

THE OFFICIAL PUBLICATION OF JOINT TASK FORCE GUANTANAMO

THE WIRE



APRIL 10, 2015

TUG LIFE

THE LAST TUGBOATS,
OPERATORS CLEAR
GUANTANAMO WATERS

BECOME AWARE

APRIL IS THE MONTH OF
THE MILITARY CHILD,
AUTISM AWARENESS

GTMO SWINGS

TROOPER TEAMS TEE-
OFF DURING INAUGURAL
GOLFING EVENT

TO HONOR SCOUTS

GTMO'S BOY SCOUT TROOP
IS ALWAYS LOOKING FOR A
FEW GOOD VOLUNTEERS

NET SPEED INCREASES

MWR FACILITIES, LIBERTY
CENTERS RECEIVE
UPGRADED INTERNET

NEW GTMO SCUBA RULES

UPDATED RULES YOU NEED
TO KNOW BEFORE YOUR
NEXT SCHEDULED DIVE

PHOTO STORY



CAPT. SETH LEIGH
Media Relations OIC

I once heard a story where a boy and his father were walking past a cornfield. The father looked around to ensure they weren't being observed, and then took some ears of corn. The boy watched his

INTEGRITY: THE MAN IN THE MIRROR

father, and then sagely offered, "Dad, you forgot to look up."

I don't really like the story because it implies that you should avoid doing the wrong thing for fear of being judged disapprovingly, if even only by the Almighty. A better version might end with, "Dad, you forgot to look down." Did the father forget that his son was watching his example? Or did he not care? An even better ending might therefore have been, "Dad, you forgot to look in the mirror."

There are many values that we should espouse as military leaders. Possibly the most important of these is integrity. As former United States Senator Alan K. Simpson wrote, "If you have integrity, nothing else matters. If you don't have integrity, nothing else matters."

Integrity is commonly defined as doing the right thing, even when nobody's watching. Or doing the right thing for no other reason than because it's right. It's doing something hard, inconvenient or unpleasant, because it needs to be done. It's being honest, both to others and to oneself.

I could write that we should do what's right because we never know when our Troops are watching. That would be true, but it's also beside

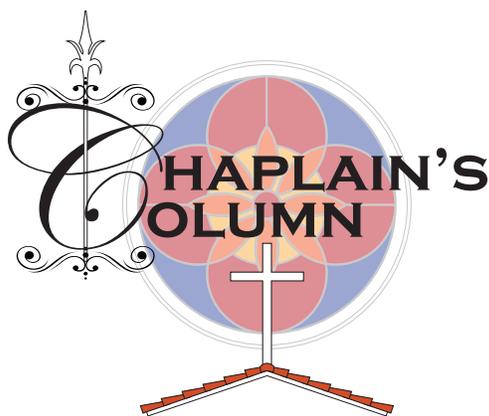
the point. We should do what's right because we are watching ourselves. When we look in the mirror, if we don't like the person we see, we can change it. Every time we act with integrity that integrity is reinforced in our character. By choosing what values we wish to live up to, and consciously acting accordingly, we shape our character into that which we wish it to be.

In the close environment of a military deployment, we are eventually going to see each other's flaws and weaknesses. Our true character will eventually be revealed. What matters is not that we occasionally fail or make mistakes; it's that we value integrity enough to correct ourselves, improve and do better next time. Over time, our Troops will know if that's the kind of person we are. Troops will forgive a lot in their leaders but not a lack of integrity.

"People may doubt what you say, but they will always believe what you do." - Unknown

Article by

CAPT. SETH LEIGH
Media Relations OIC



As a public school teacher, every new quarter I write on the board "Attitude is Everything" for my students. This is my philosophy on life.

The phrase reminds me of a story about a little town in the French Alps where there was a shrine that celebrated healing miracles. As the story goes, a World War II amputee veteran appeared there one day. As he hobbled up to the shrine, a bystander remarked, "Poor man. Does he think God will give him back his leg?" The veteran overheard him.

ATTITUDE IS EVERYTHING

"No, sir," he replied. "I don't expect God to give me back my leg. I am going to pray to Him to help me live without it."

The apostle Paul said something similar when he wrote, "Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me" (2 Cor. 12:9). We need to have the same attitude as Paul and the veteran in our lives when life hits us hard. We need to pray to live in and through our difficulties with a good attitude. Are we able to glory in our infirmities (whatever they are) and have a positive attitude about them?

We live in a world created by God but influenced by our friends, families, co-workers and ourselves. We must therefore become aware that the words we speak and the actions we take affect us and the people around us. Others will not only notice but also feel a positive impact when we are considerate, pleasant and act responsibly.

Whatever we are doing, we must remember that we can be a positive influence in the world around us. If we are traveling on the busy road of life, we must remain focused on the task at hand, constantly

aware that our actions involve others. We must understand that our attitudes work through us, guiding our thoughts and emotions as we live in a crazy world. We can have an impact on our world.

Regardless of what happens to us, we must have a positive attitude toward everything. We can be a positive influence in our world. We can glory in our hardships because we know "that tribulation brings about perseverance and proven character, hope and hope does not disappoint us because the love of God has been poured out within our hearts" (Rom. 5:3-5).

Article by

CMDR. GARY BENNETT
JTF Command Chaplain



COMMAND & CHAPLAIN

Troops may forgive leaders for mistakes, but a lack of integrity will always be a detriment to unit cohesiveness. The chaplain explains having a good attitude is something you can always control.



GTMO NEWS / COVER PHOTO

April is the Month of the Military Child and National Autism Awareness Month, local Boy Scouts in need of volunteers, tugboats clear GTMO waters, and the Internet finally got faster.



PHOTO STORY

Teams of golfers take to the course in the Chief Petty Officers Association's inaugural golf event Saturday.



ENTERTAINMENT

This week in entertainment, audiences say good bye to Paul Walker in "Furious 7," and Vince Vaughn and company offer another low-brow comedy in "Unfinished Business."



SPORTS

The NCAA Championship column and MMA updates provide the latest up-to-date scores and highlights from your favorite teams and fighters after each weekend of action.



LIFE & FITNESS

Do you sprint for the showers once your workout is complete? If so, you're skipping a vital step in your physical fitness, your cool down. Take a minute and give your body the care it needs.

MOTIVATOR OF THE WEEK

**MASTER SGT.
CRAIG FRYDRYCH**
BEEF

**MASTER SGT.
LORA BRIGHT**
SJA

**SGT. 1ST CLASS
ANTONIO PAGE**
361ST MP CO

**SGT. 1ST CLASS
JOHN PFREMMER**
102ND MP CO

**CHIEF PETTY OFFICER
JOHN WILSON**
PSU 308

**CHIEF PETTY OFFICER
REBECCA BAUER**
JMG

THE MATH OF RISK

Have you ever wondered how we calculate risk? Risk is the probability an adversary will gain knowledge of your Critical Information and the impact, if the adversary is successful. To have any type of risk you must have three things: threat, vulnerability and impact. If anyone one of those is missing, there is no risk. So with this information we can use the following equations: Threat x Vulnerability x Impact = Risk, or Probability x Impact = Risk. So use these equations in calculating risk. You might be riskier than you think.

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TROOPER ON THE STREET

WHAT'S YOUR FAVORITE PART ABOUT WATCHING MOVIES AT THE LYCEUMS?



PFC. BILLY TAYLOR

"I wasn't expecting them to be so up-to-date ... They play new movies and the sound quality is pretty good."



NAVY PETTY OFFICER 2ND CLASS STEPHEN MYRICK

"It's a nice way to wind down at the end of the week sometimes; enjoy the evening ... It's a pretty cool experience."



SGT. ELLIE BARNETT

"I guess it's the outdoor atmosphere. You got the wind; you can smell the ocean, everything like that. That's pretty nice."

THE MONTH FOR CHILDREN

**NATIONAL
AUTISM
AWARENESS
MONTH**

**MONTH
OF THE
MILITARY
CHILD**

For every month there is a different proclamation ordered to honor something or someone in history that has significant value to the United States, or even the world. With April upon us, we must take the time to honor the people who make our jobs worthwhile – the children who support us no matter what.

With April being the Month of the Military Child, we must remember that not only do service members sacrifice for our country every day, our children sacrifice as well. Established in 1986, April recognizes the roughly 1.9 million U.S. military children ranging from infant to 18-years old who have one or both parents serving in the military.

Each April, branches of all services provide special events to honor military children and their families.

On April 18, Morale, Welfare & Recreation Guantanamo will host a "Day at the Bay" from 2 to 6 p.m. at Ferry Landing Beach. Entrance to the event is free; there will be contests, water slides and bouncy houses, a craft fair and much more.

The month of April is multidimensional because it is also National Autism Awareness Month.

In April 1970, the Autism Society declared April as National Autism Awareness Month to highlight the increasing number of children identified with autism spectrum disorder. Autism is a complex mental condition and developmental disability, which is characterized by difficulties in the way a person communicates and interacts with other

people.

Putting the puzzle pieces together, autism affects approximately 23,000 military children, or a ratio of one in every 88, and those are just the children who have been tracked by TRICARE.

Approximately 16 percent of Army families have members with special needs, including spouses, children or dependent parents who require special medical or educational services.

The Exceptional Family Member Program is a mandatory U.S. Department of Defense enrollment program that works with both military and civilian agencies. It provides community support, housing, educational, medical and personnel services worldwide to U.S. military families with special needs.

Each service has its own specific program governed by the following references:

- Army - Regulation 608-75
- Navy - OPNAVINST 1754.2
- Marine Corps - MCO P1754.4A
- Air Force - AFI 40-701
- Coast Guard - COMDTINST 1754.7A

Article by

SPC. AMBER BOHLMAN

Graphic by

SGT. RICK HOPPE

VOLUNTEERING FOR SCOUTS



Bill Condon, Boy Scout Committee Chairman, Senior Airman David Rollins, 474th Expeditionary Civil Engineering Squadron and Navy Petty Officer 3rd Class Ryan Leonard, point to a range while out with Boy Scouts from Troop 435 who participated in a three-day, two-night camping and hiking trip to North Toro Cay, Feb. 28, here.

There are plenty of opportunities to volunteer some of your down time while deployed here. If you are looking for an opportunity and were a Boy Scout, have children in scouting, or just want to help, then maybe GTMO Boy Scout Troop 435 is for you.

GTMO Troop 435 meets each Tuesday night at 6:30 p.m., in the Scout Hut near the Vilamar housing area. This is a fully functional, fully staffed scout troop with dedicated leaders and young men who are serious about the scouting program here.

However, the troop would not function properly without the selfless acts of the volunteers who give so much of their time and knowledge to help teach, mentor and strengthen these young Scouts.

"I enjoy volunteering with the Boy Scouts, it gives me a chance to share my knowledge with the boys," said Navy Petty Officer 3rd Class Ryan Leonard.

Leonard, an Eagle Scout himself, has been involved with the Boy Scout troop here for about 23 months, sharing his knowledge and assisting on camping and hiking trips.

Senior Airman David Rollins, with the 474th Expeditionary Civil Engineering Squadron, has been involved with scouting now for about 20 years, including being an active Boy Scout and a scout master at his home station in Texas, and has

been working with the local troop for about three months.

"They could always use more volunteers, if you don't know what you're doing come on out and learn with the boys, and if you know what you're doing come teach the rest of us a skill," Rollins said.

“**THERE'S ALWAYS A NEED FOR PEOPLE TO HELP OUT WITH THE SCOUTS**”

Service members aren't the only ones volunteering their time to the troop. There are civilian volunteers as well. Bill Condon, the Boy Scout committee chairman and a civilian spouse here, has a son in the troop and volunteers his time.

"With the nature of how people rotate in and out so quickly, you know there's always someone either coming or going. So, there's always a need for people to help out with the scouts," Condon said.

The scouts need volunteers who can share their knowledge of scouting. Especially those willing to be merit badge counselors, helping the boys progress and earn rank on their way to becoming an Eagle Scout, the highest rank obtained by a Boy Scout.

"We get a lot of people to help out that are deployed here, or here for a short PCS tour, but we always need help," Condon said.

Before a person can become a Boy Scout volunteer, they must take the online Youth Protection training course offered by the Boy Scouts of America. This course instructs adult volunteers on how to help keep the Boy Scout youth safe from abuse, how to recognize the signs of abuse, and how to report suspected abuse.

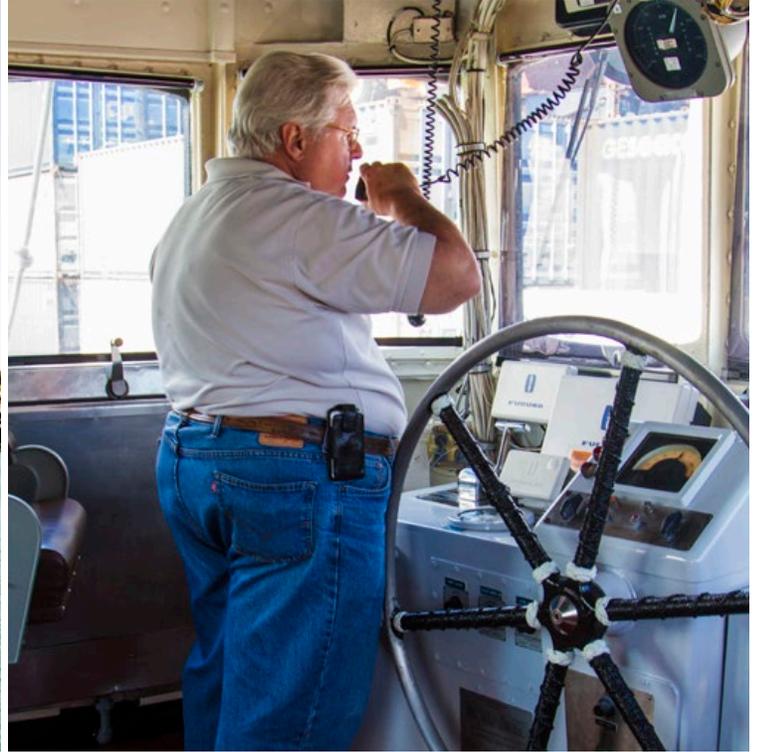
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Story and photo by
STAFF SGT. DARYL MADRID

THE TUGBOATS OF GUANTANAMO



U.S. Navy Yard Tug Big 820, moored at pier Tango, April 1, here. The tugboat is one of three that operate here. There are only five Natick-class tugboats left in the U.S. Navy.



Captain Michael Striker aboard the U.S. Navy YTB 831, the Dekanawida, communicates over the radio with the captain of the Tugboat Spence and port operations personnel.

With only five U.S. Navy Natick-class Tugboats left in the fleet, the three that call Guantanamo home have more than their weight to pull here.

"The tugboats we have here are designated as YTB, which stands for Yard Tug Big. They were all built in the early to mid 70's," said Martin Bryant, project manager for Port and Harbor Services.

The boats are 108 feet long and have a 10-cylinder diesel engine generating 2,000 horsepower at the shaft. Although the boats are owned by the Navy, they are operated and maintained by civilian contractors. The boats are piloted by a captain and three crewmen. Some of the boats' captains are retired Navy chiefs, operating out of the oldest building on GTMO, built in 1913.

"These tugs can move anything from a nuclear-powered submarine to a nuclear-powered aircraft carrier. They are capable of producing 2,000 shaft horsepower," Bryant said. "They have a 12-foot diameter propeller, which is very large for a boat that size. They are designed to push and pull."

Chief Petty Officer Roy Whisenant, port operations, said the tugboats are responsible for the incoming and outgoing vessel traffic here.

In addition to the three tug boats, there is also a Mike 8 pusher boat here, which is a landing craft with the ramp removed and replaced with a large bumper on the front.

"Our service craft, the tugs, the ferry's and other boats are maintained and operated by the port services contractor, which right now is MCM, and Captain Marty is the project manager along with Captain Mike who is the operations manager right now," Whisenant said.

“THESE TUGS CAN MOVE ANYTHING FROM A NUCLEAR-POWERED SUBMARINE TO A NUCLEAR-POWERED AIRCRAFT CARRIER”

...

Tugboats here at GTMO can be used for a wide variety of operations other than pushing or pulling

large ships and barges.

"Our tugs are used to transfer boat pilots, bringing ships, tankers and barges in and out of the bay, they can be used for rescue such as stranded vessels by towing them back to the harbor," said Michael Spiker, marine operations manager.

The veteran tugboat captains make moving these large ships and barges look very easy, but that comes from years of experience.

"We get a few Navy ships in here but not as many as we would like to see. We always enjoy bringing in the Navy ships here in Guantanamo Bay. It kind of brings back old memories," Bryant said.

Bryant has been around tugboats since 1978 when he qualified as a tug master in the Navy. He retired from the Navy in 1995 and returned to GTMO in 1998 as a contracted tugboat captain.

So the next time you are wondering when the shelves at the Navy Exchange are going to get restocked, remember the hard working tugboat captains, crewmen and support staff who help bring the supply barge to GTMO.

Story and photos by
STAFF SGT. DARYL T. MADRID

MWR UPGRADES JUST THE START



IFONE Inc. won the bid to provide Internet services for U.S. Naval Station Guantanamo and Joint Task Force GTMO service members. They had 45 days from the time they won the bid to finish the project giving Morale, Welfare & Recreation hot spots an increase of 10 times the speed it was before.

Internet speed has always been a problem for service members here, but those issues are progressively becoming fewer.

The recent installation of a new satellite dish March 30 signified the launching day for the new and improved Internet through iFONE, Inc. The process began approximately September 2014, when former Secretary of Defense Chuck Hagel heard concerns Troopers expressed here.

"He heard the feedback from Troops in Guantanamo that slow Internet was a top morale concern," said Tara Culbertson the Morale, Welfare & Recreation director. "From his direction, Defense Information Systems Agency sent a team of approximately a dozen staff to GTMO to truly understand the issues, barriers, challenges and opportunities to improve Internet speeds."

Culbertson said the improvement of Internet connectivity wasn't only for mission requirements but to help boost morale at MWR facilities, and provide service members the opportunity to improve their purchased Internet for housing.

Scott French, MWR Internet technologies director, said the new Internet at MWR locations has increased the capacity here by 10 times the amount of the previous systems here.

The locations that will see the fastest speeds are the four MWR Liberty Centers. The Liberty Centers are open to all unaccompanied active military

members, and are located at Camp America, Tierra Kay Housing, Deer Point and Marine Hill.

"However, all other MWR facilities with Wi-Fi will also enjoy the new Internet bandwidth capacity – that includes the bowling alley/ Taco

dinner bill, or the time it takes to check out a book at the library," French said.

Culbertson said she couldn't be happier with the feedback she has received since the project was completed last week.

"The feedback I have heard has been tremendously positive. I've seen a lot of smiles and gotten a lot of high-fives around the base. One customer asked me how long we would have the faster Internet – my response was 'we will have this until we have even better, faster Internet,'" Culbertson said.

Although the upgrade won't have an immediate effect on Internet capabilities in living quarters, faster Internet is expected for housing in December.

"The undersea fiber that is coming in 2016 should help with mission and for barracks/housing Internet access," Culbertson said.

It will also help with MWR's Internet but in the mean time, the increase in GTMO's Internet bandwidth by tenfold has already made people notice and is a welcome addition to the community while it waits for the undersea fiber to come.

“ ...
**EVEN BETTER,
 FASTER
 INTERNET** ... ”

Bell, Windjammer, Bayview, Triple C Coffee Shop, the library and more," Culbertson said.

French said the improvements will not stop there.

"You will also see changes in some of the bases internal functions, such as the length of time it takes to run your credit card when you pay for your

Story by

SPC. AMBER BOHLMAN

Photo by

SGT. RICK HOPPE



A MAN, A CLUB, A BALL AND TIME

A calm vista to the south opens to a driving range where players warm-up. Ball after ball is hit, careening into the open field. A group of four men make their way out to their first hole, each wearing their semi-athletic clothes of different colors, but really a kind of uniform; shorts, short sleeve polo, a baseball hat and sunglasses.

The U.S. Naval Station Guantanamo Bay Chief Petty Officers Association held an inaugural golf open Saturday at the Lateral Hazard Golf Course.

“We wanted to get people together, NAVSTA, JTF and civilians, and raise funds for the ball in September in a way that builds camaraderie,” said Chief Petty Officer Roy Whisenant, who helped organize the event.

A gentle breeze lightly pushes the tall, brown grass side to side making the blades dance to a rhythm known only to the wind and the grass.

“It was a great day for golf. The weather was very cooperative. I hit some great shots. I couldn’t have asked for a better day to golf,” said Petty Officer 1st Class Dustin Gruwell, one of the tournament participants.

This isn’t Gruwell’s first, second or third time on a golf course. His golf experience started at an early age, and he has finally gotten the chance to get back in the game.

“I started golfing in middle school; my sister picked it up in high school. I wanted to pursue it as well and played all through high school,” Gruwell said. “I joined the military and kinda got away from it. Now being down in Guantanamo Bay has given me the opportunity to golf more than in the past, and I’m grateful for that.”

The dry GTMO grass crunched under Gruwell’s feet as he walked up to a tee box. The box is made of artificial turf on a cement block, surrounded by gravel and dirt – terrain characteristic of the rest of GTMO.

“I felt like I hit some good shots, but when the wind picked up, well that’s just part of the game. The elements and Mother Nature definitely play a factor,” Gruwell said.

But neither the dead grass, nor the rough landscape, nor an angry iguana stopped him and his group from enjoying the spirit of competition that day.

“We were driving to pick up my ball so we could move on to my teammate’s ball, and we actually had a run-in with this iguana before on the golf course. I said if we get close enough he’s gonna come after us and chase us and sure enough, we got within 15 yards, and he took off after us,” Gruwell said. “I tried not to scream, but I’m pretty sure I did, and it was terrifying.”

The swoosh of a driving club being swung and the crack of a well hit ball sent traveling toward the pin were the noises audible through the course as one team or another would begin a new hole.

“It’s all about integrity. It’s difficult, and it’s a challenging test of your mental game and your physical game. It tests everything about you, and that’s what I love about it,” Gruwell said.

Story and photos by

SGT. ADRIAN BORUNDA





Petty Officer 1st Class Dustin Gruwell watches his golf ball soar to the pin Saturday at the Lateral Hazard Golf Course while his teammate, Petty Officer 2nd Class Sean Heide, looks on.



Gruwell lines up his putt during the open at the Lateral Hazard Golf Course here. The open was played in a two-person scramble format in which teammates play the best ball hit.



Gruwell records his score after finishing the 14th hole. Gruwell and his teammate played well despite at one point being chased by a rather large iguana.



Heide pumps his fist in the air in satisfaction after sinking a putt during the Golf Open on the Lateral Hazard Golf course here.



First, second and third place finishers of the Naval Chief Petty Officer Golf Open received unique trophies for their accomplishment; like this wood trophy with a mounted golf ball and a placard.

MOVIE REVIEW / **FURIOUS 7**

Troopers and family members raced into the Downtown Lyceum almost two hours in advance to grab seats for the latest action-packed and absurdly ridiculous, "Furious 7," Saturday night.

Starting in 2001, the "Furious" franchise has lovingly become a tacky, silver-screen staple for youth since its first installment, "The Fast and the Furious." Haters don't hate, if you've seen one, two or seven of the films now, you knew what you were in for, and you still showed up.

"Furious 7" once again took things to the next level with more impossible high-flying stunts and an entire script of quotably profound one-liners about the meaning of family – or how serious of a beating one is about to receive. The film expanded on its already large cast by introducing several new actors: Jason Statham, Kurt Russel, Djimon Hounsou and to my enjoyment, Tony Jaa from the martial arts cult-favorite "Ong-bak" films. However,

this highly farcical sequel was full of bittersweet anticipation as an entire nation gathered, paying tribute to the tragic death of actor Paul Walker, by seeing a journey that's lasted more than a decade now through to the end.

Walker, who played one of "The Fast and the Furious" original characters, Brian O'Conner, a young undercover cop who infiltrated an East Los Angeles gang of behind-the-scenes outlaws run by Dominic Toretto (Vin Diesel), tragically died in a high-speed car crash on Nov. 30, 2013. After taking time to grieve, "Furious 7" crew members delicately moved forward with production, finishing the film with the help of Walker's brothers, Caleb and Cody, and some subtle, well-placed computer graphics.

"Furious 7" destroyed box office records during its debut last weekend, picking up a massive \$143.6 million in North America and \$240.4 million overseas; totaling an impressive \$384

million overall. Not only did "Furious 7" become the largest opener among its predecessors, but it's now ranked number four in the top 10 highest ranking opening films of all time – proving to be one of Hollywood's most iconic franchises.

Where do we go from here though? Is this the end of the "Furious" franchise? Not for directors and producers. It seems their grieving period is already over. Many solid rumors have already surfaced hinting at an eighth installment by Universal Pictures. Surely, many fans will be torn over yet another sequel, especially one excluding Walker, for obvious reasons. My suggestion would be to revisit the idea of branching off on side character stories like they did in the 2006 semi-sequel "Tokyo Drift." With such a huge fan base and record breaking turnout for the so-called final installment, Universal can't seem to let it go in good taste.

It is worth mentioning that

producers and directors were more heartfelt in the manner in which they handled Walker's absence. Usually in these situations, productions will omit a deceased actor from future scenes or films by letting their character perish as well. In the case of "Furious 7," however, director James Wan decided to see Walker's character through to the end; giving everyone a final, emotional eulogy of Walker, reminding everyone of his gravity on our lives through the last 14 years with a montage of his "Fast and Furious" moments.

Thanks for the lavishly unbelievable, yet heart-fueled journey Paul, giving us all a reason to do hoopie burn-outs in theater parking lots across the nation, live a little faster and burn a little brighter.

"If one day the speed kills me, don't cry, because I was smiling." – Paul Walker

Movie review by
SGT. RICK HOPPE

IN THEATERS THIS WEEK



The Downtown Lyceum showtimes are shown in the top row and the Camp Bulkeley Lyceum showtimes are displayed in the bottom row.

FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
The Second Best Exotic Marigold Hotel (NEW) PG, 8 p.m. Unfinished Business R, 10 p.m.	Furious 7 PG13, 8 p.m. Insurgent PG13, 10:30 p.m.	Kingsman R, 8 p.m.	The Duff (LS) PG13, 8 p.m.	Focus (LS) R, 8 p.m.	Chappie R, 8 p.m.	Cinderella PG, 8 p.m.
Furious 7 PG13, 8 p.m. Run All Night R, 10:30 p.m.	The Second Best Exotic Marigold Hotel (NEW) PG, 8 p.m. Unfinished Business R, 10 p.m.	The Lazarus Effect PG13, 8 p.m.	* LYCEUMS CLOSED	Kingsman R, 8 p.m.	* LYCEUMS CLOSED	Focus (LS)R, 8 p.m.

Call the Movie Hotline @ 4880 or visit the MWR Facebook for more info.

* Concessions closed until further notice

Stay classy, GTMO! No alcohol or tobacco at the Lyceums.

MOVIE REVIEW // UNFINISHED BUSINESS



This was disappointing to say the least. Vince Vaughn has gone seriously downhill in his recent movies – not that he was my favorite actor in the first place.

Dan Trunkman (Vaughn) is a salesman who quits his job and starts his own business with fellow employee Timothy McWinters (Tom Wilkinson), and a younger guy, Mike Pancake (Dave Franco).

A couple of years go by and they have yet to make any real progress on their business, which isn't explained very well at all. The most information you get about their business is that they deal in swarf, or metal shavings found at construction sites. Whether or not they buy or sell is never made clear.

After they quit their jobs and open their business that they are failing miserably at, they finally come across what is deemed the deal of a lifetime, something that will get them on their

feet. Of course when they make it to where they are going to make this deal, their old boss is there trying to score the same business deal.

This particular business deal couldn't have come at a better time, since Trunkman's overweight son needs to go to a private school to stop being bullied, and his young daughter is facing some kind of depression, or sadness. Again, the writers didn't bother to elaborate.

To try and one-up their old boss, they fly ahead to Berlin to meet up with their potential client, Jim Spinch (James Marsden). When they get there they run across the Berlin Marathon, a gay/leather festival, and along the way they learn something about self-acceptance.

Because this festival is going on there aren't a whole lot of hotel options, so McWinters and Pancake end up staying in a hostel while Trunkman is slumming it in a mock

hotel room in a museum. While there, passers-by ogle him like he's in some kind of zoo exhibit.

McWinters and Pancake could have been better written. Their characters are seriously underdeveloped, while Trunkman is the same old character Vaughn usually plays.

If you've seen "The Internship," "The Watch," or "Delivery Man," you'll know that Vaughn's character is never really any different, he just seems to flop as far as building a character goes.

McWinters and Pancake could have been much better, again they seemed underdeveloped, but it seems they did try to at least make the most of it. Their screen presence was much more tolerable than most of the other characters

The ending was anticlimactic; there was never really any final showdown between the antagonists

and protagonists. There was no celebrating the good guys winning and no actual confrontation with the bad guys.

This whole movie was random, not well put together and the humor was sub-par. It just seemed like a mash up of a bunch of different movie genres and even though that could be workable, this one didn't tie itself together at all.

It was like they tried to make a rated R-movie family friendly, and it just didn't come off well. Especially with Trunkman trying to better himself for his kids back home and then turning right around and offering crude humor.

A couple laughs here and there give this movie one star.

Movie review by
SPC. LIZ SMITH

MWR

2015 SPORTS SCHEDULE

MONTH / DAY ACTIVITY

April 11	Color Run
April 13	Basketball League
April 20	Golf League
April 25	Olympic Triathlon
May 9	JPJ 5 Miler
May 15-16	Captain's Cup Event
May 24	Fitness Festival
June 8	Racquetball League
June 13	NE Gate 12 Mile Run
June 15	Soccer League
June 22	Sand Volleyball League
July 4	Softball Tournament
July 4	Ridgeline Trail Run
July 13-16	Walleyball Tournament
July 20	Badminton League
July 25	Relay Race
August 8	Cable Beach Run
August 22	Sprint Triathlon
September 5	Wood-bat Tournament
September 14	Co-Ed Softball League
September 26	Trail Triathlon
September 28	Flag Football League
October 5	Basketball League
October 24	Paddle, Pedal, Paintball
November 14	Duathlon
November 26	T-Day Half Marathon
December 11	Army / Navy Game
December 19	Holiday Basketball
December 24	Jingle Bell Fun Run

Starting dates are subject to change. All leagues last 2-3 months, including playoffs.

Contact the MWR for more information on each event or to sign up. x77262



NEW GTMO DIVE RULES



Recreational diving can be a dangerous past time, but it's also a stress relieving activity that requires adherence to proven procedures to prevent injury. The U.S. Naval Station commander, Capt. Scott Gray, published a new diving instruction to help clarify these safety precautions.

Rules relating to night dives, advanced diver locations and safety equipment have been revised to ensure we mitigate some of the risk and all divers should review the instruction to ensure compliance and safety of all divers.

Navy diver Chief Petty Officer Julius McManus, command diving officer said, "Night diving regulations have clarified which beaches are authorized for beach and boat dives."

Dives between sunset and 11:30 p.m. from authorized beaches, and between sunset and sunrise from a vessel, shall only be made at Windmill Beach, Girl Scout Beach, Glass Beach and Philips Dive Park, according to the new instruction.

One of the rules still in place is the requirement to have a 6-inch or larger surface marker for every buddy pair or group diving in the advanced diver qualified area.

The 6-inch buoys are needed when diving outside 150 yards of a public beach inside the bay, except at Hicacal Beach, and at all advance locations.

Divers should also avoid diving if they have consumed alcohol within the past 12 hours, or are under the influence of medications that might cause dizziness or drowsiness. Additionally any divers who exhibit symptoms of diving related

illness should be escorted to medical personnel as quickly as possible.

Rules for night diving equipment have not changed. The instruction states, "Night dives shall require two battery operated lights, minimum of one non-battery activated light (chem-light) and a bright beacon on land at the exit."

As always, failure to comply with diving instructions may result in suspension or permanent ban of diving privileges, or in extreme cases, punishment under the Uniform Code of Military Justice.

Remember that diving here at GTMO is a privilege, not a right, and can be hazardous. All divers need to be adequately trained and have safe equipment while diving.

The new instruction also includes necessary paperwork such as the NAVSTA area map, a dive plan form, a night dive completion form and diver certification, rules acknowledgment, liability release and approval form.

The beautiful waters here are a hidden treasure that can be a source of lots of fun and staying safe is paramount to enjoying this great past time. The rules are ever evolving but represent a commitment to safety and a fantastic time.

Please contact McManus at x4444 if you have any questions regarding the changes in the instruction.

Story and photo by
SGT. ADRIAN BORUNDA


2015 BASKETBALL CHAMPIONSHIP

Wisconsin coach Bo Ryan isn't exactly a good loser. He said his team didn't believe in the rent-a-player program, alluding to the many prominent NCAA Men's basketball powerhouses who have a revolving door of one-and-done players exiting to the NBA after stellar freshmen seasons. Perhaps he should reevaluate his approach because Duke's much heralded freshmen class was more than enough to rally late and capture the Blue Devils' fifth national championship by defeating Wisconsin 68-63.

Trailing by 10 in the second half after an even halftime score, the much forgotten freshmen Grayson Allen came through on a night when Duke's big two, Jahlil Okafor and Justise Winslow, had sub-par performances. Down by 10, Allen caught fire and aided by Tyus Jones' 19 second half points (23 for the game), Duke was able to pull away from the Badgers.

Jones was named the Most Outstanding Player of the Final Four, and the Blue Devils needed him because Wisconsin center Frank Kaminsky, the National Player of the Year, completely outclassed

the potential No. 1 pick in the NBA Draft this year in Okafor. Kaminsky scored 21 points and had 12 rebounds. But, it wasn't enough as Kaminsky's sidekick Sam Dekker came up short when it mattered most with just 12 points on 6-of-15 shooting from the field.

Despite their coach complaining about the referees, questioning the Duke Blue Devils' handling of players and being completely outclassed by Blue Devils' coach Mike Krzyzewski, the veteran Wisconsin team held their own throughout against the favored Duke and made the 2015 National Championship memorable. However, the Blue Devils joined the 2012 Kentucky team as one of the few freshmen-led teams to win a national championship. The title puts Krzyzewski behind only the legendary John Wooden on the all-time list for most titles.

Though the core of the Duke squad will most likely be NBA bound this year, nothing can take away their championship season – not even an opposing coach's disparaging rant and unprofessionalism.

Article by

1ST LT. MACARIO MORA



UFC Fight Night 'Mendes vs. Lamas' lived up to the expectations as one of the better free fight cards of the year. Saturday's event had it all: an intriguing match-up between top featherweight contenders, controversial decisions, and the return of "The Venezuelan Vixen."

"The Venezuelan Vixen," Julianna Peña, returned after a long hiatus due to injury. The much-hyped season 18 winner of "The Ultimate Fighter" was expected to make a run toward the top before blowing out her knee in training. She returned to form, stopping Milana Dudieva with first-round strikes.

The co-main event featured two 155 pounders looking to make a splash in the UFC's toughest division. Jorge Masvidal was clearly the better striker from the opening bell, rocking Al Iaquinta with several crisp combinations. Iaquinta didn't give up though, and continued to pressure Masvidal throughout the remainder of the fight, despite blood pouring out of his face from a huge

gash underneath his eye. Masvidal was clearly comfortable on his feet with the shorter Iaquinta, but he appeared to let off the gas and coast to a victory. Instead, the judges gave Iaquinta the split decision in possibly one of the worst robberies in recent memory. Masvidal, with a look of disgust, ran out of the Octagon, and Iaquinta proceeded to give one of the more memorable post-fight interviews by cursing out the crowd who continued to boo him. It was interesting to say the least.

In the main event, Chad Mendes looked to get back to his winning ways by taking on the surging Ricardo Lamas. Lamas appeared to have the right strategy at first by keeping the shorter Mendes at a distance with kicks. But, in the blink of an eye, the tables turned as Mendes landed a massive right hand on Lamas' forehead. Lamas struggled on several occasions to recover, but it was too much. Mendes sits firmly as the No. 2 featherweight in the world.

Article by

1ST LT. MACARIO MORA

MLS SOCCER TOP 20

No.	Eastern Conf.	Standings
01	D.C. United	(3-1)
02	New York Red Bulls	(2-0)
03	New England Rev.	(2-2)
04	Chicago Fire	(2-3)
05	New York City FC	(1-1)
06	Orlando City SC	(1-2)
07	Columbus Crew	(1-2)
08	Toronto FC	(1-3)
09	Montreal Impact	(0-1)
10	Philadelphia Union	(0-3)

No.	Western Conf.	Standings
01	Vancouver Whitecaps	(4-1)
02	FC Dallas	(3-1)
03	Real Salt Lake	(2-0)
04	Sporting Kansas City	(2-1)
05	Seattle Sounders FC	(2-1)
06	San Jose Earthquakes	(2-3)
07	Portland Timbers	(1-1)
08	Los Angeles Galaxy	(1-2)
09	Houston Dynamo	(1-2)
10	Colorado Rapids	(0-1)

POUND 4 POUND TOP 10

No.	NAME	Record
01	Jon Jones	21-1
02	Jose Aldo	25-1
03	Chris Weidman	12-0
04	Demetrious Johnson	21-2-1
05	Cain Velasquez	13-1
06	Anderson Silva	34-6
07	Rafael dos Anjos	24-7
08	Anthony Pettis	18-3
09	Daniel Cormier	15-1
10	Robbie Lawler	25-10,1NC



FITNESS IS A FULLTIME JOB

Maintaining your fitness and health isn't over after your last squat. There are many things you should be doing after your workout to make that hard work really stick.

Before you leave the gym, you should do a cool down. Nick Clayton, personal program manager for the National Strength and Conditioning Association, suggests light cardio to flush out any metabolic waste products. For example, if you do an upper body workout, follow up with the row machine.

Stretching is important after any workout, but even before that you should grab a foam roller. Everton Hylton, MWR fitness trainer, suggests the Body Regeneration class to release tension in the muscles and aid in recovery.

"Lactic acid builds up in the muscles, so we've got to get rid of it," Hylton said.

Once you've loosened up with the foam roller, it's time to stretch all your muscles. Stretching, when done properly, can help your nervous system relax. You shouldn't feel pain when you stretch, but it may be a bit uncomfortable.

Always hydrate, eat well and don't forget your protein. Although there are many theories on exactly when to have protein, the important thing is to make sure you are getting an adequate amount throughout the day.

Don't let all your hard work in the gym be ruined by bad habits. Good fitness must be met by a healthy lifestyle. It's all about keeping your body healthy and happy.

Article by
SPC. MONIQUE QUINONES

TROPICAL DELIGHT SHAKE

Are you getting tired of your regular, boring protein shake? Try something a little different next time you hit the gym.

Ingredients:
12 ounces orange juice
2 scoops of protein
1 banana
2 tablespoons of almond butter or peanut butter
6 ice cubes

Shake, stir or blend for a delicious and healthy drink!

*"Flexibility is crucial to my fitness."
— Samantha Stosur, professional tennis champion*



JSMART SPOT

▲ JSMART HELPER: TITAN

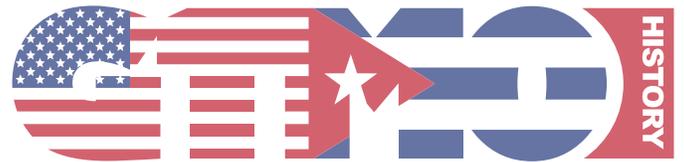
An important part of being a good leader is acknowledging that certain personalities don't work well together. Liking all of our fellow coworkers is irrelevant and unrealistic. Rather, the mission and its accomplishment, take precedence. This is why being able to manage different personalities into a productive workforce is a staple of good leadership.

One of the more common causes of work problems are power struggles. While some appear to not like being told what to do (no matter what their rank), there are others who seem to enjoy being in charge a little too much. The root cause of these personalities is not as important as how we choose to deal with them. Sometimes the harder someone fights for control, the more trouble they cause for themselves. Thus, effective leaders can evaluate not only the immediate problem, but the process in which the individual is attempting to resolve it. Addressing this dysfunctional power

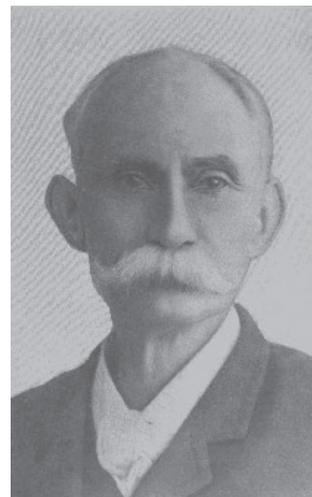
strategy and not getting hooked into a faulty pattern, can sometimes be more effective than continuing to attempt to control the individual.

To disengage from these power struggles, try not to take the behavior of problem coworkers personally. Remember, their choice to act out is probably not specifically designed to do us harm. When we hear something that triggers feelings of anger or resentment, it's good to ask ourselves, "Why is that such a big deal to me?" Sometimes we'll discover that it reminds us of a past situation that has nothing to do with the current one. Reminding ourselves that the world does not revolve around us is a tip we can use when dealing with work problems.

Article by
**PETTY OFFICER 3RD CLASS
RANDALL KELLEY**



THE TEN YEAR'S WAR: MÁXIMO GÓMEZ



However, Cuba's Ten Year's War, from 1868 to 1878, is a little known history to most here. Cuba's long struggle for independence led the nation to abolish slavery in 1886. One of the leaders of the war, and commander-in-chief of liberation forces at the time was Máximo Gómez, a skilled general who later led the Cuban Army in their War of Independence. Gomez Road, near Pier B, was named after the Cuban leader.

Article by
**SGT. 1ST CLASS
ROBERT FREESE**
*Photo courtesy of
WIKIPEDIA*

Many here at U.S. Naval Station Guantanamo Bay know about the Spanish American War and the United States' involvement here with the Cuban Revolution.

ROMAN CATHOLIC (NAVSTA Chapel)

Saturday*	1700	
Sunday*	0900	
Mon-Thurs*	1730	(Side Chapel)

PROTESTANT SERVICES (JTF Troopers' Chapel)

	Sunday*	0900	
		1900	
Friday night movie	Friday	1900	"The Hiding Place"

PROTESTANT SERVICES (NAVSTA Chapel)

Traditional*	Sunday	0930	Annex Room 1 (Liturgical Service)
Contemporary*	Sunday	1100	Main Chapel
Gospel	Sunday	1300	Main Chapel

OTHER SERVICES

Islamic Prayers	Friday	1315	Annex Room 2
7th Day Adventist	Saturday	0900	Annex Room 1 (Sabbath School)
	Saturday	1100	Annex Room 1 (Sabbath Service)
Latter Day Saints	Sunday	0900	Annex Room 19
Pentecostal	Sunday	0800	Annex Room D
	Sunday	1700	Annex Room D
JTF Bible Study*	Monday	1900	Cuzco Block H
	Wednesday	1900	JTF Troopers' Chapel
Beginners Bible Study*	Thursday	1130	JTF Deputy Chaplain's Office
New Christian's Inquiry*	Saturday	1900	JTF Troopers' Chapel
Christian Fellowship	Sunday	1800	Main Chapel (Non-denominational)
Easter Sunrise Service	Sunday	0630	Windmill Beach (Free Breakfast)

*These services are conducted by Army or Navy chaplains / For more information call ext. 2218

YOM HASHOAH SERVICE

A Yom HaShoah (Holocaust Remembrance Day) service will be held on Wednesday at 4 p.m. at the JTF Troopers Chapel in remembrance of Holocaust victims during World War II. Open to all Jewish and non-Jewish personnel.

Any questions on this Holocaust memorial please feel free to call the JTF Chaplain office at ext. 2218

TRANSFER OF AUTHORITY

Command Sgt. Maj. David Carr will assume the Senior Enlisted Leader position, Joint Task Force Guantanamo. Carr will relieve Sgt. Maj. Juan Hidalgo, who has served JTF GTMO for two years, April 16, 6 p.m. at Bulkley Field during the JTF GTMO Senior Enlisted Leader Transfer of Authority

All of JTF GTMO personnel are invited to attend

BUS SCHEDULE

Camp America	:00/:20/:40
Gazebo	:01/:18/:21/:38/:41/:58
Camp America NEX	:02/:17/:22/:37/:42/:57
Camp Delta	:04/:13/:24/:33/:44/:53
Camp 6	:07/10/:27/:30/:47/:50
HQ Building	:55/:15/:35
TK 1	:01/:17/:21/:37/:41/:57
TK 2	:02/:16/:22/:36/:42/:56
TK 3	:03/:15/:23/:35/:43/:55
TK 4	:04/:13/:24/:33/:44/:53
CC	:00/:19/:20/:39/:40/:59
JAS	:14/:34/: 54
Windjammer / Gym	:02/:17/:22/:37/:42/:57
Gold Hill Galley	:04/:15/:24/:35/:44/:55
NEX	:06/:13/:26/:33/:46/:53
NEX Laundry	:07/:27/:47
C Pool	:10/:30/:50
Downtown Lyceum	:11/:31/:51

NEX EXP. BUS 09:55 - 19:55 hourly

Camp America	:48/:55
TK 1	:05/:36
Windjammer / Gym	:11/:31
Gold Hill Galley	:14/:29
NEX	:16/:27
Downtown Lyceum	:17/:25

BEACH BUS

Windward Loop / E. Caravella	0900/0930/1200/1230/1500/1530/1800/1830
SBOQ / Marina	0905/0935/1205/1235/1505/1535/1805/1835
NEX	0908/0925/1208/1225/1508/1525/1808/1825
Phillips Park	0914/ 1214/1514/1814
Cable Beach	0917/1217/1517/1817
Return to Office	0940/1240/1540/1840

(Saturday & Sunday ONLY)

FERRY SCHEDULE

MONDAY THROUGH SATURDAY

FERRY

Windward	0630/0730/0930/1030/1130/1330/1530/1630
Leeward	0700/0800/1000/1100/1200/1400/1600

UTILITY BOAT

Windward	1630/1730/1830/2030/2230/2330
Leeward	1700/1800/1900/2100/2300/0000

SUNDAY & HOLIDAYS

FERRY

Windward	0730/1330
Leeward	0800/1400

UTILITY BOAT

Windward	1030/1530/1730/1830/2030/2230
Leeward	1100/1600/1800/1900/2100/2300

Photo by Alyssa Sunseri

PARTING SHOT



'SPELUNKING CRAB' PHOTO BY ALYSSA SUNSERI. FOR A CHANCE TO HAVE YOUR PHOTO FEATURED IN THE PARTING SHOT, PLEASE SEND SUBMISSIONS TO: THEWIRE@JTFGTMO.SOUTHCOM.MIL

THE **WIRE**

