

The WIRED

An award-winning
JTF journal

PLUS:

Men of Faith
Gospel group brings
spirituality to the island

Softball championships
The Vigilant Warriors vs Team MANAAF:
Who came out on top

Who's got the blues?
Bluzapalooza shakes up Ferry Landing

COMMAND CORNER

“Communication: In our society and in the work place, lack of communication inhibits creativity, ideas and effective practices and relationships. There are three key elements to effective communication: 1. The Sender – the person sending the message; 2. The Message – the information that is trying to be conveyed; and 3. The Receiver – the person receiving the message. The Sender must make sure what’s being said is understood correctly by the Receiver. If the Receiver does not understand, they must ask the Sender for clarity in the message. This takes work by both parties.” –Anonymous

Effective two-way communication is essential to any organization’s success. In order to consistently accomplish the mission, our subordinates must know what we expect of them – I call this “Expectations Management.” Make your subordinates feel like part of the team by keeping them informed and involved. Write an email to them and ensure there is clarity in your guidance and messages. Allow them to use their initiative. Capitalize on their unique skills and backgrounds.

To me, communicating is the start to building a rapport with an individual. Counseling is communicating – setting your expectations as a leader. When counseling people, you can give orders, directives and instructions from your position in the organization. However, it is not until the leader goes down into the depths of the organization and facilitates an informal counseling session that he or she will get attention and subordinates and their peers will talk. In this session, you want to start out asking the subordinate the following:

Where are you from?

Where did you grow up?

Find interesting topics you can discuss with your Trooper.

We have various techniques from all different services at our disposal, yet they are bureaucratic in nature and basically become a paper drill to say “I counseled the individual.” This paperwork is nonsense, not leadership! As leaders, we must get in the trenches of our organizations to see what’s actually being done. We think we know, but contrary to belief, unless you make that trip, you really don’t know what ground truth is.

As leaders, we must lead by example. We need to effectively communicate as human beings and work toward the goals established in our organizations.

I want to leave you with this quote from the former Secretary of



Defense, Mr. Robert M. Gates, presented at the United States Naval Academy Commencement on Friday, May 27, 2011 as follows:

“A final quality of leadership, I believe, is simply common decency; treating those around you – and, above all, your subordinates – with fairness and respect. An acid test of leadership is how you treat those you outrank, or as President Truman once said, “how you treat those who can’t talk back.”

Trooper to Trooper

featuring

Master Chief Petty Officer Dwayne White

Senior Enlisted Leader, Task Force Platinum

A man and his dog were walking along a road. The man was enjoying the scenery when it suddenly occurred to him that he was dead. He remembered dying, and that the dog walking beside him had been dead for years. He wondered where the road was leading them.

After a while, they came to a high, white stone wall along one side of the road. It looked like fine marble. At the top of a long hill, it was broken by a tall arch that glowed in the sunlight. As he stood before it, he saw a magnificent gate in the arch that looked like mother of pearl and the street leading to the gate appeared to be pure gold.

As he and the dog walked towards the gate, he saw a man at a desk to one side. When he was close enough, he called out, “Excuse me, where are we?”

“This is Heaven, sir,” the man answered.

“Wow! Would you happen to have some water?” the man asked.

“Of course, sir.” The man gestured and the gate began to open.

“Can my friend come in, too?” the traveler asked.

“I’m sorry, sir, but we don’t accept pets,” was the response.

The man thought a moment and then turned back toward the road and continued the way he had been going with his dog. After another long walk he came to a dirt road, which led through a farm gate that looked as if it had never been closed. As he approached the gate, he saw a man inside, leaning against a tree, reading a book.

“Excuse me,” he called to the reader. “Do you have any water?”

“Yeah, sure, there’s a pump over there,” the man said, pointing to a place that couldn’t be seen from outside the gate. “Come on in.”

“How about my friend?” the traveler gestured to the dog.

“There should be a bowl by the pump,” replied the man. They went through the gate, and sure enough, there was an old-fashioned hand pump with a bowl beside it.

The traveler filled the bowl, gave it to the dog, then took a long drink himself. When they both had quenched their thirst, he and the dog walked back toward the man who was standing by the tree waiting for them.

“What do you call this place?” the traveler asked.

“This is Heaven,” he answered.



“Well, that’s confusing,” the traveler said. “The man down the road said that was Heaven, too.”

“Oh, you mean the place with the gold streets and pearly gates? Nope, that’s Hell,” the man said matter-of-factly.

“Doesn’t it make you mad for them to use your name like that,” replied the traveler.

“No. I can see how you might think so, but we’re just happy they screen out the folks who’ll leave their best friends behind.”

JTF Guantanamo

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COVER: Memphis-based musicians Billy Gibson and guitarist Elliot Ives helped bring the blues to Naval Station Guantanamo, Saturday, as the musical entertainment for Morale, Welfare and Recreation’s end of summer blowout, Bluzapalooza. – photo by Sgt. 1st Class Benjamin Cossel



THINK BEFORE YOU POST!
PSEC ALERT

Are your Facebook friends really your friends?

Do you have more than 100 friends on Facebook? More than 200? How about 500? It might seem unusual to some of us but there are people with over 1000 “friends” on social networking sites. Now think about what information you give to these friends: your address, phone number, birthday, names of family members and other friends. This may seem harmless on the surface but to someone whom you met once and then became “friends” with, they might have other uses for your information. Crimes could be committed using your information. Your house could be robbed, your identity could be stolen or credit could be obtained in your name. You need to protect yourself and your information. Next time you’re online, take a good hard look at your “friends” list and ask yourself if you would really trust all the people on that list with your information.

News from the Bay

Stories and reporting by
Mass Communication Specialist 2nd Class Maddelin Angebrand
and Mass Communication Specialist 1st Class Sally Hendricks

Marriage enrichment seminar at Chapel

Treat your relationship to an informative Marriage Enrichment Seminar at the Trooper Chapel from 9 a.m. to 12 p.m., Saturday.

The event, hosted by the 525th Military Police Battalion, is open to all military and civilian personnel to include married, single and hopeful.

Joint Task Force's three chaplains will speak at the seminar, offering insight and guidance on the ups and downs of married life.

Army Capt. Garland Mason, 525th chaplain, said marriage is one of his favorite topics to speak about.

"Almost everything in life works against your marriage," Mason explained. "So, if you don't work at keeping your marriage strong and healthy, the natural tendency is for it to weaken and die."

Refreshments will be served at the seminar. For more information, contact Mason at x2453.

Reef Raiders meeting with chili dinner served

Join other dive enthusiasts at the monthly Reef Raiders meeting, Sept. 13, at the Reef Raiders Club located between the Naval Station Hospital and Marine Hill.

The gathering will kick off with a chili dinner at 6:30 p.m and will run about forty-five minutes total.

Group members can purchase two \$15 air cards and non-paying members can purchase one for \$15.

Jessie Keenan, the club treasurer, said the club was founded in 1952 and she had the opportunity to meet the original members.

"Back then they used to actually sell coral to raise money for a compressor," Keenan shared. "But, now we are all about conservation and saving the reefs."

Keenan said the club is open to everybody and is always looking for new ideas

and fresh faces.

"We like the mixture of people and want to do club dives and events together. We sell T-shirts and coins - anything to keep diving alive. We want diving to stay in GTMO, no matter what."

The club is open Monday through Thursday from 6 p.m. - 8 p.m., Friday from 6 p.m. - 9 p.m., Saturday from 9 a.m. - 9 p.m. and Sunday from 9 a.m. - 5 a.m.

Men and women's fall basketball league

Don't forget to register by Sept. 13 for the fall men's and women's basketball league.

A coach's meeting will be held Sept. 15 and the league will start the week of Sept. 19.

All games will be played to the five on five regulation indoor rules.

The league is open to ages 16 and up. For more information, call x2113.

Golden Monkey - newly formed local talent band

The newly formed group Golden Monkey will perform every Wednesday at the Tiki Bar.

The group is led by Chris Dickson, a multi-talented musician who also organized and played for the band Sounds Like Chicken.

The new band will perform popular mainstream songs and Caribbean music.

They make their debut Sept. 14. For more information, call x75604.

Base belly dancing class temporarily put on hold

Guantanamo Bay's belly dancing class normally held on Sundays at the Marine Hill group fitness room from 4-6 p.m. is taking a break.

A date has not yet been set for when classes will resume. Residents should keep an eye out for announcements.

For questions, contact Denich Gym at x77262.

Run for the Fallen 2011 at Denich Gym

Remember the fallen by participating in Morale, Welfare and Recreation's 5K Freedom Run, Sept. 11 at Denich Gym.

The race starts at 5:30 p.m. and the first 250 people to sign up will receive a free T-shirt.

There will be a drawing for a laptop computer and camelbacks sponsored by the Guantanamo Bay Navy Exchange.

Cheering stations will be at Deer Point, SCSI and W.T Sampson Elementary School.

For more information, call x77262.

Yoga offered every Sunday at Marine Hill

Guantanamo Bay's Youth Center is sponsoring a yoga class on Sundays from 2:30 p.m. - 3:30 p.m. at the Marine Hill group fitness room. The class will cost \$20 for 10 classes.

"It's a perfect way to relax your mind and body while getting in shape and becoming more flexible," said Gulsen Beyatli, certified yoga instructor.

A yoga instructor for ten years, Beyatli sees the benefits not only to her mind and body but also in most of the students, to include men that attend her sessions. It's not just for women she says.

"I can't believe how much this class has changed my body and my life. I feel less stress and people have said I look more tone," said Tracey Walker a Guantanamo Bay resident.

Beyatli's class is called Yoga for Life. It's a combination of different types of yoga techniques.

"My class is therapeutic, strengthening, healing and enables your mind to become more focused," explained Beyatli.

Yoga is an excellent form of relaxation and exercise to enhance every day life.

For more information, call Melissa Voshell at x77491 or the Child Development Center at x3664.

TROOPER FOCUS

Petty Officer 2nd Class Dan Reyes

Army Sgt. Meredith Vincent

On the opposite side of the island, across the Caribbean Sea, is the northern tip of South America. Occupying most of that space is Venezuela, a Spanish country bordering Colombia, Guyana and Brazil. It was here that Aviation Machinist's Mate 2nd Class Dan Reyes was born and raised. And where, as a young man of 20 years, he said goodbye to make his life in the United States.

"Sometimes people, especially young folks, don't realize the freedoms we enjoy in the states," said Reyes, a control supervisor for Joint Task Force Guantanamo. "I do."

Determined to overcome the language and cultural barrier, Reyes signed on the dotted line and became an American servicemember. When asked why he chose the Navy, he simply gestures to the great, blue ocean, spread out as far as the eye can see. To a kid with a bleak future, that ocean was all he needed.

Reyes has been in the Navy for seven years now. He's seen places like Greece, France, Dubai and Italy. He said joining the Navy has opened up exciting new opportunities he could never have

expected.

"I traveled when I was a kid, but when you're a kid, you don't know what's going on!" he laughed.

That upbeat spirit is what impressed his leadership, said Master-At-Arms 1st Class Frankie Knobloch, Camp 6 leading petty officer.

"He's a stand-up guy," Knobloch said of Reyes. "He's got a lot of pride in his work. He wants to accomplish things, he doesn't want to just lay back and watch things unfold."

Despite a heavy accent denoting his heritage, Reyes is still able to step up when his fellow Troopers need leadership.

"He takes charge," noted Knobloch. "He makes sure that everybody falls in line to get the job done."

see FOCUS, pg. 19



Bullet Bio

Time in service: 7 years

Hobbies: golf, soccer, softball, most sports and outdoor activities

Pet peeves: people who complain and don't see the big picture

Next goal: Master's degree in Management Science

Advice to junior Troopers: "Never quit, no matter how hard it looks."

What was your first job?



"I worked in produce at a grocery store. There is nothing like bringing a smile to a person's face when they pick up that perfect apple that I stacked (stocked) on the shelf. It was great."

Electronic's Technician 3rd Class Justin Bell



"I was a carpet cleaner for my first job. There's nothing like the smell of a clean carpet. It leaves a fresh smell. I was a carpet master. It was our family business."

Gas Turbine System Technician 3rd Class Jon Archuleta



"I worked at 911 dispatching. It was very interesting. I did it for two years and then joined the National Guard. I actually still do that job when I'm not deployed. I love it."

Pfc. Megan Adams



"I was a bag boy at Bilo's, a grocery store. I didn't like it so I only stayed for two months and then quit."

Sgt. 1st Class Joshua Conwell

Boots on the Ground



Joint Task Force Deputy Director Army Brigadier General Samuel Nichols speaks at JTF's Hail and Farewell ceremony, Sept. 2, at the Windjammer Pool. (below) Troopers help themselves to the buffet-style barbecue, provided for all in attendance.

Out with the old, in with the new

Hail, farewell BBQ welcomes new faces, says goodbye to others

Story and photos by Mass Communication Specialist 2nd Class Kilho Park

Troopers attached to Joint Task Force Guantanamo attended a barbecue and get together for a Hail and Farewell at the Windjammer Pool, Sept. 2.

Hail and farewell ceremonies are informal social gatherings meant to say goodbye to outgoing personnel and to recognize the work they have accomplished as well as introduce and welcome their successors to the deployment and team.

"We acknowledge those who are going and their accomplishments are recognized," said Army Staff Sgt. Felix Diaz Jr., the new future operations manager for J6. "Plus with everyone coming in, you get to put a face with a name. You know who you're going to be working with for the next year and that's pretty exciting."

Approximately 60 personnel have come in to replace their

counterparts in 14 separate departments.

For newcomers to the island, there is a sense of high expectations and being part of something special.

"Select individuals [civilian and military] were picked for their skills to come over here," said Diaz. "They just don't pick anyone to come here, we were screened more than the usual deployments."

While turnover in personnel is inevitable, for seasoned JTF veterans the time to redeploy back home is a welcome new challenge.

"It's been almost a year away from home, so now you have to turn the switch to the way it was before you got here," said Sgt. 1st Class Stephen A. Burke, protocol non-commissioned officer in charge for the joint visitors bureau. "I will miss certain things but at the same time I'm ready to say my farewells and move on."



Motivated vet tech looks past GTMO

Story and photo by Mass Communication Specialist 2nd Class Maddelin Angebrand

When Army Staff Sgt. Ardcicio Galvao arrived from Brazil to the United States at age 14, he spoke zero English and was immersed in an unfamiliar world. Despite the obstacles of learning a foreign language and trying to fit into American culture, Galvao still contemplated joining special forces in the military, but wasn't quite sure.

After the terrorist attacks of Sept. 11, he was approached by an Army recruiter and decided enlisting would be a meaningful way to give back. At just 17-years-old, he initially wanted to sign up for infantry. His mother said no.

The recruiter persisted and asked Galvao what he enjoyed doing. Without hesitation, he said he had loved wildlife ever since he could remember. Luckily, the Army had a position as a veterinary technician open - he nabbed it.

"I've always enjoyed working with animals," Galvao says. "They had the job so I took it. I'm glad it worked out."

Eight years later, he now serves as the non-commissioned officer-in-charge at Naval Station Guantanamo Bay's Veterinary Clinic and says it's a unique setting compared to working in the states.

"The difference here is we provide full emergency services, but in the states we don't normally do that type of after-hour service," Galvao explains. "Here we're on call 24/7, have a cell phone on us and we rotate the duty every week."

Pfc. Kerstin Mundy, a veterinary technician, has spent the past 10 months working alongside Galvao and says she is lucky to have such a great teacher in her field.

"He's laid back and always willing to help," Mundy says. "If I have a question, he's ready to teach me. He's well-trained and definitely passionate."

Galvao says the veterinary office has something to offer no matter what side of base Troopers work on.

"We are unique because we have a wealth of knowledge about the GTMO wildlife and animals that you don't see everywhere," he points out. "We love to share it with everyone."

The clinic also works with various researchers who study Guantanamo Bay's animal populations - a favorite perk of the job for Galvao who wasn't allowed to have pets as a kid.

"I've always liked wildlife: snakes, spiders and things like that," Galvao shares. "I would



Army Staff Sgt. Ardcicio Galvao treats a canine patient at Naval Station Guantanamo Veterinary Clinic, Tuesday. Galvao is one of two veterinary technicians in the Army selected for a Ranger assignment.

go out and grab things and bring them into the house, without my parents knowing of course. After I left home, I finally got a dog."

Along with his love for animals, Galvao also has a strong desire for continuous achievement and is always looking for his next challenge.

"My goal when I got here was to get promoted to E-6 and get through the Ranger course," says Galvao. "There was no other option for me. I didn't want to leave here with anything less."

True to form, Galvao made E-6 and will be leaving soon to Ranger Selection School. However, he isn't casting his love for animals aside. As one of only two veterinary

technicians in the Army selected for this type of assignment, he will be a unique combination of Ranger and skilled veterinarian.

"It's going to be fast-paced," Galvao explains of his new assignment. "Lots of deploying and I won't be working in a clinic anymore. My main mission will be to take care of the dogs at the regiment and train handlers to provide emergency care for the dogs."

If he passes the intense three-week Ranger training, Galvao will be reassigned to the 75th Ranger Regiment in Ft. Lewis, Wash.

"I can't see myself getting the same feeling out of doing something in the civilian world that I do being in the military," he admits. "Getting to do certain things like I'm about to do now keeps me going and motivated!"

singing with a PURPOSE

Story and photos by Mass Communication
Specialist 2nd Class Maddelin Angebrand

Guantanamo Bay welcomes a new musical group, but not just any talent. Men of Faith is a six man, all-male Gospel praise team, comprised entirely of Joint Task Force members.

The sextet met during the 1 p.m. Gospel Worship Service at the Naval Station Chapel two months ago and have been harmonizing together ever since.

Logistics Specialist 3rd Class Marco Griffin works in the JTF Post Office and decided to form the group when he realized the church's gospel choir was mainly male members.

"I started singing when I was really young," said Marco. "I come from a line of singers and my dad was a member of my church praise team. Everything I've learned, I've learned from my dad and our praise and worship leader."

The group's tallest member, Griffin naturally leads the other five members during rehearsals and performances.

"When you get around people who have the same values and morals as you do," Griffin explained, "it makes being friends easy. But add musical talent and you have Men of Faith."

Culinary Specialist 3rd Class Vincent Bradley, says he grew up mixing his own beats and is happy to have found such a diverse group to share his talent.

"We all have different personalities and blend together so well," said Bradley. "You know they say opposites attract - we are a good definition of it because we have our own personalities and it helps us give our individuality to make a good blend of sounds."

Bradley remembers the group's first performance and says it's one he'll always carry with him.

"My most memorable moment is when we stepped on stage for the first time and sang our first song. The faces on every body in the congregation were like, 'Wow, these guys are really doing something!'"

Another testament to the group's talent is Chris Dickson, a local musician himself, who heard the guys singing one day outside his office and says he had to meet them.

"They have a nice tight harmony," Dickson commends. "They were covering the bass, tenor and lead, not just singing in unison. They have talent and you can see their passion for it; I think they love to sing."

The shared passion can be hard to come by, said Pvt. Greg Allen, a vocalist for Men of Faith who is currently assigned to the 189th Military Police Company.

"Things like this don't fall into place out of nowhere," Allen explained. "I was one of the original guys and we had a few guys come in and drop out, but after praying and worshiping and having that faith is when it started falling into place and here we are now out of nowhere, it wasn't planned."

The band's other members - Spc. John Dupree, assigned to the 525th Military Police Battalion, Air Force Staff Sgt. Corey Stokes and Army Capt. Jose Martinez, assigned to the 124th Military Police Company, each agree they couldn't ask for a better group of vocalists and plan to continue working together.

"This didn't happen by mistake," they say in unison. "Amen."



Men of Faith, a six member all-male gospel group, poses in front of the Naval Station Chapel during a rehearsal, Sept. 1. (from left) Air Force Staff Sgt. Corey Stokes, Logistics Specialist 3rd Class Marco Griffin, Culinary Specialist 3rd Class Vincent Bradley, Pvt. Greg Allen, Spc. John Dupree and (front) Army Capt. Jose Martinez.

Candice Ivory heated up the already sultry Naval Station Guantanamo Bay Saturday evening as her and other Memphis-based performers brought a bit of the down-home blues to the island during Morale, Welfare and Recreation's Bluzapalooza Craft Fair and Concert. - photo by Sgt. 1st Class Benjamin Cossel

(opposite page) Following their two-hour performance, members of the Bluzapalooza band took time to sign autographs, pass out T-shirts and offer some music advice to Naval Station Guantanamo Bay residents. - photos by Mass Communication Specialist 1st Class Sally Hendricks.

Gettin' Bluesy

Story by Sgt. 1st Class Benjamin Cossel

The Naval Station Guantanamo Bay community turned out in force Saturday for Morale, Welfare and Recreation's end of summer bash, Bluzapalooza.

Held at Ferry Landing, the event featured more than 30 craft booths with wares for sale, BBQ sandwiches – along with all the fixings - to fill the tummy, games and activities for Guantanamo Bay's younger residents and down-home Memphis-style blues.

"We wanted to do something different, to try some different styles of music," explained MWR Community Activities Director Amiee MacDonnell about the departure from the normal rock, hip-hop and country acts that dominate MWR's concerts.

"I would say it was very successful," an excited MacDonnell stated. "You saw plenty of Troopers out there, people walking around with their families and dogs – just everyone having a good time."

One such person was naval station resident, Lindsey Pullon. Pullon was in attendance with her husband, Boatswain's Mate 2nd Class Chris Pullon and their son,



Josh.

"It was really nice to be able to get out and do something as a family," Pullon said. "You know MWR is out there for the servicemembers, but to see them putting something together the whole family can get involved in is good."

Taking advantage of the diverse offerings at the craft fair, Pullon said she bought a few items; the family then grabbed some dinner and enjoyed the musical offerings

that kicked off around 7 p.m.

Providing the hot sounds for the warm night was a collection of musicians from Memphis, Tenn. fronted by legendary harmonica player, Billy Gibson and Candice Ivory. For nearly two hours, the band wowed the crowd with their blues styling while throwing in a bit of rock flavoring toward the end of the show.

Following the performance, the band stayed near the stage, signing autographs,



passing out T-shirts and commemorative Bluzapalooza coins. In addition to the joint frontmen, the band included Elliott Ives, Pat Fusco, Blake Rhea and Jeff Burch.

"Coming out here and being able to perform for the Troops is one of the best gigs we can do," Gibson said as he took a few minutes away from the throngs of people seeking autographs.

Since taking the helm as the community activity director, MacDonnell said this was

the first time a blues act visited the naval station. She hopes to continue bringing a wider variety of acts to the island she said.

"There used to be an annual jazz festival held here, so that's something we're looking into as well as other styles," MacDonnell said.

Regardless of what band comes next, MacDonnell was pleased with the evening and the support from both the band and the community.



Players from Team MANAAF celebrate after a game-clinching double play, Thursday at Cooper Field and Sports Complex. Team MANAAF trailed after their opponents, the Vigilant Warriors in the first three innings, but managed to break ahead to take the championship. - photo by Mass Communication Specialist 2nd Class Kilho Park

CHAMPS!

Thursday night's championship knuckle-biter pitted the Vigilant Warriors against Team MANAAF in a battle of the bases.

Story by Mass Communication Specialist 2nd Class Maddelin Angebrand



Head to head: the 525th Vigilant Warriors and team MANAAF faced off in an epic season finale, Thursday night at Cooper Field.

The Vigilant Warriors started off with a strong 3-0 lead in the first few innings, putting team MANAAF on guard, and worried they might have to play a second game.

"We were pretty evenly matched," said Richard Walker, Team MANAAF pitcher and coach. "We knew we needed to win the first game in order to not go to a second."

Jeffery Porter, Vigilant Warrior's shortstop, said it was the best game all season with some of the best friends he's made on Guantanamo Bay.

"The best play of the night was when Command Sgt. Major Daniel Borrero jumped up in left field and snagged a ball that was a few feet over his head," Porter

recalled. "I thought for sure it was going over his head. I had already started running out there to take the throw in after it got by him, but he charged to his left really hard, leaped up and came up with the catch!"

Team MANAAF, which stands for Marines, Army, Navy and Air Force, a diverse team including Joint Task Force and Naval Station members from the various military branches, had a winning 10-week season and were determined not to let that change.

"We came back in the third with two runs to tie it up and in the fifth or sixth inning we had runners on second and third," said Walker, who's been playing softball and baseball for more than 30 years. "One of our guys hit a line drive that fell just inside the line and that put us up 6-3."

Vigilant warriors managed to score another run, inching

them closer to a tied game but were knocked off by a game-winning double play made by team MANAAF who claimed the victory with a two-run lead, 6-4.

"The final game was a blast with a great turnout from the troops," said Morale, Welfare and Recreation's Lead Recreation Coordinator, O'Shane Wynter. "The game was down to the wire in the last inning and MANAAF made a great comeback when the guy at third base was tagged out at home plate – great finish."

Although they ended the season with a loss, Porter said he won't forget the friendships he made throughout the season.

"It's a shame we didn't come out on top, but I wouldn't have rather played for any other team than the Vigilant Warriors," Porter admitted. "I definitely think we had the most fun out there than any other team!"



IN THE TRENCHES

Ceremony recognizes Army chief change of responsibility

Story by Army Sgt. 1st Class Tyrone C. Marshall Jr.
American Forces Press Service

JOINT BASE MYER-HENDERSON HALL, Va. – The U.S. Army transitioned to new leadership as it welcomed the 38th Army chief of staff during a change of responsibility ceremony, Wednesday.

Gen. Raymond T. Odierno assumed responsibility as the Army's chief of staff from Gen. Martin E. Dempsey as Dempsey begins his transition to serve as the next chairman of the Joint Chiefs of Staff.

"As the new secretary of defense, and as someone who shares the immigrant backgrounds of these distinguished officers we pay tribute to today, it is truly a personal privilege for me to honor two of our military's most talented leaders as they take on new responsibilities," said Defense Secretary Leon E. Panetta.

Panetta welcomed Dempsey as he prepares to take his position as DOD's senior military officer.

"Having worked closely with General Dempsey since becoming the secretary of defense, I can say that the president has made a truly inspiring choice in picking him to serve as the chairman of the Joint Chiefs of Staff," the defense secretary said.

"He will be the first Army general in 10 years to occupy that post," Panetta said of Dempsey. "As a former intelligence officer in the Army, I am truly pleased to have General Dempsey as a partner in running the Department of Defense."



Army Gen. Martin E. Dempsey, center, conducts a final troop inspection as the outgoing Army chief of staff during a change-of-responsibility ceremony in Conmy Hall on Joint Base Myer-Henderson Hall, Va., Sept. 7. - photo by Air Force Tech. Sgt. Jacob N. Bailey

Panetta praised Dempsey as a "real 'muddy-boots' soldier," and a "battle-hardened commander" who was responsible for transitioning the Army to nine month deployments and 18-month dwell time.

"As chairman of the Joint Chiefs of Staff, Marty will have the opportunity to work with the service chiefs [and] craft a joint force that can defeat a wide range of complex security threats that we face today," Panetta said.

"And that we will face into the future," he added. "Today's military is the finest fighting force in the world. Together, we will work

to ensure that it always remains the finest fighting force in the world."

Secretary of the Army John M. McHugh greeted Odierno as he takes his post as Army chief.

"Ray Odierno brings to this job impressive, even impeccable, credentials as a Soldier and leader, commanding units at every level during a career that spans some three-and-a-half decades," McHugh said.

The Army secretary said he was more than familiar with Odierno, having visited Iraq 14 times during Odierno's various commands.

ON THE WING

Airmen reopen base to support Iraq transition

Story by Staff Sgt. David Salantri
U.S. Air Forces Central Command

SOUTHWEST ASIA – As U.S. Forces-Iraq members continue to return from Iraq, Airmen here have recently reopened an air base that was closed in 2004.

With U.S. servicemembers and multiple flying squadrons expected to pull fully out of Iraq by late December, the U.S. Air Force has created a home for some of these units.

"We are here to provide continuous air coverage of forces pulling out of Iraq," said Lt. Col. Adam Shirriff, the 332nd Air Expeditionary Group deputy

commander. "Our goal is to support a smooth transition as forces withdraw."

Pre-advanced teams arrived weeks ago in order to set up the necessary sections to get the base started, officials said. Eleven days after the first Airmen arrived to activate the U.S. component of the installation, the first U.S. aircraft arrived here.

"We arrived here only weeks ago, and we're already able to land planes and bring in personnel," Shirriff said. "The (pre-advanced) teams arrived here in order to get the base prepared for follow-on forces to arrive. Now that the

initial forces are here and things are setup, conventional forces will soon be able to take over."

The members of the pre-advanced teams couldn't have done it alone. The standup of this location was a team effort, which included its neighbors.

"Within 12 hours we increased our capabilities by 100 percent," said Senior Master Sgt. Joe Walsh, the fire chief here. "Firefighters from a nearby base volunteered some manpower along with the proper fire gear that allows for us to fight fires in low oxygen areas, including inside aircraft. One team, one fight has been the

theme."

The activation of this base is unique, officials said. Unlike setting up at a bare location, there was already a military presence here.

"When I first saw the dining facility that I was supposed to set up, the building had nearly a half an inch of dirt and sand in it; critters were running around in here," said Tech. Sgt. Reginald Morrison, the U.S. Air Forces Central Command food services manager. "Within four days, we took this place and had it ready for service. My goal is that when our follow-on forces arrive, they won't be able to tell how this place looked before we got here."



ON THE DECK

Navy streamlines EFM enrollment

Story by Mass Communication Specialist 1st Class LaTunya Howard,
Navy Personnel Command Public Affairs

MILLINGTON, Tenn. – The U.S. Navy launched an Exceptional Family Member Program enrollment and tracking application on the Navy Family Accountability and Assessment System website, Sept. 1.

The EFMP application adds an electronic enrollment capability for the Navy's Exceptional Family Member Program and

allows servicemembers to track the progress of the enrollment process. The initial phase will only allow new enrollees to use the system. The next phase, which is due out by the end of the year, will allow access to all enrollees of the EFMP.

"This new enrollment and tracking system is based on input from the Fleet and replaces the Navy's legacy paper-based enrollment system," said Cmdr. Carl Chaffin, program

management officer for the Exceptional Family Member Program.

According to Chaffin, electronic enrollment will benefit Sailors by expediting the submission, review and final determination of enrollment.

"Case liaisons can track the member's non-medical information and referrals more effectively, and electronically log individualized service plans," said Chaffin.

The exceptional family module is available online at the NFAAS website at [HTTPS://navyfamily.navy.mil](https://navyfamily.navy.mil). The NFAAS Navy Family Member's user guide is available, after login, under the help tab.

Sailors who have additional questions can contact the Navy Personnel Command customer service center at 1-866-U-ASK-NPC, visit the NPC website at www.npc.navy.mil, or email CSCMailbox@navy.mil.

INSIDE THE JAR

Marines fire thousands of rounds during training

Story by Marine Sgt. Richard Blumenstein,
24th MEU

MARINE CORPS BASE CAMP LEJEUNE, N.C. — Before Marines fast rope behind enemy lines, blowup doors, or engage high value targets; they have to learn to shoot, and shoot well.

How well? Firing 15,000 to 22,000 rounds a day, divvied up between 44 Marines and Sailors, over the course of five-weeks, well.

"It takes a couple thousand times of doing something before you start doing it on your own without hesitating," said Capt. Travis Beyer, officer-in-charge, Close Quarters Tactics course and Visit Board Search and Seizure course with Special Operations Training Group.

Marines and Sailors with the 24th Marine Expeditionary Unit's Force Reconnaissance Platoon and elements from 1st Battalion, 2nd Marine Regiment spent Aug. 31, shooting paper targets, on Stone Bay's Multipurpose Range.

The day of shooting was part of SOTG's five-week CQT course. The course is part of a pipeline of courses, conducted by SOTG, meant to prepare the Marines for any type of mission they may conduct with the 24th MEU where they engage enemy combatants, according to Beyer.

The course focuses on enhancing the servicemembers' combat marksmanship and ability to fire under stress. Throughout the course, the Marines fire thousands of bullets from both rifles and pistols, during numerous drills, all while under the constant observation of instructors focused on making them better marksmen.

"Daily they are being evaluated by instructors," Beyer said. "The instructors evaluate them, talk to them, coach them, and mentor them on their individual techniques and procedures on the range."

During the day of training, the Marines stood on a line, each donning a full combat-load, and shot their weapons from the three, five, seven, 15, 25 and 50-yard-lines.

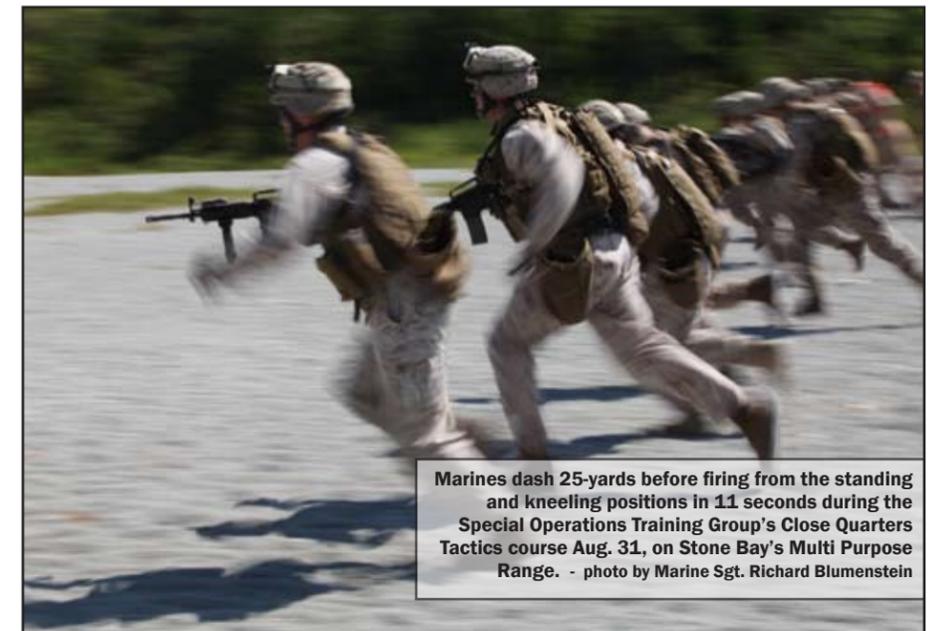
They shot in the standing, kneeling, and prone position. They shot moving forwards and backwards. They even trained to shoot impromptu on each other's targets if a fellow Marine's weapon stopped working.

The servicemembers fired drills called off by an instructor running the range.

They received time limits of mere seconds during the drills, forcing them to react quickly. One drill involved them sprinting 25-yards and firing from both the standing and kneeling position in 11 seconds.

"Just in the repetition of week one I've gotten a lot better at the simple things that we're expected to do," said 2nd Lt. Samuel Ryder, an infantry officer. "Speed reloading, covering each other when guns go down, things like that."

The course also emphasizes a number of skills associated with combat shooting. The service members constantly practice weapons transitioning, speed reloading and handling weapons stoppages in the course.



Marines dash 25-yards before firing from the standing and kneeling positions in 11 seconds during the Special Operations Training Group's Close Quarters Tactics course Aug. 31, on Stone Bay's Multi Purpose Range. - photo by Marine Sgt. Richard Blumenstein

Winnie the Pooh

Army Sgt. Meredith Vincent

This column recently brought you the exploits of bad teachers, horrible bosses, wizards, wolf packs and some flashy robot-alien. It even brought you an excitable animated panda and a schizophrenic chameleon. Having lived through all those characters, whether they rated positive or negative banana rats, I am still oh-so-tickled to bring you one of literature's most beloved and huggable protagonists — Pooh.

There is, however, a catch (of course). The problem is, this review is routinely used as an outlet for my love of everything snarky and sarcastic. But how do you write about Winnie the Pooh, and his squeezable group of woodland friends, like I have so many other movies? I have no qualms giving a Transformer a (much deserved) tongue-lashing, but Eeyore? Piglet? I can't talk about Tigger that way!

It's a good thing this movie was perfectly charming, because I would find it immoral to write anything derogatory about Christopher Robin's friends. Instead, it is pleasant and pleasing, a sweet antidote to the summer movie blockbuster body count.

It's not exactly heavy on plot, but who needs it when you're hanging out with old friends? Eeyore lost his tail, and the gang sets out to get him a new one. The end. But with classic, hand-drawn animation, the movie gently glides along, not in any



hurry and certainly not elbowing other movies out of the way for attention. That would be rude.

In place of the late Sterling Holloway, Jim Cummings voices Pooh Bear with startling precision. Craig Ferguson of "The Late, Late Show with Craig Ferguson" surprises with a spot-on Owl and John Cleese has a merry old time as the Narrator. What is it about A.A. Milne's characters that harks back to a time, before Facebook, Beiber or Britney, and makes us all wish for the golden age once more?

Completing the fantasy is Zoocy Deschanel's twinkling vocals. As a fan of

Deschanel's indie band, She & Him, I was delighted to realize she appeared on the soundtrack. I really cannot think of any other singer with the daintiness to match "Winnie the Pooh's" charm.

It's understandable if you skip on this Pooh — most of this base is populated with the male 18-34 demographic and I can't see this being their idea of a raucous Friday night. However, if you're here with small children, if you read Winnie the Pooh as a kid, if you're looking for something to smile at, or just want a quiet evening out, I highly recommend this film. It'll make everything else smooth as honey.

G
63 min.



Firefighters gain ground against Texas wildfire

Voice of America News Service

Firefighters in the U.S. state of Texas were for the first time gaining ground against a raging wildfire that has already destroyed nearly 800 homes.

Authorities reported Wednesday the blaze was 30 percent contained, after burning out of control for several days. They said firefighters were helped by lighter winds now that Tropical Storm Lee has moved out of the area.

The wildfire near the capital city of Austin is the most destructive of the more than 180 fires that erupted across Texas in the past week.

Four people died as a result of the blazes, 5,000 residents were driven from their homes and more than 54,650 hectares of land have been burned. The

entire state is suffering through a nearly year-long drought which has made many areas dangerously hot and dry — the perfect conditions for wildfires.

President Barack Obama Wednesday called Texas Governor Rick Perry to "express concern" over the fires and assure the governor that federal assistance will be available to help with firefighting efforts. According to a White House statement, Obama also said the government would quickly assess requests for additional aid, including to help the state recover once the fires are extinguished.

The White House said the Obama administration has approved seven federal grants to Texas authorities to help with the firefighting efforts.



One in seven US households struggles to afford food

By Steve Baragona
Voice of America News Service

More than 17 million American households had trouble affording adequate food in 2010, according to a new report from the U.S. Department of Agriculture.

That's basically unchanged from 2009, but up sharply from 13 million in 2007.

"This report today underscores what we know: that household food insecurity remains a serious problem in the United States," says USDA Under Secretary Kevin Concannon.

The USDA report shows the lingering effects of a bad economy. More people have struggled to afford adequate food ever since the economy crashed in late 2007. About one in ten households had trouble affording food that year. In 2008, that figure went up to one in seven. The new report shows it has stayed there ever since.

"Slow-moving disaster"

"This is a disaster. It's a slow-moving disaster," says Dave Krepcho, head of the Second Harvest Food Bank of Central Florida, which provides food for 3.5 million people in six Florida counties.

Krepcho knows about disasters. When hurricanes hit the state — as they do fairly often — Second Harvest helps distribute food to people in need. Four hurricanes struck Florida in 2004. But those were short-term events.

"For the past two years," he says, "our monthly distribution exceeds...our disaster relief after four hurricanes criss-crossed the state. Every single month is beyond that."

One relative bright spot in the USDA report is that the number of households in which someone actually went hungry declined slightly last year, from 6.8 million to 6.4 million.

Private sector steps up

Donations from the private sector have helped food banks take on some of the extra burden, says spokesman Ross Fraser with the Feeding America national network of food banks.

"Corporate America has really stepped forward and has helped us both with food and with funds," he says.

Major supermarket chains, big retailers and food manufacturers have made big donations in the last few years, according to Fraser, and farm groups contributed 270 million kilograms of fresh produce in the last year alone.

"For a hunger relief organization to be able to provide fresh produce to low-income Americans for whom produce is often out of reach financially has been tremendously helpful," he adds.

Federal programs grow ... and get cut

Aid from the federal government kept the number of hungry people from increasing despite persistent unemployment, says Concannon.

"To me, it is a reflection of the impact of these 15 federal nutrition programs that are working as has been intended over many, many years," he says. "They are intended to meet the critical needs of families struggling to put food on the table until they can get back on their feet."

The Supplemental Nutrition Assistance Program (SNAP), the largest of those federal programs, enrolled nearly 19 million households last year. That's up from almost 12 million in 2007.

But advocates are concerned about next year as Congress discusses major cuts to the federal budget. The House of Representatives passed a budget cutting 10 percent from a \$6 billion nutrition program for pregnant women and young children. House leaders say the budget reflects tough choices that reduce the massive federal deficit.

Anti-hunger advocates disagree with those choices. "We can reduce the U.S. federal deficit without making hungry people hungrier," says David Beckmann, president of Bread for the World. "It's just not right to attack programs who help people that are struggling to feed their kids."

The Senate has not passed its version of the bill yet. Beckmann says his group and others are hoping to convince lawmakers to spare social safety net programs from further cuts.

But with the federal debt nearing \$15 trillion, many in Congress say everything is on the table.

	9 FRI.	10 SAT.	11 SUN.	12 MON.	13 TUES.	14 WED.	15 THURS.
Downtown Lyceum	Monte Carlo (last showing) (PG) 8 p.m.	Winnie the Pooh (G) 8 p.m.	Harry Potter & the Deathly Hallows: Part 2 (PG-13) 8 p.m.	Larry Crowne (last showing) (PG-13) 8 p.m.	Transformers 3 (last showing) (PG-13) 8 p.m.	Zookeeper (PG) 8 p.m.	Horrible Bosses (R) 8 p.m.
	Friends with Benefits (R) 10 p.m.	Captain America (PG-13) 10 p.m.					
Camp Bulkeley	No Movie — Live music from TRADOC Rock! 6 p.m.	Larry Crowne (last showing) (PG-13) 8 p.m.	Monte Carlo (last showing) (PG) 8 p.m.	Transformers (last showing) (PG-13) 8 p.m.	Zookeeper (PG) 8 p.m.	Harry Potter & the Deathly Hallows: Part 2 (PG-13) 8 p.m.	Friends with Benefits (R) 8 p.m.
	Captain America (PG-13) 10 p.m.	Friends with Benefits (R) 10 p.m.					

Call MWR at ext. 2010 for more information.

Movie Hotline - call 4880.

Massage received: The why behind The Chair

Hospitalcorpsman 3rd Class Justin Atha

The following is a dramatization of a very possible, real-life conversation. The very possible, real-life names were changed in accordance with OPSEC.

Trooper 1: "Did you hear that JSMART has a massage chair now?"

Trooper 2: "Yeah, I did."

Trooper 1: "Why would they have a dang massage chair? So they can relax in their office all day?"

Trooper 2: "Actually, I tried it out the other day—the SMO told me to—and that thing is really awesome. I walked away feeling so relaxed. I was skeptical, too, but it's the real deal. It massages your arms, legs, butt and back. I think I am going to buy one for my room."

Trooper 1: "I still think that it's just so they can relax in their little office all day, scratch their backs with their fancy back-scratchers and throw stress balls at each other..."

This hypothetical debate brings up a good point—why would JSMART have a massage chair? Hypnosis? Trickery? Personal gain? All feasible answers, but none correct.

It is no secret that this writer is, in fact, an employee of the infamous "JSMART" (heard in an annoying whisper-like noise), so I will speak as such is assumed and now stated. If you're looking for a point, reason or explanation about the "meaningless chair over there," then you came to the right article.



First off, we were unaware of any spa on the island and, you know, we got your back! (That pun is cheesy even for cheddar—ugh, that one was worse.)

On the real and in the most plain: a happy body is a happy heart and mind. When stress, whether it be deployment-related, occupational or simply day-to-day, decides it will inhabit your muscles, it does so with a sneaky vigilance. Many of us don't even know it. We are not aware of our festering back knots, our lost lactic acid spots or our hard-to-stretch areas, despite their ugly and very possible real-life existence. These are

things the Massage Chair—yes, it is now a proper noun—can and will attend to. To get to the real marrow of "why" JSMART has acquired such a chair, we must look at the specific functionality and applicable usage of it.

The most to-the-point description in the most commercial-like fashion, is as follows: It helps relieve stress and aids relaxation. What could be more conducive to a JSMART mission? This chair is exclusively making us more effective at our jobs—lessening stress and relaxing to restore. But if that doozie of an explanation isn't enough for you, then here are a couple of bullet points as icing:

- Helps relieve muscle tension and stiffness
- Fosters faster healing of strained muscles and sprained ligaments
- Reduces pain and swelling
- Provides joint flexibility and range of motion
- Reduces blood pressure
- Strengthens the immune system
- Fosters peace of mind
- Helps relieve mental stress
- Enhances capacity for calm thinking and creativity
- Fosters a feeling of well-being
- Reduces levels of anxiety

Everyone has stress, in the hardest of jobs, in the easiest of jobs, in GTMO or in the states. Sometimes, relief is simple and right at your finger tips. Other times it is not. When you get a second, come chill with us and get a massage for your trouble.

FOCUS cont.

"I think you have to lead by example," explained Reyes of his approach to leadership. "You can't ask junior guys to do something you wouldn't do."

Mostly, Reyes believes in the simple concept of integrity: do what is right.

"Sometimes people will get mad because you go against what is common," he surmised. "But it's not right. As a leader, you should do whatever is right, even though it's not shared by the masses."

Reyes' unique background may be a motive for his success, said Knobloch.

"He has to work harder than everybody else to accomplish the same things," observed Knobloch. "That might be his motivational factor."

Reyes plans on completing his Master's degree in the near future. While on Guantanamo Bay, he keeps himself busy with a variety of outdoor sports and activities. Knobloch feels that the young Sailor has a promising future.

"It's on him," he concluded. "As long as he keeps up the motivation, the pride in his work and the professionalism, he can accomplish anything."



THE COWBOY STATE

525th Military Police Battalion Commanding Officer, Lt. Col. Christopher Wynder (far right), escorts Wyoming Assistant Adjutant General-Army, Brig. Gen. Kathy Wright (center), through the sally port gate at Camp 5 during her tour of Joint Task Force Guantanamo's facilities, accompanied by Joint Detention Group Commander Col. Donnie Thomas, Wednesday. Wright, Wyoming's first female general officer, was on the island visiting eight Wyoming Troopers stationed with the JTF. -photo by Mass Communication Specialist 2nd Class Kilho Park



GTMO Religious Services			
<p>Daily Catholic Mass Tues. - Fri. 5:30 p.m. Main Chapel</p> <p>Vigil Mass Saturday 5 p.m. Main Chapel</p> <p>Mass Sunday 9 a.m. Main Chapel</p> <p>Catholic Mass Saturday 5:30 p.m. Troopers Chapel</p>	<p>Protestant Worship Sunday 9 a.m. Troopers' Chapel</p> <p>Islamic Service Friday 1:15 p.m. Room C</p> <p>Jewish Service Friday 7 p.m. Chapel Annex</p> <p>LDS Service Sunday 10 a.m. Room A</p>	<p>Seventh Day Adventist Saturday 11 a.m. Room B</p> <p>Iglesia Ni Christo Sunday 5:30 a.m. Room A</p> <p>Pentecostal Gospel Sunday 8 a.m. & 5 p.m. Room D</p> <p>Liturgical Service Sunday 10 a.m. Room B</p> <p>Church of the Sacred Well Call x2323 for information</p>	<p>General Protestant Sunday 11 a.m. Main Chapel</p> <p>United Jamaican Fellowship Sunday 11 a.m. Sanctuary B</p> <p>Gospel Service Sunday 1 p.m. Main Chapel</p> <p>GTMO Bay Christian Fellowship Sunday 6 p.m. Main Chapel</p>

The JTF At Shutter Speed



SHE'S CRAFTY

The Wire editor Army Sgt. Meredith Vincent sits at The Wire's craft table during Morale, Welfare and Recreation's Bluzapalooza event, Saturday.
- photo by Mass Communication Specialist 1st Class Sally Hendricks



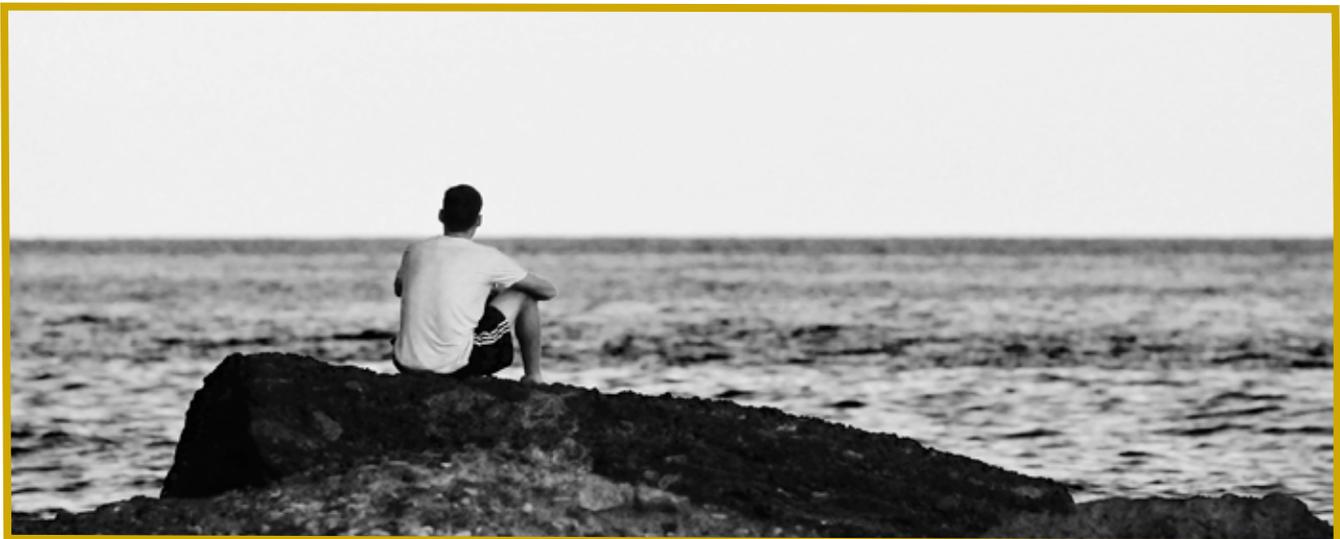
THE SELECTED

Joint Task Force Commander Rear Adm. David Woods and Command Master Chief Reynaldo Tlong pose with Navy chief petty officer selectees, Sept. 2.
- photo by Mass Communication Specialist 2nd Class Killho Park



STANDING GUARD

The watch commander of detainee Camp 5 stands his watch, August 31.
- photo by Mass Communication Specialist 2nd Class Killho Park



A DAY AT THE BEACH

A Guantanamo Bay Trooper looks out over the water at Cable Beach, Sunday. - photo by Mass Communication Specialist 2nd Class Killho Park