

W The WIR

An award
JTF jour

A Marine's goodbye

JTF's one and only female
Marine leaves the island

PLUS:

Tang Soo Do
Troopers learn an
ancient martial art

Savings plan
What's in your wallet?



COMMAND CORNER

In case you did not see the all hands email I sent on Monday, I expect Rear Admiral David Woods to arrive in a few weeks and for our change of command ceremony to be held on or about August 24. Adding this event to our already busy schedule will be challenging so I ask for your continued support as we work through this transition together.

Before responding to some more of your recent questions, I want to personally thank you for your continued dedication to our mission which remains of strategic importance to our Nation.

Question: Can we expand the hours of the courtesy patrol? Troopers are often walking home in the dark down Kittery Beach Road through the Roosevelt Gate.

Answer: The JTF courtesy patrol offers “safe rides” at no cost Sunday through Thursday night from 2200 to midnight. On Friday and Saturday night, the patrol runs from 2200 to 0230. The schedule ensures that Troopers can arrive home safely after the MWR facilities close. Troopers must plan their off-duty time accordingly. Drink responsibility, use the buddy system, and always wear reflective gear when necessary.

Question: Why is it that only select personnel on TDY orders receive \$2/day for dry cleaning?

Answer: Per chapter 4 of the Joint Federal Travel Regulations (JFTR) “the cost incurred during TDY travel for personal laundry/dry-cleaning and pressing of clothing is not a reimbursable expense for OCONUS travel and is part of the Incidental Expenses included within the authorized per diem rates”. Please contact the office that provided your TDY orders if you have further questions. The JFTR is available at <http://www.defensetravel.dod.mil/Docs/perdiem/JTR/Ch1-7.pdf>

Question: The Camp America mini-NEX seems to be the only place that has sufficient stock of Army uniform items.

Answer: We have addressed this issue with the NEX manager and efforts are underway to improve the selection and quantity of uniform items at the Main Exchange. The focus of effort will be on the more perishable items like socks, t-shirts, rank insignia, covers (or hats), and boots. Please allow the NEX a few weeks to restock their uniform items and reorganize their displays.



Question: Any possibility of getting an ATM machine in the TK mini-NEX?

Answer: The JTF J4 is working with representatives from the Naval Station, Community Bank and Fleet Industrial Supply Center-Jacksonville to determine the feasibility of installing an ATM machine in the TK mini-NEX. Efforts are underway to submit the necessary estimates and justification. More to follow on this issue as information becomes available.

JTF Guantanamo

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COVER: Joint Task Force Guantanamo's lone female Marine, Lance Cpl. Britney Thomas, leaves the island this month. - photo by Mass Communication Specialist 2nd Class Maddelin Angebrand

The WIRE is the official news magazine of Joint Task Force Guantanamo. It is produced by the JTF Public Affairs Office to inform and educate the Troopers of JTF Guantanamo through news, features, command guidance, sports and entertainment. The WIRE seeks to provide maximum disclosure with minimum delay with regard to security, accuracy, propriety and policy. This DoD news magazine is an authorized publication for the members of the Department of Defense. Contents of The WIRE are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or Joint Task Force Guantanamo. It is printed by the Defense Logistics Agency Document Services with a circulation of 1,200.

Trooper to Trooper

featuring

Sgt. Maj.

Mark Porrett

Command Sgt. Maj., Joint Task Force Guantanamo



Most companies and products are pretty good, but only a few turn out to be great. These great companies and products stand the test of time, earning a respected reputation by cornering the market and creating a monopoly. Some “great” companies that come to mind are Mercedes, Apple, BMW, Boeing and even Wal-Mart. Units and individuals can reach greatness by using the same business principles.

There is no way of being great if you cannot build a strong team. No one person does anything by themselves. It takes a team to do any task you can think of. Someone always has a special skill others may not, and that skill should be utilized. It’s up to the leader and others to determine the best way to use that team member. Only when the right person is placed in the right position will the team take a step forward to being great.

Initiative is one of the driving factors of being great. Not settling for the status quo, but always striving to be better or have a better product. You know you have a great product or idea when others try to imitate it. The adage of “imitation is the greatest form of flattery” stands true. We’ve all been let down by buying a generic product expecting it to perform like the name brand product. When a company comes up with an outstanding product, they take the initiative and continue to improve it. We, too, should never be content with things the way they are – we must develop leaders, units and individuals.

Along with greatness comes failure. Thomas Edison was attempting to create a filament that would sustain light, he failed over 2,000 times. But he kept at it, saying only that when you fail, fail better next time. His teachers said he was, “too stupid to learn anything.” Few of us today would consider him a failure. Now we remember him as a visionary, a world-class inventor who was way before his time.

We often learn more by failing than being right all the time. Positive environments allow individuals and teams to fail without it being a catastrophic event. I can’t imagine what the world would be like if Edison’s boss had a zero-defect mentality. We need everyone to help build a climate where mistakes are a learning opportunity.

As you go about your daily business and duties, do a personal check to see whether you are just going through the motions, or actually improving the unit, individuals and morale. The collective effort to take issues and objectives from good to great depends on the effort, cooperation and desire to be more than just mediocre. We may not all be great, but each of us has the potential.

To break this message down to its simplest form: greatness is the result of caring more than others think is wise, risking more than others think is safe, dreaming more than others think is practical and expecting more than others think is possible.

Honor Bound!



THINK BEFORE YOU POST!
PSEC ALERT

Keep your personal life personal.

How many times have you seen someone online share places they have “checked into”? Social Media can be a great tool for staying connected with friends and family while you’re deployed, but there is a limit to what you should put online, especially when it comes to your personal life. Telling the online community your whereabouts at all times by “checking in” at places might not be the best idea. Especially if your smart phone does it automatically. Make sure you know what you’re sharing online and what the settings on your mobile devices are. Stay safe. Think before you post. Use OPSEC.

News from the Bay

Stories and reporting by Mass Communication Specialist
2nd Class Maddelin Angebrand

Coffeehouse series brings artist Nelly's Echo

Wind down the week with Morale, Welfare and Recreation's Coffeehouse series featuring Nelly's Echo on Friday at the Triple C patio from 7 p.m. to 10 p.m., Saturday at O'Kelly's from 8 p.m. to 11 p.m. and Sunday on the Bayview patio from 10 a.m. to 1 p.m.

Accomplished singer-songwriter and guitarist Nelson Emokpae, also known as "Nelly," originally hails from Nigeria, Africa. He draws from his multi-cultural background and experiences to tell his story in music and lyrics.

Emokpae's skillful blend of soul, reggae and blues coupled with infectious hook lines and tremendous vocal abilities transport listeners into a musical story being told. He has been compared to Seal and Sting, with a tad of John Mayer thrown in as he mixes a little calypso, a little Afro-beat and a lot of

soul into a winning and charming style that is always a crowd pleaser.

For more information, call x4882.

NEGB Chiefs host car wash to raise money

Don't wash your car, instead, let the Navy Expeditionary Guard Battalion Chief Petty Officer's Association do it for you on Saturday at the Downtown Lyceum car wash port from 10 a.m. to 2 p.m.

"We like to support special events and have to raise money to do that," said Chief Culinary Specialist Alfonzo Greene, NEGB supply chief. "We have the new chief's induction coming up, so we will do stuff with them as well."

There is no set price to get a wash – donations only. Troopers can choose from hot dogs, hamburgers and a variety of drinks while waiting under shaded tents as their vehicle is washed.

"It's going to be better than the first class association car wash," Greene said, adding sparks to the age-old rivalry between chiefs and first classes. "We are chiefs and have more experience washing cars than they do!"

Troopers redeem free hotel accommodations

Thanks to the Asian American Hotel Owner's Association's Proud and Patriotic Salute to Soldiers program, Troopers can get a free hotel room upon returning from a deployment.

The program, sponsored by the United Services Organization and the Tragedy Assistance Program for Survivors, provides a voucher good for a free room at participating hotels.

To reserve a room, Troopers can visit www.salutetosoldiers.com and then call or email the contact person to redeem their voucher.

What do you do to save money?



"Investing in myself and diversifying my network."

Aviation Administrationman 2nd Class Michael Damazo



"My chief told me when I get promoted save the difference of my paychecks each month and live off of what I was making before."

Hospital Corpsman 2nd Class Kyle Coven



"By transferring money from checking to my savings every month for larger future purchases."

Spc. Anya Genoval



"Use multiple savings accounts, so if there's an emergency I won't use more than I've saved."

Senior Airman Karie Quenette

Boots on the Ground

TROOPER FOCUS

Sgt. 1st Class Timothy Sersig

Spc. Kelly Gary



At a young age, Sgt. 1st Class Timothy Sersig decided he wanted to fill the combat boots of his grandfather, father and older brother and become a Soldier. He did just that and now Sersig is the one his children look up to.

“When I drop [my kids] off at school they are always proud to be seen with me in my uniform,” said the father of four.

Sersig, anti-terrorism force protection noncommissioned officer in charge, believes his family is the backbone to his determination and being away from them is one of the hardest obstacles he has to overcome. Sersig had to part from his family when he deployed to Afghanistan 2005-2006 as part of a civil affairs team. He since has traveled to Ethiopia, Guatemala and Egypt.

Sersig now monitors personnel and property here on Guantanamo Bay. He ensures all Department of Defense military, family members, civilians and military assets are protected.

“I’m the guy out there making sure everyone is following correct procedures,” said Sersig. “I have to be fair, firm and consistent.”

Sersig’s command said he is a solid, impressive NCO who is acquainted with all the standard operation procedures and regulations.

“[Sersig] knows the standard, follows the standard and helps to set the standard,” said Army Maj. Gary Brewer, ATFP officer in charge.

Sersig sets the bar high for junior Troopers but regrets he does not have any Soldiers directly under him to mentor. To better perform his role as an NCO, Sersig decided to assist with remedial physical training. He helps many Joint Task Force Troopers with their fitness, encouraging

them to improve their Army Physical Fitness Test, Physical Readiness Test or just their overall performance.

Working out is Sersig’s number one solution to dealing with stress. He provides a source of motivation and presents a good image of fitness.

“Sersig leads by example,” said Brewer. “His self-discipline and selfless service make him an NCO lower enlisted personnel can look up to.”

If he is not training by himself or with fellow Troopers, Sersig enjoys many outdoor activities such as fishing and riding motorcycles. While on the island, much of Sersig’s time is occupied making sure Troopers and assets are in order at all times.

“He is a hard worker,” said Brewer, “working after hours until the job and ultimately the mission gets done.”

Over the past 13 years, Sersig has grown as a Soldier and as a leader. Brewer believes the sergeant belongs with his Soldiers and will make an excellent first sergeant. Sersig plans on achieving first sergeant but then continuing to move as far up the chain as he can with hopes of one day reaching the top.

“To reach the rank of command sergeant major is a goal of mine,” said Sersig. “I started as an E-1 and I have always wanted to get that next rank to use my influence to help Soldiers.”

Asked what he dreamed of being as a child, Sersig replied, “You’re looking at it – I am living my dream.”

Bullet Bio

TIME IN SERVICE:

13 years

HOBBIES:

fishing, motorcycles, the outdoors

PET PEEVES:

people without integrity

NEXT GOAL:

become a first sergeant

ADVICE TO JUNIOR

TROOPERS:

“Pursue an education.”



Joint Task Force Guantanamo Commander Rear Adm. Jeffrey Harbeson (left) and Jane Merkel, a supply technician for the Naval Station hospital, cross a section of the Guantanamo River during the Marine Corps Security Force Co. Leeward Bike Ride, Saturday. More than 20 participants rode their bicycles approximately 22 miles as part of a fund-raising effort for the Marine Corps Birthday Ball, scheduled in November.

Marines host annual leeward bike ride

Twenty-two mile route offers cyclists opportunity to see Leeward fence line

Story and photos by
Army Sgt. Mathieu Perry

More than 25 cyclists from Joint Task Force and Naval Station Guantanamo Bay as well as civilian members of the community participated in the Marine Corps Security Force Co. Leeward Bike Ride, Saturday.

The 22-mile roundtrip event was hosted by the MCSF Co. as an annual fundraiser for the Marine Corps Ball in November.

Marine Cpl. Sheldon Curtis, treasurer for the Marine Corps Ball, said this was the first time the event, which serves as one of many fundraisers for the Marine Corps, has taken place since he has been on the

island.

“We hold all sorts of events like half marathons, decathlons, moonlight runs, fence line runs – a whole bunch,” said Curtis. “It’s the first time I’ve seen the bike ride on Leeward side.”

Participants saw a part of Naval Station Guantanamo very few people get the opportunity to, as well as benefit from the obvious physical demands of exercise, said 1st Sgt. Richard Anderson, MCSF Co. first sergeant.

“MCSF Co.’s expectations were met and I believe the event went well,” said Anderson. “We had a lot of participants and some even asked about the opportunity to do the ride again or more often in the future.”

The route began and ended

at Marine observation post 20, with Leeward ferry landing serving as the half-way point, said Curtis. Riders enjoyed the chance to bike along the fence line and the overall reaction was positive.

“I’ve asked a few people (afterwards) and they said they enjoyed it. Not really the hills,” he chuckled. “But they enjoyed it.”

Staff Sgt. Luis Torres, a Soldier assigned to the Joint Detention Group, took part in the same event when he was stationed here four years ago. Although the length of the ride did not change, he noticed there were still some differences.

“This time the ride was about the same distance as before,” said Torres. “But this

was more difficult because the route was round-trip.”

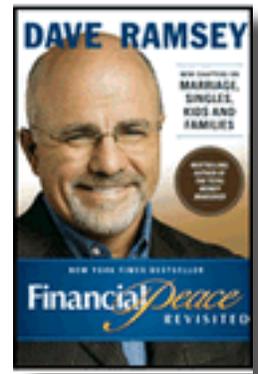
Sevag Khatchadou, a civilian contractor with Joint Task Force Guantanamo, enjoyed the ride but wished more people attended.

“On a scale of one to ten, this was a ten,” exclaimed Khatchadou. “I would like to have seen three to four times the amount of people out here today. It’s a great experience for people who are going to be here a year.”

Having completed the ride before, Torres said he appreciated the opportunity to do something most people never have the chance to do.

“They do it [the Leeward bike ride] just once a year,” said Torres. “They don’t open that road for anybody, so you have just one chance to do it.”

Getting your Money's Worth



Story by Mass Communication Specialist
2nd Class Maddelin Angebrand

With the recent and ongoing debate over our nation's debt, perhaps it's time to take a look inside our own wallets, as well. For Troopers looking for ways to save or eliminate debt in a time of turmoil, Army Chaplain Capt. Daniel Price said it's never too late to start.

Price currently facilitates "The Total Money Makeover," a 13-week course designed by author Dave Ramsey's to teach financial basics often forgotten. Participating Troopers are currently into week nine of the course.

"It's the things like how much money we throw away in debt payments that surprise me," Price said. "It's amazing how much is available for living when you cut out debts!"

The program offers cash-opposed-to-credit as an alternative way of spending.

"Don't spend what you don't have," Price noted. "Save up to pay for something in cash."

Ramsey's program and bestselling book explain how consumers learn to buy what society tells them to and how worth is based on property.

"It's about image," said Price, "and not understanding the consequences of our spending habits. We need to learn the importance of taking care of our finances."

In the beginning of his book, Ramsey offers a disclaimer about what the book is not – a guide to financial quick fixes. True money makeovers, writes Ramsey, start with "you."

"Look in the mirror," the author challenges. "Winning at money is 80 percent behavior and 20 percent knowledge."

If this is the case, why are so many people in debt?

We often rationalize about money, answered Price, and buy things on a "want" basis rather than a "need" basis.

"The fact is - that opportunity costs," said Price. "If you spend money on this, then you don't have money to spend on something else."

Price's class meets twice a week for two hours and listens as Ramsey's 13-week video-based program dispels common money myths.

"Myth: If no one used debt, our economy

would collapse. Truth: Nope, it would prosper."

Ramsey explained if everyone stopped buying on credit for one year it would be a disaster. However, if slowly over fifty years Americans stopped buying on credit - the gradual "money makeover" – the economy would prosper.

"People would save," says Ramsey, "they would spend, [and] not support banks."

Americans tend to act like a kid in a store begging their parent to buy them something – now! When the parent doesn't deliver, the child breaks out in a tantrum.

"If we can just delay that gratification of getting the things we want immediately," said Price. "We can begin to buy more often with cash."

Ramsey takes a less polished approach instead and reminds students he, too has been in debt and twice pulled himself and his family out of it.

"We buy things we don't need with money we don't have," explains Ramsey, "to impress the people we don't like."

It's the overspending that does not feel like overspending that gets people in trouble, warns Ramsey.

In other words, don't live at a maximum spending limit; instead, live below your means.

Or as Ramsey puts it, "if you live like no one else, later you can live like no one else!"

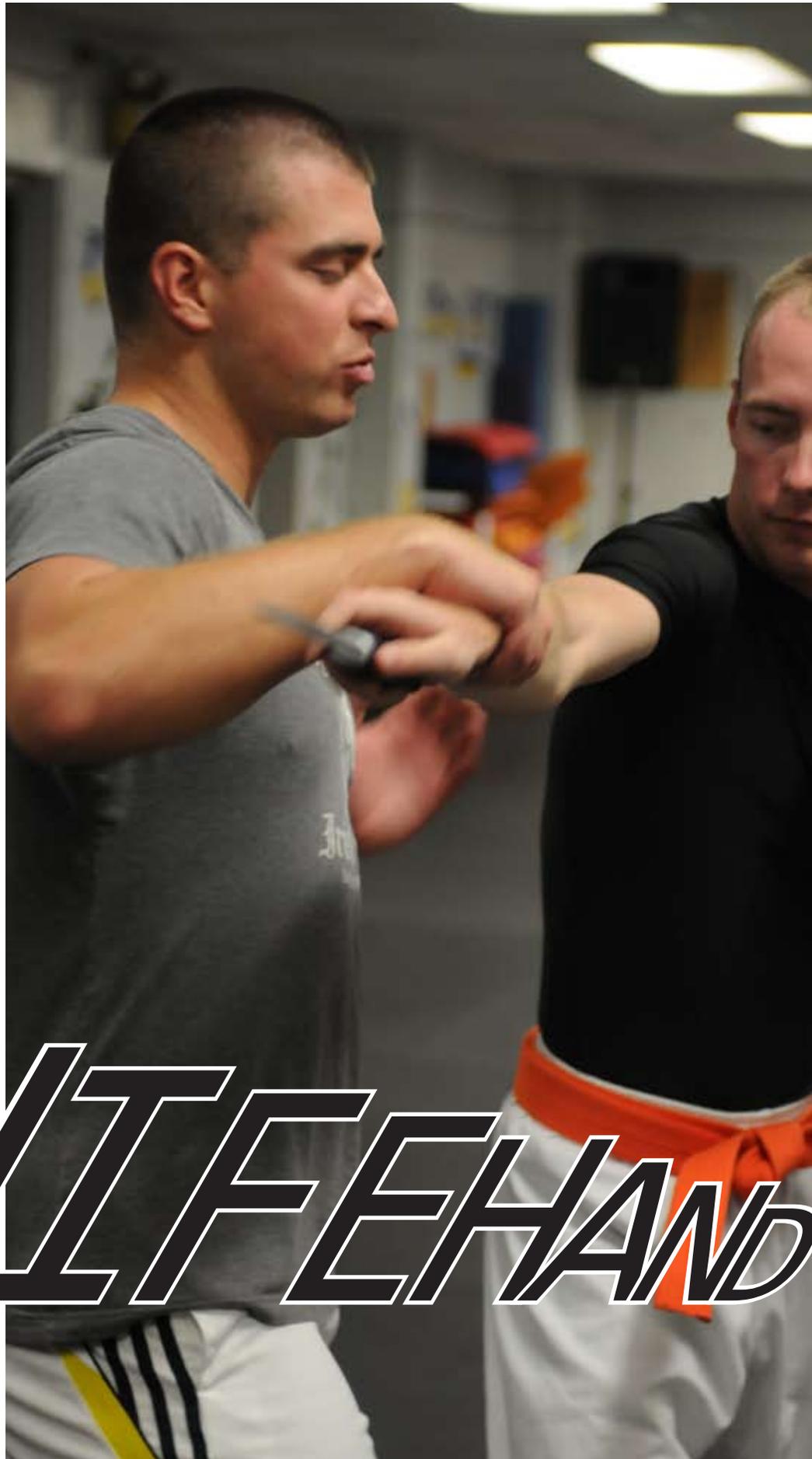
For more information on Ramsey's 13-week program, stop by the chaplain's office for a copy of the book or check it out at the library.



THE ART OF THE

KNIFEHAND

Story and photos by
Mass Communication Specialist
2nd Class Maddelin Angebrand





(opposite page) Intelligence Specialist 3rd Class Clayton Whitman simulates a stabbing move during a Tang Soo Do class at the Marine Fitness Center, Tuesday. The class teaches self defense techniques as opposed to competition technique. Tang Soo Do Instructor Master-at-Arms 2nd Class Chris Vern demonstrates a self-defense technique on student Cryptologic Technician 3rd Class John Daniels during a class, Thursday, July 25.

Tang Soo Do: “Art of the Knife (Empty) Hand.”

Also known as the “Grandfather of Tae Kwan Do,” Tang Soo Do, is mainly a self-defense method of martial arts. Derived from the Tang Dynasty of China more than 2,000 years ago, this seemingly unknown art has made its way to Guantanamo Bay and into the hearts of Joint Task Force Guantanamo Troopers by way of eager instructor - Master-at-Arms 2nd Class Chris Fern, attached to Naval Station security.

The blood-pumping, action-packed defensive techniques class is not a sport and has no rules. Fern, who has 19 years experience with the art, teaches it twice a week at the Marine Hill Fitness center.

“I enjoy being able to teach what has been taught to me,” Fern shared. “I also like to feel the accomplishment of knowing that one of my students has succeeded in passing a test.”

Intelligence Specialist 3rd Class Clayton Whitman has attended the class for more than seven months and stressed the uniqueness of Tang Soo Do when compared to other martial arts.

“Tang Soo Do is not a martial sport - it is a martial art,” Whitman said firmly. “Tang Soo Do is designed for combat, whereas Tae Kwon Do is designed to look pretty for competitions. No offense to Tae Kwon Do; there’s no way ... I could do a fraction of those moves.”

The art, still used by the Republic Of Korea’s Army, is a viable military hand-to-hand combat method, said Whitman, making Fern’s practical way of teaching it all the more impressive.

“Mr. Fern doesn’t sugarcoat anything,”

Whitman noted. “He tells it how it is and he shows how certain moves are applied in real-world situations. When we’re learning a simple move, he’ll show us how to make it more complex by adding in more strikes here and there, or by extending the move to completely neutralize the opponent.”

Fern not only gets involved in demonstrating the moves, but shares his personal experience along the way as well.

“Almost every class he’ll be telling a story while we’re learning something new or reviewing something old,” Whitman said. “He always makes a class fun. His philosophy, from what I’ve determined, is if you learn something when it’s not fun, you’re not going to remember it.”

Fern’s favorite move is the flying sidekick, also known as the official move of Tang Soo Do. Whitman enjoys the hop sidekick most.

“While it’s not as practical as, say, a punch in a fight, it generates a ton of power,” Whitman explained. “Depending if you use a thrust kick or a blade kick, you can either push an opponent back or over, probably knocking the wind out of them, or you could possibly break a couple ribs.”

Fern, who is a black belt qualified Tang Soo Do instructor, said Whitman came to the class with prior experience and has since earned his orange belt, level two out of the six basic belts before the black belt series.

“Whitman is very driven,” Fern commended. “He came to me and did not hold anything back. He also has the technique, and is always working to become better and learn more. He’s a superb student!”

Despite a common misconception about martial arts, prospective students do not have to be in tip-top shape, but being healthy and fit is ideal.

“If you’re completely out of shape and can’t walk a quarter mile without taking a break ... then yeah, you might want to work on your fitness level first,” Whitman laughed.

Whitman himself only weighs 124 pounds, giving his approach both an advantage and a liability.

“It makes most of the moves easier for me,” Whitman explained. “Because I can flow easier, transition from one technique to the next without stopping ... but when we get to grappling, it can be more difficult for me and I need to twist and utilize different techniques to compensate.”

At the end of the day, Tang Soo Do is based on survival and, most of all, knowing one’s own strengths and weaknesses.

“Tang Soo Do is about you going home that night, safe and sound,” Whitman emphasized, “while your enemies do not!”

For more information about taking the next Tang Soo Do class starting in August, contact Morale, Welfare and Recreation at x2010.





Joint Task Force Guantanamo is populated with servicemembers from every branch – Navy, Army, Marine, Coast Guard and Air Force – making the experience here a unique one. There is, however, a notable shortage of Marines on the JTF side. Only four Marines are attached to the JTF, and just one of them puts her hair in a bun.

“We (Marines) stand out a lot more than anybody else,” says Lance Cpl. Britney Thomas, a telecommunications specialist with J6 and the only female Marine with JTF. “And a female stands out even more!”

Thomas is set to leave the island soon, leaving the task force with an all-male Marine population. While she is ready to embark on a new chapter of her career, she must also say goodbye to the relationships she has cultivated over the past months.

“[I will miss] all the people who I’ve met here,” she says sadly. “The ones who are truly my friends will be my friends for a long time. I consider them my family more than friends.”

Arriving in January, Thomas realized Guantanamo Bay was going to be an environment completely different than her home station, where she only worked alongside fellow Marines.

“Everybody does everything differently,” she says. “Learning how to work with other branches and services, I’ve never done that before.”

Becoming a valued member of the J6 staff, Thomas impressed not only her work leadership, but also her Marine seniors.

“I thought she was driven and very inspirational,” said Marine Maj. Charles Koch, JTF executive assistant. “She came here and didn’t let herself become distracted. She set her goals and achieved them.”

More than anything, Thomas was determined to score a first class on her next physical fitness test. She worked for months, often with friends, and eventually was rewarded for her commitment.

“I could not get that smile off my face for days,” she laughs, describing her exhilaration after netting the needed score. “I worked damn hard.”

Arguably, Thomas’ smile is what she will be remembered most for. Her positive attitude and ability to make others around her perk up is part of what will make her an outstanding leader, says Koch.

“She is a refreshing personality, and because she’s achieved so much here, I think she’ll always remember this deployment and the people here,” he says. “It’s always hard to see a really good Marine ... leave because watching them be successful is such a great thing.”

Koch, who has been in the Marine Corps for more than 19 years, says he

Farewell & Marine

Joint Task Force Guantanamo says goodbye to its one and only female Marine.

believes Thomas shows promise for the future of the Corps.

“As long as she continues on the path she’s on, I think she will have a lot of opportunities come by that she’s prepared for,” he explains. “I think that’s what’s going to make her successful; if she continues to strive to be the best Marine she can be, everything else will fall into place.”

For her part, Thomas is taking notes and waiting for the day when she holds a leadership position. She said thanks to this deployment, her idea of what true leadership is has been sculpted even more.

“Since I’ve been here, there’s been a lot of different leadership and they all lead differently,” she shrugs. “I’ve had good experiences and bad ones. But when I’m ready to lead my younger Marines, I’ll now know what not to do and what to do.”

Thomas’ ultimate goal is to become a drill instructor, a desire fueled mostly by her own instructors who left a lasting impression with the young Marine.

“They were just so strong,” she remembers, recalling the women who led her through boot camp on Parris Island. “They let nothing get to them, nothing.”

That resiliency is echoed as Thomas gives her advice to female Marines just getting started.

“You better work your ass off,” she says plainly. “There will be a lot of challenges and you’ve got to be strong enough to handle it. You’re going to work ten times harder than you think you will.”

“I think she’s ready to lead Marines,” commends Koch. “Although she’s not an NCO, I would say she’s already leading by example.”

Thomas knows there is more to learn beyond Guantanamo Bay. She is aware that, despite her own words, she can sometimes take people’s helpful words too hard.

“I take constructive criticism with a heavy heart,” she admits. “But I’ve gotten a lot better. I can’t let a lot of things get to me like they have before. I’ve got to be as strong mentally as I am now physically.”

As she prepares to board the ferry for the very last time, Thomas will be thinking ahead, to her home station, to possibly a promotion, to her future. And as she sails away, Joint Task Force Guantanamo will say goodbye to their only female Marine, the lance corporal with the wide, sunny smile.

“I can’t let a lot of things get to me like they have before. I’ve got to be as strong mentally as I am now physically.”



Naval Station Guantanamo's Security Office held their 28th annual National Night Out Tuesday evening, in an effort to heighten awareness, strengthen participation in local anti-crime efforts and build neighborhood camaraderie.

For Master-at-Arms 2nd Class John Lewis, who joined NAVSTA Security in 2009, it was a personal goal to coordinate this year's event and include as many commands and community organizations as possible.

"It is good to see everyone in a mellow climate interacting with everyone," said Lewis, NAVSTA vehicle registration and traffic court clerk.

While more than an estimated 300 people participated in last year's NNO event, Lewis believes the addition of the Navy Dive Locker, Navy Federal Credit Union and music by Sounds Like Chicken drew more people this year.

Also on hand at the 28th Annual NNO were personnel from Joint Task Force Guantanamo's Emergency Medical Team; The American Red Cross; Joint Stress Mitigation and Restoration Team; the FBI; Marine Security Force Guantanamo; NAVSTA's Fire Fighting Department; and Navy Federal Credit Union. Refreshments were served by members of the NAVSTA Security Department.

"Seeing everyone come out and meet first responders in this

environment instead of during an emergency gives the community a sense of calm," said Lewis.

NAVSTA's Fire Department provided several stations to demonstrate proper usage of the fire hose, fire extinguisher and use for each type of fire truck housed on NAVSTA. Fire Inspector Clifford Foley explained the proper use of a fire extinguisher to adults and children using a controlled burn pan to simulate a grease fire in a house. The display was an effort to increase community awareness of both emergency response elements and the importance of fire prevention.

"We're here to show the community what we do on a day-to-day basis," said Foley, who manned the fire hose during the exhibit. "We're mainly here for fire prevention."

Another showstopper of the evening was a performance by Security's Redman. A member of the Security department donned the Redman suit and challenged children to attack him with batons dipped in lightweight foam. The interaction with the Redman intended to show the community how security members simulate situational training.

"I have lived in Guantanamo since 2008 with my four daughters and this is a celebration of the community becoming one," said Andrew DeLaRocha, Guantanamo FBI director. "The days of people staying in their homes and not getting involved in the community are over. With the celebrations like these we can learn to take care of each other."

A Night Out

Story and photos by Mass Communication Specialist
1st Class Erica Gardner



Members of Joint Task Force Guantanamo's Joint Stress Mitigation and Restoration Team intrigue onlookers with blowing bubbles and balloons as a way to relieve stressors during a demonstration held at the 28th Annual National Night Out, Tuesday.



A Naval Station Guantanamo Security member dons the Redman suit and takes blows from community children during a demonstration held at the 28th Annual National Night Out, Tuesday, while (above left) Naval Station Guantanamo Fire Fighter Andre Hemans assists a young member of the community in properly handling a fire hose and (above right) Naval Station Guantanamo Fire Inspector Clifford Foley explains to children how a fire extinguisher functions when putting out household fires.



ON THE DECK

Leap Frogs parachute during first L.A. Navy week

By Mass Communication Specialist 1st Class Michelle Turner

LOS ANGELES – Nearly 40,000 baseball fans watched the Leap Frogs, the U.S. Navy parachute demonstration team, perform during the opening ceremony of a Los Angeles Dodgers baseball game as part of Los Angeles’ inaugural Navy Week, Saturday.

The Leap Frogs, composed of parachuting experts from Naval Special Warfare, also performed at Santa Monica Pier and Knott’s Berry Farm July 31 and made an appearance at the Summer X-Games in support of Navy Week.

The Dodgers welcomed approximately 1,000 Sailors into the stadium to celebrate the Dodgers’ Navy Appreciation Day, which included the Leap Frogs,

the Navy Band, a local sea cadet unit, Sailors from several Navy ships and a special appearance by the Vice Chief of Naval Operations Adm. Jonathan W. Greenert. Special Warfare Operator 1st Class (SEAL) Isaiah Maring, assigned to the Leap Frogs, carried the game ball as he parachuted in and presented it to Greenert, who threw out the first pitch.

“It was fabulous!” said Heather Herndon, a Dodgers baseball fan. “It was really exciting watching them come down and the stream of colors was really fun. It’s great to see all of the (Navy dress white uniforms) sitting in the stadium all in one place. It makes you really proud.”

The Leap Frogs presented a signed, framed photograph of the team to former Dodg-

ers manager and Baseball Hall of Famer, Tommy Lasorda. Lasorda took time to chat with the team after the presentation and expressed his deep appreciation for the military and everything its members do for Americans every day.

The Leap Frogs’ performances at Santa Monica Pier and Knott’s Berry Farm were just as exciting and the team was met by a cheering crowd of spectators at both venues. Sea cadets from two local units provided security at Santa Monica Pier event and helped the Leap Frogs pack their parachutes after the jump. It was a great opportunity for young, future Sailors to meet veteran Sailors – some with more than 20 years of Naval service.

Chief Warrant Officer (SEAL) Keith Pritchett, Leap Frogs offi-

cer-in-charge, said that having the opportunity to meet people and show them appreciation is a great part about Navy Weeks. “The variety of jump locations allowed us to get out and meet thousands of people all over Los Angeles,” said Pritchett. “It’s about the people and showing them who their Navy men and women are.”

Los Angeles Navy Week is one of 21 Navy Weeks scheduled across the country this year. Navy Weeks are designed to show Americans the investment they make in their Navy and increase awareness in cities that do not have a significant Navy presence. The Leap Frogs are based in San Diego and perform aerial parachute demonstrations across America in support of Naval Special Warfare and Navy Recruiting.



INSIDE THE JAR

Afghan soldiers blaze ahead with support from US Marines

By Cpl. Samantha Arrington

DELARAM II, Afghanistan – Marines with Marine Wing Support Squadron 272 turned up the heat for new Afghan National Army firefighters during the final evaluation of a basic firefighting course at Forward Operating Base Delaram II, Afghanistan, Friday.

Throughout the course, the Marines instructed the Afghan troops on fire truck operations, extinguishing fires, and rescue saw techniques. The course was taught in three classes, spread over three weeks. Each class covered a different portion of the training.

“During the first two classes we showed them how to use all the equipment on the fire truck and gave them hands-on time, to better learn how to use it. There are a lot of different switches and

gauges to operate both inside and outside of the fire truck,” said Sgt. Justin D. Rankin, the MWSS-272’s noncommissioned officer in charge of aircraft rescue firefighters at the forward operating base. “We would teach the new firefighters the basic operations and then they would go back and practice what they had learned.”

For the final evaluation on July 26, two different stations were prepared to test the new firefighter’s skills. At the first station, the Afghan National Army firefighters extinguished a fire using the fire truck. At the other, Afghan soldiers used a rescue saw to cut through a large piece of metal to simulate possible real world scenarios.

“Most of firefighting is learning by experience. You’ll get the basic courses but then you just have to do it to get better at it,”

said Cpl. Kevin A. Johnson, an aircraft rescue firefighter with MWSS-272 who helped instruct the course, and a native of Rustburg, Va. “From what I saw today they have got a really good start and they’re going to do great.”

Rankin, a native of Springfield, Ill., said the new firefighters will now help put out fires in Delaram district and surrounding areas located in southwestern Afghanistan’s Nimruz province.

“They did really well on the final examination,” said Rankin. “I am very confident that they will be able to perform the skills we taught them.”

With the course complete, Rankin explained the Afghan firefighters can now take the experience and knowledge they’ve obtained during the training and share it with other Afghan troops.

“I’ve learned a lot and I want to say thank you to the Marines for all the time they spent here with us,” said Sgt. Abdul Kitaliq, a new firefighter with the Afghan National Army. “We are learning these trades for the future and the good of Afghanistan. We’ll make sure to use teamwork and share these skills with the others.”

“Firefighters, no matter what the nationality, are all a band of brothers. We understand each other and we work together greatly,” said Rankin. “It boiled down to just that. The brotherhood of firefighters came out between us all.”

Connect with 2nd Marine Aircraft Wing (Forward) throughout the deployment. Stay up to date with the latest 2nd MAW (Fwd.) news, photos and videos at <http://www.facebook.com/2ndmawfwd>.

Afghan, coalition forces partner in east Afghanistan

By Spc. Brian Glass

LOGAR PROVINCE, Afghanistan, – Afghan National Army soldiers partnered with Czech Republic and U.S. Soldiers for a two-day mission in the Charkh district of Logar province, July 13-14.

The U.S. contingent is composed of Soldiers from Company D, 2nd Battalion, 30th Infantry Regiment's Task Force Storm. Charkh district had been busy with insurgent activity, so the Soldiers knew what to expect going into the mission.

"The goal for the operation was to conduct a movement to clear known NAIs (Named Areas of Interest), interrogate some possible cache sites and engage the population in an area that coalition forces do not frequent," said Capt. Morgan Maier, D Co. commander.

Afghan National Army, or ANA, soldiers helped coalition forces with talking to villagers as they cleared houses in Qai-a-i-Amruddin and Argan. ANA 2nd Lt. Pakita Zaher of Headquarters Company, 1st Kandak, 4th Brigade, 203rd ANA corps, said his men were ready for the tough mission because of past experience.

"All of my soldiers have a lot of experience with searching houses and talking to people. Between my sergeant and my battalion commander, they have a lot of experience," said Zaher. "When we went into the village (Argon), all of the ANA (soldiers) knew who were the bad guys and who we needed to talk to get information. They said, 'I see no one, there is no Taliban.'"

Having to work around obstacles is nothing new for Maier and his Soldiers. Knowing what to ask to get the right answers helps in keeping villagers and his people safe.

"Typically in most villages that I have gone into they will mention that everyone is a farmer and that nothing is going on in the village," said Maier. "In some cases, I think it is fear of reprisals. They think if they say something, the Taliban are going to come and kill them in the night. It's pretty common. They speak in metaphors a lot, using analogies, and you have to read through them."

With some locals living in fear, they were relieved with the work of ANA and coalition forces when it came to searching houses and treating the local people with respect.

"The villagers are happy and talk to us when they see we are the ones leading mission(s)," said Zaher. "When we were searching today, the civilians said we are their brothers. You can come in and search our houses."

"When we searched the house, the U.S. and ANA (Soldiers) worked together, which was good for the villagers to see," continued Zaher.

Maier was pleased with the efforts of all the forces involved during the mission -- the ANA, the Czechs and his own Soldiers.

"From an ANA standpoint, the mission was a success because



Afghan National Army 2nd Lt. Pakita Zaher (left), commander of Headquarters Company, 1st Battalion, 12th Kandak, talks to the village elder of Argan in Charkh district during a partnered operation that included ANA, U.S. and Czech Republic Soldiers, July 13-14. -photo by Spc. Brian Glass

we were partnered. There are certain things that occurred during the mission that hadn't really successfully occurred before now," said Maier. "We partnered platoon for platoon."

Maier said he thought his Soldiers performed well during the partnered mission. Given their vast experience operating within Logar province, Co. D Soldiers' adeptness should come as no surprise.

"Delta Company is the only company in this battalion that has fought in every battle space in each of the four districts -- Baraki Barak, Charkh, Kharwar and Azra -- so they are pretty proficient about knowing what they need to do."

"We're also really pleased with the combined effort between us and the Czechs," continued Maier. "I think, in Afghanistan, we have a really good working relationship when we go out on operations. They are definitely motivated and willing."

Maier came away from the mission knowing the operation pushed the ANA farther along the road to being successful in taking the lead and securing Afghanistan for the long term.

"A lot of what we were trying to do is build ANSF (Afghan National Security Forces) capacity, so you can build the army and just little things like teaching them little steps so they can stand on their own," said Maier.

ON THE WING

Air Force Academy ranked among nation's best

By USAF Public Affairs

U.S. AIR FORCE ACADEMY, Colo. – The Air Force Academy received top-10 rankings in most available professors, low drug and alcohol use, and best school administration, according to The Best 376 Colleges book, released today by Princeton Review.

The Princeton Review ranks the Air Force Academy's faculty fifth in the nation in "most accessible professors" and ranked the Academy's administration as No. 9 in the nation in "School Runs Like Butter."

At the U.S. Air Force Academy, the student-faculty ratio is 8:1, average class size is 20, 100 percent of the faculty are full-time and no classes are taught by teaching assistants. Several academic departments here also staff extra instruction laboratories throughout the academic day, with at least one professor available each class period to help cadets tackle questions arising from their latest lessons. The Princeton Review ranked the Air Force Academy number one in professor availability in

its 2006, 2007, 2008 and 2009 Best Colleges editions, and number four in the same category for its 2010 Best Colleges edition.

The Academy also came out in several other top-20 rankings in the nation, including:

- Don't Inhale - 1st
- Got Milk? - 4th
- Scotch and Soda, Hold The Scotch - 5th
- School Runs Like Butter - 9th
- Stone-Cold Sober Schools - 13th

The Air Force Academy was also selected as one of the Best Western Colleges on the book's regional college list. The Princeton Review features the Air Force Academy and other local colleges in The Best 376 Colleges, the new 2012 edition of its annual best colleges guide. The guide utilizes online student surveys in 62 categories to assess the academic, administrative, social, extracurricular and quality-of-life aspects at American colleges.

CAPTAIN AMERICA FIRST AVENGER



Sp. Meredith Vincent

Let's be honest - the most thrilling part of "Captain America: The First Avenger" doesn't actually take place during the movie. It's after the credits have rolled and fanboys are given their first look at the long-promised "Avengers" movie, featuring not one, not two, but at least half a dozen drool-worthy superheroes. The group I was sitting next to had a collective geek-spasm afterward. It was partly enduring, partly bemusing and one hundred percent entertaining. Geeks are so adorable.

That's not to say "Captain America" isn't a fully realized, solid superhero movie, because it is. However, it's like the chocolate part of an Oreo - it's a necessary, albeit delicious, part of the comic book cookie.

I remember the geekdom stratosphere was hesitant to crown Chris Evans as Steve Rogers, the Soldier wannabe who goes from meek to mighty thanks to an experimental procedure during World War II. Of course, moviegoers didn't have much to go on when sizing Evans up, save for his participation in the very un-fantastic "Fantastic Four" movies as the Human Torch. Their doubts were needless, fortunately, as Evans is warm, funny and resilient in his first lead role. And thanks to some baffling cutting edge technology, Evans face is melded onto what appears to be a prepubescent 10 year old for the first half hour, enabling his transformation into a beefed-up hunk of muscle much more believable.

Along his journey into superhero legend, Steve must first go up against a grizzled old



Troopers redeem free hotel accommodations

Army officer (Tommy Lee Jones, always a pleasure) who thinks he's nothing but a circus act, a Nazi psycho in dire need of a facial ("The Matrix's" Mr. Smith, Hugo Weaving, who has made a career out of being a gnarly villain) and, perhaps most frightening of all, beautiful British officer, Maj. Peggy Carter, played by newcomer Hayley Atwell.

Even as refreshing as Evans is, Atwell is more so. Those of you who scorned my "Transformers 3" review: listen up. *This* is what a superhero's lady friend is supposed to be like. Tough, alluring, with brains as well as beauty, she demonstrates female leads in male-driven blockbusters don't have to be all bosom

and Botox. Scoff if you must, but she's a hell of a lot more captivating than Rosie Posie-Whatsherface. I've said my peace.

Does "Captain America" have the flash and wit that "Iron Man" did? No. Does it have the grit and emotional wallop that "The Dark Knight" left us with? Definitely not. But it also doesn't make me want to vomit up my popcorn like "The Green Lantern" did, making it a middle-dweller - a satisfying, old-fashion audience pleaser that marks another chapter closer to the spectacle that is "The Avengers." And to that I say, "Yes, please!" A healthy three and a half banana rats for you, Captain America. Godspeed.

	05 FRI.	06 SAT.	07 SUN.	08 MON.	09 TUES.	10 WED.	11 THURS.
Downtown Lyceum	Judy Moody (PG) 8 p.m.	Priest (last showing) (PG-13) 8 p.m.	Mr. Popper's Penguins (PG) 8 p.m.	Captain America (PG- 13) 8 p.m.	Horrible Bosses (R) 8 p.m.	Pirates of the Caribbean: On Stranger Tides (last showing) (PG-13) 8 p.m.	Harry Potter and the Deathly Hallows Part 2 (PG-13) 8 p.m.
	Cowboys & Aliens (PG-13) 10 p.m.	The Conspirator (PG-13) 10 p.m.					
Camp Bulkeley	Mr. Popper's Penguins (PG) 8 p.m.	Cowboys & Aliens (PG- 13) 8 p.m.	Priest (last showing) (PG-13) 8 p.m.	The Conspirator (PG-13) 8 p.m.	Captain America (PG-13) 8 p.m.	Harry Potter and the Deathly Hallows Part 2 (PG-13) 8 p.m.	Super 8 (PG-13) 8 p.m.
	Horrible Bosses (R) 10 p.m.	Pirates of the Caribbean: On Stranger Tides (last showing) (PG-13) 10 p.m.					

Call MWR at ext. 2010 for more information.

Movie Hotline - call 4880.



Thousands of vehicles and equipment that have returned from Iraq wait to be retrograded in a 3rd Army lot in Kuwait. The base receives hundreds of trailer-sized containers a week, filled with everything from medical supplies to ammunition.
 - U.S. Army photo by Spc. Monte Swift

Iraq hedges as U.S. drawdown moves swiftly

Stars and Stripes

WASHINGTON — While Iraq's government dithers over whether American troops should stay beyond the end of this year, the accelerating pace of the drawdown is making it increasingly difficult for the

United States to reverse course if called on to maintain operations in the country.

"There's a momentum in the process once you start closing sites down ... and you start moving troops and contractors out of Iraq," Army Maj. Gen. Thomas Richardson, who oversees logistics for U.S. Forces Iraq,

told reporters Wednesday.

About half of 94 U.S. military sites slated for closure at the start of Operation New Dawn in September 2010 have already been shut down, while another seven will be closed this month, he said. The site closures schedule isn't designed to preserve bases needed if the U.S. stays. The mission now is simply to be out of the country by the year-end deadline.

"We're on a glide path based on drawing everything down to zero, because that's the orders we've been given," he said.

The pace of equipment disposal is also picking up, Richardson said. Prior to September 2010, the military had given Iraq \$157 million dollars of excess materiel — commercial equipment like desks, vehicles and electrical generators. In the 11 months since then, \$247 million worth of equipment has been handed over to Iraqi authorities.

Excess equipment, Richardson said, is defined as usable but too worn out to transfer elsewhere within U.S. Central Command or given to other U.S. government entities in Iraq. The State Department, for instance, has so far received \$78 million worth of equipment that is in better shape than the materiel transferred to Iraq.

The longer Iraq waits to answer the U.S. on troop presence, the more sites are closed down. That means more free equipment for Iraq, and perhaps a more difficult task for the U.S. to fully equip its own forces that might ultimately remain in the country.

U.S. releases documents on botched 1961 U.S. invasion of Cuba

Voice of America News Service

The United States has made public documents on the failed 1961 Bay of Pigs invasion of Cuba, describing U.S. negotiations with some other regional governments on support for the botched mission.

The documents were released this week by George Washington University's National Security Archive. In April, the Archive filed a lawsuit against the Central Intelligence Agency to secure the declassification of five volumes of the official history of the invasion. One volume remains classified.

The documents detail U.S. efforts to maintain Guatemala's cooperation for the mission. The CIA used Guatemala to train Cuban exiles for the invasion, which was aimed at toppling then-Cuban President Fidel Castro. Two years ago, Guatemalan President Alvaro Colom apologized to Cuba for his country's involvement in the invasion.

The Archive also says the documents detail information regarding CIA negotiations with Nicaragua and Panama for the invasion. They describe the agency's efforts to obtain a Nicaraguan air base and port facility from which to launch the anti-Castro strike force against Cuba. The documents also say Panama was involved marginally in the anti-Castro effort.

On April 17, 1961, about 1,500 CIA-trained Cuban exiles landed on Cuba's southern coast in hopes of sparking an uprising. Mr. Castro was warned of the pending invasion and had ample time to prepare his forces. Most of the exiles were arrested and spent time in prison on the island.

Then-U.S. President John F. Kennedy took responsibility for the disastrous invasion. Many Cuban exiles blamed the botched operation on President Kennedy, saying he did not provide enough support.

Separately, the newly-released documents describe how in 1960, the government of then-Guatemalan President Miguel Ydigoras Fuentes faced a series of attacks from Guatemalan rebel forces and asked the United States for napalm to wipe out the rebels. The request was refused for technical reasons, but the U.S. provided flyovers to help quell the unrest.

American heroes: On the path to superdom

Air Force Tech Sgt. Casey Glass

Army, Air Force, Navy, Marine, Coast Guard – each servicemember independently vowed to guarantee truth, justice, freedom and the American way for the average citizen, no matter the cost. That is the essence of an American Superhero: selfless, valiant, excellent and courageous. The Superhero must be willing and able to leap tall buildings, pull an injured comrade out while under fire, endure stressors and stand up against all adversaries. Readiness requires physical fitness – there is no choice – and it must be integrated into daily life.

WHAT IS MY TASK?

Physical fitness equates movement to accomplish a specific task or goal. A Superhero asks, “What is my specific task or goal?” Overall the common goal is to protect. With that in mind, how does the Superhero effectively arrive at his or her goal?

SCENARIO:

The average human male weighs between 165 and 175 pounds without a kit. Add a kit to that and you have roughly 220 pounds. You may, in your Superhero career, have to drag 220 or more pounds through mud, debris and the onslaught of enemy laser beams.

PREPARATION:

Preparing for such an adventure gives way neither for the weary nor the weak-



minded. However, I encourage you to begin your adventure by visiting one of the local fitness centers. There, you will find a room filled with weights and bars. To the average eye these items appear dull and drab, but to the Superhero they are treasures to unfold unlimited amounts of strength.

All young Superheroes need a mentor. Likewise, every old Superhero needs a protégé. Do not be afraid to ask questions – the fitness staff or other Superheroes will be able to assist you on your journey. Remember, pain does not equal progress.

Pain in any aspect causes the body to produce cortisol. Cortisol, although an extremely vital hormone, will only hinder progress. Stress-free weight lifting will have you pulling 220 pounds in no time.

CHALLENGE:

Remember: the Superhero is a special breed, placed on this planet to take on what the average citizen can or will not. Ready at a moment's notice, protector of the American way, humble, strong and valiant – challenge yourself to be the Superhero the American people need you to be.

GTMO Religious Services

Daily Catholic Mass

Tues. - Fri. 5:30 p.m.

Main Chapel

Vigil Mass

Saturday 5 p.m.

Main Chapel

Mass

Sunday 9 a.m.

Main Chapel

Catholic Mass

Saturday 5:30 p.m.

Troopers' Chapel

Protestant Worship

Sunday 9 a.m.

Troopers' Chapel

Islamic Service

Friday 1:15 p.m.

Room C

Jewish Service

Friday 7 p.m.

Chapel Annex

LDS Service

Sunday 10 a.m.

Room A

Seventh Day Adventist

Saturday 11 a.m.

Room B

Iglesia Ni Cristo

Sunday 5:30 a.m.

Room A

Pentecostal Gospel

Sunday 8 a.m. & 5 p.m.

Room D

Liturgical Service

Sunday 10 a.m.

Room B

Church of the Sacred Well

Call 2323 for information

General Protestant

Sunday 11 a.m.

Main Chapel

United Jamaican

Fellowship

Sunday 11 a.m.

Sanctuary B

Gospel Service

Sunday 1 p.m.

Main Chapel

GTMO Bay Christian Fellowship

Sunday 6 p.m.

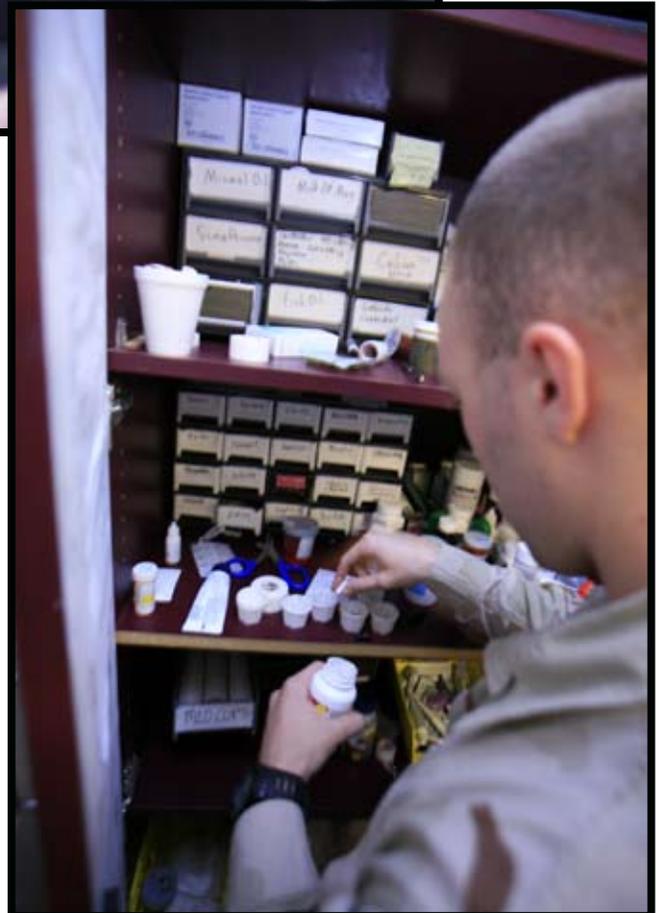
Main Chapel

Snapshot: Inside the camps

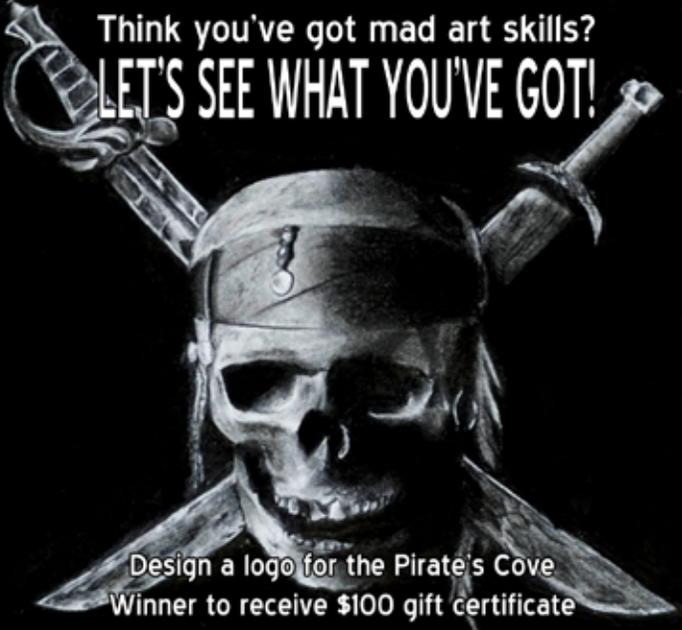


Left: – Detainees at Camp 6, Joint Task Force Guantanamo Bay, Cuba, participate in the afternoon group prayer, Saturday. JTF Guantanamo supports individual and group prayer in accordance to Muslim tradition for all detainees. - photo by Mass Communication Specialist 2nd Class Kilho Park

Below: A Hospital Corpsman attached to the Joint Medical Group reviews his supply inventory at the medical facility inside Camp 5, Monday. - photo by Army Sgt. Mathieu Perry



Think you've got mad art skills?
LET'S SEE WHAT YOU'VE GOT!



Design a logo for the Pirate's Cove
Winner to receive \$100 gift certificate
Entires should be emailed to TheWire@jtfgtmo.southcom.mil
All entries should be received by Aug. 12

The JTF At Shutter Speed



SKY HIGH

Cryptologic Technician Interpretive Chief Andrew Meyer works his way to the top of the last challenge on the Marine obstacle course, Thursday. Marines pushed J2 personnel through the two hours of obstacles to challenge their strength, agility and endurance. - photo by Army Spc. Kelly Gary



BEAUTY ABOVE

The sun rises over Camp Delta, Thursday.

- photo by Mass Communication Specialist 2nd Class Kilho Park



FIRE TEAMS

Marines attached to Marine Corps Security Force Company C, 5th Platoon, return after finishing a simulated patrol during a live fire exercise at Grenadillo Range on Guantanamo Bay, Wednesday.

- photo by Army Sgt. Mathieu Perry



TACKLING OBSTACLES

Sailors attached to the Joint Information Group pull a tire on the Marine Hill obstacle course at Naval Station Guantanamo, Thursday.

- photo by Army Sgt. Mathieu Perry