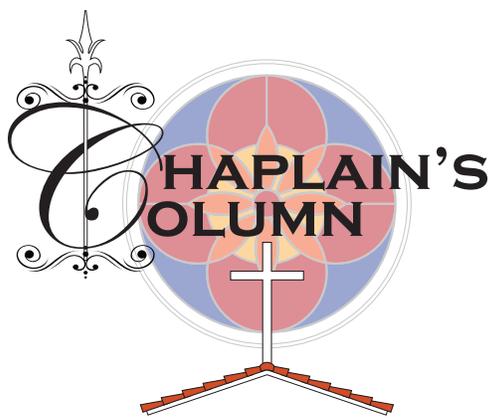
To all those able to attend the Relief and Appointment Ceremony, thank you! Together, as a team you helped me run it through the tape and complete the mission I was given.

Remaining Semper Fidelis!

Article by

SGT. MAJ. J.M. HIDALGO JR.

JTF Senior Enlisted Leader



I hate goodbyes. I’ve had to say goodbye more times in the last six months than I care to count. Groups and individuals transition in and out every few weeks. You work with someone, or worship with someone and before you know it, they’ve left the island. How do you deal with that?

Back in the States, my congregation is a very stable one. Unless they get transferred with their job, most of the members of my church stay put. We’ve been

DEALING WITH GOODBYES

blessed to receive lots of new families over the past several years, and they’ve stayed put, too. The same thing is true with most of my church staff.

However, here at GTMO, change is the name of the game. The co-workers in your shop change. Military police battalions come and go. The gate guards you had gotten to know depart, and a new batch arrives. The Troopers who come to chapel services and Bible studies are here only for a while. Same thing goes for the chaplains, religious programs specialists, chaplain’s assistants and praise band members.

So, how do you deal with all the goodbyes? I’d like to suggest three ways. First, accept the reality. It’s been said that the only constant in life is change. Second, make a habit of telling people you appreciate them, and demonstrate your appreciation in tangible ways. Third, stay in touch with Troopers who’ve become friends. Social media, phone calls, emails, and texts afford us opportunities to stay connected that previous generations of veterans didn’t have.

This Friday, I’ll have to say goodbye to yet another Trooper who’s part of our JTF Chapel family. Sgt.

Kevin Aurigema is an outstanding Soldier and a faithful Christian. We took Kevin to Sunday brunch at the Bayview and gave him a paddle. We’ve made sure he has our email addresses, and he’s sent us friend requests on Facebook. So, I think we’ve covered all the bases.

“I thank God every time I remember you,” wrote the Apostle Paul in Philippians 1:4. When we have to say goodbye, let’s also be sure to say ‘thank you,’ and to stay in touch.

Article by

LT. CMDR. TIM FOSTER

JTF Deputy Chaplain



COMMAND & CHAPLAIN

JTF's Senior Enlisted Leader reflects on his time here; extols virtues of the mission; commends JTF Warriors. The chaplain doesn't like goodbyes either, but helps by providing helpful tips to staying in touch.



GTMO NEWS

Combat Cameramen clean-up the beaches around GTMO, volunteers raise funds for Special Category Residents, renovations begin on Camp America Galley, and R/C car hobbyists refurbish go-kart track.



PHOTO STORY / COVER PHOTO

Hundreds of GTMO residents participated in MWR's 5K Color Run. Hindu inspired run colors the streets in dye.



ENTERTAINMENT

This week in entertainment, a romantic geriatric comedy with British accents, "The Second Best Exotic Marigold Hotel," hit the Lyceum, and Gene Simmons gives business advice in his book "Me, Inc."



SPORTS

The NCAA Championship column and MMA updates provide the latest up-to-date scores and highlights from your favorite teams and fighters after each weekend of action.



LIFE & FITNESS

Breaking news, your feet are vital to maintain a healthy and physical lifestyle. Our health guru provides tips to strengthen your hooves.

MOTIVATOR OF THE WEEK

**PETTY OFFICER 2ND CLASS
RAKIYAH COOK**
JMG

SPC. MICHAEL MANGO
670TH MP CO

BEWARE THE SHOULDER SURFER ...

Surfing the waves is fun, but shoulder surfing is something to watch out for! Identity thieves can get your information by standing behind you at the ATM, while you enter your PIN. It can also happen at the store if you use a debit card and enter a PIN to pay for your purchase and get cash back. It can even happen when opening a door that requires a code for entry. Make sure you know who is around you and cover the keypad while entering your PIN or entry code. Keep your information safe, use OPSEC!

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TROOPER ON THE STREET

WHAT'S SOMETHING YOU WISH YOU COULD SEE CHANGED IN "THE WIRE?"



SGT. JAMES JOHNSON

"I would like to see more of the MWR sports standings, like the scores of some of the games."



PETTY OFFICER 3RD CLASS ROBERTO PULIDO

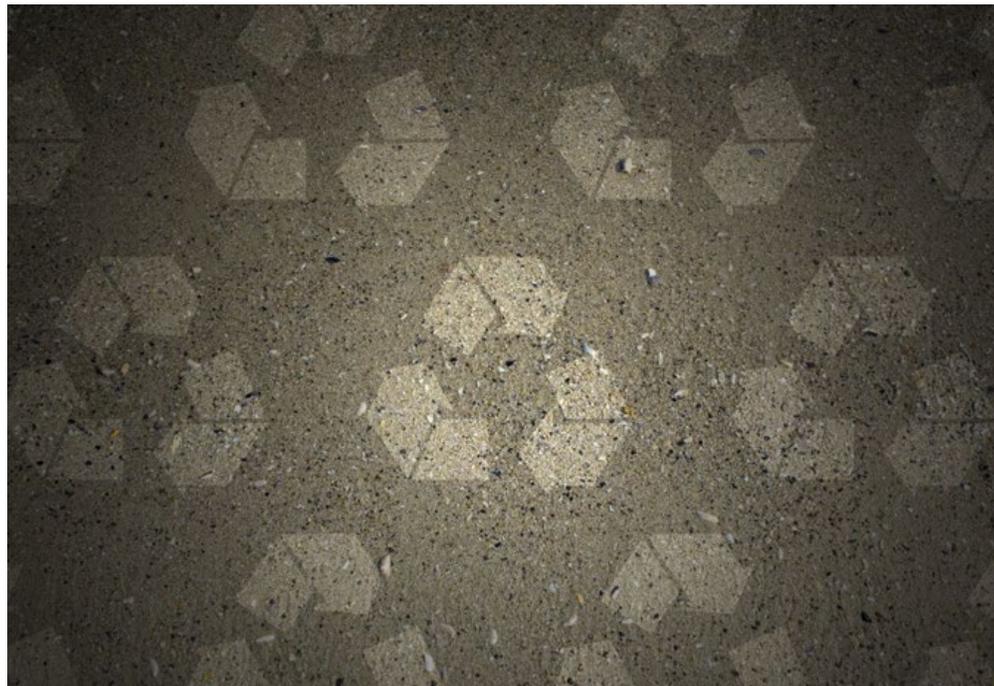
"Something I would like to see implemented in 'The Wire' would be more pictures and more color."



SPC. JORDAN RIGGALL

"I would like to see galley menus in 'The Wire.'"

COMBAT CAMERAMEN TAKE TO THE BEACH



Waves of pure, clean, Caribbean ocean lap upon the beaches of Guantanamo Bay often leaving behind unwanted litter on the sands. Combat cameramen deployed in support of operations here, recently took part in ensuring those items don't accumulate.

“**... THESE ARE FRAGILE ENVIRONMENTS AND THEY NEED TO BE TAKEN CARE OF**”

"It's a shame that so much garbage has washed up on some of these hidden beaches," said Petty Officer 2nd Class Shannon Burns. "These are fragile environments, and they need to be taken care of."

Burns, and fellow combat cameramen, kayaked out from the Morale, Welfare & Recreation Marina with industrial trash bags. They collected more than four-large bags of plastic cups and bags, glass

bottles, and even clothing, along the Deer Point area of the bay.

According to the United Nations Educational, Scientific and Cultural Organization, plastic debris causes the deaths of more than a million seabirds every year, as well as more than 100,000 marine mammals.

"Every bit counts," Burns said. "We might not be able to pick up all the trash that's washed up on these beaches, but at least some areas will be cleaner than they were before."

It's important for everyone to become aware of keeping the environment free of litter by putting trash in the right place (i.e. the garbage bin), recycling, cutting open the holes of six-pack holders before disposing of them, picking up plastic bags and other trash out of gutters and storm drains, and not leaving cigarette butts and other trash behind at the beach.

"Life's a beach; don't trash it up," said Petty Officer 2nd Class Steve White.

The idea to clean-up the beaches was inspired by combat cameramen on a kayaking trip. To find volunteer opportunities contact the MWR office or your command volunteer coordinator.

Article by

PETTY OFFICER 2ND CLASS GABRIEL BEVAN

JTF Combat Camera

Photo illustration by

SGT. RICK HOPPE

VOLUNTEERS RAISE FUNDS FOR CUBAN COMMUNITY



A volunteer serves spaghetti to other volunteers and Special Category Residents during the inaugural Spaghetti Dinner Fundraiser, Friday, at the community center. The funds will help provide SCRs the ability to participate in activities throughout Guantanamo.

The Guantanamo Bay community center was filled with Latin music, laughter, chatter and Italian food Friday night. Volunteers raised money for the elderly Cuban community to allow them to socialize with the rest of the base by providing funds for activities, and to bring awareness to GTMO of the Special Category Residents.

The Spaghetti Dinner Fundraiser was the first of many to shine light onto the SCRs.

"SCRs are the Cubans who never left. Everything started changing here, and they stayed back. They have a very unique role here," said Christie Knobeck, one of Friday's event organizers. "The spaghetti fundraiser was to celebrate the SCRs, make them our VIP guests and to have a guest speaker here tonight to bring awareness of their whole history here in GTMO."

For the SCR's first fundraiser, the outcome was quite surprising for some.

"I'm actually really happy. I wasn't sure what to expect. We still had a really good turnout," Knobeck said. "It was non-stop."

Sgt. 1st Class Peter Niño, the plans and resource non-commissioned officer in charge of J6, and event volunteer, shared his appreciation for everyone who came out.

"I think it was very successful, along with the history that came along with it – it was very informative. I appreciate it," Niño said. "It went very well. A lot of people showed up. People are smiling. The food was excellent."

“**THESE GUYS NEED TO FEEL THE LOVE THAT THEY DESERVE**”

There are plans in the works for more fundraisers. The funds will go to the SCR's social activities, which include bowling, dining and other meet-and-greet events.

"There will be a 5K in May that will also be about celebrating the SCRs. That was brought to the group tonight, so that they can pre-order their T-shirts, so they can get excited about that," Knobeck said.

The SCRs have also created a recipe book with Cuban Cuisine that was for sale at the front entrance; recipes like, pescado Habana – grilled fish Havana style, Cuban empanadas, mantecaditos – Cuban cookies, even an alcoholic beverage called Papa Hemingway. The books will be sold at their fundraising events.

"My intent is to help leave something behind and hopefully someone can take the torch and make this so much better," Knobeck said in closing with a kind smile. "These guys need to feel the love that they deserve."

Story and photo by
SGT. REBA BENALLY

CAMP AMERICA GALLEY UPGRADES



A Soldier walks into the Camp America Galley for lunch Monday. The galley is scheduled for renovations on a majority of the facilities to help sustain its operation until a new dining facility is completed in 2018.

Renovations to the Camp America Galley are set to begin in May and are aimed at improving the dining experience for Joint Task Force Guantanamo service members and the work space of the employees there.

The improvements to the galley will happen in phases to limit the impact on service to JTF GTMO personnel and serving times. The construction, beginning later this month, will have minimal impact on day-to-day services for meals.

“Phase one will begin work on the pan wash, locker room and restroom facilities,” said U.S. Air Force Maj. Eddie Morgan, a member of the JTF GTMO engineers assisting in the construction.

Delays to personnel eating and serving will come later in the work as the improvements move closer to the finishing stages in September and October. Estimated completion of the project is October 15.

“The dining, serving area and scullery areas will be repaired, and this will mean that JTF personnel will have to eat outside of the dining area,” Morgan said.

The repairs couldn’t have come at a better time as some parts of the galley structure were built as far back as 1992. Rust on exterior doors is clearly visible and indentations in the floor make walking with a tray full of food a precarious endeavor.

“A lot of the structures were also built in 2000 and were only meant to last two years, like the tents ... so we were well over due,” Morgan said.

These renovations will ensure that the Camp

America Galley will continue to serve JTF GTMO until the new dining facility is complete in 2018.

Some of the areas being renovated include everything from the boiler room, the dining areas and the food preparation areas.

“**PATIENCE IS THE KEY TO GETTING THROUGH THESE RENOVATIONS**”

Some Troops who frequent Camp America Galley, like Sgt. Matthew Robinson, have some ideas that they think would make the galley a bit more comfortable for the everyday service member.

“A covered deck or patio dining area looking out to the water would be nice,” Robinson said.

Robinson also has concerns with some of the

crumbling structure.

“The doors are rusting and there are a couple of spots where the floor is peeling,” Robinson said. “The latrines, well, they definitely need some work.”

For others it’s a matter of space. Never is the issue of a lack of space more evident than on surf and turf days at the galley.

“We need more tables or space for more tables,” said Spc. Travis Amon, a member of JTF GTMO. “There are times at lunch and at dinner that there are no tables left.”

Patience is the key to getting through these renovations Morgan said, “There are going to be some times that things will not go as people want them to.”

Keep reading “The Wire” for updates on the progress of renovations and pertinent information of changes in galley functions.

Story and photo by
SGT. ADRIAN BORUNDA

HOBBYISTS REPURPOSE OLD TRACK



Carlos Feigelmuller, a civilian employee, maneuvers his battery powered R/C truck around the old Morale, Welfare & Recreation go-kart track. The R/C truck costs approximately \$600.



John Dempsey holds his battery powered R/C car after racing it on the old MWR go-kart track here, Saturday.

It is a warm overcast afternoon, perfect conditions for the two gentlemen high-up in the drivers stand operating their remote control cars on the concrete surface of the repurposed Morale, Welfare & Recreation go-kart track.

"When I was growing up I saw some R/C cars in the neighborhoods and got involved with the local hobby shop, and ever since then it has gone downhill. I have been involved for a better part of 25-30 years," said John Dempsey, tech manager at Satellite Communications System Inc.

Two of the R/C vehicles running April 4 can hit speeds in excess of 60 mph on a flat, straight, surface. One of those was a nitro-powered, all-wheel drive car which hits 65 mph; the other was a battery powered four wheel drive truck that has been clocked at 62 mph.

What started as an MWR go-kart track here at GTMO has been converted into an R/C race track by local residents and contractors looking for a place to enjoy their sport. First, the bumper tires were removed and their anchor points cut flush with the concrete track. Then tugboat ropes were placed in key locations to help keep the remote control cars from slamming into the curbs causing catastrophic damage.

Getting into the R/C hobby isn't as hard as one might think. There are many types of cars that can be purchased online and shipped to GTMO. There

are battery powered electric cars, and nitro-fueled cars, depending on your tastes. Cars aren't the only vehicles available. There are also trucks – two-wheel and four-wheel drive, fast and slow.

“**MY FAVORITE PART IS THE RACING AND HAVING FUN, TRYING TO ONE UP EACH OTHER** ...”

"To get into R/C is anywhere between \$200 and \$500 for an entry level car. It depends on what you're looking for or what you like, and then the sky's the limit," Dempsey said.

For those who choose to build their own R/C, for about \$200 you can purchase a kit car that will need to have the electronics, controller, battery

and charger purchased separately. But if you want to get out on the track fast, for about \$500 you can purchase a very nice ready-to-run R/C vehicle, which includes the car, a handheld remote control, a battery and a charger. All that is left to add is the enthusiasm to get out on the track and enjoy your new hobby.

"Since I was a little kid I loved R/C cars. I never had the money to buy them, now that I am a big boy, me and a couple of co-workers were talking about them one day and the next day I was ordering one," said Carlos Feigelmuller, a civilian employee.

Feigelmuller has only been involved with R/C cars for a couple of months and already has two; a single-battery powered four-wheel drive truck and one nitro-fueled powered all-wheel drive car.

"My favorite part is the racing and having fun, trying to one up each other, no matter what you do there is someone always bigger than you, and you're always trying to be the best," Dempsey said.

Story and photos by
SGT. 1ST CLASS DARYL MADRID



COLOR ME GTMO

The Color Me GTMO 5K dyed our streets as more than 700 service members and civilians ran through misters and clouds of powdered color Saturday, and ended up looking like Dr. Seuss characters.

Color runs are now very popular in western culture. The run is derived from Holi, a traditional Hindu spring festival that includes the spraying of colors, dancing and togetherness through love. This festival has been adopted in many forms outside of Hinduism, including a combination of fun runs like the one here at Guantanamo.

Jim Holbert, the sports coordinator for the MWR here, said, "Color runs are huge back in the states. It's something that you don't necessarily have to be into running to do. It gives you a little taste of back home."

Sgt. Hoyle Shaw, one of the color run participants, used the opportunity to build his team cohesion and have fun doing so.

"My favorite part was running with my Soldiers, seeing them pass me and finish ahead of me was great – made my heart happy," Shaw said. "They showed me their motivation and willingness to finish the mission."

Shaw came ready to run and to have fun. He sported running shoes, running shorts and a non restrictive shirt all in preparation for the run. The fake beard and beanie, well that was in preparation for the fun.

"This was amazing. I've done 5K's here and in Afghanistan, and I have to say this is the best one I've done," Shaw said. "They are really involved and really let you know that they care, and it's been amazing."

The participants admired each other's outfits, which ranged from tutus, Hawaiian lays, crazy hats and a little pre-

race color painting on shirts and skin.

Once the race began, it was a barrage of color and misters soaking and staining the participants, sometimes leaving color stations with one half of their face one color and the other a different color.

"It was a lot larger group than I thought it was going to be but seeing this amount of participation out here ... made it seem like a fun amazing scenic route," Shaw said.

As for his color of choice, well by the end, it was hard to distinguish where one color began and the other ended.

"I don't know how many colors I have on me, but blue was my favorite closely followed by pink," Shaw said.

All along the route, support from one runner to the other could be heard. The high fives being exchanged and the sense that somehow a 5K with each other brought runners closer, in one way or another.

"All I can think of during this run was, America, Jesus and freedom and that's how we're going to do it," Shaw said.

The MWR has tentatively set the next color run sometime in the fall and hopes to see you all back looking for a little color in your lives.

Story by

SGT. ADRIAN BORUNDA



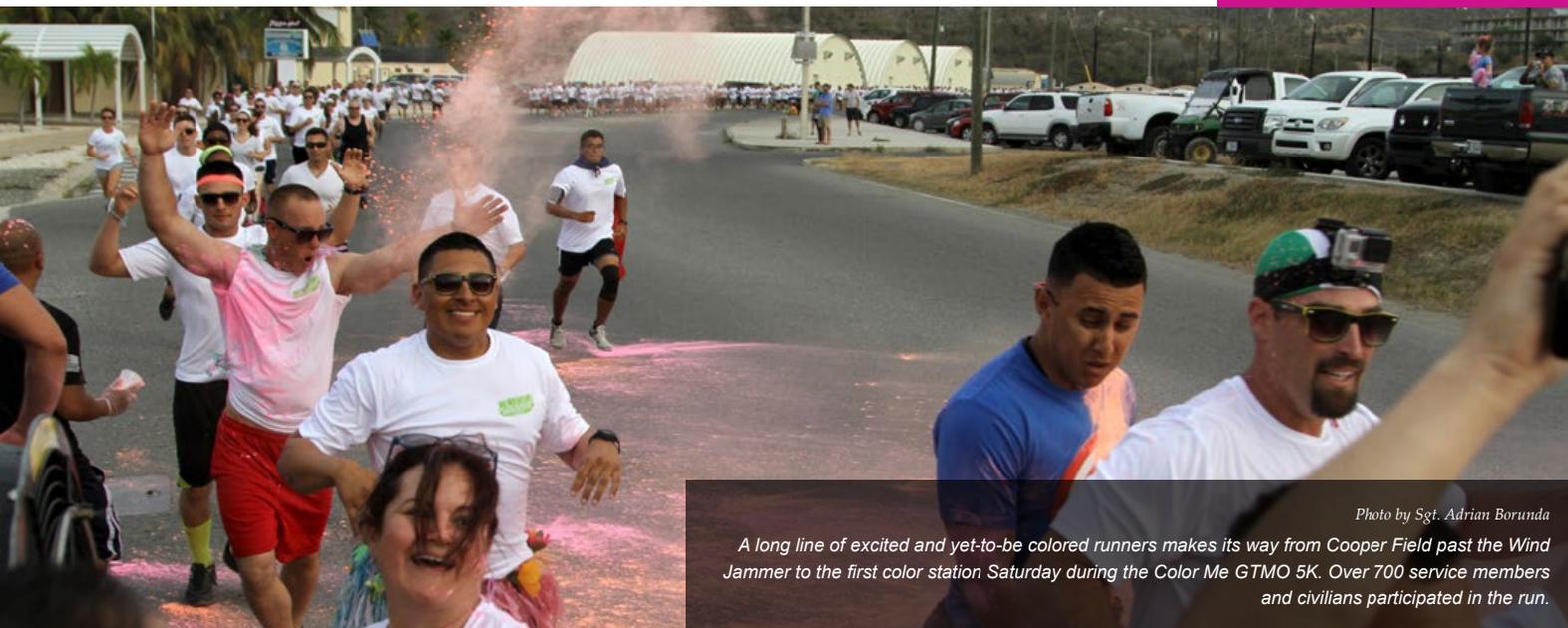


Photo by Sgt. Adrian Borunda
A long line of excited and yet-to-be colored runners makes its way from Cooper Field past the Wind Jammer to the first color station Saturday during the Color Me GTMO 5K. Over 700 service members and civilians participated in the run.

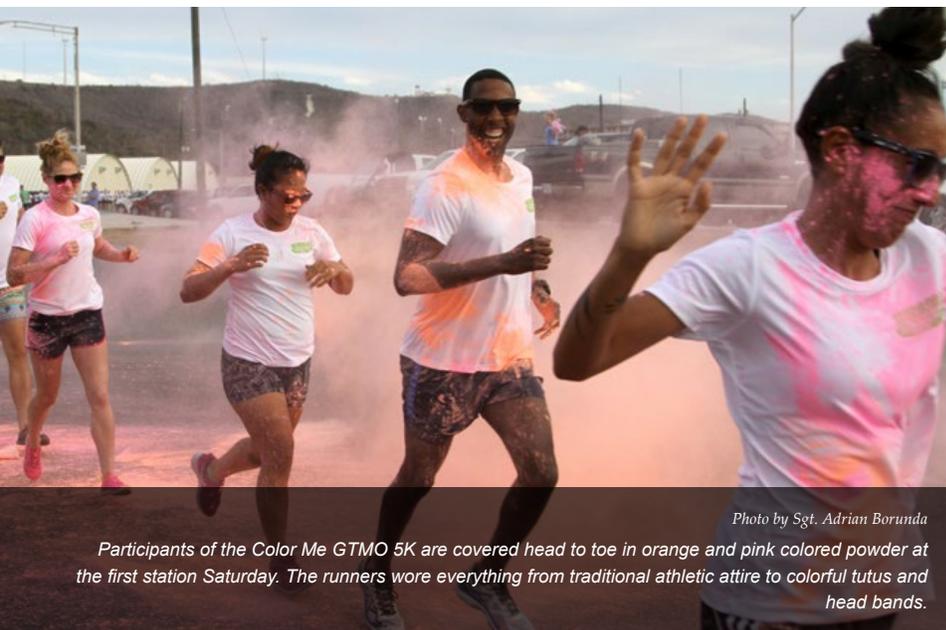


Photo by Sgt. Adrian Borunda
Participants of the Color Me GTMO 5K are covered head to toe in orange and pink colored powder at the first station Saturday. The runners wore everything from traditional athletic attire to colorful tutus and head bands.

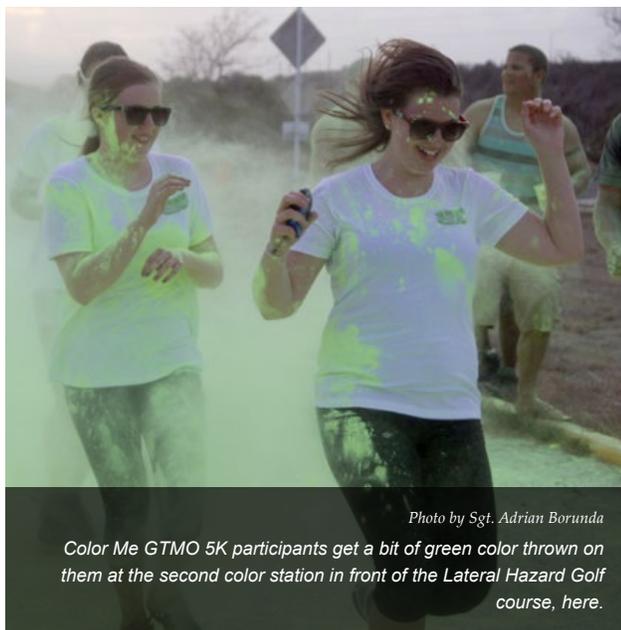


Photo by Sgt. Adrian Borunda
Color Me GTMO 5K participants get a bit of green color thrown on them at the second color station in front of the Lateral Hazard Golf course, here.



Photo by Sgt. 1st Class Daryl Madrid
Command Sgt. Maj. David W. Carr, the Command Senior Enlisted Leader of JTF GTMO, has colored chalk thrown at him while running in the Color Me GTMO 5K.

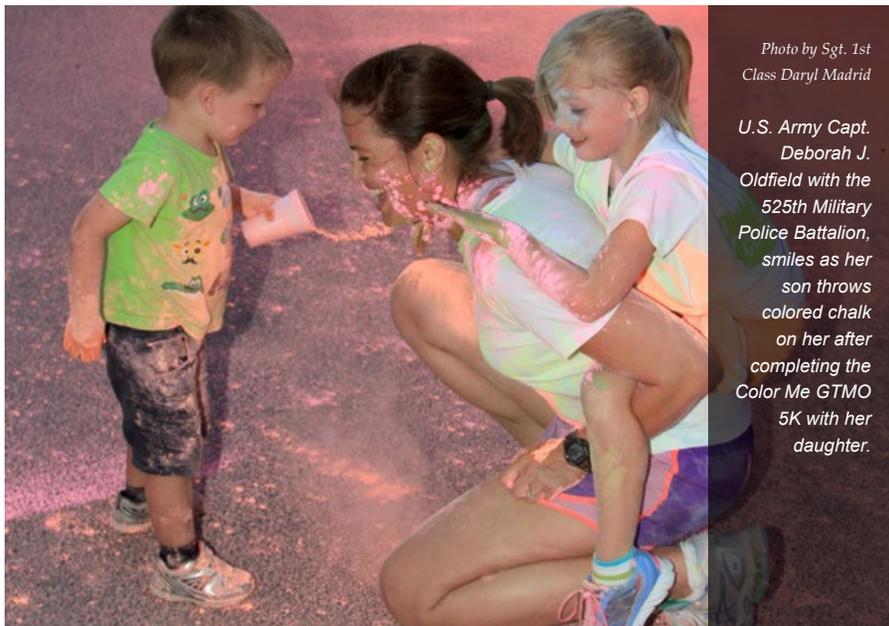
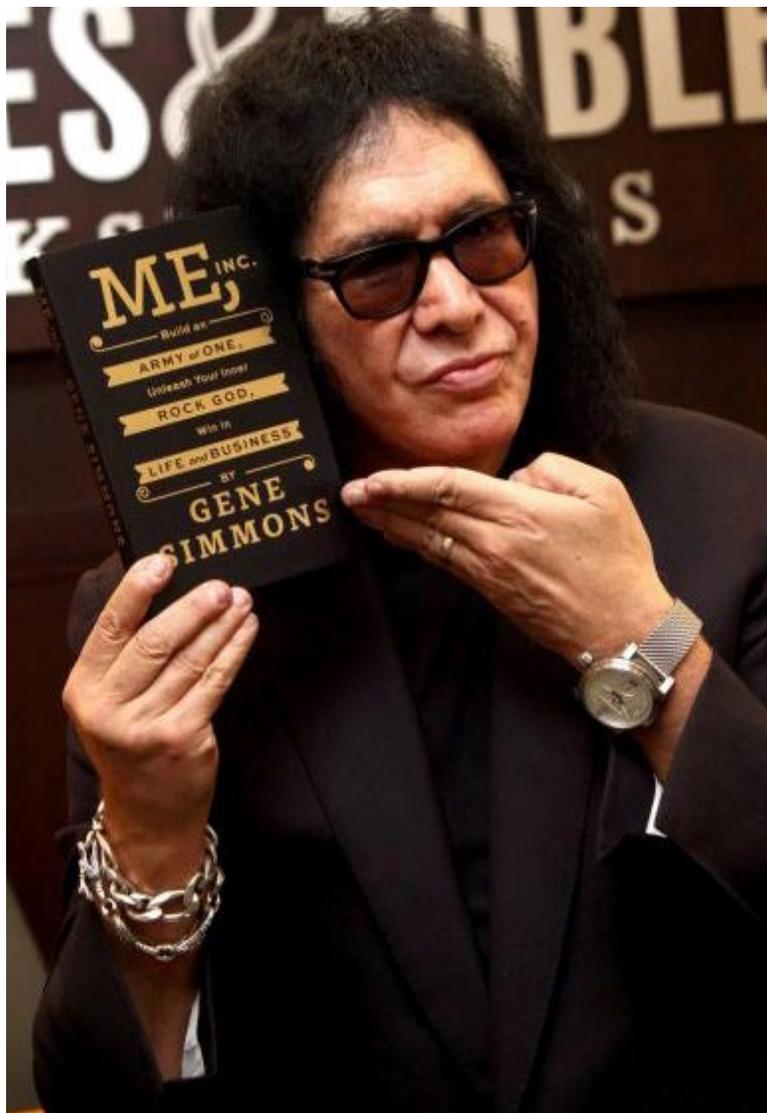
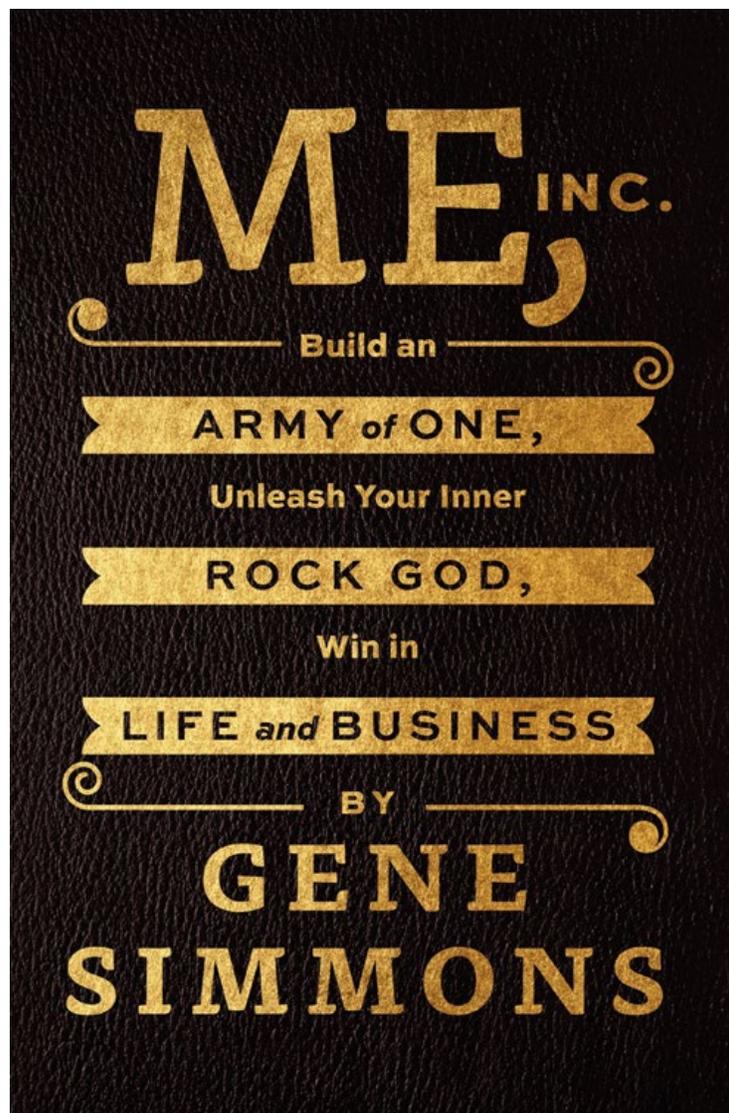


Photo by Sgt. 1st Class Daryl Madrid
U.S. Army Capt. Deborah J. Oldfield with the 525th Military Police Battalion, smiles as her son throws colored chalk on her after completing the Color Me GTMO 5K with her daughter.

BOOK REVIEW / **ME, INC.**

Gene Simmons is undeniably known around the world to millions of fans as the front man for the 1970's band KISS. Although some of the band members have come and gone, KISS has sold more than 100 million albums worldwide. You might also know Simmons from his reality TV show, "Gene Simmons Family Jewels."

I am not a KISS fan, and I don't care for his reality TV show. To be quite honest, his music is awful in my opinion. What does interest me about Simmons is his newest book dedicated to business and entrepreneurship, "ME, Inc. Build an Army of One, Unleash Your Inner Rock God, Win in Life and Business."

There is no denying that Simmons is a marketing and branding powerhouse. From movies to music to video games

and restaurants and bars, Simmons has dabbled in almost every different type of business and industry imagined. Some with great success, others were a flop. But how did he get to the multimillion-dollar lifestyle he has grown accustomed to? Hard work – he got there with a lot of hard work and planning each and every move.

"ME, Inc." was a pretty easy read and quite enjoyable. Reading the first few chapters, I noticed that Simmons truly loves himself. Almost in a narcissistic way, but there were moments of humility and humanity mixed in throughout the chapters, making it a balanced read.

If you are looking for a step-by-step business plan or model, look elsewhere. Simmons explains, in detail, how he

succeeded and failed from every aspect of his life. Each point in his life, whether it worked or not, influenced his decisions later on in life and business.

Simmons explains, step by step, how he became so successful and how you, as an entrepreneur or businessperson, can also. I was impressed to find out that English was Simmons's third language, with Hebrew and Hungarian being his first. He clearly illustrates the importance of communication in chapter 20, titled "Speak English."

I should have pointed out earlier that Simmons doesn't hold back or operate under political correctness. He is blunt and to the point and that is refreshing. He is blunt. Brutally blunt, making it relatable and relevant to a military audience.

I absolutely recommend this book to someone in business, or a service member who is thinking about going into business on their own. I have been a small business owner for more than three years now and can see where this book would come in handy. This is the only country in the world where you can fail over and over again, only to get up, dust yourself off and go back at it. Simmons uses his successes and failures to drive this home in great detail.

My take away from Simmons' book is this – don't wait for someone to hand you something. Hard work, determination and creativity will take you farther than you ever dreamed.

Book review by
SGT. 1ST CLASS JAMES FAWBUSH

IN THEATERS THIS WEEK



The Downtown Lyceum showtimes are shown in the top row and the Camp Bulkeley Lyceum showtimes are displayed in the bottom row.

Paul Blart: Mall Cop 2 (NEW) PG, 8 p.m. Get Hard R, 10 p.m.	Furious 7 PG13, 8 p.m. Divergent Series: Insurgent PG13, 10:30 p.m.	The Second Best Exotic Marigold Hotel PG, 8 p.m.	Kingsmen: The Secret Service (LS) R, 8 p.m.	The Lazarus Effect (LS) PG13, 8 p.m.	Unfinished Business R, 8 p.m.	Run All Night R, 8 p.m.
FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
The Second Best Exotic Marigold Hotel PG, 8 p.m. Chappie R, 10 p.m.	Paul Blart: Mall Cop 2 (NEW) PG, 8 p.m. Kingsmen (LS) R, 10 p.m.	Furious 7 PG13, 8 p.m.	* LYCEUMS CLOSED	Get Hard R, 8 p.m.	* LYCEUMS CLOSED	The Lazarus Effect (LS) PG13, 8 p.m.

Call the Movie Hotline @ 4880 or visit the MWR Facebook for more info.

* Concessions closed until further notice

Stay classy, GTMO! No alcohol or tobacco at the Lyceums.

MOVIE REVIEW // THE SECOND BEST EXOTIC MARIGOLD HOTEL



"The Second Best Exotic Marigold Hotel" is simply that. The prequel, "The Best Exotic Marigold Hotel" starred some heavy hitting British actors, including Maggie Smith, Bill Nighy and Judi Dench. For a rather original story, it was worth a watch. The sequel can hardly ask moviegoers to endure that trip to mosquito hall, also known as the Downtown or Bulkeley Lyceums.

The story picks up in Jaipur, India, where Nighy and Dench are looking to one another for romance. It's clear from the beginning that the story is going to play out as you would expect, which led this audience member to ask, "Why am I even here?"

The first movie did a good job tackling the important subject of life after retirement with charm, wit

and laughter but that is where "The Second Best Exotic Marigold Hotel" was a letdown. It is a topic that gets overlooked in our own society and should be talked more about in terms of quality of life for our senior citizens. It's movies like this that sometimes demand reflection on how we as a military family are taking care of our brothers and sisters-in-arms after they have left the ranks. So, in that regard, I think this movie shed some light on what we can do to better the lives of those who worked so hard to make our lives easier.

This movie lacked direction and, subsequently, lacked focus. Director John Madden let the reigns loose this time around, and the proof of that is a lack of a definitive storyline, which

led to a medley of stories that all left you wanting a little more depth. This is where a touch of that charm and British wit that I've come to love from Dench and Nighy would've been a welcome respite from the jarring storylines.

There were moments of British humor from the hotel manager Sonny, played by Dev Patel, who should've had more time and better character development, to stretch his comedic and dramatic talents he has picked up along his career on shows like HBO's "The Newsroom." Instead, he plays the role of the leader of a "babbling, bumbling, band of baboons," to quote one of Maggie Smith's earlier characters.

What this equates to is a cast that is underused and left to flounder on screen, which is hard when you have

such a talented pool of actors to work with.

If there is a saving point in the story, it is Dench and Nighy's attempt at a romantic connection that leads us exactly where you think it will. I won't spoil, but it's not hard to figure out. For so many Brits on one film set in India, you'd think there would have been more opportunities for humor. The film also downplayed the complexity that the Indian cast could have brought to the more dramatic side of the script.

All in all, I give this movie two stars, and that's me being as kind as I can for my unrelenting respect for Dench and Nighy.

Movie review by
SGT. ADRIAN BORUNDA

A DAY AT THE BAY

MWR hosts 'A Day at the Bay,' Saturday, from 2 to 6 p.m. at Ferry Landing Beach. The event will feature activities for all ages. Here's a quick look at some of the festivities:

- Cardboard Boat Regatta
- Craft Fair
- Surfboard Decorating contest, winner receives a pool party
- Craft Fair food vendors will serve up a variety of tastes
- There will be a children's craft station
- A Pie in the Face contest
- A live DJ
- A whole host of prizes and giveaways including: DVDs, T-shirts and tickets to Universal Studios

For information on this event, and other MWR events, contact MWR at x74658

MWR 2015 SPORTS SCHEDULE

Starting dates are subject to change. All leagues last 2-3 months, including playoffs.

MONTH / DAY ACTIVITY

April 20	Golf League
April 25	Olympic Triathlon
May 9	JPJ 5 Miler
May 15-16	Captain's Cup Event
May 24	Fitness Festival
June 8	Racquetball League
June 13	NE Gate 12 Mile Run
June 15	Soccer League
June 22	Sand Volleyball League
July 4	Softball Tournament
July 4	Ridgeline Trail Run
July 13-16	Walleyball Tournament
July 20	Badminton League
July 25	Relay Race
August 8	Cable Beach Run
August 22	Sprint Triathlon
September 5	Wood-bat Tournament
September 14	Co-Ed Softball League
September 26	Trail Triathlon
September 28	Flag Football League
October 5	Basketball League
October 24	Paddle, Pedal, Paintball
November 14	Duathlon
November 26	T-Day Half Marathon
December 11	Army / Navy Game
December 19	Holiday Basketball
December 24	Jingle Bell Fun Run

RUGBY ON GTMO



Shayne Oldfield, right, runs members of the local Rugby team through practice drills on the youth baseball field, at the Cooper Sports Complex Thursday night.

When most people think of rugby, they think of large burly Englishmen grappling for an oversized ball, covered in sweat and blood, running up and down the field tackling each other. While that may be true in some instances, here on Guantanamo there are a few brave men who take time out of their busy schedules to practice the sport they all love, rugby.

"It used be that rugby was an unlimited number of men on a field, so that pretty much turned into a melee of just massive amounts of bodies killing each other. Since then, rules have been adapted where its 15 vs. 15 on a field that is 120 meters by 80 meters," said Shayne Oldfield, the GTMO rugby coach.

The traditional game of rugby is played with two 40-minute halves and a 10-minute break in the middle. The sport is played in any and all weather conditions. Points are made by advancing the ball down the field to the goal line. The ball cannot travel forward off a player's hand, which means no forward passes. The two ways you can advance the ball is kicking or carrying the ball forward. Passes have to be either lateral or backwards.

"It is a very, very tiring workout, especially if you play the different styles of rugby. What we play here on GTMO is rugby sevens. It is a very fast paced style with a lot of running. You have to be very fit to be able to do it, and it's a lot of cardio, but it's a great work out if you decide to come out and play," said Petty Officer 3rd Class Hans Brown with the JTF.

The local GTMO rugby team meets each Thursday at 7 p.m., on the small baseball field behind G.J. Denich Gym, for a grueling hour and a half practice session. There are sprint drills, passing drills and movement drills that get the heart pumping and the blood flowing, overseen by a dedicated coach.

"I have been involved with rugby since 1995; this will be my seventh team. I started in Spokane, Washington, where I played on an Air Force team," Oldfield said. "This is my 3rd year of coaching; it's great to be at Guantanamo Bay, Cuba, coaching rugby."

And for the Max Performance folks on GTMO looking for something a little different in their exercise routines, try the fast paced new game of rugby called 'Sevens.'

"The new, faster sport is seven-style, which is what I coach here. It is seven vs. seven on a field, two 7-minute halves and a 30-minute half time break. So, the game is fairly quick; however it breaks down to about 15 minutes of 100 meter sprints," Oldfield said.

So drag yourself out of your room and join Oldfield and the rest of the GTMO rugby team each week and beat yourselves into shape. You may find a new sport to love and enjoy for years.

"Most people would say it's a barbaric sport, but we like to say it is a barbaric sport played by gentlemen," Brown said.

Story and photo by
SGT. 1ST CLASS DARYL MADRID

SOCCER WEEKLY

THIS WEEK IN THE PREMIER LEAGUE

This week was the ever entertaining Manchester Derby, featuring Manchester United against Manchester City. United had the home-field advantage at their pitch, the Old Trafford, while City had the benefit of not having lost to their cross-city rivals since 2012.

Three years later, United came out determined to break their streak, and did so in convincing fashion. In the first half it would seem that United was all business, allowing Manchester City the first goal with Sergio Agüero, but that was soon evened out by Ashley Young and a close in goal. Then United left the pitch at halftime, ahead after a strong header by Marouane Fellaini. After the start of the second half, United remained in control after two more goals from United Red Devil's Juan Mata in the 67th minute, and Chris Smalling in the 73rd minute. Agüero came through again for City, late in the match, but it wasn't enough as Manchester United outplayed and outscored Manchester City 4-2.

The second game of the week was No. 2 Arsenal going against bottom dweller Burnley. Arsenal sits in second and is looking to close the four point gap with first place Chelsea.

The match against Burnley was supposed to be an easy victory for the Arsenal Gunners, but Burnley had no intention of going silently into the night. The first goal came early, as Aaron Ramsey scored in the 12th minute in his 150th Premier League appearance. Ramsey's goal came off a series of close-range attempts by fellow Gunners Alexis Sanchez and Mesut Ozil, who had their shots blocked, but Ramsey found the back of the net. From that point on, it was Brunley who was desperate for the equalizer, if not the win, as they currently now sit 19th in the table and are looking to gain points and dig their way out of relegation.

In the end, Arsenal held off their opponents with a 1-0 victory and that brings them much closer to Chelsea.

Article by

SGT. ADRIAN BORUNDA

MMA WEEKLY

UFC Fight Night "Gonzaga vs. Cro Cop 2" was incredibly weak on name value and even lighter in relevance in determining any future contenders. However, there were plenty of entertaining bouts and the return to action of one of mixed martial arts' greats – Mirko Filipovic.

Saturday's event was the UFC's first venture into Poland, a country teaming with top European MMA talent. The event, like they typically do when in a foreign country, showcased plenty of Polish and European fighters. The night was filled with upsets, in fact all of the main card underdogs walked out of the Octagon victorious.

Leon Edwards took on Seth Baczynski in a fight that lasted 8 seconds. Edwards caught Baczynski with a straight left that immediately sent Baczynski crashing to the mat. The referee intervened on Baczynski's behalf, and in a blink of the eye, Baczynski lost his third consecutive fight, five of six overall, and likely will receive his pink slip in the coming weeks.

The highly touted Scottish muay Thai and "The Ultimate Fighter 20" alum Joanne Calderwood took on UFC newcomer Maryna Moroz in a women's strawweight showcase. Calderwood was expected to

be a contender for Joanna Jedrzejczyk's 115-pound title. Instead, it was the Ukrainian Moroz who shocked the crowd by pulling off an armbar in 90 seconds to firmly plant her name among the contenders in the still shallow weight division. The still unbeaten Moroz has won five of her six victories by armbar.

In the co-main event, Jimi Manuwa came off of a yearlong absence due to injury to defeat Jan Blachowicz. Blachowicz was the hometown favorite, but he dropped a clear decision to Manuwa. It was a rather boring fight, but during the post-fight interview, Manuwa told the media he had injured his knee weeks before the fight. Manuwa fought anyway, but will need knee surgery that will put him out of the Octagon for another extended layoff.

Roughly eight years ago, Gonzaga defeated Cro Cop in dramatic fashion – a devastating head kick. Cro Cop was the most feared striker coming out of the defunct Pride Fighting Championship, mostly for his devastating head-kick knockouts. He was expected to vie for the UFC heavyweight championship before running into Gonzaga. But, Saturday, the Croatian had his revenge defeating Gonzaga with a third round technical knockout. Gonzaga controlled the first two rounds, but he started to tire in the third. A few short standing elbows from Cro Cop wobbled Gonzaga before finishing strikes on the ground sealed Gonzaga's fate. Cro Cop is now 6-0 in rematches.

Article by

1ST LT. MACARIO MORA

PREMIER LEAGUE TOP 20

No.	Eastern Conf.	Standings
01	Chelsea	(22-2)
02	Arsenal	(20-6)
03	Manchester United	(19-5)
04	Manchester City	(18-7)
05	Liverpool	(17-9)
06	Southampton	(17-10)
07	Tottenham Hotspur	(16-10)
08	Swansea City	(13-11)
09	West Ham United	(11-11)
10	Stoke City	(12-13)
11	Crystal Palace	(11-12)
12	Everton	(9-12)
13	Newcastle United	(9-15)
14	West Bromwich Albion	(8-15)
15	Aston Villa	(8-17)
16	Sunderland	(5-13)
17	Hull City	(6-16)
18	Queens Park Rangers	(7-21)
19	Burnley	(5-16)
20	Leicester City	(6-18)

POUND 4 POUND TOP 10

No.	NAME	Record
01	Jon Jones	21-1
02	Jose Aldo	25-1
03	Chris Weidman	12-0
04	Demetrious Johnson	21-2-1
05	Cain Velasquez	13-1
06	Anderson Silva	34-6
07	Rafael dos Anjos	24-7
08	Anthony Pettis	18-3
09	Daniel Cormier	15-1
10	Robbie Lawler	25-10,1NC



HAPPY FEET

Sometimes we take things for granted. Your feet, for example, don't only get you from one place to another, but problems with your feet can cause a lot of issues in your everyday life.

If you have shin pain, shin splints, or plantar fasciitis, you may need to start paying more attention to those feet!

"It is not until you have something wrong with your feet that you realize just how important they are," said Dr. Sarah Curran, chief editor of the Foot and Ankle Online Journal.

Curran also said that our feet have a big role when we workout.

"During weight bearing activities, our feet act to absorb shock, adapt to uneven surfaces, and are strong enough to support and propel our body forward," she explained.

There are simple ways to help take care of your feet. Taking

off your shoes when you're at home is one easy way to help build those muscles.

You can also try using marbles. Put the marbles all over the floor and use your toes to pick them up one at a time. Sports medicine doctor, Jordan Metzl, suggests this workout if you already have foot injuries.

"There's no need to take a break while building up foot strength, with one exception: If the pain changes the way you run, ease off until you can get proper form back," Metzl said.

Don't let your feet feel neglected. No matter what type of workout program you enjoy, your feet are vital to your success.

Article by

SPC. MONIQUE QUINONES

MORE WORKOUTS FOR HAPPY FEET:

TOE ABDUCTION: Stand up barefoot, with the weight on your heels. Spread your toes away from each other without lifting them off the ground.

STRETCHING TOE FLEXORS: Stand up and reach one leg behind, placing the top of the foot on the ground. Relax and stretch your ankle.

TOE GRIP: Put a sock on the floor and use your toes to pick it up. Hold it for 10 seconds and release. Repeat 5 times.

RELAX: Massage your feet occasionally, soak them in warm water and cover them in good lotion.



JSMART SPOT

▲ JSMART HELPER: TITAN

Instilling a sense that one's jobs doesn't matter is one of the easiest ways to lower morale in a working population. For motivated service members, these feelings can begin quietly, as a general sense of disgruntlement, but then manifest into more serious health concerns. Being able to address morale problems, effectively, is yet another example of strong leadership.

Many of us join the military with the expectation of being a part of something important. The reality is that sometimes it can be a challenge to see how our small roles fit into the bigger picture. As leaders, it's important to keep this in mind while interacting with people. Giving regular updates on what's occurring "behind the scenes," even with small things, can assist service members with feeling more in control, less hopeless and feel a bigger part of the mission.

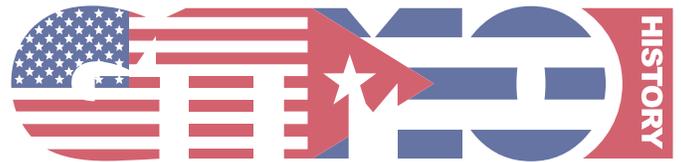
Leaders should be able to troubleshoot problems. It's good for morale to include others in this process when the situation allows. Staying open to the

recommendations of other coworkers can build trust among the team. And if team members are experiencing conflict, a strong leader can ensure the problems is resolved in a productive manner.

Before we can master problem solving though, it's helpful to have insight into how an individual might respond to having a leader try to help them. Many people will insist that they're "fine" even when their performance or appearance may tell a different story. Others may be extremely forthcoming with what's bothering them. Nevertheless, it's imperative that we address our Trooper's problems with diligence, respect, and an individualized approach.

Article by

**PETTY OFFICER 3RD CLASS
RANDALL KELLEY**



U.S. INTERESTS IN CUBA: 1820 TO 1901



About 20 years after the U.S. started leasing Guantanamo Bay, workers posed for this colorized photo near, what was then, the Cable Office at Fishermen's Point.

In 1820, Thomas Jefferson said that Cuba was "the most interesting addition which could ever be made to our system of States." He told Secretary of War John Calhoun that the U.S. should take Cuba at the first chance. Thirty-four years later, the U.S. tried to buy Cuba for \$130 million in a secret proposal called the Ostend Manifesto. When the manifesto became public, anti-slavery campaigners objected the plan which led to its rejection by the U.S.

The Teller Amendment in 1898 prohibited the annexation of Cuba and the 1901 Platt Amendment authorized the U.S. to intervene in Cuban affairs and committed Cuba to the lease of Guantanamo Bay.

Article by

**SGT. 1ST CLASS
ROBERT FREESE**

Photo courtesy of

U.S. NAVAL STATION GTMO PAO

ROMAN CATHOLIC (NAVSTA chapel)

Saturday*	1700	
Sunday*	0900	
Mon-Thurs*	1730	(Side Chapel)
	0900	

PROTESTANT SERV. (JTF Troopers chapel)

Sunday*	1900	
Friday night movie	Friday	1900 "King's Faith"

PROTESTANT SERV. (NAVSTA chapel)

Traditional*	Sunday	0930	Annex Room 1 (Liturgical Service)
Contemporary*	Sunday	1100	Main Chapel
Gospel	Sunday	1300	Main Chapel

PROTESTANT SERV. (JTF Troopers chapel)

Islamic Prayers	Friday	1315	Annex Room 2
7th Day Adventist	Saturday	0900	Annex Room 1 (Sabbath School)
	Saturday	1100	Annex Room 1 (Sabbath Service)
Latter Day Saints	Sunday	0900	Annex Room 19
Pentecostal	Sunday	0800	Annex Room D
	Sunday	1700	Annex Room D
JTF Bible Study*	Monday	1900	Cuzco Block H
	Wednesday	1900	JTF Troopers' Chapel
Beginners Bible Study*	Thursday	1130	JTF Deputy Chaplain's Office
New Christian's Inquiry*	Saturday	1900	JTF Troopers' Chapel
Christian Fellowship	Sunday	1800	Main Chapel (Non-denominational)
Jewish Hebrew Tanakh	TBA	TBA	Contact JTF Chaplain's Office x2218

*These services are conducted by Army or Navy chaplains / For more information call ext. 2218

BUS SCHEDULE

Camp America :00/:20/:40
 Gazebo :01/:18/:21/:38/:41/:58
 Camp America NEX :02/:17/:22/:37/:42/:57
 Camp Delta :04/:13/:24/:33/:44/:53
 Camp 6 :07/:10/:27/:30/:47/:50
 HQ Building :55/:15/:35
 TK 1 :01/:17/:21/:37/:41/:57
 TK 2 :02/:16/:22/:36/:42/:56
 TK 3 :03/:15/:23/:35/:43/:55
 TK 4 :04/:13/:24/:33/:44/:53
 CC :00/:19/:20/:39/:40/:59
 JAS :14/:34/: 54
 Windjammer / Gym :02/:17/:22/:37/:42/:57
 Gold Hill Galley :04/:15/:24/:35/:44/:55
 NEX :06/:13/:26/:33/:46/:53
 NEX Laundry :07/:27/:47
 C Pool :10/:30/:50
 Downtown Lyceum :11/:31/:51

BUS SCHEDULE 09:55 - 19:55 hourly

Camp America :48/:55
 TK 1 :05/:36
 Windjammer / Gym :11/:31
 Gold Hill Galley :14/:29
 NEX :16/:27
 Downtown Lyceum :17/:25

BEACH BUS (Saturday & Sunday only)

Windward Loop / E. Caravella:
 0900/0930/1200/1230/1500/1530/1800/1830
 SBOQ / Marina:
 0905/0935/1205/1235/1505/1 535/1805/1835
 NEX:
 0908/0925/1208/1225/1508/1525/1808/1825
 Phillips Park: 0914/ 1214/1514/1814
 Cable Beach: 0917/1217/1517/1817
 Return to Office: 0940/1240/1540/1840

FERRY SCHEDULE

Monday - Saturday

FERRY

Windward:

0630 / 0730 / 0930 / 1030 / 1130 / 1330 / 1530 / 1630

Leeward:

0700 / 0800 / 1000 / 1100 / 1200 / 1400 / 1600

UTILITY BOAT

Windward:

1630 / 1730 / 1830 / 2030 / 2230 / 2330

Leeward:

1700 / 1800 / 1900 / 2100 / 2300 / 0000

Sunday & Holidays

FERRY

Windward:

0730 / 1330

Leeward:

0800 / 1400

UTILITY BOAT

Windward:

1030 / 1530 / 1730 / 1830 / 2030 / 2230

Leeward:

1100 / 1600 / 1800 / 1900 / 2100 / 2300

CAMP AMERICA GALLEY RENOVATION SCHEDULE

PHASE ONE

PHASE TWO

PHASE THREE

MAY

JUNE

JULY

AUG

SEPT

OCT

Repairs to the Pan Wash, Locker Room, and Restroom Facilities



Repairs to the food preparation areas and the boiler room.



The Dining, Servery and scullery areas will be repaired. Warriors will sit outside during this phase at alternate seating.





Photo by Luis Lopez

PARTING SHOT



'SOLO MANGROVE' PHOTO BY MAJ. LUIS R. LOPEZ. FOR A CHANCE TO HAVE YOUR PHOTO FEATURED IN THE PARTING SHOT, PLEASE SEND SUBMISSIONS TO: THEWIRE@JTFGTMO.SOUTHCOM.MIL

THE **WIRE**